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Corona del Sol and other high schools that follow AIA rules are taking steps to minimize the potential for long-term injuries occurring as a result of concussions experienced while playing sports

Story, Page 6

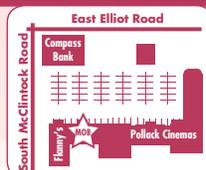
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Full-day kindergarten still unresolved for 2012-13

By Mark Crudup

As Kyrene school administrators tackle the district's budget for 2012-13, questions have arisen regarding the long-term feasibility of continued funding for free, full-day kindergarten.

At a board meeting late last month, Carrie Furedy, Kyrene's assistant director of educational services, presented four possible kindergarten concepts to governing board members, including the free, full-day concept that is currently in operation.

The discussion follows budget sessions last spring, when board members approved funding for the full-day program, but noted that they wanted to revisit the issue before adopting a budget for 2012-13.

That follow-up review is now under way, and district administrators, including Furedy, have put together a sampling of options for the board to consider.

"We believe we are sharing with you four very viable models, and we are not endorsing in any way any of these models; we are just using them as a way to provide you information," Furedy told members of the board.

She emphasized the need to begin thinking about kindergarten models now, as opposed to later in the year.

However, added Superintendent Dr. David Schauer, "This will not be the first or the last time we will talk about (kindergarten). We're going to want to

make this decision before winter break this year."

The options presented to the board for 2012-13, as requested during budget discussion earlier this year, were:

- 1) The currently implemented free, full-day model for all Kyrene schools;
- 2) An extended-day kindergarten that includes a 2½-hour instructional block followed by a special-area (art, music, PE and library) class and lunch on campus;
- 3) Free half-day kindergarten for all students, with a tuition-based model for families opting for full-day kindergarten; and
- 4) Free half-day kindergarten with tuition options added, in which students receive additional support and opportunities for review and practice.

Other options still could be considered, and district officials have encouraged members of the public to contribute ideas if they have them.

Furedy said the district's kindergarten program used to be "all over the board," adding that the district would be OK with any of the four options in order "to have a very simplistic model with consistent implementation."

According to Jeremy Calles, the district's interim chief financial officer, implementing any other model than full-day kindergarten would result in a substantial loss over the course of a decade, resulting from anticipated enrollment decline and teacher reductions-in-force.

"When you total up all the negative impacts, it would potentially result in \$1.7 million in total losses over a 10-year span," he said.

Other surrounding districts, including , Gilbert , Roosevelt and , have funded free full-day kindergarten for the 2011-12 school year.

Kyrene has provided free full-day kindergarten for the past several years. Board members are considering other options as a result of budgetary constraints forced on districts by the state legislature.

Schauer emphasized the impact of state mandates on the kindergarten curriculum and the district's budget deficit of \$3.76 million for the 2012-13 school year.

"With all of the increased expectations that are coming from state mandates..., the state really has to take responsibility for this," Schauer said. "And, frankly, it's very unfair that a district like ours would even have to debate this topic."

He added that local residents need to lobby any in state government who "are really looking to make a difference."

During the kindergarten discussion, board member Ross Robb noted that state standards may require kindergarteners to be in a full-day program in order to meet new requirements.

"The whole discussion boils down to (the fact that) curriculum is going to have to be taught in a full-day environment, and how will we provide that for students..., he said.

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Cover Story: Altering their approach to a **LIFE-ALTERING DANGER**

High schools adapting to new rule aimed at minimizing concussions

Special Report

By Clayton Klapper

The National Football League has been criticized in recent years for lowering the quality of play by overprotecting players with stricter rules. Changes were implemented, says the NFL, because science finally has amassed enough research to show the long-term effects of concussions, and the results suggest a problem that is much more severe than previously imagined.

Many fans, players and coaches get caught up in the game and forget that concussions can be life-altering injuries to one of the body's most vital organs. The NFL, however, has taken a stand, setting precedents for player safety and injury management across all levels of athletics.

Mark Maddox, a 10-year NFL pro who now coaches football at Corona del Sol High School, understands that concussions are not in the player's best interest.

"I like what they are trying to do and how they are trying to protect players. It's all a judgment call on the refs," Maddox said.

New NFL rules brought new challenges, however.

"People like big hits and they will still get them, but there will be some extra yards added to the play. People will still be entertained."

These safety measures have slowly trickled down to the high school level, where the Arizona Interscholastic Association, better known as AIA, has been working aggressively to better protect student athletes.

The AIA has implemented a new bylaw that requires players to complete the "Brainbook Concussion Education Course" before they can play high school athletics. Each player must get a 70 percent on the mandatory test at the end of the course to pass.

In addition coaches must complete a concussion-education program before each season. The video is available online to anyone, not just coaches or athletes, so to test the validity of the information and the video parents and others can also take the test.

Head coach Matt Smith of the Aztec girls soccer team has taken it upon himself to do everything in his power to keep his players safe. Smith

understands the risks that come from athletics and the influential role that coaches play.

"I'm the number one guy in terms of responsibility. I'm the one who has to understand that player safety has to be a priority," Smith said.

"The coach has to be able to tell a player that they need to sit out; (that same coach) has to develop enough of a relationship with (his or her) players so that those players will be honest about what they are feeling."

Smith knows firsthand the dangers of concussions.

"My wife, who is an assistant at Corona and a former Aztec player, has had over 20 concussions, and they are life altering. She experiences short-term memory loss and has had to learn new skills and techniques to help her cope.

"People think an ACL injury is career altering and it is, but concussions are *life* altering. That is huge to understand."

Coaches' role

Many players and coaches develop a bond while on a team; players often rely on coaches heavily as they transition from youth to adulthood. For a student athlete, coaches can be the most influential people a teen has in his or her life, aside from parents.

A parent is relied on to keep a child safe at night, and to make sure that child is properly cared for during the growing up years. When on the field, however, the coaches and trainers take over that responsibility, a transition that easily can be overlooked.

Asked if he thinks all coaches are as concerned and informed about concussions as they should be, coach Smith was quick to reply.

"No, I don't. They still think playing through 'having your bell rung' is tough and old school. Parents can often be the same way. They have no idea about the depression that is associated with head injuries. They don't comprehend that multiple concussions can change a person's personality.

"They also don't understand that putting a player who is still experiencing symptoms back on the field is going to greatly increase the

Concussion

From Page 4

likelihood of second and future concussions."

As an advocate for player safety, Smith has his soccer players wear protective headgear that is designed to absorb 80 percent of concussive head impacts. The gear is relatively cheap and is especially good for soccer players because of tackling and dives that can leave a player's head vulnerable to impact with the ground.

Dan Nero, athletic director at Corona del Sol, performs a wide assortment of roles in the high school athletics for which he is chief overseer.

"As an administrator, teacher, coach and father of children who have been, and will be, part of high school athletics, we want to make their experience as fulfilling and positive as possible. That starts with safety, awareness and making sound judgments regarding our athletic programs."

The consequences of hard hits are always talked about, as they impact young players, but few former athletes ever come forward after the fact to talk about any long-term effects they may have experienced. If former athletes were willing to step up and discuss the effect of field injuries, some say, it would force those who are still ignoring the issue to face the light.

A former Arizona high school football player has done just that, and agreed to discuss his experiences with concussions provided his name was not used because he doesn't want it to be publicly known that he still suffers after-effects of his injuries.

The player said he has had six to eight legitimate concussions, and that, in his opinion, only two of them were treated properly within the acknowledged time frame prescribed to fully recover.

"They (the trainers) did well, but the coaches would influence the trainer's decisions to let us back on the field," he said.

He also said that he received a CAT scan during football for concussions, but has not gone back to determine remaining effects of the injury, saying that he suffers from both bad memory and short-term memory loss.

Cases like this are not rare. Many athletes who suffer injuries are afraid to ask to be taken out because they do not want to lose respect from teammates and coaches. Those who do notify coaches are often told to return to the game too soon because coaches overlook the injuries, keeping their focus on the game, not the individual.

Just like with any other injury or disease, misinformation and a lack of understanding are the greatest enemies.

While advocates like the AIA and Coach Smith spread the word for proper precautions, concussions are still hurting kids every season in every sport.

According to the AIA, 7,000 student athletes in Arizona suffer concussions every year, the effects of which are still not fully understood.

As the school year is officially under way and AIA starts to crack down on concussion injuries, coaches, players and parents can do their part to make sure everyone stays safe.

Experts say that, aside from ensuring access to the proper protective equipment, the best thing everyone can do is communicate.

Stress to kids and teammates just how important it is to tell someone when they feel disoriented, or feel like their injuries are not being properly cared for.

Coaches and players can work together to build a strong relationship in which the players understand just how important safety is, and that personal well-being should always be first priority.

Concussion and its dangers, by degree of injury's severity

The typical person knows that concussions are injuries to the brain, most commonly associated with athletics.

What the typical person doesn't know is what exactly happens to the brain during a concussion, and what the long-term implications can be.

In a strong hit, the brain shakes and nerves are either stretched or broken based on the severity of the collision.

If the nerves are stretched, the injury is considered a minor concussion and recovery is quick.

When just a few nerves are torn then the injury is a little more severe, but recovery is expected to be successful.

In worst-case scenarios, long-term effects are caused by the tearing of nerve clusters. If there are too many nerves torn at one time, or if multiple concussions are suffered, the brain cannot always repair all of them, and long-term effects are then possible.

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Sports Notebook . . .

Win propels Aztecs toward playoff potential

Story by Alex Zener • Photo by Kris Cartwright

The Aztecs not only bounced back from a colossal loss to No. 4 ranked Desert Vista Sept. 21 with their runaway win against Cibola Sept. 30, but also ended up in the No. 10 spot in the Oct. 2 football rankings.

The Aztecs 39-14 win gave CdS a 4-2 record, a No. 8 state power point ranking, but most importantly a chance to get back into the state playoffs for the fifth time in the past 11 years.

The Aztecs traveled by bus to to face off against the Raiders, who had put together five straight wins for an impressive 5-0 record. certainly acted like a team used to winning when the Raiders put up seven early points on the second play of the game with a 69-yard touchdown pass.

