

Wrangler NEWS



Kyrene Corridor Edition

May 15 - 28, 2010

Vol. 21, No. 11

*Serving South Tempe and
West Chandler since 1991*

**One-time Corona
del Sol wrestling
standout Jesse
Forbes is still
going to the
mats, now as
a contender in
the big-time
Ultimate Fighting
Championship
May 29 at the
MGM Grand.
Story, Page 30**

Students at Corona del Sol High School gathered during their lunch hour May 11 to bid a tearful farewell to one of their own, Cody Bishop, an 18-year-old senior only days away from graduating when a collision took his life. Police said the other driver, who was traveling in excess of 80 mph, collided with Cody's car at Ray and Rural roads on May 6. The students' otherwise somber farewell ended with the joyful release of balloons, the best celebration they could manage after so suddenly losing a friend. *Related story Pg. 4*



Cody Thomas Bishop 1992 - 2010



— Kris Cartwright
for Wrangler News

The Downtown Chandler Community Partnership Presents:

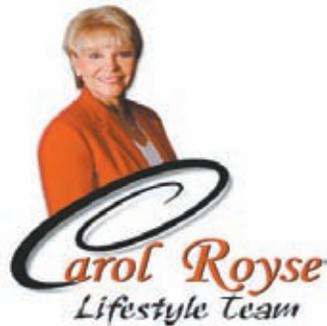


CRAZY CARTOONS EVENING

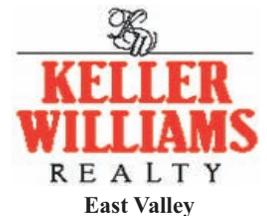
- Friday, May 28th
- Everyone is encouraged to come in costume.
- Bring your lawn chairs and blankets to enjoy a fun-filled, family evening in Historic Downtown Chandler.
- All events are FREE and take place in Dr. A.J. Chandler Park (south of Chandler Blvd., on the west side of Arizona Ave.)

- 6:00 p.m. Musical Entertainment
- 6:30 p.m. Parade and Prizes for Best Cartoon Character Costumes (ages 5-8 years old)
- 7:30 p.m. Movie: "Alvin and the Chipmunks: The Squeakquel"





Carol Royse Sells Homes



Call (480) 776-5231



Quiet interior street, private backyard. Delightful.
4BR/3.5BA Stunning Home, dramatic curb appeal, fantastic interior with crown molding, upgraded appliances, 6 burner gas cook top, beautiful granite counters, upgraded cabinets. The basement is wonderful with large game/rec room, 2 bedrooms and full bath. The backyard has a \$75,000 pool with slide and water feature. Built in bar-b-que, its all here in this turnkey home. offered at \$485,000



Big Price Reduction!
4 BR / 3.5 BA / SF: 4,516 / Now is the time to live in one of south Tempe's premiere neighborhoods. Traditional brick home on a beautifully landscaped lot. Wonderful yard with gazebo, pool/spa. Home needs some updating, but at this price, you can live in a \$1,000,000 neighborhood! Easy to show, and bargain priced. Priced to sell. \$600,000



Beautiful Gated Grande Reserve
5 BR/3.5Ba/5,250 SF/ New carpet, tile and paint. New granted countertops in bathrooms. Gourmet kitchen w/maple cabinets, granite counters, center island & double oven. Large master suite w/sitting area, his & hers walk-in closets. Two-way gas fireplace & luxurious master bath w/extra larger shower. Basement has a large rec room & separate storage room. Spacious backyard featuring lush tropical landscaping, pebble-tec pool & spa w/waterfall & grass play structure included. Premium corner lot. \$634,000



Beautiful Chelsea Manor featuring custom homes on well landscaped lots. Tempe \$774,000
5 Beds/3.5 Baths, SF: 4,158 / This quality Forté custom home features circular driveway, dramatic exterior columns and slate tile entry. Formal living and dining rooms, enjoy the oversized family room with lots of light, niches, gas fireplace and custom coffered ceilings. No wasted space in this quality custom designed home.



No Dove Valley Ranch \$269,000
4BR / 3BA / SF: 2,132 Pristine home superior location with views! Gated community, incredible floorplan. Newer appliances microwave, stove and dishwasher. Beautiful desert and mountain views enjoyed from the oversized tile patio with lush garden plantings, grass and trees. Model home condition fast move-in.

Behind on your payments? No equity?

WE CAN HELP!

Find out what your options are!



DO NOT let your home go into FORECLOSURE

Call Carol Royse Today at 480-776-5231
WhatsMyHomeWorth.org

AZ BANK FORECLOSURES

BANK-OWNED & INVESTMENT PROPERTIES
480-776-5277

"Queen Creek"



BR: 4 / BA: 2.5 / SF: 2,169
Beautiful home in Skyline Ranch!
\$118,500

"Chandler"



BR: 3 / BA: 2 / SF: 1,377
Nice above ground heated spa and built-in bbq in a great yard. \$149,900

"Tempe"



BR: 3 / BA: 2 / SF: 1,526
Pool, travertine tile, remodeled inside! Great location. \$125,000

"Scottsdale"



BR: 2 / BA: 2.5 / SF: 2,498
Beautiful int and incredible floorplan at Gateway at Main St. \$410,000

"Copper Basin"



BR: 3 / BA: 2.5 / SF: 2,602
Stunning home with wood floors, move-in condition. \$116,900

To View All Our Inventory, Visit:
CarolRoyse.com

Visit my website for a 360-degree "Virtual Tour" of some of the Southeast Valley's most appealing properties.

CarolRoyse.com

For needy and homeless, she makes a lot of programs better Beth Fiorenza honored as non profits' 'Executive of Year'

By Slim Smith

Most people are familiar with the slogan for the giant chemical company BASF: "We don't make a lot of the products you buy; we make a lot of the products you buy better."

You can tweak that slogan a bit and come up with a pretty good description of Beth Fiorenza's role in helping the needy and homeless in Tempe.

As executive director for Tempe Community Action Agency, south Tempe resident Fiorenza doesn't start new programs to aid those in need as much as she helps those programs already in existence optimize their efforts.

And at a time when every volunteer hour and dollar is critical, Fiorenza's skills as an administrator have taken on a heightened importance.

While such behind-the-scenes work often escapes public notice, it has not gone unnoticed by her peers among Arizona's nonprofit executives.

The Organization of Nonprofit Executives has chosen Fiorenza for its Community Partnership Award as part

of the 10-year-old organization's eighth annual Nonprofit "Director of the Year" Awards.

In her role as director of TCAA, Fiorenza has played an integral role in establishing and coordinating efforts by the city's faith community to supply the needs of the homeless.

The partnership, known as the Interfaith Homeless Emergency Lodging Program (I-HELP), provides lodging and meals for the homeless. It is the only homeless shelter program in Tempe and, in just four years, has become something of a model of collaboration and efficiency, due in large part to Fiorenza's tireless efforts and skills as an administrator.

"It really is amazing to be a part of something like this," says Fiorenza, who has been the TCAA director for six years.

"When it started, there were just three organizations and a handful of volunteers. But in just a few short years, it has grown into a partnership among the faith community of 25 organizations that either provide lodging and other organizations and service clubs that provide meals and

other services.

The number of volunteers needed for something on that scale is pretty amazing."

While not directly involved in providing food and lodging, Fiorenza and TCAA provide the critically important administrative and logistical support that keeps the program running smoothly and efficiently.

"Our agency provides the administrative support that is needed to keep in growing and thriving," says Fiorenza.

"We're here to support them. We don't have a big budget, so it's extremely important that we are efficient in what we do.

"And I have to say that it has worked better than we could have even imagined. We can provide food and lodging for about \$10 per person, which is pretty amazing when you think about it."

I-HELP is just one of the many programs that Fiorenza and the TCAA are involved in.

The organization also coordinates programs to help those for whom the slumping economy has threatened.

"Even people in the middle class are suffering and feeling the pinch of the economy now, so we want to be responsive to that," says Fiorenza, who actively pursues grants and other funding to help those in crisis. Through TCAA, families have access to emergency rent and utility funds in addition to the traditional meal service typically associated with charities.

"We see people coming to our food pantries who have never been in that situation and that can be very traumatizing," she says.

"Really, we are seeing the full spectrum of poverty, from the homeless on the one end to those who are being threatened through circumstances beyond their control."

The key for the latter group, Fiorenza says, is the sort of intervention that will keep them from joining the ranks of the homeless.

"The crisis services are really the focus of our organization. Much of what we do on that level is preventative.

"We want to help people stay in their homes."



A CAREER WHERE X-RAY VISION AND FEDERAL BENEFITS COME STANDARD

Phoenix Sky Harbor International Airport Is Now Hiring Transportation Security Officers

See yourself in a vital role for Homeland Security. Be part of a dynamic security team protecting airports and skies as you proudly secure your future.

Part-time \$14.28 - \$21.41 per hour

(includes 16.76% Cost of Living Allowance)

Federal Benefits • Paid, ongoing training

Apply online: <https://tsajobs.tsa.dhs.gov>

or call 1.877.872.7990



Transportation
Security
Administration

U.S. Citizenship Required.
Must be 18 Years of Age to Apply.
TSA is an Equal Opportunity Employer.



attention

Adults 60+:

Tempe Community Action Agency, a private non-profit organization, offers MEAL DELIVERY WEEKDAYS TO YOUR DOOR...

Home Delivered Meals: TCAA delivers more than 250 meals per day to homebound seniors and disabled adults. To qualify for the Home Delivered Meals program, please call the Area Agency on Aging Senior Helpline at (602) 264-HELP (4357).

MEALS ON THE MOVE: is a private pay meal service for qualifying individuals 60 years and better, at the cost of \$6.00 per meal. TCAA Staff will conduct a phone interview to explain this program and assess other needs.

Call Kathy for information at (480) 858-6511.

TEMPE COMMUNITY ACTION

volunteer

Neighbors Helping Neighbors...
VOLUNTEER TODAY for the
HOME-DELIVERED MEALS Program!

TEMPE COMMUNITY ACTION AGENCY, a private non-profit organization, delivers hot lunches to homebound older adults and disabled residents in the Tempe and South Scottsdale areas. We need your help to deliver meals!

We deliver each weekday starting at 9:30 AM. What you will need: your own vehicle, valid driver's license, and current auto insurance. Fingerprint card and state background check required. For more information visit www.tempeaction.org or call us at (480) 858-6511.

New science center seen as boosting city's economic future Aimed at encouraging technology start-ups

By Geri Koeppel

Chandler leaders hope that Innovations, an eye-popping new center for start-up technology businesses, will boost the city's economic base and bolster its reputation as a tech hub, both now and in the future.

Innovations is a 38,000-square-foot facility near Chandler Boulevard and McClintock Drive. It's part of a total 129,000-square-foot space formerly owned by Intel, so it was already outfitted with wet labs and other infrastructure that made it ideal for a "technology incubator," as it's described.

Innovations' grand opening was April 30, with Chandler Mayor Boyd Dunn and Gov. Jan Brewer's chief of staff Eileen Klein offering remarks.

"We envision that Innovations will be home to startups that would include software design, engineering, bioscience, and nanotechnology researchers and developers," Dunn said.

"Studies show that 80 percent of small companies that start up through incubators succeed. That's four times the average for other small business startups."

Of those, about 60 to 70 percent will remain in the community where they started, said Jeff Morhet, chairman and CEO of InNexus Biotechnology, a major new tenant at Innovations.

The way it works is this: Chandler invested \$5.7 million to renovate the onetime Intel building

in order to attract small tech companies, which Innovation officials say is much less than the \$12 million to \$15 million it would take to build a similar facility from scratch.

Companies can lease for only three to five years, depending on the business. After that, the idea is that they will have outgrown the space and become self-sufficient. Prospective businesses must apply to be a tenant, and a committee reviews the application to help ensure the businesses are viable.

There's room for about 36 tenants, and as of last week, 26 had applied.

Companies can lease entire labs, co-lease part of a lab or become an "affiliate member" with lab access without being a full-time occupant. In addition to wet and dry labs, the space houses conference rooms equipped with audio-visual equipment, a lunchroom, copy center, mailroom and analytical support.

The tenants get a number of value-added advantages when they move in, including a break on the lease rate. They can collaborate with other firms in the building. They can take advantage of educational and mentoring programs. They can participate in programs to spotlight them to investors. And, they can hire interns from local universities: University of Arizona is the anchor tenant at Innovations, but other schools will participate in internship programs as well.

— INNOVATIONS, Page 14



Chandler Mayor Boyd Dunn cuts ribbon signaling the start of business at new Innovations tech center.

— Wrangler News photo by Mark Crudup

IF YOU'RE NOT AT YOUR LAST JOB, YOUR 401(k) SHOULDN'T BE EITHER.

Leaving a 401(k) with a previous employer could mean leaving it alone with no one to watch over it.

At Edward Jones, we can explain options for your 401(k) and help you select the one that's best for you. If you'd like to roll it over into an Edward Jones IRA, we can help you do it without paying taxes or penalties. So you can feel confident someone is looking out for you and your 401(k).

To find out why it makes sense to talk with Edward Jones about your 401(k) options, call or visit your local financial advisor today.



Chad Sewell
Financial Advisor
655 W. Warner Rd., Ste 112
Tempe, Arizona 85284
480-763-5756



Jess Dechant, AAMS
Financial Advisor
1840 E. Warner Rd., Ste A-103
Tempe, Arizona 85284
480-839-7900

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Register for Summer Youth College Now! Classes offered in June and July.



Extreme Sciences

Kids Culinary Camp

Organic Animation Studio

Math in Action!

Rock Music Camp



www.mesacc.edu

For more information call 480-461-7493
or www.mesacc.edu/communityed

MCC Southern & Dobson Campus
1833 W. Southern Avenue, Mesa
480.461.7000

A Maricopa Community College
The Maricopa County Community College District is an EEO/AA institution.

CdS grad sees students' future-career dilemma through his own eyes Helps high-schoolers navigate college-choice maze

By Mark Crudup

Are you unfulfilled with your career? Do you wish you could have pursued a different degree in college? If so, you aren't alone.

"I discovered that 85 percent of working Americans are unfulfilled and feel like they made the wrong career decisions," Brian Elston, Corona del Sol High School graduate, said.

Elston's solution?

"I wanted to help high school students find their passion."

After feeling unfulfilled with his past occupations, Elston initiated a project last October to develop a business, called the College Revolution, aimed at helping Arizona high school students discover their strengths and interests, in order to provide various options they could pursue in the future.

"I went to Corona,

and graduated from ASU (Arizona State University) in 2007 with a degree in marketing and Spanish," Elston said. "After that, I've yet to have a career that I actually enjoy."

"It really made me take a step back and say, 'what am I here to do,'" he said.

In his spare time, Elston developed the College Revolution's Web site and online services.

"I really love creating relationships with

people, and I really enjoy hanging out with high school students," Elston said. "So, I decided to start the College Revolution."

With average Arizona high school student-to-counselor ratios approaching 350-to-1, Elston said, it's hard for students to get all the help they need.

According to American School Counselor Association, the average 2007-08 student-to counselor ratio for all Arizona schools was 750-to-1.

"Obviously in high school, you can't pick a career, but you can notice certain skills you have," he said.

"We do different career and personality assessments, as well as

strengths assessments."

Elston meets with high school students and their parents at local coffee shops or homes, he said.

"I want them to get scholarships, and I want them to get accepted to the school of their dreams," Elston said. "At the end of the day, I want them to be fulfilled with their careers and with life in general."

Though it is taking time for word of Elston's services to get around high school campuses, he has been able to help a number of students at Valley Christian High School, where his wife teaches English.

"I've helped four people since March, and I've been helping them for free just to get some

referrals," Elston said. Services are offered in nine different packages, ranging from \$225 to \$1,600.

"It seems like a lot, but when you think about it, I can spend anywhere from 25 to 50 hours with the students, send them scholarships they are eligible for, as well as spending up to 20 hours editing their applications," he said.

The whole goal of the organization, Elston said, is to revolutionize high school students' lives, so they can feel confident in the choices they have made.

"They pay the fee they can afford, and I'm theirs for the rest of their lives," he said.

Information:
480-235-0209.

CUSTOM REMODELING SPECIALIST • 480-200-9037

JCE Company

Whole House Remodels • Room Additions • Kitchens • Bathrooms • Bedrooms • Garages
Granite & Cabinetry • All Tile work • Windows & Doors • Sunrooms • Offices • Patios
All Concrete work • Structural Work • Architectural & Design Planning • All Tenant
Improvements • Providing Energy Efficient/Saving Solutions • And Much More!



John C. Erickson - Owner
Over 25 years Experience

RANKING
ARIZONA

Licensed: Residential #Roc171687 • Licensed: Commercial #Roc248954 • Bonded & Insured

CALL TODAY FOR A FREE ESTIMATE • VALLEYWIDE • WWW.JCECOMPANY.COM



Residential/Commercial

Troubleshooting,
Data, Cable, Phone,
New Circuits, Fans,
Can Lighting and more.

Reasonable rates
and on time service.

Call Simon
(480) 818-2101
for your free estimate

Licensed, Bonded and Insured
ROC #243593

www.smkelectric.net

Tempe receives highest scores from three major bond-rating institutions

Tempe's efforts to recover from the impacts of unprecedented national and state financial decline have earned the city glowing reviews for being credit-worthy from the three major national bond rating agencies.

Moody's Investors Service upgraded its

rating of Tempe from Aa1 to Aaa, its highest rating for municipal governments. Fitch Ratings and Standard & Poor's have decided to continue their AAA ratings of city of Tempe bonds. This is the first time Tempe has secured three AAA ratings.

Investors who buy municipal general obligation bonds rely on these ratings as a demonstration of the credit-worthiness of cities and the value of the investments.

After getting permission from voters through bond elections, cities sell bonds in order to pay for capital projects such as roads, community centers, fire trucks and equipment.

The higher a city's bond ratings, the lower interest it ultimately pays to finance projects.

"Despite the daunting economic challenges faced by every city, Tempe continues to demonstrate fiscal prudence that sets the bar," said Mayor Hugh Hallman.

City Council members and city staff have been working since fall 2009 to find ways to balance a projected \$33.7 million deficit in Tempe's 2010-11 General Fund budget.

They also have begun discussions about how to address the city's reduced capacity to pay for capital projects because of lower property values across the state and in Tempe.

In explaining its rating, Standard & Poor analysts cited Tempe's strong economic base, financial practices and fund balances, along with its moderate and manageable debt.

HOME REMODELING

CAFARELLI CONSTRUCTION
Residential since 1974
Licensed • Bonded • Insured

Interior & Exterior • Kitchen & Bath • Room Additions

Dedicated to the Beauty of Your Home

480 839-4452

ROC Lic. #088929



The Best for Less

- 24 Hr Onsite Security
- 8-10 Ft Security Walls
- Covered Parking
- Holding Tank Dump
- 7 Day/Week Access



In Tempe near Warner Rd. and I-10
9425 So. Hardy Drive.
(480) 893-6781

Mountain View Lutheran Church

11002 S. 48th St. (south of Elliot), Phoenix /Ahwatukee
480-893-2579 • www.mvlutheran.org

REGULAR WORSHIP SCHEDULE
Saturday 5:30pm and Sunday 8:00, 9:15 & 10:45am

VACATION BIBLE SCHOOL

FOR KIDS AGES 5 YEARS THROUGH 5TH GRADE

JUNE 21-25 9AM-12NOON



REGISTER NOW...

www.mvlutheran.org/vbs.htm



Ahwatukee Preschool
Summer Camps coming in June!



Registration Information

www.AhwatukeePreschool.org or call 480-893-2531

Disability awards salute pair for overcoming workplace barriers

By Jeremy Banks

Hard work doesn't always go unnoticed. Corona del Sol High School students Kyle Christy and Jake Rinalo, along with others, have been named recipients of the 2010 Mayor's Disability Awards, honoring individuals who have overcome significant barriers to succeed in the workplace.

The awards also recognize businesses that support the full participation of people with disabilities in the work environment.

Emma Bordner, director of marketing and resources for the sponsoring Tempe Community Council, said individuals earn awards by compiling nominations. Nominations can come from students, employers or people of the community. Christy and Rinalo were nominated by their teachers.

"Those students that were nominated by their teachers have shown exemplary service and dedication to their work as well as their studies," Bordner said.

The two will be given plaques and a \$240 check from the Tempe Diablos, a local group dedicated toward charitable causes.

Rinalo works as a courtesy clerk at Fry's on Rural Road. His efforts in and out of the classroom earned him a nomination by his teacher.

"He's known as being a really hard worker. He's always willing to come (into work) on short notice to help out the store," Bordner said. "He's always polite and courteous and has really excelled at his position."

Christy is a volunteer at the Sunset Branch Library in Chandler, where he works about 10 hours a week. He has recently been hired at Fry's. Like Rinalo, Christy was nominated by his teacher.

"He's known for his great customer service, for always having a smile on his face and just being an outstanding worker and always displaying professionalism," Bordner said.

The award winners, Bordner said, are an inspiration and hard work and a great attitude can make an impact on others.

"These students make the biggest impact on the guests that are there. It's great to see how proud their families are of them," she said.

"Unfortunately, for a lot of them, this might be their only chance to be highlighted for all the great things they're doing.

"I think they've overcome such significant barriers and really serve as an inspiration. It's really their chance to shine and be appreciated."



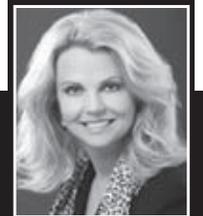
LOCALLY OWNED AND OPERATED
REAL ESTATE BROKERAGE.
**ANN ADAMS &
ASSOCIATES REALTY**

WHY USE YOUR LOCALLY OWNED AND OPERATED REAL ESTATE BROKERAGE?

Doing business locally creates more tax revenue and jobs in our state.

Please join us for our local networking group to meet up with other local community members and business owners. Contact Ann for details.

If you're a homeowner in distress please call us for a free no obligation short sale consultation. Our customers are valuable to us and we care about offering the highest degree of professional service possible to our clients and to our community.



602.330.2323



Ann Adams

Designated Broker/Owner
CRS. GRI. E-Pro, MBA. CDPE

AzFreeHomeListings.com • AnnAdams@cox.com

Vacation Bible School



Join Us!

July 5-9

6-8:45 p.m.

St. James Church
(SE corner of Warner & Rural)
Registration \$20

Call Now! 480.345.2686

Going to Rocky Point?

Get Mexican Auto Insurance Here...Before You Go!



FARMERS

Auto • Home • Life • Health • Business

Joe Schmoker
Insurance Agency

480-898-1708



Get Involved In The Republican Party
Make a Difference Today!

Legislative District 20: Ahwatukee, The SW corner of Tempe,
and the NW corner of Chandler.

Find out more!

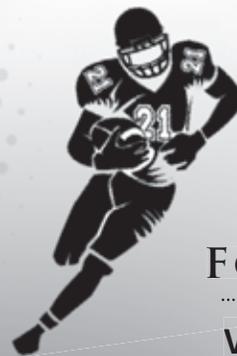
WWW.LD20GOP.COM

Ahwatukee Republican Women

ARWomen@aol.com or

www.azfrw.org/clubs/arw.htm

Drop by Our Next Meeting!



SEV

YOUTH
FOOTBALL & CHEER

www.sevyf.com

REGISTRATION

Saturday, May 15th 9am-12pm

Mountain Pointe High School



SEV
FOOTBALL

Celebrating over 35 years of youth football



Sports Notebook . . . with Alex Zener

Turn of luck dooms Aztecs' hopes in state volleyball finals

The Aztecs won four of their last six regular season volleyball matches but ran into a bit of bad luck when the seeding for the state 5A tournament was determined.



Alex Zener

As the No. 13 seed, Corona needed to defeat the No. 4 seed, Highland, in order to advance past the first round of the 5A state tournament. Unfortunately, Highland was the only team, besides No. 6 Mesa Mt. View, to defeat them every time they met in the regular season.

The Aztecs knew they could defeat old Central region foes, No. 1 seed Desert Vista and No. 7 Mt. Pointe because they did earlier in the regular season. They even defeated No. 5

Chandler and new Central region foes No. 8 Mesquite and No. 12 Gilbert, but never Highland.

Not much changed May 10, when Highland defeated the Aztecs in four close games (28-26,

25-27, 25-18, 26-24) to advance to the second round against No. 5 Chandler.

This season has been something of a roller-coaster ride for Corona's volleyball team. During one of the high points, the Aztecs achieved AZ Republic rankings as high as No. 2 and handily defeated higher-ranked teams. Corona even took home a second place trophy in the Antelope Classic Volleyball Tournament at Grand Canyon University held in late March.

Then the bottom dropped out about midway through the season when the competition improved their game and Aztec injuries started to pile up.

Just when coach **Brynn Evans** thought it couldn't get any worse, the Aztecs lost six out of 12 matches in April, including all four regular matches at the Brophy Prep Tournament April 9-10. These losses, along with a seventh place finish at the Brophy tournament, dropped Corona to No. 9 on the Republic's list.

The season had some definite high points, though, for the six seniors, **Andrew Bollard, Austin Peck, Ben Hauber, Chad Mortiz, Gavin Haws** and **Riley Heywood**, who were honored at the last home game against Highland May 6. First, the Aztecs did accomplish their goal of making it into the state tournament after barely missing the tournament last season coming in No. 17 in power points.

Also, Corona defeated both Desert Vista and Mt. Pointe this season and, finally, senior middle blocker Heywood was named to the All-Tournament Team

for both the Brophy Invitational and the Antelope Classic Tournaments.

Next season the Aztecs should have a young but nonetheless experienced team. Returning players should be the lone senior, **Peter Rueckle**, five juniors and one sophomore. Juniors **Jake Nuneviller** and **Kyle Niemtschk** will have a year's experience setting for the Aztecs. Returning juniors will be hitters **Alex Davis** and **Scott Burdick** plus defensive specialist **Charlie Haulde**. Libero **Blake Pendleton** will be the only returning sophomore.

Corona softball

The Aztecs continued their tradition of making it into the state tournament this year, entering as the No. 15 seed and defeating the No. 2 ranked Red Mountain Lions, 4-0, in the first round May 1. Corona's team played an almost perfect game to defeat the Lions after losing 11-7 to Red Mountain in the regular season.

CdS had the lead at 4-2, in the second round against No. 7 Mt. Ridge, until the bottom of the 5th when Mt. Ridge scored three runs and Corona fell behind 4-5. The Aztecs rallied in the 7th when **Madison Edwards** hit a single and ASU-bound **Mary Spiel** put down a sacrifice bunt, moving Edwards to second and beating the ball to first. Corona was able to move these two batters into scoring position at second and third but were unable

— NOTEBOOK, Page 9



480-496-0828

www.fastathleteusa.com
8725 S Kyrene Suite #104
Tempe, AZ 85284
fastathleteusa@cox.net

CDSHS FOOTBALL OPEN HOUSE

SATURDAY MAY 15th & 22nd 12:00 - 3:00

<p style="font-weight: bold; color: red; margin: 0;">SPECIAL</p> <p style="margin: 0;">Corona Del Sol TEAM PRICING Call For Details</p>	<p style="font-weight: bold; color: red; margin: 0;">INTRODUCTION AND DEMO</p> <p style="font-weight: bold; color: yellow; margin: 0;">SPEED & CONDITIONING PROGRAM</p> <ul style="list-style-type: none"> • May 31st - July 30th • 1 Trainer Per 4 Athletes • 16 sessions
 <p style="font-size: 8px; color: white; margin: 0;">D. Strus Johnson</p>	<p style="font-weight: bold; color: red; margin: 0;">PROGRAM INCLUDES:</p> <ul style="list-style-type: none"> • Football Specific Training Protocols • Dynamic Warm-up/Ground Ladder Footwork • Isokinetic Equipment for each Muscle Group • Core Conditioning • On Field Skills Clinic with Professional/College Athletes <p style="font-weight: bold; color: red; margin: 0;">BENEFITS OF ISOKINETIC TRAINING:</p> <ul style="list-style-type: none"> • Maximize Speed, Strength & Endurance • Boost Explosive Power • Improve 40-Yard Dash Time • Increase Vertical Jump • No Muscle Teardown or Residual Soreness • Reduced Risk of Injury

CDSHS FREE DEMO MAY 15TH & 22nd 12:00 - 3:00

Fast Athlete USA



NOW FEATURING

Cafe & Bakery

Breakfast & Lunch

Frittata • Stuffed Brioche • Muffins • Cookies & More!