The Aztecs were not about to suffer another blowout at their expense like what happened the previous Friday when Desert Vista, another 5-0 team, beat 49-14.

It took at least half of the first quarter before the Aztecs got into their game plan, almost giving up another touchdown to the Raiders after Cibola intercepted an Aztec pass at their own 's 30 yard line. **Tevin Mayfield** managed to chase down and strip the ball from the Raider defensive back 12 yards short of the Raiders scoring another first quarter touchdown.

Corona recovered the ball and marched up the field 88 yards in 10 plays to score the Aztec's first touchdown when **Dominic Mercurio** ran the ball in from four yards out to tie the game 7-7 in the first quarter.

The Aztec defense took over in the second quarter, especially coming up with big stops the two times had scoring opportunities in the red zone.

's offense scored three times in the second quarter adding 19 points to head in to halftime up 26-7. In addition to Mercurio's first quarter touchdown, he also threw a touchdown on a trick play to quarterback **Kyle Busk** for another touchdown in the second quarter.

The Aztecs second quarter points included two touchdowns, both with two-point conversions, and then a late field goal by Zack Von Allworden for a 19-point half-time lead.

The Aztecs never let up, scoring six points to the Raider's zero in the third quarter and seven points in the fourth before allowing to put any more points on the board.

Leading 39-14, the Aztecs were in scoring position at the Raider's 1-yard line on a first and goal. In one of the classiest moves that will surely be remembered by his team and talked about by fans forever, coach Joseph chose not to run up the score but instructed his team to take four consecutive knees running the clock down to the final 1:40. He then let his second string finish out the game.

Altogether, the Aztecs offense gained 531 to 329 yards including 377 rushing. Leading the team with 209 yard rushing was Mercurio who carried the ball 30 times.



Junior **James Contes** also had an impressive game carrying the ball 12 times for 123 total yards including two touchdowns: one rushing and one reception.

quarterback **Kyle Busk** passed for 156 yards on eight out of 12 completed passes.

Up next, was scheduled to face off against Mountain Pointe Oct. 7. The Pride will be coming off a two-game losing streak, most recently a 31-14 drumming by Brophy.

Mountain Point, at 2-3, had one of the toughest early schedules that included playing Hamilton, Desert Vista and and has experienced some early key injuries

would be wise to expect the Pride to come out fired up and ready to avenge their early season losses on their home field.

fans should also curb their enthusiasm and remind themselves that anything can happen in sports. But the Aztecs, if they continue improving, could easily end up with a 6-4 record and a berth in the state playoffs come November.

would have to defeat Mountain Pointe and (3-3) Oct. 21. Winning the other two games on 's schedule, Oct. 14 at home against and Oct. 28 at , may be a stretch.

Cross country

Corona's boys and girls cross country teams are starting to hit their stride and should be running at full strength heading into the second half of the season according to cross-country assistant coach **Pat Smith**.

"Both teams did not run at full strength in the

first part of the season due to injuries and other commitments," said Smith. "It looks like we are getting closer to full strength and, although we have been satisfied so far with our performance; we are looking forward to stronger overall finishes the rest of the season."

's boys team had to replace the five seniors who ran for the Aztec's fourth place finish in the state meet last season returning only current junior **Jake Whitney** and sophomore **Ryan Normand**. The team was bolstered by the addition of sophomore **Nathan Rodriguez**, who transferred from Williams Field and has turned out to be a great addition to the team.

"Nathan Rodriguez has been our number one runner for the first three meets," said Smith. "He won at the and Artichoke invites and was third at the Ojo Rojo. He has been an outstanding runner for us this season and is already one of the top runners in the state."

Rodriguez, it turns out, has not only gained a great training partner in junior Whitney, Corona's number two runner last season, but he may have inadvertently given Whitney a competitive push. Whitney is currently challenging Rodriguez for the number one spot, crossing the finish line on Rodriguez's heels at all four major meets this season.

He was seven seconds behind Rodriguez in the 2011 Ojo Rojo Invitational held Sept. 24; 26 seconds behind him at the both 17th Annual Chandler Invitational Sept. 10 and the Artichoke Invite Sept. 17 in Whitney's closest finish behind Rodriguez, though,

Notebook

From Page 6

was last weekend at the Desert Twilight Cross Country Festival held Sept. 30 at Toka Sticks Golf Course in Gilbert. Rodriguez finished 22nd with a time of 16:04.0 while Whitney finished 23rd just .7 behind Rodriguez at 16:04.07 in the Sole Sports Boys Sweepstakes event.

Also running in that event for the Aztecs and contributing to their 11th place finish was **Blake Fischer, Alex Frantz, Andrew Truswell, Ryan Normand and Cody Jackson.**

The Desert Twilight offered several opportunities for runners to compete. The Aztecs finished eighth out of 34 schools in the Boys Large School Open with **Patrick Cullings** taking 12th and **Nick Creasman** 17th. **Grant Swenson, Musachi Lowe, Jansen Colella, Bridger Lewis and Nilesh Bissessur** also ran in this race.

The boys team's success over the past couple of years, as the state champion runner-up team in 2009 and taking fourth place in 2010, has helped in the Aztecs replenish their program.

For instance, the Aztecs have some promising freshman runners. **Alex Hart** has consistently crossed the finish line before any other freshman taking seventh at the Ojo Rojo, 14th at the Desert Twilight, and 19th at the Chandler Invitational.

Other freshman runners include **Andrew Eversden, Chase Wile, John Mundine and Matt Johnson.**

Others waiting in the trenches for their chance to shine are junior **Dylan Conboy** and some sophomore runners like **Blake Fischer** who took 15th place among the sophomore boys at the Chandler Invite who competed along with fellow classmates **Patrick Cullings, Bridger Lewis, Henry Eischen, Nilesh Bissessur and William Conboy.**

The Lady Aztecs likewise lost runners to graduation. Four of their seven runners from their fifth place state finish last season graduated but the number one runner from that team, senior **Dani Lemieux**, and number the three runner, junior **Hallie Swenson**, have not let up this season. Matter of face, Swenson has surpassed expectations.

"Hallie Swenson has been our number one girl all season," said Smith. "She continues to 'Wow' me with her improvement. She could easily become one of the top Division 1 prospects."

Swenson was third in the 5K varsity run at the Chandler Invite, seventh at the Ojo Rojo, eighth at the Artichoke Invite and 20th at the Desert Twilight.

Also running in these meets for the Lady Aztecs were Lemieux, **Victoria Haun, Hannah Lewis, Mason Kuluris, Hannah Dinell and Cyndia Yu** where their combined scores gave Corona's girls team a fourth place finish at the Chandler Invite, a fifth place at the Artichoke Invite and an eighth place at the Ojo Rojo.

The Lady Aztecs are seeing some good results from their younger team mates as well. Freshman **Amberly Ricks** and **Sidney Bussler** finished 15th and 16th respectively at the Desert Twilight followed by fellow freshman **Emily Ferrerira, Kristen Yazzie, Elizabeth Steele and Lekeeta Waln.** Another freshman **Adrianna Fill** was 19th in the Girls Open 5K at the Chandler Invite where **Lauren**

Van Ryswyk, Adrianna Flores and Amy Marlar also crossed the finish line for . Junior **Tine Kjemperud** ran for CdS in the Chandler Invite.

was scheduled to have a meet at Westwood Oct. 5 with Basha and Gilbert. The Aztecs will then only have two meets before sectionals Oct. 28 and the state meet Nov. 5. Oct. 15 they will be running at the Conley Invitational at Rolling Hills Golf Course and then they will be competing at the Tempe City Meet at Oct. 19.

Girls Volleyball

The Lady Aztecs are steadily making strides toward being a contender and the last team standing at the Division I championship match in early November. So far the only teams standing in their way may be the usual suspects Xavier, Mountain Pointe and Gilbert.

Holding a 15-3 overall and 8-1 league record, has a good chance of making it to the final dance once again this season.

The Lady Aztecs have been Division I state champion runner-ups three of the past six seasons: 2005, 2006 and 2009. has actually been runner-up eight times but has only won a state championship once, in 1991, under coach **Debbie Moore.**

Currently ranked No. 5 in the state by MaxPreps Freeman Ranking system and fourth in state's power point rankings, the Lady Aztecs are focused on winning the three matches they had scheduled the first week in Oct. and gaining momentum heading into the prestigious Goldwater Tournament Oct. 7.

was scheduled to play three away games the first week of Oct.: Dobson Oct. 4; Chaparral Oct. 5; and Desert Oct. 6.

The Lady Aztecs, up to press time, had only had two five set matches this season. Both were against cross-district rivals, namely, Mountain Point and Desert Vista.

lost to Mountain Pointe in a close match Sept. 7 but defeated Desert Vista after a slow start Sept. 20. It was the highlight of the season so far for most of the players and a great comeback victory for the Aztecs who were down 2-0 and facing defeat after the second set. Somehow they got it together to trounce the Thunder 25-8, 25-11 and 15-7 in the final three sets.

Sophomore setter Olivia Ortiz was instrumental in leading the Lady Aztecs in that win over the Thunder with 36 assists and 18 digs.

Outside hitters **Alexa Moser** and **Caroline Trent** stepped in with strong offensive kills, defensive digs and blocks at the net. Moser had 16 kills and nine digs while added eight kills and seven blocks.

"We have had several players this season really stepping up," said coach **Ben Maxfield.** "**Alexa Moser** and **Jamie Burt**, in particular, have been providing a lot of offense."

"Our liberos **Haley Kesteloot, Stephanie Kennedy** and **Megan Reum** are really passing well and allowing our offense to run at full throttle."

's bench also gives Maxfield additional options.

"Our bench is very deep and I feel confident putting any of them in when we need a change or lift," said Maxfield.

One such necessity occurred when 's dig leader and senior libero Kesteloot had to sit out for a couple of weeks due to a head injury suffered in the Desert Vista game Sept. 20.

"When Haley had to leave the Desert Vista game, Steph Kennedy took over the libero spot and rocked," said Ortiz. "She really stepped up and her passing was perfect."