Always French Press. Never Drip.

SE Corner Baseline & McClintock • 480.7775373
M-F 5:30am-7pm / S & S 6:30am-7pm / stevesespresso.com



PLAY



with Tempe Parks and Recreation

Register now for Summer Classes

Classes begin the week of June 1st

tempe.gov/rec • 480.350.5200



PLAY LEARN LIVE GROW

to capitalize and lost 5-4.

The Mt. Ridge loss knocked Corona into the loser's bracket of this double elimination tournament. The Lady Aztecs battled hard against the defending champions, No. 3 Basha Bears, but ultimately were eliminated after a close 8-5 game May 7 at Marcos de Niza High School.

Demonstrating the parity in 5A-I girls softball this season, Basha was then eliminated from the tournament in the next round May 8, by Red Mountain, the team Corona defeated in the first round.

Corona honored seniors **Katie Jeffers, Brittany Messer, Edwards** and **Spiel** at the last home game, April 27 against Dobson.

Corona track

Corona's track program has flourished under the new system put into place a year ago by new head coach **Tim Kelly**.

The girls and boys teams have steadily improved, receiving high marks at both the 2010 Tempe City Meet held April 29-30 and the Central Regional Meet held May 4, 5 and 7 at Mesa Mt. View.

"We are getting closer to where we want to be with our track program," said Kelly. "We are not yet there, but we are better than we were one year ago and we expect to improve even more next season with the great younger athletes who participated in our program this year."

The Aztecs were strongly competitive in the Tempe City Meet May 1 at Desert Vista. The girls freshman team finished in first place, and the rest of the Aztec teams, boys freshman, boys and girls JV and varsity, finished second to Desert Vista's powerhouse track program—similar to one Corona would ultimately like to emulate.

The Aztec girls freshman team had several first place finishes including **Gabriella Dotson** in the 200 meter dash and the long jump, **Stephanie Allen**, 100 meter hurdles, **Emily Shieh**, high jump, **Jordan Chapman**, triple jump, and two relay teams. Corona's 4x100 team of **Justice Mosley**, Chapman, **Kim Valentine** and Dotson and the 4x400 team of **Jackie Vogt**, **Kelsey Cartwright**, Allen and Chapman crossed the finish line way ahead of the rest of the pack.

Other significant finishes contributing points to the freshmen girls team included a second place finish for the 4X800 relay team of **Kate Halligan**, **Sammi Gurule**, **Ashley Dekarski** and **Victoria**

Haun, a second place for Dotson and third for Mosley in the 100 meter dash, a third for Valentine and fourth for Shieh in the 200 meter dash, a second for **Amanda Milovich** in the 400 meter dash and a second for Vogt, third for Allen and fourth for Cartwright in the 300 meter hurdles.

Valentine finished second in the high jump and third in the long jump while Milovich was second in the triple jump and Mosley third in the shot put.

The freshmen boys team had several outstanding finishes including a first place for **Dylan Huch** in both the 100 meter dash and the 200 meter dash, a first for **Patrick Buck** in both the 110 meter and 300 meter hurdles where teammate **Quinn Robertson** finished right behind him for second in both events. Huch, Buck, Robertson and **Tyler Eggers** were also part of the first place 4x400 meter relay team. Eggers and team mates **Carter Colton**, **Alex Volt** and **Alex Frantz** also finished first in the 4x800 meter relay and Huch, Colton, **James Contes** and **Evan Kinney** took second in the 4x100 meter relay. **Aaron Simons** took first in the shot put and fourth in the discus.

The girls JV team tallied points for first place from **Leann Willites**, 100 meter dash and 300 meter hurdles, **Mariah Austin**, 400 meter dash, **Sarah Williams**, 100 meter hurdles, **Tadessa Smith**, long jump, and **Kaylyn McGowan**, shot put and discus throw. Corona's 4x100 meter relay of **Kelly Nero**, Williams, Austin and Willites were also first.

Other noteworthy girls JV finishes included Nero second and **Megan Jobe** third in the 400 meter dash, **Victoria Haun**, second 1600 meter run, **Alyssa Ramsland**, third 3200 meter run, Smith, second in the triple jump and third in both 100 meter and 300 meter hurdles, and Willites fourth in the 100 meter hurdles. **Deana Burrell** was second and **Rikki Gurule** third in both the shot put and discus and Austin third in the long jump.

The JV boys team had first place finishes in the following events: **Dominic Mercurio** in both the 100 and 200 meter dash, **Jared Hirschl** in the 3200 meter run, and two relay teams. The 4x100 team of **Leland Roach**, Mercurio, **Alex Smith** and **Christian Michaelson** were first as were the 4x800 team of **Andres Rojas**, **Grant Swenson**, **Tyler Ostler** and **Dillon Baker**.

Other notable finishes included Smith third and Roach fourth in the 200 meter dash, **Nick Nist** third in the 1600 meter run, **William Lee** fourth in the

pole vault, and **Paul Rosendahl** third in the shot put. Corona's 4X400 relay team of **Rojas**, **Smith**, **Swenson** and **Baker** were second.

Corona's varsity team has gotten into the competitive spirit this season and didn't disappoint coach Kelly in the city meet.

"**Garret Baker-Slama, Matt Whitlatch, Nick Siefker, Kristen Mahler, Megan Benson** and **Lakevia Stormer** are some of our Corona track stars that have done really well so far this season," said Kelly.

Varsity boys first place finishes at the Tempe City Meet included Whitlatch in the 800 meter run and Baker-Slama in the 1600 meter run. Seifker was second in the 110 meter hurdles and the 4X100 and 4X400 relay teams also finished second. **Matt Wattel, Matt Hayhurst, Daniel Samans** and **Tre Chambers** placed second in the 4X100 as did **Conrad Laboy, Hayhurst, Wattel** and **Nicholas Woods** in the 4X400.

Finishing third for the boys varsity team were Laboy in the 400 meter dash, **Cody Jackson**, 800 meter run, Seifker in the long jump, and the 4x800 meter relay team of **Josh Coulter, Wade Hooke, Michael Seale** and Baker-Slama. Fourth place finishes included Samans in the 110 meter hurdles and the 300 meter hurdles, **Daniel Wrapp**, 3200 meter run, and Siefker, high jump.

Other varsity points came from Hayhurst, sixth and Chambers, seventh in the 100 meter dash, Laboy, sixth, and Wattle seventh, in the 200 meter dash, Woods, sixth and **Dominique Bransumb**, seventh, in the 400 meter dash, Seale, seventh in the 800 meter run, **Arturo Guzman**, fifth in the 1600 meter run, **Jacob Whitney** fifth and Guzman sixth in the 3200 meter run, **Jake Buntrock** sixth, 110 meter hurdles. Also **Marcel Towns** fifth and **George Bafaloukus** sixth in the high jump, **Trevin Keeney** fifth and **CJ Drummond** sixth in the pole vault, Towns sixth, long jump, **Cutler Nance** sixth, shot put and **Daniel Chung** sixth in the discus.

The varsity girls team, predicted to make the top five at state by coach Kelly, had several first places finishes including Mahler in the 100 meter dash, **Danica Ganje**, 3200 meter run, Benson, 100 and 300 meter hurdles, and two relay teams. The 4X100 relay of **Kendall Flegheimer**, Mahler, Benson and **Precious Woods** crossed the finish line first as did the 4X800 team of **Dani Lemieux, Katie Huch, Sydney Buck** and **Hallie Swenson**.

— NOTEBOOK, Page 10

CELEBRATING OUR 20th ANNIVERSARY!

All Coloring Services | Perms | Haircuts & Styles | Shampoo Sets Welcome | Sculptured Nails by Tanya

Colorwaves is pleased to announce the addition of Bill Gearhart to our team.



FREE HAIR SERVICE

Purchase any two of the same hair services with Bill and only pay for one!
(services must be purchased and redeemed together)

Colorwaves Salon

Total Image Beauty Mall
9020 S. McClintock #28, Tempe | 480-839-4305



BUNNA

organic
coffeehouse,
cafe, and
bakery

Summer Cool Down!

Buy 1 Iced Drink, Iced Tea, Blended Drink or Fruit Smoothie and Receive the 2nd For \$2

With this coupon. Offer Expires 5/31/10

M-W 6am-2pm • T-F 6am-5pm • Sat 7am-5pm • Sun 7am-2pm

Taste the difference, be the change

NW Corner Elliot & Rural • 480.377.2886 • bunnacoffee.com

NOW
OPEN
LATER



Notebook

From Page 9

Adding to the score were second place finishes by Mahler, 200 meter dash, Stormer, 400 meter dash, Lemieux, 1600 meter run, **Dana McKenzie**, high jump and **Briana Viafale**, discus. Flegheimer was fourth and Woods sixth in the 100 meter dash, Stormer third, 200 meter dash, **Jamie Gonzalez** was third and **Amy Foster** fifth in the 400 meter dash,

Hallie Swenson was third and sister **Holly Swenson** seventh in the 800 meter run, Hallie Swenson, sixth, 1600 meter run, **Sydney Lemieux** fourth and **Clairisse Leppien** seventh in the 100 meter hurdles, and S. Lemieux third, 300 meter hurdles.

Adding additional points in the varsity field events included **Alyssa Woelful** fourth and **Carli Giese** fifth in the pole vault, Benson fifth and Woods sixth in the long jump, **Lianne Kline** fifth in the triple jump, Viafale fourth, shotput, and **Samantha**

Kirgis, fifth and Foster sixth in the discus.

Several athletes had improved performances at the Central regional track meet. Benson took first place for the girls team in the 100 meter and 300 meter hurdles and third in the long jump. Also, for the girls team, Stormer was first in the 400 meter and Vaifale was first in the discus and seventh in the shot put.

The boys team had Whitlatch and Baker-Slama taking first and second in the 1600 meter run and then flip flopped in the 3200 with Baker-Slama first and Whitlatch second. Nick Seifert was also first in the 110 meter hurdles.

Other significant results for the girls team included Mahler's sixth place in the 100 meter dash, Dani Lemieux, fifth 1600 meter run, Hallie Swenson, fourth 800 meter run, Stormer, fifth 200 meter dash, Ganje, third 3200 meter run, Woelful, fourth pole vault, and Kirgis sixth in the discus.

Towns, a Corona basketball player, improved his performance to take second in the high jump clearing 6-02 and third with a 21-09.5 long jump for the boys team while Bafaloukos was fifth in the long jump. Samans and Buck were fifth and sixth in the 300 meter hurdles while Baker-Slama and Seale were fifth and sixth in the 800 meter run.

The 5A state track meet will be held at Mesa Community College May 12 and 15.

Corona baseball

Corona baseball, with a 17-11 record, failed to make it into the state tournament to defend their championship title after being beat out

by Desert Vista for the No. 16 seed. Coach Dave Webb was disappointed they didn't make the playoffs but still proud of his team.

"Power points are still ineffective in getting the 16 most competitive teams into the state tourney," said Webb. "I believe we deserved at least a shot at the playoffs."

"We are in a bloodbath of a region, and it was tough to accept not making it."

"Regardless, I am most proud of the fact that the players did not give up and they fought until the end," continue Webb.

The Aztecs honored 10 seniors in their game, April 28, again Highland. Graduating and leaving the team this year are **Greg Ryan, Brandon Yee, Diego Gonzales, Trever Allen, Anthony Cipressi, Brett Butler, Andy Nist, Austin Doll, Chris Carlson and Tyler Garcia**.

"It was a tough learning experience for the seniors this year," said Webb. "Losing 15 seniors from the prior year meant they had to learn to be leaders themselves."

They came a long way from the beginning of the year."

Coach Webb is already thinking about next year.

He expects to have a couple of players who played well this season.

"**Heath Dwyer** had a great year on the mound and will be back as our staff Ace. He also swung the bat well and played a great first base," said Webb. "Sophomore **Kyle Jorgensen** hit 10 home runs and hit .470."

He will be anchoring down third base for us next year."



"Best Pizza"

-GetOut Magazine

- Stone-Cooked Pizza • Over 40 Toppings Available
- Beer and Wine • Dine-In or Take-Out • Salads, Sandwiches, Calzones

480-704-7404 | 3646 E. Ray Rd., Ahwatukee

PRESENT THIS AD TO RECEIVE

15% OFF

YOUR ENTIRE BILL

Excluding alcohol • Expires 5/31/2010



Boot Camp

NEW CLASS TIMES

Class A: Mon & Wed: 5-6am
 Tues & Thurs: 11:30-12:30pm • Saturday: 7:15am
Class B: Mon & Wed: 6:15-7:15am
 Tues & Thurs: 11:30-12:30pm • Saturday: 7:15am



Special \$90

Monthly per Class or

\$150 Unlimited

Classes.

480.345.7008 • ProFitnessAZ.com

*Price per class per month. Combo allows attendance to both classes. Limited time offer.



Get in shape NOW!

ProFitness's 3-in-1 Boot Camp Includes:

- Strength Training •
- Indoor/Outdoor Training •
- Mixed Martial Arts Conditioning •
- Accommodates All Fitness Levels •

Limited space available. Call now for your special rate!

See Front for New Class Times!



Special \$90

Monthly per Class or

\$150 Unlimited

Details on reverse

480.345.7008

ProFitnessAZ.com

7420 S Rural Rd, Tempe AZ 85226





GREAT MEXICAN FOOD

\$1 OFF

ANY CHIMICHANGA OR COMBO DINNER

With coupon. One coupon per order.

50¢ OFF

ANY BURRO

With coupon. One coupon per order.

\$36 PARTY TRAY

10 MINI GREEN BURRITOS
10 MINI RED BURROS
10 MINI ROLLED TAQUITOS
10 MINI BEAN BURROS
GUACAMOLE • CHIPS • HOT SAUCE

24-hour advance notice please. With coupon.

CHANDLER

480-726-TACO

South of Chandler Fashion Center

TEMPE

480-839-TACO

SE Corner Mill & Baseline

STAPLEY

480-755-TACO

SE Corner Stapley & Baseline

SAN TAN

480-497-TACO

Market St. south of Williams Field



Coloring Contest

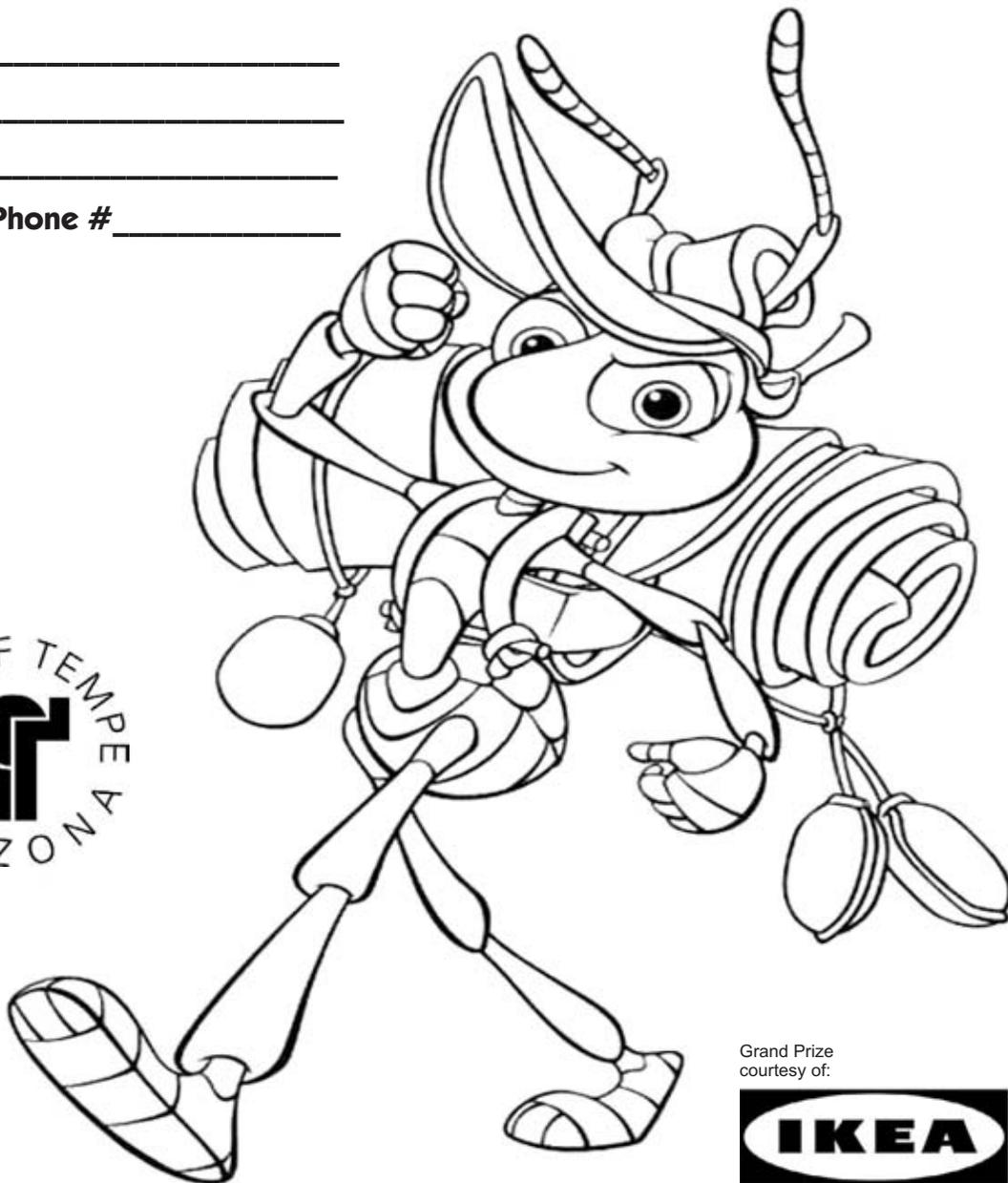
Children 12 and under

All entries must be submitted by May 31, 2010. Entries can be dropped off at any of the following locations: Tempe Parks & Rec Office (2nd Floor Public Library), Wrangler News, Kumon Math (Guad & Rural), Great Harvest, Dairy Queen, Enzo's Gelato, Climbmax Climbing Gym & IKEA.

Name _____

Address _____

Age _____ Phone # _____



Grand Prize courtesy of:



6 and under WINNER

Prize package including a \$50 IKEA Gift Card, \$20 Gift Card from Dick's Sporting Goods, Family 4 Pack to Kiwanis Wave Pool, Kiwanis Batting Cage Pass, FREE 8" ice cream cake from Dairy Queen, Certificate for 6 Cookies at Great Harvest Bread Co, \$5 Gift Card from Enzo's Gelato & Reading Book courtesy of KUMON.

7-12 WINNER

Prize package including a \$50 IKEA Gift Card, \$20 Gift Card from Dick's Sporting Goods, Family 4 Pack to Kiwanis Wave Pool, Kiwanis Batting Cage Pass, FREE 8" ice cream cake from Dairy Queen, Certificate for 6 Cookies at Great Harvest Bread Co, \$5 Gift Card from Enzo's Gelato & Reading Book courtesy of KUMON.

MOVIES in the PARK is a FREE movie series Friday evenings at Kiwanis Park. Showtime begins at dusk. Next up is *Where the Wild Things Are* on May 14 and *A Bug's Life* on May 21. *A Bug's Life* will be the final movie of this years season. For more info call 480-350-5200 or visit tempe.gov/events.

877.586.6671
www.kumon.com

© 2006 Kumon North America, Inc.

KUMON

MATH. READING. SUCCESS.

Imagine....
reaching heights no one ever expected.

Call to schedule a
FREE
placement test today!

Kumon Math and Reading
Center of Tempe-Lakes
6323 S. Rural Rd., Ste 104
(NE corner of Guadalupe & Rural)
480-820-0967

BOGO BLIZZARD!!

Buy One Get One Free
Any Size

yuuuuuumm.....

Come on in after the show!!

DQ Rural/Elliot
480.831.7274
NW corner of Rural and Elliot

Limit one coupon per customer per visit. Not valid with other offers or specials. Some Blizzard must be removed at time of purchase.

Tempe has lots of great summer camps at affordable prices!

Arts • Actors Theatre • Basketball
Camp Challenge • Kid Zone Camps
Magic • Sportball • Volleyball
And more

Register Today!
480.350.5200 • tempe.gov/rec

PLAY & LEARN LIVE & GROW

We believe home is the most important playground!

At IKEA, it's a fun day out for the entire family. Our store has everything you need to furnish and accessorize your child's room and house, all under one roof!

IKEA Tempe
2110 W. IKEA Way (I-10 & Warner Rd.)
Tempe, AZ 85284 (480) 496-5658
www.IKEA-USA.com/tempe

Store Hours:
Mon. - Sat. 10 am - 9 pm
Sun. 10 am - 7 pm

IKEA

for the most important people in the world - CHILDREN!

COME DROP OFF YOUR COLORING CONTEST ENTRY AND WE'LL GIVE YOU A FREE COOKIE!

Located at
1730 E. Warner Rd
(NW Corner of Warner & McClintock)
480-777-1141
www.TempeGreatHarvest.com

CLIMBMAX CLIMBING GYM

Birthday Parties, Climbing Team and more!

First visit only \$12
Includes day pass, equipment and instruction!

1330 W. Auto Dr, Tempe • 480.626.7755 • climbmaxclimbinggym.com

Remember taking a date to the drive-in movie? You still can but, like a lot of other things, it's not what it used to be

Diversions

with **M.V. Moorhead**
A guide to what's entertaining
in and around the Kyrene Corridor

A couple of weeks ago a friend loaned me an excellent DVD, a documentary by Kurt Kuenne called *Drive-in Movie Memories*, which chronicles the history of that noble icon of Americana.

Packed with amazing photos and other archival materials, it reminded me of what a really first-rate way to spend a summer evening going to the drive-in can be.

Some of my great movie-going experiences have been at drive-in theaters, including one of my earliest—my Mom took my sister Priscilla to see Franco Zeffereilli's 1968 *Romeo and Juliet* at the drive-in in my hometown of Erie, Pa.

I, then about six, went along in the back seat.

I remember being impressed with the big brawl between the Capulets and the Montagues at the beginning, and then falling asleep as soon as the

mushy stuff started.

But the following year I was taken to *The Valley of Gwangi* at the Lawrence Park Drive-in on Iroquois Avenue.

That's still one of my favorite movies, and from the ensuing years I have vivid memories of going to the drive-in for *The Andromeda Strain*, *When Dinosaurs Ruled the Earth*, *The Poseidon Adventure*, *Food of the Gods*, *Rocky*, *The Giant Spider Invasion*, *Tentacles*, *Horror Hospital*, *Stripes*, *Alien*, *The Omen*, *Silent Screem*, *Bachelor Party*, *Blame It On Rio*, *Streets of Fire*, *The Last Starfighter* and the priceless women's-prison picture *The Concrete Jungle*.

In other words, some of the most fun I've ever had at the movies.

By the time the DVD was over, all I could think about was watching a movie under the stars in the peerless late-spring Arizona cool.

My wife didn't share my enthusiasm for the idea. Not only could I not talk her into joining me, even if I promised to take her to some chick-flick like *The Back-Up Plan*, she talked me out of going that

weekend.

This past Saturday, however, I was not to be dissuaded. I headed for the Scottsdale 6 on McKellips, a short hop from the Kyrene Corridor. Because only a few things in life could be more depressing than going *alone* to a drive-in, I asked my pal Barry to come along.

Barry is from Scotland, and though he's lived in the U.S. for more than a decade he'd never had this quintessential American experience.

I considered it my civic duty to see to it that he did. We saw *The Losers*, a violent and silly but well-crafted action picture with some funny dialogue and a deadpan performance by Jason Patric as the villain.

The movie was near-perfect drive-in fare, but even so, the experience has changed since I was a kid.

For one thing, there are *showtimes*. Since when? Drive-ins used to just start when it got dark, but now they're slaves to the clock, just like the multiplexes. Seems wrong somehow.

Also, the big clunky speakers which hung in your window, and were prone to unintentional kidnapping by absent-minded departing audience members, are long gone; now you hear the movie's soundtrack through your car radio.

A better system, I suppose, but it posed a

— MOORHEAD, Page 13



M.V. Moorhead



A full-service **reminder** about self-service insurance. An "in your corner, **not just in your computer**" reminder.

Self-service is fine for some things, but not everything. And while most insurance company Web sites—including our own—can come in pretty handy, they don't all come with American Family's familiar, face-with-a-name agent service. Call your American Family agent anytime for an insurance review, and for personal service on quotes and claims. Let us help you check insurance off your list, and off your mind.



Richard Utter Agency, Inc.
2033 E. Warner Rd. Ste. 101
Tempe, AZ 85284-3417
(480) 831-8668
rutter@amfam.com



All your protection under one roof®

American Family Mutual Insurance Company and its Subsidiaries
Home Office—Madison, WI 53783

©2008 003134-5/08



City Wide

Water Heater Co.
Gas | Electric | Tankless



High Efficiency
Water Heaters

**Think Green,
Save Green!**

Installation

Repair

Replacement





Innovation has a name.



BRADFORD WHITE
WATER HEATERS

50 Gallon Electric
\$523²⁰
Total Installed
Exp 5/31/2010

FREE ESTIMATES
480-730-9410

www.arizonawaterheater.net

Contractor's Lic. # C-37 064 954 & L-37 086 764



2010 CORONA DEL SOL CHEER KIDS CAMP

It's a fundraising tradition that continues to get better every year...
DON'T MISS OUT!

**Arizona
Community Church**
(NE corner of Rural & Knox)

Ages 4 - 13
Monday, June 21 thru
Thursday, June 24
1:30 - 4:30 p.m.



\$65⁰⁰
per child
(includes a
free T-shirt)

For more information,
please email Debbie at dlfitter@cox.net

Moorhead

From Page 12

problem for me. Because of it, I couldn't take my beat-up Toyota Tacoma pick-up truck, even though it's much more appropriate for a drive-in, because you can park it pointing away from the screen and sit in the back on lawn chairs.

But alas, the radio in my truck has been out of order for a couple of years.

Thus I had to borrow my wife's car: a Prius. That's right, I took a Prius, complete with its low-slung and heavily tinted windshield, to the drive-in. Fortunately, I had taken it to the dealership the morning before for its recall fix, so at least it didn't accelerate uncontrollably and crash into the screen.

Drive-ins have been disappearing since the '60s, probably through some combination of the rise of home video, a shifting family dynamic, a shifting dating dynamic and above all the urban sprawl that absorbed and made valuable the real estate on which the drive-ins stood.

They have seemed on the verge of extinction since the '80s.

Somehow, though, the drive-in still hasn't quite gone the way of the dodo. Indeed, there was what looked to me like a solid crowd last Saturday night at the Scottsdale 9.

But I wouldn't dawdle in pursuit of the experience. By the time you read this, there will still probably be a few of the sweet balmy nights perfect for such an excursion left, but only a few.

If you've never been, or not in many years, then *carpe diem*. Or, perhaps more accurately, *carpe noctem*.

5 nabbed in rash of So. Tempe break-ins; tips on keeping your neighborhood safe

Editor's note: Molly Enright, a Tempe Police Department spokeswoman, has passed along the following update from South Tempe Commander Mark Perkovich on a recent burglary arrest in the Tempe 85284 area. The arrest was among several made throughout the city recently as part of the department's Spring Crimes Operation, placing special emphasis on burglaries, which Enright says historically trend upward during this time of year.

Dear South Tempe Neighbors,

On May 6, five suspects were arrested by Tempe officers during a burglary in progress in Beat 24, in the 1300 block of East Palomino.

Be assured that we consider any number of burglaries too many and have been actively working to prevent, respond to, investigate and make arrests related to crime in your neighborhoods.

Patrol officers, crime analysts, investigators, surveillance teams, dispatchers and all police employees work together to fight crime in your neighborhood.

We work to identify and monitor crime trends, and we work with neighboring law enforcement to share information and follow suspects who may cross municipal borders.

We count on our residents' support and partnership to keep these numbers down. We find that many burglaries are occurring with no sign of forced entry because the property was either unlocked or doors and windows were left open.

We emphasize the need for residents to lock doors, windows, gates and garages and to call our PD Communications Center at 480-350-8311 if you have information or see suspicious activity.

We strongly support the formation of neighborhood Block Watch programs.

If you and your neighbors are interested in starting a Block Watch, members of our Crime Prevention Unit can attend a neighborhood meeting to discuss the process and help you get your program in place.