After gaining confidence from their win over Desert Vista, the Lady Aztecs went on to make the third week in Sept. one to remember. They defeated a very good team 17-25, 25-21, 25-16 and 25-15 on Sept. 22. The Huskies entered the match with a 13-2 record and probably thought they were in control after easily winning the first set.

"We have a tendency to get off to a slow start against better teams like Hamilton and Desert Vista for some reason," said **Kasey Keifer.**

"We realize this is a problem and have been working on starting off our matches strong instead of waiting until the second or third sets to turn it on," said senior opposite **Liann Kline.**

Hopefully the Lady Aztecs will have gotten the message because after the Goldwater they will have rematches against Mountain Pointe, Oct. 18 and Hamilton, Oct. 25.

"Hamilton and Mountain Pointe are our big upcoming games that we are extremely excited about," said **Alexa Moser.** "We walked into Mountain Pointe's gym unfocused and not mentally prepared. This upcoming match will be different. It's on our turf, it's our senior night, and we will be prepared to put a smack down on the Pride. We will prevail."

Coach Maxfield is thinking his team's maturity and playing on their home court will help Corona win this rematch which will be televised on Cox TV.

Former linebacker turns to coaching Aztecs after notable stint with Arizona Cardinals

By Clayton Klapper

Known as a hard-hitting leader while on the Arizona Cardinals from 1998-2000, Mark Maddox has taken his leadership role to a new level at Corona del Sol High School.

Maddox now operates as defensive play-caller for the Aztecs' varsity football team, while also coaching linebackers and tight ends.

"I am enjoying Corona; the kids are a joy and a handful to work with. They keep us on our toes," Maddox said.

"My role with the team is working with the linebackers and tight ends, along with calling the defense. I think the main thing that we have seen from the kids is their growth in confidence. They have learned how to come together as a team. They understand it takes everyone to get it done."

Maddox spent 10 years in the NFL before retiring and was with the Cardinals in 1998 for their never-to-be-forgotten upset victory over the Dallas Cowboys in the playoffs.

"My greatest moment would be our playoff win

Notebook

From Page 7

versus the Cowboys in 1998," Maddox recalled. "I helped the coaches set up a goal line defense that we ran, and I stopped Emmitt Smith on a fourth and one in the red zone on our seven-yard line."

Maddox and the rest of the Cardiac Cards' defense held the heavily favored Cowboys to seven points on their way to their first playoff victory since 1947.

Alongside Maddox on defense was Pat Tillman, whose impact on the team, both while he was a player and in the tragic aftermath, continues to influence the players' perspective. Maddox and Tillman were teammates for three seasons in Arizona alongside Jake Plummer, for one of the most promising stints the city has ever seen.

"Pat was an amazing guy. During our work week Pat and I would have just a few words here and there. But, like clockwork on game day, Pat and I would go out early to warm up. We'd do a few drills, stretch and talk about the game and various things.

"After that we would see who could out-punt each other. I don't think people knew we were the backup punters," he remembered.

After retiring from the NFL, Maddox followed another passion of his: helping others. He started

doing work for charity organizations around the Valley and ended up creating his own training program.

Madd X Pro is led by Maddox and other NFL alumni who have a zeal for helping today's youth.

"[Madd X Pro] is designed to help kids learn the fundamentals of the game and teach them position-specific drills and technique. I would like to hold an annual camp in the future," he said.

Corona is off to a (4-2) start, with four tough games to finish off the regular season against Mountain Pointe, Chandler, Mesquite and Hamilton.

As Maddox helps the Aztec players grow on the field, the players are helping Maddox grow as a coach and a leader off the field.

"I enjoy coaching and hope to coach for a long time. It's a joy being a part of the development of great students. I hope one day to become a head coach. Working with head coach [Tom] Joseph is a pleasure, and it's a great learning experience for me."

Former pro linebacker Mark Maddox traded his onetime Cardinals uniform for the colors of Corona del Sol High School, where he now is an assistant to Coach Tom Joseph.

— Photo by Kris Cartwright



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12-year collaboration results in feds' approval for a breakthrough drug New scorpion antivenin now in use at Chandler Regional

In what is being called an historic event, the U.S. Food and Drug Administration has approved the use of Anascorp, an antivenin produced in Mexico and tested in clinical trials conducted through the University of Arizona, for use in treating patients suffering the effects of scorpion sting.

Local announcement of the breakthrough came from Chandler Regional Medical Center, which has been part of an in-depth study of the new drug since 2005.

The approval represents the culmination of a nearly 12-year collaboration of academic and clinical researchers with partners in business and industry from both sides of the border, according to a CRMC representative.

Together with Dr. Leslie Boyer, a pediatrician and toxicologist at the University of Arizona College of Medicine, CRMC and the other participating entities joined forces to meet a critical and urgent need.

More than 450 patients have received the antivenin at both Chandler Regional and Mercy Gilbert medical centers, making them the highest enrolling sites for the study. More than 2,000 people throughout Arizona and Nevada have received the antivenin treatment.

"Arizona has the highest concentration of bark scorpions in the United States, and an estimated 8,000 scorpion stings occur every year," said Dr. Josh

Zeidler, an emergency medicine physician at Chandler Regional and Mercy Gilbert and the principal investigator for the Anascorp study.

Zeidler said that hundreds of these cases result in serious nerve poisoning and require medical treatment.

"Nearly all of these patients are young children whose breathing may be severely affected by the effects of the venom. Without antivenin, children stung by scorpions typically require heavy sedation and intensive supportive care, including a ventilator."

"This is the first drug approved for this use by the FDA," said Boyer, who also serves as director of the University of Arizona's VIPER (Venom Immunochemistry, Pharmacology and Emergency Response) Institute and is the Lead Investigator on the clinical trials.

"This is the first-ever drug developed fully in Latin America and subsequently approved by the FDA; the first-ever scorpion antivenin proved effective under controlled clinical trials; and the first-ever antivenin with so few allergic reactions."

Having witnessed the use of the antivenin in children stung by scorpions in Mexico, Boyer was certain of the potential for this drug to help children in Arizona. But the safety and efficacy of the product, called Alacramyn in Mexico and later Anascorp in the United States, had to be proved to the exacting standards of the FDA.

With a grant from the Office of Orphan Products Development of the FDA, a team of University of Arizona and faculty from the National Autonomous University of Mexico conducted a study of the then-investigational drug in 2004 and 2005 at University Medical Center and Tucson Medical Center in Tucson.

The results were dramatic, according to Boyer. Recounted in the New England Journal of Medicine, the study showed that the antivenin alleviated the symptoms of nerve poisoning in children following a scorpion sting in a very short time. It also reduced the need for sedative medication dramatically and lowered levels of scorpion venom in the bloodstream.

A second study, conducted primarily at the San Carlos Hospital on Arizona's San Carlos Apache Indian Reservation, confirmed these findings and demonstrated that the treatment could be safely provided in a rural hospital, far from pediatric intensive care.

Dr. Brian Tiffany, an emergency medicine physician at Chandler Regional and Mercy Gilbert Medical Centers and sub-investigator on the study, notes that the use of antivenin takes symptoms away in a very short period of time.

"What was once a life-threatening disease requiring children to be transferred to a pediatric

— SCORPIONS, Page 23

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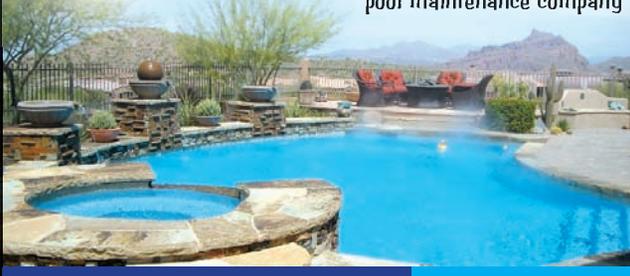
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Toddlers 'Discover' new pre-school adventures

By Alison Stanton

When Julie Massoud started taking her 4-year-old daughter to The Summit School of Ahwatukee, her son Damon, then 20 months, was not a happy camper.

"He would always be upset when she was dropped off in the morning and got to stay and play, and he had to leave," Julie said.

So when Julie, a west Chandler resident, learned that the Ahwatukee school offered a Toddler Discoveries class designed just for kids Damon's age, she knew she had to sign him up.

Andrea Benkel, director of early childhood education, said that the class is set up for toddlers ages 18 months to 36 months and a "special adult"—a parent, grandparent or nanny—to attend together.

The class, which serves many families from the south area as well as and Ahwatukee, is currently meeting every Thursday morning from 9 to 11

a.m. through Dec. 15.

According to Benkel, the pre-school sessions offer a nice blend of an easy but predictable routine and fun learning activities that give young children who are not quite old enough for regular preschool a chance to experience a school environment.

And because a trusted adult is along for the experience, Benkel said, it helps the child feel safe in class.

"When the kids first come in, there are different choices of things for them to do at the tables, so they are not rushed right away into sitting," Benkel said, adding that after 10 or 15 minutes the children move to a rug for some games before they head to different areas of the room for more activities.

"We have the areas of the room set up for exploration, and it allows the kids to create their own learning experience and learn at their own levels," she said.