On behalf of the men and women of the Tempe Police Department, please know that we greatly value your partnership and support.

If you have any questions or concerns, please do not hesitate to contact Crime Prevention Officer Dan Brown, dan_brown@tempe.gov, 480-858-6343, or Community Affairs Specialist Charles Cobbs, charles_cobbs@tempe.gov, 480-350-8691.

joyful yoga studio

- ▲ Yoga | Pilates | Zumba
- ▲ Ages 5 - 105... all abilities
- ▲ Strength | Flexibility | Toning
- ▲ Encouraging environment
- ▲ Classes 7 days a week



480-726-6399 • 3900 W. Ray Rd. Chandler (N.E. Corner McClintock & Ray)

\$5⁰⁰ First Class
\$10⁰⁰ Additional Classes...
www.JoyfulYogaStudio.com



Hey, can we have that?

Big Brothers Big Sisters of Central Arizona needs your quality used household items, clothing and furniture. Please donate at your neighborhood Community Donation Center located at Savers. Your support is greatly appreciated!



Big Brothers Big Sisters
of Central Arizona

Community Donation Center

► Savers pays local nonprofits every time you donate. Thank you!

IN THIS AREA, YOUR DONATIONS ALSO SUPPORT:



Drop off your donations at:

1800 W Elliot Rd, Tempe, AZ
 (480) 222-9775
OPEN: Mon - Sat 9am - 9pm
 Sun 10am - 7pm

To see if home pick-up is available in your area, visit www.savers.com

Innovations

From Page 5

technology base,” Morhet added. “At the end of the day, it’s about creating jobs and growing the revenue base for the city.”

Brewer aide Klein also praised Chandler for its vision.

“Innovations is about increasing efficiencies,” she said. “It’s about building the right, solid foundations that will lead to creating quality, high-wage jobs for Arizonans.”

Initially, Innovations will create about 60 to 70 higher-wage jobs, but the hope is that the companies that

begin in the incubator will grow and continue to demand well-educated workers in the community.

One company already eyeing its future as an Innovations tenant is Cummings Engineering, owned by Darren Cummings and his wife Nikole.

The company works on developing solutions to encrypt data that can prevent hacking on mobile devices. The couple chose to lease at Innovations, he said, because of the “vision.”

“I don’t call this a facility,” he said. “I call this a situation.”

It’s not just a building, he explained, but a “situation” intentionally crafted to increase the probability of success for these small firms.

It helps that they didn’t have to invest in infrastructure, he said, but cost wasn’t the driving reason for them to locate the business there.

Innovations

What: A technology incubator, a technological warehouse of resources for innovations along with innovative programs to support scientific and technology development.

Where: 145 S. 79th St., Chandler.

Cost: \$5.7 million.

Size: 38,000 square feet.

Information: 480-782-3035;

www.innovationsincubator.com.

— Mark Crudup

contributed to this article

COLOR
Full 1st time color - 65.00+
Color retouch - 45.00+
Full foil highlight - 85.00+
Partial foil highlight - 50.00

HAIRCUTS
Ladies - 38.00
Gentlemen - 28.00

TEXTURIZING
Full Permanent wave - 65.00+
Permanent straightening - 200.00+

Prices vary depending on Hair Length & Thickness
(Bonus 20% off excludes permanent straightening)

Just For You Salon
1730 E Warner @ McClintock • Tempe
480-635-2081

Be one of the first 10 people to use this coupon and receive a bonus **20% off!!!!**

30% OFF
all hair services by **Georgi**
First time customers only.
Offer expires 5/31/10

Still time to vote for TV series' best redesign

Online viewers have until the end of this month to vote for two area residents who were invited to participate in the SheKnow.com Home Stretch Design Challenge, a web series that aired online Feb. 25.

The challenge, sponsored by Febreze, was designed to show mothers how to make simple yet impressionable changes to their homes.

Nyla Simone Home, a furniture gallery in south Tempe, participated

in the design process, along with one other design team.

Participants in the challenge get \$2,000 to redesign rooms in their home.

The winning contestant will receive an additional \$1,000 for final touches.

To view before-and-after photos and vote for contestants, go to www.sheknowshomestretch.com.

Information: 480-422-6178.

A fresh way to express APPRECIATION!

GIVE A GIFT OF WARM BREAD, COOKIES AND A "THANK YOU" COUPON TO YOUR CHILD'S FAVORITE TEACHER. A FRESH WAY TO SAY "WE APPRECIATE ALL OF YOUR HARD WORK".



1730 E. WARNER RD., TEMPE
(NW CORNER AT MCCLINTOCK)
480-777-1141
MON-FRI 7 AM-6 PM, SAT 7 AM-5 PM
WWW.TEMPEGREATHARVEST.COM



Sandstone Cafe Est. 2008
www.sandstonecafeaz.com

Deadliest Catch Night
Every Tuesday 8-11 p.m.
All-U-Can-Eat Crab Legs

**GREAT FOOD
GREAT DRINKS
GREAT TIME**

Karaoke
Thurs & Sat
Night

SANDSTONE HAS EXPANDED AND HAS EVEN MORE TO OFFER!
We're your home for all Nebraska football games!
More TVs • Live Music • Private VIP Room • Free WiFi • Daily Specials

Lunch Specials Available 11-2

Monday	Burger Madness (All Day 11-10)	\$5.99
Tuesday	Grilled Chicken with Mushrooms	\$5.99
Wednesday	Buffalo Chicken Wrap	\$5.99
Thursday	Crispy Garlic Pork	\$5.99
Friday	Grilled BBQ Shrimp Wrap	\$7.99

\$4.99 BURGER & FRIES
Valid anytime with coupon.
Soft drink included.
Offer expires 5/31/10.

4959 W. Ray Road, Chandler | SE Corner of Ray & Rural
480-961-2913
Sun-Thurs 11 a.m.-1 a.m. | Fri & Sat 11 a.m.-2 a.m.

Paycheck or not, here's a guy who's worth a million

As a familiar face on the Chandler Police Department, Jack Bessler has amassed a definitely impressive on-the-job record: 13 years, 4,000-plus hours of service.

Oh, did we forget to mention: All without a dime of pay.

So when it came time last month to recognize the department's normally unsung volunteer heroes, Bessler was among six to receive a coveted Gold Award.

The west Chandler resident, who has been a volunteer since 1997, routinely steers his marked police vehicle to accident scenes and to the aid of stranded motorists.

He assists with vehicle lockouts, responds to found-property calls, conducts neighborhood patrols and issues citations for handicapped-parking violations.

"Jack has made a positive difference in many lives, both internally with department employees and our external customers, the citizens we serve on a daily basis," said Sgt. Joe Favazzo, a police department public-information officer.

Since the program's inception, 639 Chandler residents have volunteered for the program. This equates to a collective total of more than 210,000 hours. For comparison purposes, noted Favazzo, one person would have to work 40 hours a week for the next 100 years.

Placed alongside the nationally recognized hourly rate for volunteers, this program and its members have donated services valued at almost \$4.2 million.

The department also recognized Lynn Goldfeld, Vicki Lopez, David Schlau and others.

The Volunteer of the Year award went to Bob Burnett, who police said demonstrated outstanding performance in achieving departmental goals and objectives through projects, programs or situations requiring exceptional dedication.

Corona scores at national 'We the People' finals

Students from Corona del Sol High School have emerged as winners of the best non-finalist score at the 2010 We the People: The Citizen and the Constitution National Finals.

Classes from all 50 states, the District of Columbia and the Northern Mariana Islands participated in the three-day academic competition on the U.S. Constitution and the Bill of Rights, during which students were required to apply constitutional

principles and historical facts to contemporary situations. The Corona group's unit was focused on "How Changes in the Constitution Have Furthered the Ideas in the Declaration of Independence."

Arcadia High School of Arcadia, Calif., won first place in the overall competition.

The announcement of the first- through 10th-place classes was made at an awards banquet before an audience of 1,500 students, teachers, coordinators, judges and other program participants.

Awards were also presented to the class with the highest non-finalist score in each of the six units of the text and in each of the five geographic regions in the country.



SHARE THE COST of personal training

but **NEVER SHARE** your equipment!

BE EMPOWERED \$12 per session
within a small group for
(group size limited to 3 participants)

LET US FIND YOU A GROUP!

CALL TODAY! and schedule **2 FREE** workouts!
("2 FREE" offer ends 5/31/10. New clients only.)

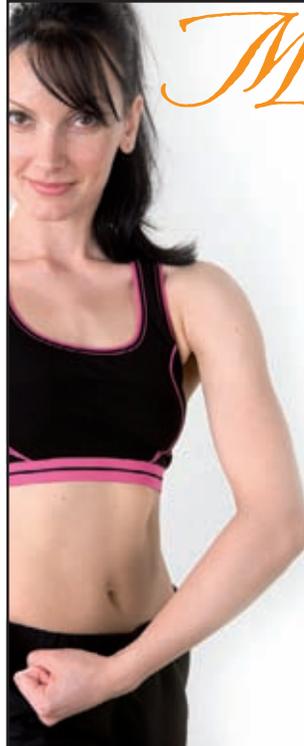
480.440.1504 • "we empower by the half an hour!" • 1330 W. Auto Drive, Suite 202, Tempe, AZ 85284

Our program includes:

NUTRITION
CARDIO and
STRNGTH training



Every client's personal station includes all this and more!



MAXIMIZE your workouts with resistance, stretching, massage therapy and isometrics.

NEW PRICING. NOW EVEN MORE AFFORDABLE!

8 sessions per month

\$100

12 sessions per month

\$150

Gift Certificates for the Holidays!

The Pilates Studio

In Tempe

480-820-7200 • 7305 S. Kyrene #106 (Elliot & Kyrene) • Tempe

MAY IS NURSES MONTH

To all nursing professionals:

Thank You

for all you do!

Special thanks to our very own Stacie Russler, LPN for all the hard work and dedication during her 15 years of nursing.



1875 E. Guadalupe Rd • Tempe, AZ 85283
480-777-8466
www.carestoneassisted.com



Stacie Russler, LPN



Kid Zone Summer Camp

June 2 - July 30



- Summer, Sports and Middle School Camps
- Quality camps at affordable prices
- Weekly field trips included at no additional cost
- Full time and part time schedules available
- Conveniently located in Tempe
- \$120/wk full time or \$90/wk part time
- DHS licensed and DES certified

For more information call:
480.350.5400
www.tempe.gov/kidzone/summer



Kyrene Corridor Briefs

Her mini-highness

A west Chandler chihuahua was one of two crowned "Chihuahua Royalty" during the annual Cinco de Mayo celebration in Chandler.

The winning owner was Linda Moon.

Time for a dip

As temperatures begin creeping toward 100 degrees, Kiwanis Recreation Center is again offering residents a place have fun and stay cool.

Although Tempe's swim season officially begins on Memorial Day weekend, residents can take advantage of the center's indoor wave pool with three-foot waves and a 15-foot double-spiral slide from 1-5 p.m. on Saturdays and Sundays in May.

In June and July, the waves will be run in varying patterns, with lifeguards on duty seven days a week.

Wave pool admission is \$3 for ages 2-12, \$6 for ages 13 and older. Raft and tube rentals are available.

For swimmers of all ages looking to learn how to swim or brush up on their techniques, lessons are also available at the center.

For a full listing of classes and to register, visit www.tempe.gov/brochure.
Information: 480-350-5201.

Classes for your creative side

Get in touch with your artistic side at Community School of Arts classes at the Contreras State Farm office, Warner Road and Loop 101. Instructors will teach courses in beginning guitar, scrapbooking and multimedia journals Fridays, May 21 and 28.

Beginning guitar classes are offered from 10 to 11 a.m. Classes, taught by Bonnie Lou Coleman, cost \$75 for four sessions. Scrap booking courses, "Memories and Masterpieces," will be from 11 a.m. to noon. The cost is \$80 for four classes, or \$100 for adult/child teams.

Sarah Krzyzanowski will teach multimedia journal courses from 12 to 1 p.m. Students pay \$80 for four classes.

Information: 480-244-1226.

Neighborhoods session moved

The Neighborhoods Arizona! 2010 Conference scheduled for May 15 has been rescheduled for Sept. 29.

The September conference topic will be "Successful Communities: Getting Back to Basics." It will be held from 5:30 until 9 p.m. at the Mesa Utilities Building, 640 N. Mesa Drive in Mesa.

Information: 480-782-4348.

"We are your new hangout"

McCool's

www.mccoolsbarandgrill.com
4910 W. Ray Rd • 480-289-4222
(NE Corner of Ray and Rural)

NEW HAPPY HOUR SPECIAL!
½ OFF all appetizers from 3-7 p.m.

50% OFF Entree
With the purchase of another entree at regular price
With coupon only. Not valid with other offers. Expires 5/31/10.

COME WATCH THE SUNS HERE!

NEW lunch menu EVERYDAY, 7 different lunches only \$5!

PERSONALIZED COMPREHENSIVE CARE FOR YOU.

- Menopause, peri-menopause, PMS and menstrual issues
- Hormonal issues, fatigue, depression, insomnia and decreased libido
- Breast, bone, brain, digestive and heart health
- Well woman exams, cancer and disease prevention

Restore Health and Prevent Illness through Functional Medicine, Nutritional and Herbal Therapies, Acupuncture and Bio-Identical Hormones.

We spend at least one hour with each patient.
We do not offer primary care services.

Heidi Rula, MD is a Fellow in Integrative Medicine from the University of Arizona and has been recognized as one of Phoenix's "Top Doctors"

We invite all women 18 years of age or older to be empowered by our personalized approach to medicine.

Integrative Care for Women
2945 S. Dobson Rd.
Mesa, AZ 85202
Please call for an appointment
480.699.2508
To learn more, visit us at
www.integrativecareforwomen.com

Commentary ‘Yes’ on Prop. 100 seen as ‘ultimatum’ to prioritize education

By Ross Robb

Recently Arizona voters received the Publicity Pamphlet for Proposition 100, the statewide sales tax election. That pamphlet contains dozens of ‘pro’ and ‘against’ arguments concerning the ballot question as to whether or not to temporarily increase our state sales tax.

I was impressed by the number of caring Arizonans who were willing to offer their opinions. Almost without exception, the arguments on both sides were sincere and well written.

In filtering through all of the arguments, the central points in the sales tax debate seem to come down to (1) big government versus small government, (2) the wisdom, or lack thereof, of raising taxes in a recession and (3) the financial efficiencies of state government, in this instance, the K-12 public school and state university systems.