For example, one week a bin will be filled with small pom-poms that the

— **PRE-SCHOOL, Page 11**

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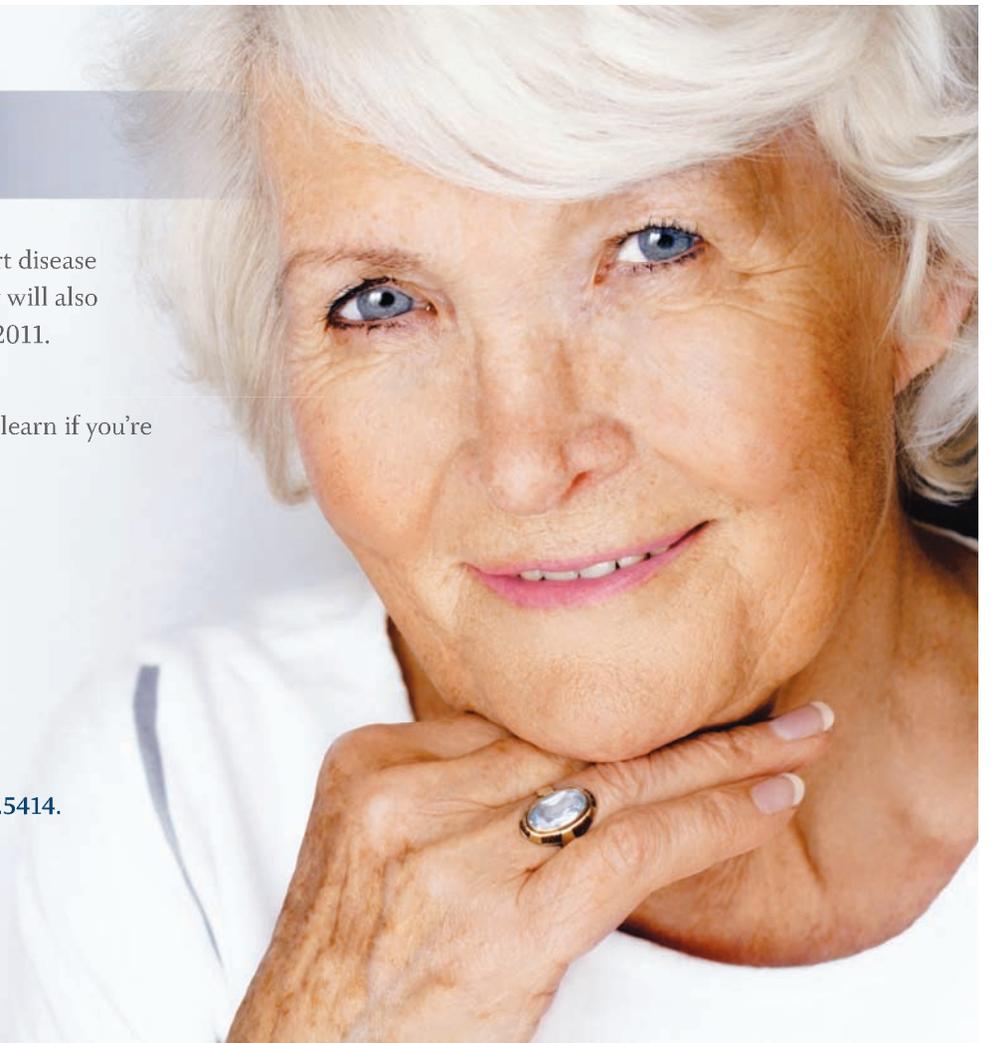


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Pre-school

From Page 10

children are encouraged to pick up with their hands. The next week they will use scoops, and the following week they might be required to use tongs to pick them up.

"It's all about scaffolding, and getting skills taught in a very playful way," she said. "We have them come up with different ways to solve something, and this creates long-term learning."

While the kids are having a great time doing the various activities, Benkel said the adults enjoy the opportunity to meet others who, as she put it, also love children.

"It goes way back to the days when a bunch of moms would meet at a playground. They not only have each other to talk to, but also the main teacher Lisa Stearns Hayes and I are in there and we can answer their questions, like if a parent asks 'he always does this when he picks up a pom-pom; is that normal?'"

Julie said that while Damon enjoyed the group activities and still talks about getting to pick up a baby chick from an incubator, he especially liked feeling as if he could do "all the fun big kid things that his older siblings could do, and that this class was something special just for him."

Kellie Columbus, a south mom whose 2-year-old son Max also attended the class, agreed.

"It was such a joy for him to learn and play with a group of kids his age," she said. "He felt right at home and always looked forward to his Toddler Discoveries class."

Information: 480-403-9511 or andrea.benkel@summitschoolaz.org.



Results are in from the 2011 state algebra competition, sponsored by Arizona Association of Teachers of Mathematics. Summit School of Ahwatukee reported four seventh-grade winners, including, from left, Josh Pagone, Jonathan Booher, Alicia Farr and Amber Barto, with their teacher, Christy Guidorizzi, in the middle. Josh and Amber scored in the top 10 percent statewide. Jonathan and Alicia earned the added distinction of achieving among the 10 highest scores in state. Approximately 600 students participated in contest, open to Arizona students enrolled in a first-year algebra class.

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Kyrene-Chandler Blvd. area roads scheduled for resurfacing

Approximately four miles of streets in and around the Crestview Court and Suncrest Villas neighborhoods southeast of Kyrene Road and Chandler Boulevard will be resurfaced as part of Chandler's annual street repaving program.

The repairs, occurring along 24 sections of residential streets in these west neighborhoods, will be performed by M. R. Tanner Construction Inc. of Gilbert.

The project will involve removing the top 1½ inches of old asphalt and replacing it with new pavement.

City street officials say this type of repair becomes necessary when the existing pavement is in such condition

that the street can no longer be maintained with slurry seal or micro seal applications.

The project is due to start about Oct. 10 and be completed by early November.

Maps showing specific locations of city resurfacing projects can be found on the Transportation page at www.chandleraz.gov.

Notices to homeowners and businesses fronting the streets will be provided in advance of the work.

Access will be maintained to residences and businesses during the construction.

For more information, contact the Chandler Street Division at 480-782-3500.

Host groups sought for Kiwanis spookfest

In anticipation of its 34th Annual Family Halloween Carnival, Tempe is seeking local non-profit groups to host a game or food booth at the all-ages event.

With more than 5,000 expected to attend, booths can be an excellent fundraising and community engagement tool for service clubs, PTOs, civic groups, school clubs and other similar organizations.

Last year, according to city officials, groups made an average of \$250 per booth. Tempe's Family Halloween Carnival is held as a safe alternative to trick-or-treating.

The 2011 carnival will take place 5-9 p.m. Saturday, Oct. 29, at Kiwanis Park.

In an effort to accommodate more activities and guests, this year's carnival will no longer be held on the street but on the south soccer fields near Guadalupe Road.

The event will feature many of the same attractions as in years past, including entertainment, costume contests, games, bounce houses, mini-train rides, face painting and more.

Organizations interested in hosting a booth must submit registration details.

Groups can host up to five booths, and are invited to be as creative as possible when planning game or food offerings.

The city of Tempe will provide a tent for each booth, but not tables, chairs or setup materials. Electricity and water will not be available.

A fee of \$30 per booth will be deducted after the carnival to help cover expenses.

To obtain information or a registration form, visit www.tempe.gov/events/halloween/sponsor.htm, or contact Jonni Wolfe at 480-350-5225.



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New National Honors Society officers at Corona del Sol High School include, from left, top row: Rachel Gur-Arie, inductions co-chair; Guneet Gulati, treasurer; Caroline Tate, inductions co-chair; Brianna Duong and Cyndia Yu, co-secretaries. Bottom row: Michael Kim, president; Jayelee Dorris and Angela Carter, co-sponsors; Sharae Dewitt, vice president.

— Photo courtesy Kris Cartwright

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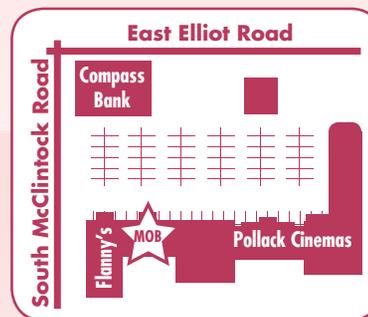
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Kyrene recruiting volunteers to brainstorm fiscal challenges

By Mark Crudup

The Kyrene School District is preparing to deal with its next set of budget concerns, recruiting a force of citizens and Governing Board members to help develop a roadmap to confront an agenda of major financial challenges.

Kyrene has implemented plans for a Citizens Budget Council, for which about 25 residents with financial backgrounds already have applied. Board members and Budget Council volunteers will discuss how finances work in education, with hopes that they can provide input during future budget-study meetings of the board.

Jeremy Calles, Kyrene's interim chief financial officer, said the council will meet monthly to discuss financial concepts in order to create a smoother budget process going into the 2012-13 school year.

"I think our goal (in creating the budget council) was to include some stakeholders who haven't been involved yet," Superintendent Dr. David Schauer said

during a board meeting last month.

Calles has set up two school-finance modules, with three sessions for each module, allowing flexibility for applicants to attend.

"Included among those 25 applicants are three who work for Intel, one who works for APS, one from , and we have a lot of financial analysts," Calles said. "It's a lot of people we were looking for and who have that expertise."

Applicants, board members and other Kyrene staff attended the first module meeting Sept. 28. Calles said applicants are required to attend one session of each module, although more are welcome.

"It is open to the public. Anyone who is interested in learning about school finances can attend," Calles said.

"We also encourage a lot of our executive teams and leadership councils to come."

Though Calles said the number of applicants who will remain on the Citizens Budget Council has

not yet been decided, a test will be administered at the end of the training modules on finances in education.

"I'm not going to say that everything is going to be based on the test, but we want to make sure they've mastered those school finance concepts," he said.

The Citizen's Budget Council will have opportunities to meet with Schauer and board members during discussions of future budget cuts as a result of state requirements and the current budget deficit.

Meetings are scheduled as follows:

Module One: Oct. 7, 1 to 3 p.m.; **Module**

Two: Oct. 18, 5:30 to 7:30 p.m.; Oct. 19, 1 to 3 p.m.; Oct. 21, 1 to 3 p.m.



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Joining the battle

Dave Kendall, left, owner of Day's Fine Jewelry, is acknowledging Breast Cancer Awareness this month, along with his wife Norma. Norma successfully battled the disease, and says she is proud to support the "alarming number of women" who have been diagnosed and combat the disease. This month, Day's will be giving away symbolic bracelets and slippers as a reminder for customers.

— Wrangler News photo

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For Jeff Clark, never a lack of fires to put out

Dual role lets him change hats as new challenges arise

Story & photo by Mark Crudup

In the early 1990s, Jeff Clark was a rookie on Engine 284 in the station at Kyrene Road and Chandler Boulevard, where he and other members of his battalion never lacked for people to rescue or fires to put out.

Now, 20 years later, Clark still responds to some tough calls, but with an added twist.

Having risen through the ranks for 17 years and serving as fire chief for the past three, Clark was picked by City Manager Rich Dlugas as Dlugas' number-one backup, naming him assistant city manager while retaining the title of fire chief, as well.