Over the past decades, whether Americans are debating education, health care, social service or any other government function, these three questions consistently surface and will likely continue to be debated in many contexts for years to come.

Coming back to Proposition 100, I am greatly concerned that Arizona voters may choose to draw the “line in the sand” on these fundamental political questions at exactly the wrong time and on the backs of our children and grandchildren by compromising Arizona’s ability to effectively compete in the national and global economy with a highly educated workforce. I, like so many supporters of the sales tax increase, consider myself to be a fiscal conservative.

I am the proud president of the Kyrene School Board which ranks No. 1 in Arizona for districts of its size in administrative efficiency and in putting money into the classroom.

We hold this ranking while also being the home of 22 Excelling schools and three Highly Performing schools. Since Kyrene is already among the most fiscally

efficient school districts in the state, further large funding reductions like those we will experience if Proposition 100 fails are especially damaging to us since we don’t have any significant budgetary “fat” left to cut.

Our budget cuts come right from the classroom in the form of larger class sizes and salary reductions.

I urge my fellow Arizonans to please do two things. First, show your commitment to education in Arizona by voting yes on Proposition 100.

Second, demand that your elected officials, at every level, work diligently and cooperatively during the three years of temporary sales tax increase to get Arizona’s state and local finances in order and to overhaul and stabilize our taxing systems.

We should view the next three years of increased sales

tax not as a bailout or a Band-Aid.

We must view our yes on 100 votes as an ultimatum from voters to elected officials to make education the top priority in this state and to get our fiscal house in order once and for all.

Education and our global competitiveness are not issues that should be decided on the basis of philosophical arguments.

If we as a nation and as a state have any hope of climbing out of the deep deficits that we are facing, we must do so with a first-class education system and a highly educated and competitive workforce.

— Ross Robb is president of the Governing Board of the Kyrene School District.

“He really is a smart kid...
he just learns a little... *differently.*”

We get it. That’s why we’re here.

Helping Kindergarten through 8th grade students challenged by Dyslexia, ADHD, anxiety, and other learning differences prepare for college and achieve educational success.

Learn about tuition savings at our

**May 20th
Open House!**

Register online:
www.LexisPrepScottsdale.com


**LEXIS PREPARATORY
SCHOOL**

A premier private school for students who learn differently.

www.LexisPrepScottsdale.com
16117 North 76th Street, Scottsdale (480) 391-3901



Find us,
follow us,
share us.



the mark of a better school



ADHD Anxiety Dyslexia Learning Differences



Mary Boone

IT IS ABOUT YOUR HAIR
Backstage Salon & Spa
(SW corner of Guadalupe & McClintock)

For your new style or simply for
maintenance please call Mary at
602-570-4597
daboones@cox.net

Continued Cutting Education Includes:
The Vidal Sassoon Institute of Santa Monica, CA &
Sebastian International in Woodland Hills, CA
Wella Certified Color Specialist
Texture Cutting from J Beverly Hills

Ask about the price incentive for all my great
neighbors that I share in this community


Arizona Oasis
Pool Service & Repair, LLC
480-694-1518

**Spring
Start Up
Special!**

10% OFF

Call for Details

- Green Pool Clean Up
- Pumps/Filters/Plumbing
- Weekly Full/Chem Service

Pool Drain/Acid Wash/Insured/Certified Pool Operator
Dedicated to keeping your pool clean, healthy & enjoyable!

Breathe Again.

Do you suffer from chronic sinusitis? You may be a candidate for Balloon Sinuplasty™ – a revolutionary new treatment option that offers a less invasive solution to clearing blocked sinus passages. For many patients, breathing and drainage return to normal within days and most can return to regular activities shortly after sinus surgery at Tempe St. Luke’s Hospital.

To learn more about options to relieve chronic sinusitis
or for a physician referral, call 1-877-351-WELL (9355).

 **Tempe St. Luke’s Hospital**
A CAMPUS OF ST. LUKE’S MEDICAL CENTER

1500 S. Mill Ave. | Tempe, AZ 85281 | tempestlukeshospital.com | 1-877-351-WELL (9355)

AIA's post-season game proposal could cut athlete participation

Analysis

By Alex Zener

Arizona Interscholastic Association's executive board will meet Monday, May 17, to discuss a proposal that, if approved, would cut back on the number of postseason tournaments.

The only problem: Such cost-cutting plans also would reduce the number of athletes able to compete in those tournaments.

The first part of the proposal will result in a dramatic reduction in the number of regional and state tournaments for individual sports like golf, swimming and tennis starting in the coming school year, said officials.

For instance, AIA representatives studying the matter thought about \$45,000 could be saved if the golf tournaments were cut from nine to five and if the events were held on three courses instead of 34.

The second part of the proposal involves the reduction of team-sport state tournaments. The AIA's

proposal would be to not only dramatically reduce the number of state tournaments but to do away with the current classification system. Under this proposal, schools would not be designated 5A-I or 5A-II but would all compete together.

The AIA proposal, broken down by sport, would reduce the state tournaments as follows:

Badminton would go from 2 to 1; baseball, 7 to 4; basketball, 7 to 4; football, 7 to 5 (including four tournaments for 11-man football and one for eight-man); soccer, from 6 to 4; tennis, 6 to 3; boys volleyball, 2 to 1; and girls volleyball, 7 to 4.

AIA would also like to change the qualifying standards for individual sports such as swimming and golf. For instance, both automatic and provisional qualifying times and would be determined for a swimming event. So if a state swimming event had 24 spots for swimmers in the field, the swimmers who made the qualifying time, 12, would be guaranteed entry; the rest of the field would be filled with the next-fastest 12 swimmers

who came in under the provisional time limit.

The proposal would be the same for golf. Golfers would have to shoot the qualifying score, based on a formula using the course rating, for example, five times during the season to make it into the state tournament. Although the proposal has not been approved, **Dan Nero** and some of the head coaches at Corona del Sol High School shared their views on the proposed overhaul.

"The AIA feels they need to consolidate some state tournaments, mainly due to finances," said Nero. "During difficult economic times it is hard to argue (against) the point."

Although Nero thinks Corona teams will be okay with the proposed changes, he is concerned about the number of teams the Aztecs could potentially be competing against to qualify for the state tournaments.

"The Aztecs have always fared well against the best state competition, but some sports may have to go against some pretty good 5A -II teams which could be part of the trimming-down of numbers of state tournaments," said Nero.

"For both the 5A and Central region - we already play some of the very best, but any time you go from playing about 30 teams for a state title to 40, 50 or 60 teams, it makes it that much tougher," Nero said.

Girls golf coach **Pat Reed**, whose team may be affected as early as next fall, agreed that her team would probably not see any major effects from the change, but indicated she's a bit concerned about the timing.

"Corona golf should be okay since we've been in the top five for the last I-don't-know-how-many-years," said Reed.

"I do realize that they need to cut down on the costs, but it would be nice to have more information about this proposal and how it's going to affect individual teams, like golf, sooner, since the AIA is proposing this new format for the upcoming school year."

As You Like It Designs, LLC

(ROC250405, ROC249501)

Your home interior has a profound effect on how you live your life. It can add to your happiness and enhance your life, or it can make you feel confined and depressed.

As a kitchen designer and an interior decorator I can help you transform any space in your home into a more enjoyable area.

References available upon request.

480.861.2711

www.asyoulikeitdz.com



the behind the seams story

custom-tailored dimensions
durable muslin layer
All hardwood frames
Krypton-coated fabrics
hand-tied springs
well-designed pitch
all-natural materials

Buy 1 Get 1 1/2 OFF Accessories
Limited time only!
Regular Priced Merchandise Only

INTERIOR DESIGN * CUSTOM FURNITURE
BEDDING * ACCESSORIES * ORIGINAL ARTWORK

Nyla Simone
HOME

Located across from IKEA @ I-10 & Warner.

1705 W. Ruby Dr. * Ste. #105 * Tempe, Arizona 85284
480.422.6178 * nylasimonehome.com

Discount
RATES
without discount
SERVICE.

It's no accident more people trust State Farm to insure their cars. Call today.

Mary Contreras, Agent
2145 E Warner Road, Suite 101
Tempe, AZ 85284
Bus: 480-775-7788
mary.contreras.gpdf@statefarm.com
Hablamos Español

LIKE A GOOD NEIGHBOR  STATE FARM IS THERE.®

Providing Insurance and Financial Services

State Farm Mutual Automobile Insurance Company (Not in NJ), Bloomington, IL
P040034 12/04

New fitness regimen credits success to 'Power of 3'

By Mark Crudup

Residents looking to get in shape or drop a few pounds have a new option for affordable, one-on-one fitness training.

Empower3, a program designed by executive trainer Devan Grell, provides 30-minute weekly workout routines on a more personal level. The program began last July.

"The biggest thing that I believe makes Empower3 different is the three stations I have set up," Grell said. "I've never seen that before."

Grell specifically designed his program to include no more than three people per workout session. The concept of "three" not only provided the foundation for

his approach to training but helped him come up with a business name, Empower3, that reinforced the idea.

Although three workout stations are put to use, the one-on-one concept isn't lost, Grell said. "Everything is set up for each individual, and they're not sharing equipment."

Empower3, located off of Auto Drive between Hardy and Priest drives, consists of one workout room with three individual stations of equipment.

"When you're working with a group for a limited amount of time, whether it's a half hour or an hour, you're confined to the equipment that you have," Grell said.

"So, there's three of everything: three squat racks, three stability balls, three treadmills, three bikes."

To further emphasize the power of three, Grell's program is designed to incorporate three fitness categories: nutrition, cardio and strength.

"The nutrition is the most important aspect of physical training," Grell said. "I go through that food journal for them, and then I make adjustments."

Empower3 clients are encouraged to keep a weekly food log, bringing it to workout sessions for Grell to review.

Grell, who has been in physical training for four years, said he does not offer individual meal plans. In his experience, people don't follow those because it's not the

— FITNESS, Page 31

Childsplay Summer Academy...Theatre classes for ages 3 to 17 from June 7 through August 6

Come Play with Us
...for a Day...or a Week
...or a Month...or the
Entire Summer!

With more than 30 classes to choose from, Childsplay has the most diverse offerings of any summer theatre program.

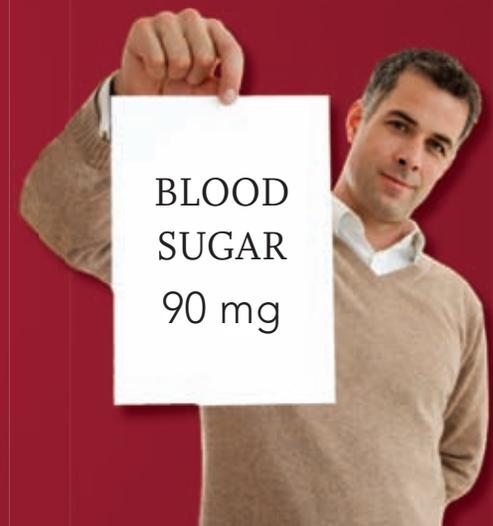
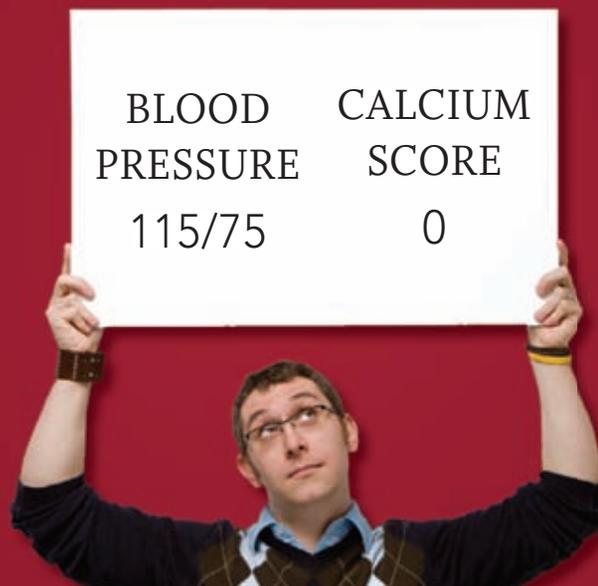
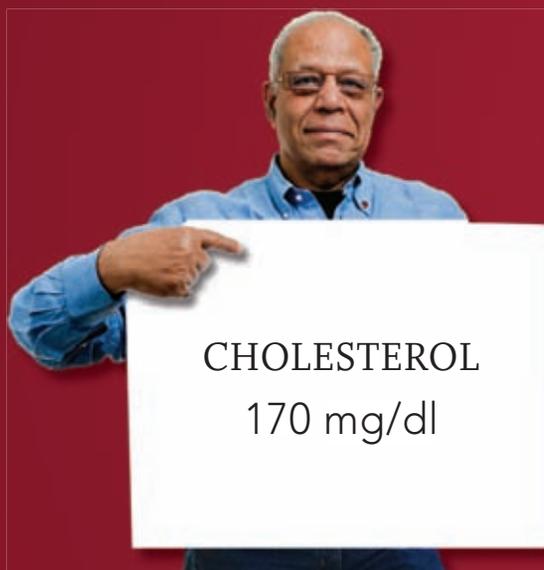
Classes fill up fast so register today!



Detailed information and registration online:
www.childsplayaz.org
or call 480.921.5751 for a brochure.



Do you know your numbers?



Each year, an estimated 50 percent of all men who died suddenly of heart disease had no previous symptoms. And more than one out of three adult men has some form of heart disease. Our doctors are armed with the tools to help identify heart disease before you have any symptoms – or a heart attack. *Isn't it time you knew your numbers?*

ChandlerRegional.org | MercyGilbert.org



Chandler Regional Medical Center
Mercy Gilbert Medical Center
Heart and Vascular Center

Members of CHW

You go to your best friends
when you need
advice on what to wear.



Add ResourceLink to your
circle of friends when
you need help finding a doctor.

1.877.728.5414

Our free service will assist you in finding a doctor to fit your needs. ResourceLink can also register you for our educational classes and free support groups.