The progression came as no surprise to those who have followed Clark's career.

After years of experience and receiving dual designations as Firefighter of the Year and Employee of the Year, he was promoted to chief in 2008.

Now he'll continue to oversee that department as well as keeping tabs on an assortment of other municipal functions with an even broader scope of responsibility.

Twice the fires to put out?

"Oh, it's a piece of cake," said , with an ambitious laugh. "I'm still in the transitioning period, but I'm getting my hands on all the meetings; I've had the chance to meet with information technology and neighborhood services now, so I have a good idea of what's ahead there."

Clark took over the position of his longtime associate and now boss, Dlugas, another city staffer who followed 's career path to the top job as city manager.

"When this opportunity came forward, and the way Rich Dlugas chose to put it together, was that I'd maintain responsibility for my department and then expand that role," said.

"Quite frankly, that's what drew me to this position – the Chandler Fire Department has been my home for 20 years, and I'm not interested in leaving it at this point in my career."

Clark said he first met Dlugas when Dlugas was the community services manager and was a battalion chief with the fire department. When was promoted to chief, Dlugas was the assistant city manager.

"We know each other's strengths and weaknesses, and where we can best help each other," said. "We know how to communicate with each other."

Among other duties, will continue to command the Fire Department and oversee the Neighborhood Services and Information Technology departments.

"I see the assistant city manager role as one of support for the departments I represent, but obviously helping to move forward with the city manager's goals," he said. "Bringing those two thoughts together, and making sure we're moving in the same direction."

was one of three finalists for the assistant city manager position, all of whom were interviewed by city employees in a process that was streamed via a live video feed to the entire workforce, he said.



Chandler's new assistant city manager Jeff Clark will have his hands full with double responsibilities.

"We were asked questions that were pre-submitted by the employees, and then the city manager opened his doors and took in all sorts of input, whether it was through email or phone calls, and then he made his decision," said.

Watching the Fire Department grow from only four engines to the 10 engine and two ladder companies that make up its battalions today, was an integral member in developing the large force it has become.

"I was the first accreditation manager for the city, and we (the fire department) were first accredited in 1998," he said.

"We were the 11th department accredited in the world at that time."

Since then, Clark and his team have renewed that accreditation twice. Currently, there are only 100 agencies in the world that can boast the same

recognition, he said.

"It's a very difficult thing to attain, and we've maintained that," he said.

was also named an this year, a designation marking its many programs that create a prosperous and healthy city.

Though Clark admits he may have gotten a few sideways glances from fellow firefighters when he took on the new dual role, he says he won't lose the connection he's proud of having built with his firefighters.

"Getting involved on the higher level, I already have a taste of what's going on in the city" he said. "It excites me to be able to work with these other departments. I want to be a productive member of the team, moving toward where the City Council and the city manager want to see this place go."

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General Details

DATE: Saturday October 15 2011

TIME: Noon - 6pm

LOCATION: Historic Downtown Chandler
 - Dr. AJ Chandler Park (west)
 3 S. San Marcos Place, Chandler AZ 85225

ADMISSION: \$35.00 Presale General Admission
 \$45.00 day of general admission
 - includes tastings from Chandler's finest eateries and 12 drink tickets for spirits, wine, and craft beer. *(this is a 21+ event)*

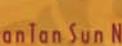
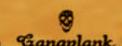
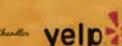
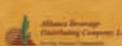
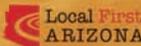
DETAILS: TASTE. Chandler's Culinary Festival is a gourmet tasting event that features Chandler's finest restaurants, wine, spirits, craft beer, live music, and silent auction.

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Coming Up

Men's Prostate Health Event— Oct. 8, 8 a.m. to 1 p.m. — Chandler Regional Medical Center will hold a prostate health clinic, where men can schedule an appointment for a PSA exam, at the Halsted Clinic, located south of Frye Road and east of Dobson Road. The American Urological Association Foundation and the National Football League will host the event, featuring NFL alumni who will be signing autographs. Appointments for exams are required. Information: 1-877-728-5414

East Valley Children's Theatre presents *The Twelve Dancing Princesses*— Oct. 6-9 — Performances are in the Nesbitt/Elliott Playhouse at Mesa Arts Center, on the southeast corner of Main and Center streets. Shows at 7 p.m. Thursdays through Saturdays, with additional shows at 4 p.m. on Saturdays and 2 p.m. on Sundays. Tickets are \$11. Information: 480-644-6500

Chandler-Gilbert Community College performs *Dr. Jekyll and Mr. Hyde*— Oct. 13, 14 and 15, 7:30 p.m. (one matinee showing Oct. 15, 2 p.m.) — Ticket prices are \$8 for general admission and \$5 for students. The performance will take place at the college's performing arts center on the Pecos campus, located on Pecos Road, west of Gilbert Road. To purchase tickets, call 480-732-7343. Information: www.cgc.edu/arts.

Kyrene de la Mirada 19th Annual Fall Festival — Oct. 28, 6 to 9 p.m. — Join in on fun for the whole family

during Mirada's fall festival, located on Galveston Street, between Kyrene and Rural Road, south of Ray Road. Admission is free. Information: www.miradapta.org.
Chandler's Culinary Festival, "Taste" — Oct. 15, 12 to 6 p.m. — Chandler's annual culinary festival, a gourmet food- and wine-tasting event, will feature over 30 food samplings from Chandler restaurants. The event will take place at the Historic Downtown A.J. Chandler Park at 3 S. San Marcos Place. Tickets: \$35 - \$45. Information: http://tastechandler.com/.

Walk to Save Animals — Nov. 12, 10 a.m. to 2 p.m. — Tempe Beach Park will host this family and dog event with 2K and 5K pet walks, dog agility demonstrations, pet photos with Santa, adoptable animals, a low-cost vaccine clinic and exotic pets education display. The event, presented by PETCO, will also feature pet vendors; a kids zone with bounce houses, face painting, games and prizes; a food court; and entertainment. Nationally known comedian and veterinarian Kevin Fitzgerald will entertain. Cost: minimum donation of \$25, which will go to Arizona Animal Welfare League and SPCA. Information: 480-423-1511

Kyrene Citizen's Budget Council Modules — Oct. 18, 5:30 to 7:30 p.m.; Oct. 19, 1 to 3 p.m.; Oct. 21, 1 to 3 p.m. — The public is invited to attend Module Two of the Kyrene's school finance class. Each session will include the same information on financial concepts in education. Participants will learn the per pupil formula affecting Kyrene's budget in a manner that is easy to understand, led by Jeremy Calles, interim chief financial officer for Kyrene. Modules are held at the Ben Furlong Education center at the Kyrene District Office on the northwest corner of Warner and Kyrene roads.

Lynn Sankey Photography Crash Course — Oct. 13 and 27, 6:45 to 8:45 p.m. — This crash course, for point-and-shoot or DSLR users, is designed to help beginning photographers learn how to control the outcome of their photos. Sankey will cover aperture, shutter speed, composition, light and tricks of the trade during her workshops. Cost is \$60. Information:

www.lynnsankeyphotography.com, or email meritsmesty@cox.net. Courses take place at WellSpring Holistic Health on the northeast corner of Warner and Kyrene roads.

Dairy Queen School Fundraiser Night for Kyrene de la Mariposa — Oct. 18, 4 to 9 p.m. — South Tempe's Dairy Queen, located on the northwest corner of Elliot Road and McClintock Drive, will donate 20 percent of the store's sales to Mariposa.

PAC dates for Yes Public Ed PAC, a committee dedicated to passing the Kyrene Capital (Technology) Override — For dates and information, visit www.yespubliced.org.

Town Lake dam study — South Tempe residents are being invited to attend an open house at 6 p.m. Monday, Oct. 17 to learn about technologies being analyzed to replace the western dam at . The city and its contractor, Gannett Fleming, have conducted an extensive analysis and narrowed the options down to four technologies. The review and question-and-answer program will be held at Tempe Center for the Arts. A new dam system is on schedule to be operational by December 2015. Objectives of the project are to ensure the lake's continued success as a flood control tool, a recreation venue and an economic development center. Capital and operational costs will be weighed, along with other factors. A final technology will be chosen in November. For information and to review a PowerPoint presentation that the City Council saw at its Sept. 22 meeting: http://slidesha.re/q7pAB9.

Someburros' birthday bash — Someburros locations will celebrate the popular Mexican-food chain's 25th anniversary Oct. 13-16 with 25-cent churros, gift-card and t-shirt giveaways, and a chance to win a fiesta platter for 50 guests. More information is available at www.someburros.com.



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Walking for awareness

This year's Walk for POP (Prostate On-site Project), held at Kiwanis Park last month, was a huge success, as well as a reminder for men to get a PSA exam. Approximately 700 participants joined in on the walk, raising about \$21,000. This year's walk had a particularly special Tempe Detective Tim Barber, 42, who passed away Aug. 27 from prostate cancer. Barber was a board member for Walk for POP and was an influential advocate of the importance for men to be screened for prostate cancer at age 40 or younger. Walkers during the event sported yellow T-shirts with Barber's picture, along with names of other family members who have battled prostate cancer.

— Wrangler News photo by Mark Crudup



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Diversions . . . with Mark Moorhead

On the 10th anniversary of 'Scrubs,' some joyous memories

Ten years ago this month, the TV series *Scrubs* debuted on NBC. I'm not suggesting that there should be some National Day of Remembrance for this anniversary, but I do want to stop a moment to appreciate *Scrubs*. Its ubiquity in reruns may make it easy to take for granted, but it's a great sitcom.

Indeed, I think there's a solid case that *Scrubs*, which ran for nine seasons over two networks and so heavily in syndication that it seems almost unavoidable when channel-surfing, can take its place with the best sitcoms of all time. For all its obvious success, I'm not sure the show has ever quite gotten its due.

For the uninitiated: *Scrubs*, created by Bill Lawrence, followed the career and personal life of Dr. John "J.D." Dorian (Zach Braff), a young intern at Sacred Heart Hospital, in an unnamed city.

A gushy, overenthusiastic innocent, J.D. shares his struggles with his inseparable best friend and roommate Christopher Turk (Donald Faison), a surgical intern, with Elliot Reid (Sarah Chalke), a high-strung but sweet fellow intern who becomes J.D.'s on-again/off-again romantic interest, and with veteran nurse Carla Espinosa (Judy Reyes).

J.D., who narrates the episodes, is obsessively

driven to achieve a father-son bond with his boss and role model, Dr. Perry Cox (the magnificent John C. McGinley), a sneering misanthrope with a penchant for spewing complex arias of sarcastic abuse on everyone, but especially on his adoring, and undaunted, young disciple, to whom he refers either by various female names, or simply as "Newbie."

It occurs to me that to someone who has never watched the show, the description above would likely make *Scrubs* sound like ordinary, almost boilerplate sitcom fare. The show's originality isn't in its format. The laughs arise from the depiction of J.D.'s fantasy life—again and again, he casts his eyes upward at an angle and we see one of his preposterous, often surreal daydreams, inventively staged.

But the program's real distinction is its honesty about the inner life of the American male, particularly the movie-and-TV-fed all-American white boy embodied by J.D., and played so fearlessly by Braff.

Speaking as a specimen of the same, I wish I could report that the infantile narcissism of J.D.'s megalomaniacal-yet-mawkish hero fantasies is exaggerated. But I can't.

I've often wondered if this embarrassing candor isn't the secret both of the show's staying power with

audiences and of its lack of critical acclaim. What *Scrubs* says to the audience is: you're not cool. You may be a nice person, you may be a competent person, you may even heal the sick and comfort the afflicted.

But you'll never be like your hero Dr. Cox—indeed, over the course of the seasons we gradually come to see that Cox himself is a self-loathing emotional wreck and a poseur.

Like many shows that feature single protagonists, *Scrubs* bogged down a little when it focused on J.D.'s love life—his interminable dithering over whether he really loved Elliot or the gorgeous guest star of the moment—became tiresome at times.

Other than that occasional minor annoyance, *Scrubs* was a near-perfect half-hour, year in and year out, delivering silly laughs and rich characterization, expertly balanced.

While it was never pretentious, it also was quite capable—unlike, say, the equally brilliant and funny but somehow emotionally aloof *30 Rock*—of startling moments of seriousness.

Maybe because of the mortality inherent in the medical setting, it had a dramatic gravity underpinning the broad shtick.

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Ask the Expert

Diabetes and wound healing: What you need to know

By Samuel Nwafor, M.D., FACP

More than 25 million adults and children in the United States have diabetes, including 1.9 million new cases diagnosed in 2010 alone, according to the American Diabetes Association.

Diabetes brings with it a host of functional abnormalities that significantly hamper the process of wound healing. Even simple acute wounds and injuries can become chronic non-healing wounds. Every year, two out of three patients with diabetes develop foot ulcers, and approximately 15 percent of all diabetics will have a foot ulcer in their lifetime, according to the ADA. Worse, of about 60,000 diabetes-related lower extremity amputations performed every year, 84 percent are preceded by a foot ulcer.

The following are some of the functional abnormalities prevalent in diabetic patients that lead to delayed wound healing:

Poor circulation — Diabetes causes abnormal changes in the walls of small blood vessels which supply blood and oxygen to the body tissues. These changes, called angiopathy, compromise the ability of small blood vessels to maintain a consistent and adequate supply of oxygen and blood to affected tissues, depriving the wound bed of critical ingredients required for new tissue formation and healing. Changes in the blood vessels can be worse in diabetics whose blood sugar levels are poorly controlled.

Immune system impairment and infections — Special cells in the body are programmed to act as defense mechanisms against infections by different organisms in the environment. Due to changes from chronic high blood sugar in diabetic patients, these defense cells show various defects in their function that reduce their efficiency in fighting these organisms. As a result, diabetic wounds are more prone to infection by various organisms which severely impairs the mechanisms required for wound healing. Improved blood sugar control in diabetics improves the activity of the defense cells.

Impaired formation of wound healing proteins — The body makes special proteins (including collagen, fibrin and keratin) that act as the structural units for wound healing. Chronic high blood sugar levels in diabetic patients lead to abnormalities in the metabolism and formation of these special proteins which can be a factor in delayed wound healing.

Neuropathy — Diabetic patients also have abnormalities in small nerves in the body tissues that are responsible for conducting nerve impulses required for normal sensation. This can cause impaired sensation, also called neuropathy. Recurrent trauma and friction to a lower extremity, which frequently goes unnoticed due to neuropathy, can create new wounds and can also severely hamper the ability of an existing wound to heal. As a result, neuropathy not only creates an increased risk of new wounds but can also delay the healing of existing wounds, especially in the feet.

In addition to these, there are other bodily mechanisms through which diabetes affects and delays wound healing. Some of these mechanisms are not fully understood and are the subjects of ongoing research. For example, there are abnormalities in vitamin A and zinc metabolism in diabetics that can hinder wound healing. There are also growth factor imbalances and complex inflammatory changes at the cellular level that can impact wound healing.



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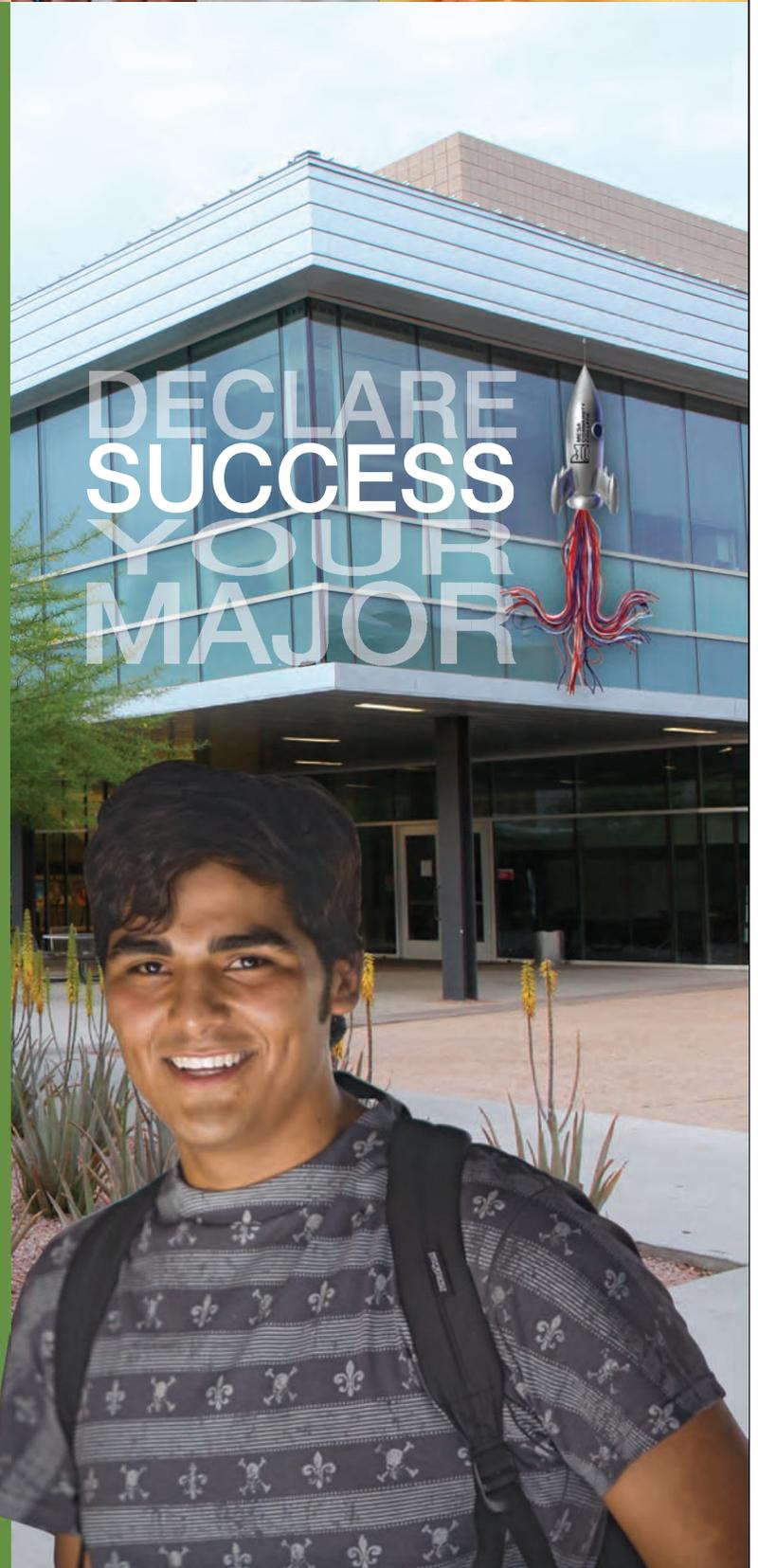


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Expert

From Page 21

What You Can Do to Prevent Slow-healing Wounds — People who have diabetes need to check their feet every day, wear the right shoes and socks and have their doctor check their feet regularly. Cuts, scrapes and blisters should be treated appropriately, and medical attention from a physician should be sought if wounds do not heal properly.

Diabetics with good blood sugar management are less likely to suffer from slow-healing wounds making it doubly important that patients follow

their treatment regimen as prescribed by their primary care physician.

Finally, diabetic patients with difficult non-healing wounds could benefit from treatment at specialized outpatient wound and hyperbaric centers.

Samuel Nwafor M.D., FACP, practices at the Arizona Wound Center at Tempe St. Luke's Hospital. For more information about the Arizona Wound Center, call 1-877-333-5152.

This information is provided by Tempe St. Luke's Hospital as general information only and is not intended to replace the advice of a physician.

Center to host welded-steel artist

Club say they're considering launching an effort to create an Interact Club at a high school in the area.

Chris Labarge, chairman of Rotary District 5510's Interact program, met with club members to review the steps that are involved in creating and supporting such an affiliation.

Interact clubs are self governing, self supporting Rotary Club units for students age 12-18. Labarge listed getting a club with member champion; locating a school willing to support the club; finding a faculty adviser; getting students interested and involved; selecting a student president; and completely the necessary paperwork.