Classes:

- Breastfeeding
- Boot Camp for New Dads
- Safe Sitter™
- Baby Your Baby
- Childbirth
- Sibling Superstar

Support groups:

- Bereavement
- Diabetes
- Cancer
- Motherhood



Chandler Regional Medical Center
Mercy Gilbert Medical Center
Members of CHW

EOE



Boys and girls competed in a junior golf competition at Ken McDonald Golf Course April 24. The golf skills competition, sponsored by Jimmy and Joe's Pizzeria, Dairy Queen, NYPD Pizza and Baskin Robbins, included an age 10-and-under group (top photo) and an 11-17 age group (below). Area winners of girls ages 15-17 were Gabby Bochenek, who won first place, and Abby Seacat, who came in second. Area winners in the boys group were Daniel Seacat, Cole Young, Sean Pennison and Jaden Guest.

— Photo courtesy Mike Bochenek

Why Leave Your Dog in a Cage??



Frightened
Isolated
Bored
Alone



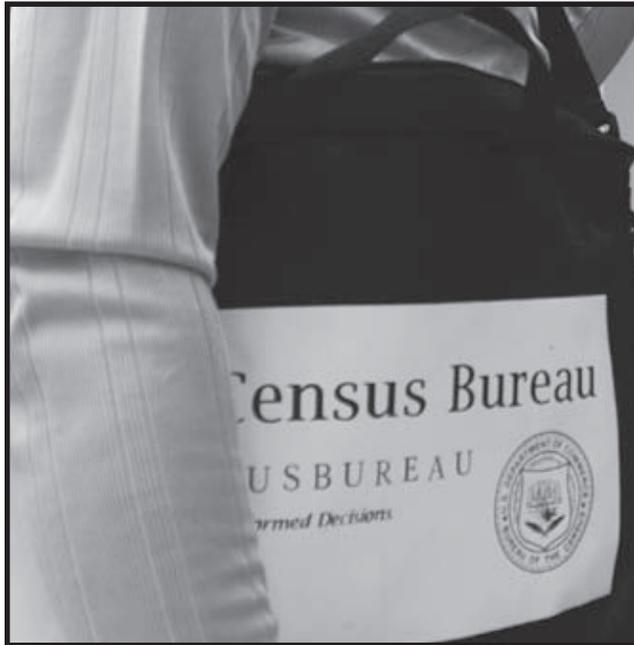
**...when your dog can run and play,
exercise, make friends and learn!**

A-way to Wag is a unique, 4,500-square-foot, air-conditioned indoor/outdoor CAGE FREE overnight and weekly boarding school and interactive camp.

A-way To Wag, 480-838-1517

Integrated Canine Training, Day School & Boarding Camp
1730 East Elliot Road, #3, Tempe, AZ 85284 • www.A-wayToWag.com

Census enumerators now knocking on doors



Census takers are now in the second week of their follow-up with households that did not mail in their Census 2010 forms. An estimated 48 million addresses will be visited nationwide through July 10. The final mail-in response rate in Chandler was 73 percent, just edging past the national rate of 72 percent. In Tempe, the return rate was 67 percent. Residents are being encouraged to answer the census enumerator's questions to help ensure the cities receive their fair share of federal dollars distributed using census numbers, which can be as much as \$1,500 for every person counted. The U.S. Census Bureau offers a few tips to help you determine that the person at your door is

properly authorized to gather information from you. Legitimate census workers:

- Will ask only the questions that appear on the 2010 census form.
- Will *not* ask for social security, bank account or credit card numbers, and will never solicit for donations or contact you by email.
- Must present an ID badge containing a Department of Commerce watermark and expiration date. The census taker may also be carrying a black canvas bag with a Census Bureau logo.
- If asked, can provide you with supervisor contact information and the local census office phone number for verification.



JOIN FELLOW COMMUNITY AND BUSINESS LEADERS WHO SERVE!
BECOME A ROTARIAN.

THE ROTARY CLUB OF THE KYRENE CORRIDOR

MEETS MONDAY'S AT 12:10 P.M. AT
KOBE JAPANESE STEAKHOUSE
1125 WEST ELLIOT ROAD
TEMPE, AZ 85284
(SW CORNER OF ELLIOT & HARDY)

**"MAKING A DIFFERENCE IN THE WORLD,
BY STARTING WITH OUR COMMUNITY"**

FOR MORE INFO CALL 480-966-0845

Fine Antique and Piano Restoration
Special Attention to Family Heirlooms

Armand's

- Antique Restoration
- Hand Stripping
- Complete Repair
- Complete Refinishing
- Pick Up & Delivery Available
- Kyrene Corridor References
- Insured
- Since 1977

(480) 969-7777

ArmandsFurniture.com

Residential & Commercial Construction
AZ Construction, LLC

Whole house remodels | Room additions | Kitchens | Baths | Garages
Granite & Cabinetry | Tile work | Windows & doors | Sunrooms | Offices
Patios | Bedrooms | All concrete work | Structural work | Hardwood
Tenant improvements | Energy efficient solutions | Stucco repair
Fireplaces | Landscaping | Much more

Custom Homes Joe Harris
Custom Architectural Project Manager
Design & Planning Over 30 yrs Experience
ROC 255126

FREE ESTIMATES | 520 208-3621

LIFE & HEALTH INSURANCE • HOME & AUTO COVERAGE • ANNUITIES

CSAINSURE.COM

SPECIALITY SERVICES

- STRATEGIC BUSINESS INCOME DESIGNS
- BUSINESS PROTECTION & TRANSFER FUNDING (BUY-SELL FUNDING EXPERTS)
- EFFICIENT & STRATEGIC ESTATE TRANSFER CONCEPTS
- ADVANCED RETIREMENT INCOME STRATEGIES
- BUSINESS & EMPLOYEE BENEFIT ADVISORY SERVICES
- 1035 TAX DEFERRED EXCHANGE SPECIALIST
- POLICY & ANNUITY DESIGN EVALUATION AND SALVAGE EXPERTS

480.967.7535

2145 EAST WARNER ROAD, STE 103 • TEMPE, AZ 85284

Get up-to-date news about the Kyrene Corridor at
WranglerNews.com

New features include:
Updates posted daily, A great way to stay in touch with your community, No need to wait for Wrangler News to arrive in the driveway every other Saturday, Sign up for our RSS feed, Follow us on Twitter.

Wrangler NEWS

Serving the communities of south Tempe and west Chandler since 1991.
Making a big community a little bit smaller.

Sandstone Cafe takes a chapter from once-popular Firehouse, now only a memory to many 'Cheers' factor, from-scratch cooking draw new flock of loyalists

By Geri Koeppel

Sandstone Café in Chandler isn't trying to be trendy or fancy: It's just a family-friendly sports-oriented restaurant and bar with solid, from-scratch cooking.

Jeff Burgos owns this neighborhood spot at Ray and Rural roads that attracts everyone from Intel workers to locals who like the unpretentious vibe, good service and cut-above food.

"We treat our customers like friends," Burgos said.

Brian Sanders, a patron who lives nearby in Chandler, agrees.

"I go there quite a bit for lunch," he said. "They know who I am; they know what I like to drink; they know what I like to eat."

Sandstone recently expanded from one small storefront into the neighboring space that used to be a salon. Burgos added dining tables, a video game, darts, a pool table and more video screens. By the start of football season, he said, it will have 11 screens, and they'll show all the Nebraska Cornhuskers games — a plus for Sanders, a big Nebraska fan.

Another draw is the cozy VIP room tucked off the main dining area. Businesspeople settle in during lunch to take conference calls on their cell phones or work on their laptops, Burgos said. At night, families use it.

"Kids sit on the couch, they watch TV, they watch cartoons," he said. "They have a blast."

The room can also be rented for small parties, he added.

While the ambience is important, Burgos said cuisine is the key to operating a



Jeff Burgos: A Tempe native, he says he's here to stay. New restaurant seems able to reinforce that determination.

— Wrangler News photo by Mark Crudup

good restaurant.

"I'm a stickler about the food," he said. "I feel you have to have good food if you're going to go anywhere."

He hired Matt Tomlinson, a former coworker, as chef. In 2008-09, Tomlinson worked for the Food Network in New York under Emeril Lagasse.

Every dish is made to order with fresh ingredients, such as the popular Reuben with house-made corned beef, caramelized cabbage and sauerkraut, and baked-on Swiss cheese. Classic Philly steak sandwiches, stone-baked pizzas, "Killer Nachos" and burgers are some of the other items rounding out the menu.

Sanders also enjoys the daily specials.

"They always have new things on the menu," he said. For example, one day he tried a Vietnamese soup and liked it. For snacking or late-night dining, a bar menu includes quesadillas, pizza, wings,

potstickers, hot dogs and beef jerky for \$2 to \$7. Happy hour runs 3 to 7 p.m. and 10 p.m. to 1 a.m. daily, and features half off all drinks with no exceptions other than beer: "Beers are never on special because they're ridiculously cheap," Burgos said. Domestic drafts are \$2.50, and he offers 11 beers on tap.

Tuesday night from 8 to 11 p.m., Sandstone serves up all-you-can-eat crab legs for \$20. Alaskan beers are \$2, and the fishing show *The Deadliest Catch* plays on the TV screens.

Born and raised in Tempe, Burgos graduated from McClintock High School and says he is "never going to leave this state." He started in the restaurant business at age 15, washing dishes at the old Firehouse restaurant on Apache Boulevard in Tempe.

"My father wanted to keep me out of trouble," he said. "So it was sports and

work. He never let me have time to get in trouble. My father and grandmother taught me hard work and perseverance."

After working at the Firehouse until age 28, he went to work at Papillon in Gilbert and eventually became the owner.

After eight years there, he moved to Casino Arizona, where he spent eight-and-a-half years. The final six-and-a-half years there, he ran the main kitchen and oversaw 75 employees.

A friend told him about the space for lease in Chandler, so he opened Sandstone Café in June 2008 and expanded this past February. He has big plans for the future, including re-doing the space, but is taking "baby steps" for now, he said.

It hasn't been easy to run a restaurant lately, he said, especially because his daughter Caitlyn, 10, has Type 1 juvenile diabetes, and he and his wife Beatrice have been taking care of her around the clock. They're hosting a fundraiser May 15 at Sandstone for the Juvenile Diabetes Research Foundation. Burgos also has a son, Collin, 6, and two adult sons, Justin, 29, and Jeffrey, 25, who also works part-time at Sandstone.

Sandstone Café

Where: 4959 W. Ray Road, Chandler.
Hours: 11 a.m.-1 a.m. Sunday-Thursday, 11 a.m.-2 a.m. Friday-Saturday.

Fundraiser details: 4-10 p.m. May 15. Cover is \$30 adults, \$15 children, and includes dinner, live entertainment, dancing and prizes. All proceeds benefit Juvenile Diabetes Research Foundation.
Information: 480-961-2913; www.sandstonecafeaz.com

BoatAngel

FREE 2-NIGHT VACATION!
Donate Car • Boat • RV • Motorcycle
1-800-227-2643
www.boatangel.com

Woman Plants Spring Flowers on 18th Green After Using Thera-Gesic®

BEXAR COUNTY — Apparently inspired by Earth Day, Mary W. applied Thera-Gesic® to her sore lower back and proceeded to plant 55 beautiful petunias on the 18th green of the local golf course during the night. When asked why she chose a busy putting green, she painlessly replied: "None of your dang business!"

Go Painlessly with Thera-Gesic®

DIRECTV SAVE \$29/MO FOR A YEAR!

PLUS: **FREE** 1-4 Room System

FREE Standard Installation 1-4 rooms

FREE HD DVR Receiver Upgrade

FREE 3 MONTHS SHOWTIME & Starz
with CHOICE EXTRA™ Package and Above

No start costs! Local installs!
ASK HOW! CALL DIRECTSTARTV

Toll Free 1-800-381-0933

**LIVE AUCTION
PAINTED PONY RANCH**

May 25, 2010 at 2 PM ~ No Starting Bids

Ranch in New Mexico's San Simon Valley spans 680 acres with exclusive access to 80 acres of BLM land. Enjoy 3 homes, 3 wells, 90 water faucets, horse/cattle facilities, grassland and underground piping for irrigation. Make this your secluded stargazing getaway or operate a dude ranch in an area rich with American Indian history and rare species of wildlife.

866-929-2243 ~ www.Supreme-Auctions.com

**** CASH ONLY ** AUCTION ** CASH ONLY ****

May 22, 2010 - Saturday - 9:00am
City of Eloy, Arizona - Police Department
Seized & Confiscated Vehicles
1137 W. Houser Road - Eloy, Arizona
(Houser Road and 11 Mile Corner Road)

For further information call:
Charles F. Dickerson Inc., International Auctioneers
Office: 575-526-1106 / Fax 575-526-0880 Cell: 575-644-7445
E-mail: charles@cfdauction.com
Photos/List/Directions/Webpage: www.cfdauction.com

SAM'S CLUB Auction - Sat. May 15th, 10am

2005 Indian School Road, Phoenix, AZ

Equipment / Auto / Refrigeration

Standup Forklifts, 14'/5' Pallet Racking, Baler, Compactor,
Compressor House, Multidecks, Bunkers,
Forklift & Walk-in Coolers/Freezers,
Bakery / Cafe / Meat / Auto. Equip.,
SS Tables, Showcases, Janitorial. *Tons More Misc!*

COMPLETE LISTINGS At: WatsonAuctionCo.com
TERMS: Cash, Check with Bank Letter, 4% CC
Walmart reserves the right to withdraw items prior to sale.
Rick Watson, CAI 660-890-1569 AZ Lic. # 10011530

Community Marketplace

SEATDESIGNS
 CUSTOM SEATCOVERS
 Free Installation on all Front Seat Covers.
 CUSTOM DASHCOVERS >> PROTECT AGAINST HARMFUL UV RAYS
 www.dashdesigns.com

DASH
 The Ultimate Dashboard Cover!

FREE INSTALLATION!
 6014 S. Ash Ave | Tempe, AZ 85283
 CALL (480) 967-1675
Protect Your Investment!