Labarge emphasized the need to provide on-going support for maintenance of such

Labarge unveiled a comprehensive checklist distilled from Rotary International's 37-page Interact manual to help clubs get started.

"Our club supports the Interact concept enthusiastically," said the local group's president Norma McCormick, "but we also realize the importance of finding a champion within our club before we consider moving this project forward."

"This was a valuable information meeting that will prompt much discussion in the coming weeks."

Kyrene Corridor Rotary meets at noon Mondays at Kobe Japanese Steak House, 1125 W. Elliot Road, Tempe.

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Scorpions

From Page 9

intensive care unit has become, for many of them, an outpatient disease." Tiffany also noted that hundreds of volunteer healthcare professionals participated in the cooperative effort, creating a first-of-its-kind outreach study network capable of conducting clinical trials of a treatment for a rare emergency.

Chandler Regional and Mercy Gilbert Medical Centers are two of the medical centers within the CHW system to be involved in medical research. CHW's 16

Institutional Review Boards provide oversight for more than 1,000 clinical trials across the system.

As with all clinical research, it's important for research volunteers to understand the general principles that apply to anyone taking part in the study:

While research volunteers may not experience personal benefits as a result of taking part in the study, knowledge may be gained from their participation that may benefit others; and at any time, research volunteers may decide to discontinue their participation without any negative consequences.

Information: 877-728-5414.

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Tempe honors its veterans

Several activities will take place in November to honor veterans here in Tempe and throughout the country:

- Families and community groups are welcome to attend the annual Veterans Day Parade in Tempe on Friday, Nov. 11, starting at 9 a.m. at ASU Gammage, on Mill Avenue south of University Drive. The parade proceeds north on Mill, ending with a short ceremony in Tempe Beach Park. For more information, call 480-968-0634.

- Mark your calendar for Saturday, Nov. 5, for the Veterans History Project Open House at the Tempe History Museum, 809 E. Southern Ave. This "meet and greet" opportunity from 10 a.m. to 1 p.m. is for veterans and their families, the

public and especially young people. Come talk with veterans of World War II, Korea, Vietnam, the Gulf Wars, Iraq and Afghanistan. There will be refreshments and displays of military memorabilia. For more information, contact the Veterans History Project at 480-352-1466.

- The original Armistice Day ended the hostilities of World War I on the 11th hour of the 11th day of the 11th month of 1918. This year, on Nov. 11, which is 11/11/11, the Tempe History Museum will host the Concert for Peace.

At 7 p.m., the Pangean Orchestra will perform songs of peace from across the world using exotic and classical instruments. The museum is located at 809 E. Southern Ave.

Tempe 2012 elections

The Tempe City Clerk's Office is gearing up for two elections next year and wants to provide accurate information to residents so they can find out what they need to know to participate.

A Primary Election will be held March 13 and a General Election will be held May 15. The city's Mayoral seat is open, as are three City Council seats.

Information available at www.tempe.gov/clerk includes:

- **Voter registration** – The Maricopa County Elections Department registers voters. Unregistered Tempe residents interested in voting in the Primary Election must register by Feb. 13, and by April 16 for the General Election. For more information, call the county at 602-506-3535, TDD 602-506-2348, or visit www.recorder.maricopa.gov/web/elections.aspx.

Residents also can register to vote or update existing registration at www.servicearizona.com.

- **Early voting** – Voters will be able to cast their ballots for the Tempe

contests prior to the election days. Early voting for the Primary Election starts Feb. 16, and on April 19 for the General Election. Any registered voter may place their name on a Permanent Early Voting List and an early ballot will automatically be mailed to the voter about 26 days prior to the specified election. For more details, contact Maricopa County using the information above.

- **Candidate packets** – Tempe residents interested in running for Mayor or City Council seats can pick up candidate packets at the City Clerk's Office, 31 E. Fifth St. The Clerk's Office is open Monday through Friday, 8 a.m. to 5 p.m. Each packet provides all the information necessary to run for elected office in Tempe. The first day to file completed candidate paperwork is Nov. 14 at 8 a.m. The last day to file candidate paperwork is Dec. 14 at 5 p.m.

Questions can be directed to the City Clerk's Office at clerk@tempe.gov or 480-350-8241.



Golf Tempe hosts Welcome Back Weekend

Golf Tempe invites everyone to golf at reduced Loyalty Rate fees during Welcome Back Weekend – Oct. 13-16 at Ken McDonald and Oct. 20-23 at Rolling Hills.

Welcome Back Weekend marks the reopening of each course following overseeding. Come check out our courses and see why Golf Tempe is a whole new experience. Visit www.tempe.gov/golf for rates and information.

Golf Tempe promotes community-based golf that is affordable, accessible and adds to our quality of life as a lifetime leisure activity.

Golf Tempe's two courses offer: seven-day advance tee times; affordable daily fees; excellent practice facilities; full-service pro shops and restaurants; group and private lessons; corporate outings; and tournament packages.

Ken McDonald is at 800 E. Divot Drive (480-350-5250) and Rolling Hills Golf Course is at 1415 N. Mill Ave. (480-350-5275). Call for tee times or book at www.tempe.gov/golf.

Mayor Hallman's final State of the City

The Tempe Chamber of Commerce, in partnership with the City of Tempe, presents Mayor Hugh Hallman's State of the City Address on Thursday, Nov. 10, from 7-9 a.m. at the Buttes, 2000 Westcourt Way, Tempe.

For the final time before stepping down as Tempe's top elected official, the Mayor will be sharing his thoughts on the accomplishments of the last year and the challenges to come.

This annual event provides a valuable opportunity to enjoy a breakfast with Valley civic, business and political leaders. Registration begins at 7 a.m. and Mayor Hallman will begin his speech and presentation at 7:30 a.m.

Advance tickets are required. Visit www.tempechamber.org or call 480-967-7891.

Meet your (new) neighbor Boutique's 1st Arizona franchise aims at hip, urban clientele

By Mark Crudup

There's a new boutique in town, but you won't find the traditional selection of name-brand labels that line the racks at most women's clothing stores.

Lizard Thicket's first Arizona franchise, now in west Chandler, represents its own brand and brings a new strategy to marketing upscale attire, primarily aimed at college-age clientele.

"It's obviously scary starting a new business, with the economy (the way it is), but sometimes you just have to go for it," franchise owner Caroline Jordan said. "We've been open three months now, and we already have repeat customers, so that's encouraging."

The new location, which opened in

June, is only the third franchise of the Georgia-based, family owned store.

Sheri Waynick, founder and owner of the original store, is picky when it comes to offering franchises, said Jordan, who has family in Georgia.

"I was visiting my sister, and during one of my trips she told me I had to go to one of her favorite stores," she said. "We went there (a Lizard Thicket in Atlanta), checked it out and I loved it, but really didn't think much of it at first – I just thought it was a neat store."

Jordan said she moved to Chandler for her husband's job, and loved the area, ending up working as a dental hygienist for 10 years and then with an orthodontist another five.

"We've always talked about having a

business, and we don't have any kids, so we have the time to work 80 hours a week," she said. "Sheri started offering franchises at the time, so I said, 'Let's give her a call.'"

However, Jordan never was very interested in boutiques, she said.

"I was never a boutique shopper," she said. "All of that has always been a turnoff for me, and so when I went into her store, it was the complete opposite."

Jordan said that Waynick came to Arizona to visit, she remarked that this area was very similar to what she experienced in Atlanta.

The original store there has thrived since it opened in the 1980s.

"It's a small, family owned business," Jordan said. "(Waynick) has had it for 30 years, so it's very important for her that it continues a certain type of atmosphere. This is her child."

The clothes carried at Lizard Thicket are not anything you'll find at other boutique shops, Jordan says.

"The (store staff) in Georgia actually do the buying," she said. "They travel all across the country to undisclosed locations,

making trips at least once a month."

And with the Valley's climate being similar to Atlanta's, there is no concern about carrying clothes that won't fit warm summers and cold winters.

What makes Lizard Thicket unique is that it carries only carry six of the same items, Jordan said.

"When I first visited Georgia, I felt like the clothing selection you get there is different merchandise than you see at the mall," she said. "I feel like every store window in the mall is the same – you don't find clothes like we carry in our store."

Jordan added that Lizard Thicket's atmosphere also is different from the club-like scenes of mainstream clothing shops, especially at malls.

"It's not like you're in a club or something," she said. "We play calm music and have friendly, helpful employees."

Having friendly staff is a vital aspect Waynick expects of her franchises.

"We have so many people who come in and they don't know how to put outfits

— BOUTIQUE, Page 26



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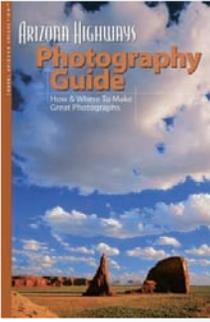
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To Sign up, go to www.lynnsankeyphotography.com click on the Crash Course Photography Class.

About the Instructor:
To learn more about Arizona Highways contributing photographer, Lynn Sankey, visit her website at www.lynnsankeyphotography.com to read her bio and see samples of her work.

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Boutique

From Page 25

together," Jordan said. "We might know that this little cardigan could go great with the dress on the other side of the store."

Jordan added that Lizard Thicket is located near Chandler Fashion Center but offers a more easily accessible destination for shoppers who don't want to fight the parking, walking or crowds.

"If we can just get customers to pop in here first before the mall, it's going to be good," she said. "You don't have to deal with the big parking lot. And, we're open until 9 p.m., so we have mall hours."

And as temperatures begin to lower, Jordan is confident the number of repeat customers will continue to grow.

"As soon as you don't have to sweat to death to go out to your car to get somewhere, it will get better," she said.



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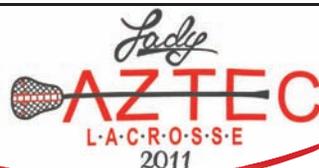
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Who can participate: Girls in grades 7 through 12.
All skill levels are invited to participate

When: October 18 through December 1.
Tuesday and Thursday from 4:00 to 6:00PM.

Where: Harelson Park in Tempe
(Warner Ranch Drive and Myrna Lane)

How Much: \$135. Includes \$100 registration and
\$35 US Lacrosse membership

Contact: Sara Berns – berns@extremezone.com
or Pete Castiglione – pkcasty@cox.net;
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More Information: www.ladyazteclax.com

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Remodeling — English Building Company, LLC, General Contractor, Your Neighborhood Contractor, Remodeling, Additions, Kitchens, Bathrooms, See Project Pictures and Customer references online at www.englishbuilding.net, Tempe Native,. Licensed, Bonded, Insured ROC 189470 Call today for a free estimate 480-603-8813 See our ad in Guide to Neighborhood Services

Remodeling — Custom Remodeling Specialist. Whole house remodels, kitchens, baths, bedrooms, counters & cabinets, tile & carpet, garages, offices, patios, room additions and much more. John C. Erickson — owner. Over 20 years experience. Licensed (ROC#171687), bonded & insured. JCE Company, LLC. 480-200-9037. See our ad in Guide to Neighborhood Services

Remodeling — Arizona Home Works, Room additions, remodeling, renovating, patio covers, family owned, licensed, bonded and insured, www.ArizonaHomeWorks.com 480-357-7078 See our ad in Guide to Neighborhood Services.

Remodeling — Remodel Contractor, \$22.50 per hour. Concrete, Block, Carpentry, Drywall, Stucco, Tile, Roofing, Painting, Patios, Additions, Kitchens, Bathrooms. I crew for all. Plans and permits. Tempe-based for 12 years. Best prices for quality work. ROC# B216115. Call Roberta or Roger at 480-215-3373, rchildcustomcarpentry@cox.net. Lic. Bond. Ins. See our ad in guide to neighborhood services

Roofing — Bill's Awning and Construction. Reroof with lightweight stone-coated steel shingles, shakes or tiles. New roofing, reroofing, leak repairs, shingles, coatings. Free Estimates. Quality Workmanship. Lic. #C-42 266610. Ask for Cliff Frazier. 480-986-1606. See our ad in Guide to Neighborhood Services.

Roofing — Roofing specialist, 30 years experience, shingles, tile, shakes, flat roofs, leak repair and wood replacement. Free estimates. No Job too small. Licensed exempt, References available. Call Chuck 480-251-7886. 11/2011

Roofing — Shamrock Roofing Services. Specializing in residential reroofing and repair. Shingles, tile, shakes, foam and flat roofs. 24 years experience. shamrockroofing@live.com. #ROC244568 C-42 Bonded and Insured. 480-888-6648. See our ad in Guide to Neighborhood Services.

Roofing — Need a new roof? Roofing all types. Repairs on all roofing. Tear offs, patio roofs, white coats. Call Roger Kretz at 480-233-0336 or Dave at 602-466-7674. ROC 155224. See our ad in Guide to Neighborhood Services

Sprinklers — Aqua Masters Sprinkler & Drip Specialists. Specializing in sprinkler & drip irrigation maintenance, troubleshooting and repairs, system check-ups, leak detection, valves & heads, wiring & pressure

problems. Free service call for 1st time customers with repairs. Sprinkler and Drip System Special, \$59.99 System Check-Up (repairs not included). 480-478-0073. Quality service. www.AquaMastersAZ.com 10/11

Tile/Granite — Tile and Stone Installations. Lic., bonded and insured. Serving the valley since 1974. Discounts to Wrangler readers. Free estimates, call Bob Lukert. 480-510-4650. 6/2012

Tile/Granite — Bath and Kitchen Re-Caulk and Grout, Specialist in water damage repair and prevention, eliminate mildew and seepage from tub and shower, tile, drywall, trim and cabinetry repair, including cabinet finishes, Tom 480-560-4269 See our ad in Guide to Neighborhood Services

Tile Installation & Repairs — Floors, Showers, Backsplashes, Replace Broken & Cracked Tiles. 25 Years Experience. Reasonable Rates. Call David - Free Estimate: (480) 236-1694. 10/8

Window Cleaning — Arizona Sun Window Cleaning — Call Ryan for competitive pricing and quality, honest work. Interior and Exterior. Cleaning of bug and sun screens included. I can also clean ceiling fans. Locally owned. Call for an estimate. Ryan (480) 329-8023. www.arizonasunwindowcleaning.com 10/8

Remodeling — A Better Stone Company - Stone & Paver Remodels Stack Stone Facing & Paver Patios & Driveways, Stone & Paver Installation Company, Call Ben at: (602) 291-4778, www.AZSTONEVENEER.com. 11/19/11

Window Cleaning — Johns Window Cleaning ; The owner cleans your windows! 1-Story \$115 2-Story \$135 Inside/Out up to 40 panes/Screens \$2.50 each On-site Blind Cleaning/Mobile Re-screening Same Day Service (480)839-8929. 1/2012

SELECT WINDOW CLEANING — Your Residential window cleaning specialist. Serving Tempe and surrounding areas with professional and reliable window cleaning. Call Wayne 480-688-3447,

www.selectwindowcleaning.com. See our ad in the Guide to Neighborhood Services.

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Personal Services

Live Music — Make your next party or event one to remember, hire a live musician- soloist available for room temperature contemporary music or a full band for lively dance music, Many references available, Call Greg at 480-820-2992 or 602-460-8394. See our ad in Guide to Neighborhood Services

Piano tuning & repair — For over 20 years I have proudly tuned numerous pianos here in the valley. I can help you find an affordable used piano. \$80 piano tuning. Affordable repairs. Expert advice. Lawrence P. Cheatham, 480-316-0060. See our ad in Guide to Neighborhood Services

Piano Tuning and Repair — Offering a full line of piano tuning and repair services. Specializing in player pianos. Rebuilds also available. 2nd generation piano technician with over 20 years of experience. For an appointment or more information call Ric at 480-839-6395. 1/7/12

Critical Learning: TUTOR — Certified English/Language Arts Instructor, Habilitation Therapist. Personalized approach to help clients define, achieve, and EXCEED learning goals! \$20/hr. Call 602-615-7477. 9/11

Health and Beauty — Hair Color Specialist in Tempe, I am a color specialist in Tempe! I offer services from Haircuts to Highlights! New Clients Special! \$65 Full highlight and Haircut! Located on McClintock and Warner! Call for your appointment today! Lorraine 480-375-5110 9/11

Fitness Training — Fitness Training 2 for 1 summer special. Train in the comfort of your home. I bring all the equipment. Over 15 years experience. Training includes weights, bands, bocu, cardio endurance, pilates yoga and kickboxing. Nutritional counseling included at beginning of training. Call Rose @ 480-440-3737, rosetxaz@gmail.com. 10/8 Pets

Pet Services — Pet Sitting. Have your pet pampered and cared for in the convenience of YOUR home. Bonded, insured. Member Pet Sitters International. References Available. Call Janice with Mrs. Doolittle, 831-9388. 3/2012

Pet Services — Sue's Pet Friends – Tender Loving care in your home. Free initial visit. Daily and overnights available. Insured, Bonded, Member NAPPA and PSI. Serving Tempe, Chandler and Ahwatukee area 480-628-6958. See our ad in Guide to Neighborhood Services.

Pet Services — Pooper Scooper. Hate that poop? Love your pup! Call Mrs. Doolittle and she'll clean it up. Bonded and insured. 480-831-9388. 3/2012

From The Heart Petsitting since 1990 — Insured, Bonded, Professional loving pet care in your home. Many references from long term clients. Contact Carolyn, owner and caring petsitter. Kyrene Corridor Resident. 480-797-4407 www.fromtheheartpetsit.com 10/22

For Sale

Free antique upright piano — free upright piano if you can move it—in good condition—call 480-491-9833.

Golf Clubs — Magiques and Zevos. 1-3-5 woods. Irons 3 through SW and a putter. Golf bag and head covers. Left and right-handed, multiple sets. \$50 each. Call 480-244-8305. 10/11

Tractor for sale — 2001 JD 4600 \$5500 2001 John Deere 4600, 4X4, Cab, Loader, Diesel, Priced to sell \$5500 contact me for details at swansmi5@msn.com / 480-409-1051. 10/8

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Babysitter Needed — Babysitter Needed for our 3 kids, you will be paid \$650/week car provided for you If you Can drive as long you take good care of them, email: ray.cia@aol.com 10/11

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Real Estate

Short Sale Negotiator for Homeowners — FREE short sale/loan modification consultation. Call Ann Adams & Associates at 480-777-3414 or 602-330-2323. Know your options. 2/2012

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Coloring Contest

Children 12 and under

All entries must be submitted by November 4, 2011. Entries can be dropped off at any of the following locations: Tempe Parks & Rec Office (2nd Floor Public Library), Wrangler News, Great Harvest, Dairy Queen, & IKEA.

Name _____

Address _____

Age _____ Phone # _____



6 and under WINNER

Prize package including a \$20 Gift Card from Dick's Sporting Goods, \$10 Gift Card from IKEA including a FREE yogurt and kids meal, \$10 Gift Card from Mill Avenue District, 8" ice cream cake from Dairy Queen, 6 Cookies from Great harvest Bread Co., and a Family 4 Pack to Kiwanis Wave Pool, Kiwanis Batting Cage Pass.

7-12 WINNER

Prize package including a \$20 Gift Card from Dick's Sporting Goods, \$10 Gift Card from IKEA including a FREE yogurt and kids meal, \$10 Gift Card from Mill Avenue District, 8" ice cream cake from Dairy Queen, 6 Cookies from Great harvest Bread Co., and a Family 4 Pack to Kiwanis Wave Pool, Kiwanis Batting Cage Pass.

MOVIES in the PARK is a FREE movie series Friday evenings at Kiwanis Park. Showtime begins at dusk. The first movie will be Tangled on October 7, followed by Rango on October 14, along with Gnomeo and Juliet on October 21 and finishing with Spooky Buddies on October 28. For more info call 480-350-5200 or visit tempe.gov/events/movies.

COME DROP OFF YOUR COLORING CONTEST ENTRY AND WE'LL GIVE YOU A FREE COOKIE!

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