Personal Services

Melodie's Studio of Piano
 Quality Piano Instruction since 1980
 Melodie L. Acker, NCTM
 (480) 940-0621
 melodieacker@cox.net

Personal Services

Want to make your next party an event to remember?
Hire live music!
 Hire a soloist for some room temperature contemporary music or a full band for lively dance music. Numerous references available.
Call Greg at 602.460.8394
 www.thedriveaz.com

Service Directory

Creative Working Blueprints for your landscape project
 Renovations & Poolscape
 Front & Back Yard Designs
 Do-It-Yourself Projects
 Association Approval
Carolyn Walstad
Landscape Design
 602-679-9273

Community Marketplace

Warner Ranch Storage
 Spaces available!
\$55/mo
 Warner & Kyrene
 24/7 Access • Paved/Secure Lot • Accommodates up to 50 ft RVs • Boats • Trailers
480-345-0046 Ask for Ken

Personal Services

LARRY'S PIANO TUNING
 Lawrence P. Cheatham
 AFFORDABLE TUNING AND REPAIRS
 20 Years Experience
480-316-0060
 Time2TuneAgain@gmail.com

Professional Services

COMPUTER PROBLEMS?

RECOVER	INSTALL	FIX
email documents passwords deleted files more.,	install HW/SW wireless internet upgrades more.,	system virus spyware more.,

Contact Bill Kalaf • 480.215.8769
 Certified Computer Examiner
 email sickpc@cox.net
 computer-forensic-investigators.com

Service Directory

CABINET REFACING
A Better Cabinet
 • Kitchen Cabinet Resurfacing
 • Update with New Doors
 • Pull-Out Drawers Installed
 Woods such as Cherry, Maple, Alder & Oak or Easy Care Thermofoil
 Craftsman with over 30 years experience
Call 480-650-9008 for an appointment
 AZ ROC #121682

Community Marketplace

Tarot Card Readings
 Great addition to your next party!
 Invite your girlfriends over for wine & private reading.
 Guests pay \$1/min
 Host get a FREE reading!
480-626-1077
 MysticJourneyz@gmail.com
 www.mysticjourneyz.com

Personal Services

Personalized Hair & Makeup
 by Christine
 BeautiControl Cosmetics & Skin Care
\$10 OFF Any Service
 Also Specializing in Wedding Consulting
 Located within Just for You Salon & Spa (NW corner of Warner & McClintock)
 Call to set up appointment (602)509-5559

Professional Services

Bookkeeping - Accounting - Payroll
 PEACHTREE-QUICKBOOKS SOFTWARE
Jeri Erwin
 Helping Businesses For Over 14 Years
At Your Service Accounting, Inc
 Cell: 480-600-5408 Office: 480-940-6203
 Fax: 480-940-0530 AYSA@cox.net
 Member of American Institute of Professional Bookkeepers

Service Directory

Bill's Awnings & Construction Co.
 Re-Roofs and Roof Repairs
 Awnings, Sun Screens and More!
 Call Today For a Free Estimate!
480-986-1606
 www.billsawnings.com
 Licensed/Bonded/Insured ROC#B090162
 40 years in same East Valley location
 Member of Better Business Bureau

Personal Services

Sort Your Space
 Utilize all the space in your home or office
 Rooms • Closets • Offices • Garages
 Files • Cupboards • Kitchens
 Unpacking Services
Diane Elliott
 Organizer
602-319-5279
 SortYourSpace@cox.net Free Estimates

Personal Services

Almodares Language Center
 • Learn how to speak and write Arabic
 • Affordable prices, college rates available
 • One on one tutoring
 • Arabic translation and interpreting
480-355-4261
 contact@almodaresaz.com
 Your first lesson is FREE!

Professional Services

Images by Stone
 Family Portraiture • Weddings • Commercial • Special Events
David Stone
 480-329-5892
 www.imagesbystone.com

Service Directory

J.A.K. Construction Inc.
 Providing all phases of Home Remodeling for 40 years
 Specializing in
Energy Efficient Windows & Seamless Rain Gutters
480-820-8711
 jakconstructioninc.com
 Licensed • Bonded • Insured • ROC112275

Personal Services

MATH & READING CENTER
 • One-On-One Tutoring
 • Math, Reading, Writing & Sciences
 • Drop-in Homework Help
 • Math Test Preparation (AIMS, SAT, etc)
 • 13 Different Summer Camps
Enroll Now! Space is Limited!
 www.allaroundmath.com
 Ph: 480.833.7338
 E-mail: math@cox.net
 Elliot & McClintock
 Additional Services Available all year!

Pet Services

Sue's Pet Friends
 TLC in the Comfort of their home.
 Bonded and Insured
 Member NAPPS & Pet Sitters International
Free Initial Visit
480-628-6958
 www.suespetfriends.com

Professional Services

Your Ad Here!
 Only \$99/4 issues
 To place your ad call
480-966-0837

Service Directory

Al Davis Electrical Services, Inc.
 All types of electrical work:
 Ceiling Fans • Additional Fixtures
 Service Changes • Extra Circuits • Repairs
Residential • Commercial
602-549-1869
 Licensed • Bonded • ROC #192047

Service Directory

Custom Remodeling Specialist

Whole House Remodels
Kitchens • Baths • Bedrooms
Counters & Cabinets • Tile & Carpet • Garages
Offices • Patios • Room Additions • And Much More!

John C. Erickson - Owner
Over 20 Years Experience
Licensed (#ROC171687) • Bonded • Insured

JCE COMPANY LLC
VALLEYWIDE
480-200-9037

Service Directory

Custom Fence and Gates

Ornamental Iron Fabrication

*View Fence, Pool Fencing,
All Types, Etc.*

4x6 gate - Iron/Wood Combo - \$289
10x6 gate - Iron/Wood Combo - \$689

602-254-8379

Submit request to www.customfenceandgates.com
Licensed • Bonded • Insured • ROC#230087

Service Directory



Dave's Handyman Service

602-295-3991

"Ask us if we can do it."

Electrical Plumbing
Doors & Windows
Drywall Painting
Home Remodeling

Free Estimates Sound Advice

Lic #169409ROC

Service Directory

Home Improvement Specialist

Kitchen & Bath Remodeling, Tile & Stone Installation,
Door Window & Gate Replacement, Plumbing & Electrical
Service, Appliance Installation, Pet Door Installation,
Closet & Garage Organizers

GUY GENOVA

480-290-6080

dggenova@cox.net

not a licensed contractor



Service Directory

Room Additions



- REMODELING
- RENOVATING
- PATIO COVERS
- FAMILY OWNED
- LICENSED,
BONDED
and INSURED

480-357-7078

ArizonaHomeWorks.com

Service Directory

BLOCK WALLS

Add Privacy & Security while increasing your house's
value by raising your existing block fence height, or by
replacing your OLD wood or concrete panel fence with
a BLOCK WALL by Sunset Fence, Inc.

Proudly serving the East Valley since 1977
Licensed • Bonded • Insured

SUNSET FENCE, INC. www.sunsetfence.com
480-838-2870
FREE estimates!
ROC 155711

Service Directory

Your Honey-Do Handyman

General Repair & Maintenance

Electrical • Fan Installations • Plumbing • Carpentry
Home Entertainment Hookups

Ron Miner

480-233-1834 or 480-736-1599

Not a Licensed Contractor

Service Directory



Your home of the

\$39*

*Large yards may be higher

per month grass service now
offers total lawn and pool!!!

(480) 644-0101

www.mygrassguys.com

Service Directory

REMODELING / ADDITIONS



General Contractor ROC 189470
Licensed • Bonded • Insured

Visit us online at www.englishbuilding.net



Owner, Paul English

Bathrooms • Kitchens
Patio Covers • Flooring
Windows & Doors
Landscaping & More

Call for a FREE estimate
480-603-8813

Service Directory

REMODEL CONTRACTOR

Do it right the first time....

*...hire a quality, licensed contractor
with 30 years experience*

Free Estimates
10 Years in South Tempe

R. Child Custom Carpentry
480-215-3373

Licensed, Bonded, Insured

Service Directory

The Professionals Handyman Service

Specializing in Home Improvement
Bathroom and Kitchen Remodeling
Cabinetry ✕ Doors ✕ Baseboard Crowns
Tile & Stone ✕ Electrical ✕ All Flooring
Drywall ✕ Plumbing ✕ Pool Repairs
Painting ✕ Carpentry ✕ Ceiling Fans

Free Estimates

Call Jay Hanselman at 480-862-9324
CA Contractors Lic.

Service Directory

Joe Tedesco, Owner



Trimming
Feeding
Diagnosis

Bonded Insured
480-544-5693

ISA Certified Arborist
J.A. Mancino #WE7414A
International Society of Arboriculture

On Staff: Certified Arborist

Service Directory

Licensed Bonded Insured



TILENATION

ROC #220533

QUALITY FLOORING INSTALLATION

www.TileNation.net

Call today to get your free estimate!

Weston Neff Jemar Santiago
480-567-5981 480-235-0646

Service Directory

Garage Door SERVICE

- Broken Springs Replaced
- Prompt Professional Service
- Repair & Installation
- No Extra Charge for Evenings & Weekends

not a licensed contractor

480-251-8610

Service Directory

B&B Home Services
All Home Repair and Improvement



Electrical • Ceiling Fans • Painting
Doors and Locks • Drywall Repair
Plumbing • Stucco Repair
Tile (small jobs) • Water Heaters
Appliances • Etc...

(anything around your home, just ask if we do it)

"No job too big or too small"
Over 30 years experience
Fair Honest Prices!

Free Estimate

Paul (480) 560-5048

Not a licensed contractor

Service Directory

Harris Sprinkler Tech

REPAIRING:
Valves • Drip Systems
Timers

Since 1977

Call Harris at
480-303-2404

Service Directory

Vic's Drywall Repair and Retexturing

- Repair holes in drywall, block walls
- Refinish door or paint new doors
 - Stain and seal wood doors
- Paint pool fences • Epoxy coat garages
 - Remove wallpaper
- Repair and paint HOA common areas
 - Some handyman work also

For Free Estimates:
Call 480-820-5797 or 480-710-0034 cell

Service Directory

References Since 1978

T & Y Plaster Stucco

Restucco Rough to Smooth

Quality Painting

Block Work | Repairs | Remodels

602-989-9014

stuccoman21 191997
@yahoo.com Lic. ROC 191998

Service Directory

BATH & KITCHEN RE-CAULK & GROUT Specialist

WATER DAMAGE REPAIR & PREVENTION

Eliminate *Mildew* & Seepage @ TUB & SHOWER

TILE DRYWALL TRIM
and CABINETRY Repair

Including Repair of Cabinet Finishes
Tom (semi-retired professional) at 480-560-4269

Service Directory

THE PLUG MAN

Lawn Core Aeration
"When you want the HOLE job done"

PREPARE YOUR LAWN FOR SPRING GREEN UP

- Improve turf grass rooting and eliminate run-off
- Save up to 50% on water and reduce soil compaction
- FREE Scott's Turf Builder fertilizer application
- Dethatching/Power-raking for extreme thatch build-up

(480) 940-8196 www.ThePLUGman.com

ROC License#212226

Service Directory

Chad & Son Painting Inc.

Residential & Commercial
Licensed, Bonded & Insured

Interior • Exterior • Free Estimates

Drywall • Repairs • Texture • Power Wash
Popcorn Ceiling Removal • Quality Wood Staining
Color Matching • Repaint & New Construction
Wall Paper Install/Removal • Epoxy Coating and Painting



Mark Chatterson
602-790-5073
Com. ROC# 208062
Res. ROC# 208063

chadandsonpainting@gmail.com

Service Directory



Interior • Exterior Painting

Drywall repair with texture matching,
custom faux finishes and cabinets

small jobs also welcome

26 years experience in the Valley
480-814-1588

Lic. # ROC 069679

Service Directory

CITY-WIDE Plumbing & Service Co.

Slab Leak Repairs
Electronic Leak Detection
Water Heaters
RO Systems & Water Softeners



(480) 966-8795
Free Estimates

www.citywideplumbing.us

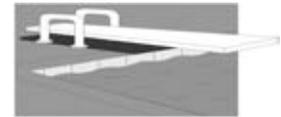
CONTRACTOR'S LIC. #
C-37 064 954
& L-37 086 764

*no extra charges on Saturdays

Service Directory

Baja Pool Care

Weekly Service • Repairs
Green Pool Cleanups • Salt System
Motors • Pumps • Filters
Honest & Reliable • References Available



Call Tom 602-332-5342 or 480-940-1805

Service Directory

Vic's Painting



Vic Vovakes

Dunn Edwards Paints
Interior/Exterior
Specialist

1883 East Oasis Drive, Tempe, AZ 85283

(480) 820-5797 Cell (480) 710-0034

Visit Our Website: Astoreonline.com

Service Directory

L. HARDY PAINTING

Residential & Commercial

- ◆ Painting
- ◆ Interior
- ◆ Exterior



25 Years Experience!

Now offering Home Improvements

FREE ESTIMATES

480-963-2498

Licensed, Bonded & Insured • K34-137206

Service Directory

CURE-ALL PLUMBING



Family Owned & Operated

Full Service Plumbing • Insurance Claim Specialists
Water Heaters • Faucets • Fixtures
Drain & Sewer Cleaning • Electronic Leak Locating
Water Treatment Sales & Service
Sewer Video & Locating • Back Flow Testing & Repair
Sprinkler Systems and Repairs

Free Estimates ★ Senior Discounts
480-895-9838

Residential/Commercial - Lic #204797

Service Directory



Arizona Oasis
Pool Service & Repair, LLC
480-694-1518

Spring Start-up • Green Pool Clean-up
Weekly or Bi-Weekly Service
Full Service or Chemicals Only
Repairs/Replacements—Pumps & Filters
Insured, Dependable and Trustworthy
Professional Family Owned Business

Service Directory

Your Ad Here!
Only \$99/4 issues
To place your ad call
480-966-0837

Service Directory

Keep Scorpions Out Of Your Home
Once & For All
Seal Out Scorpions



Inquire About Our Service & Request A
FREE Scorpion Control Packet
Call Today!

www.sealoutscorpions.com

480-820-7325

Service Directory

CITY-WIDE Water Heater Co.

Gas | Electric | Tankless

Installation Repair Replacement

480-730-9410

FREE ESTIMATES

www.arizonawaterheater.net

Contractor's Lic. #C-37 064 954 & L-37 086 764

Service Directory



Weekly Full Service or Chemicals Only • Repairs
Green Pool Clean-Ups • Motor Replacement
Filter Cleaning • Drain and Acid Washing

Call Bob at 602-330-7761
or email tyrpoolcare@cox.net

Family Owned and Operated • Dependable and Reliable is our #1 Priority
Named for our Boys - Tyler and Ryan

Service Directory

Commercial & Residential Licensed & Bonded



FREE Estimates

480-326-0851 Daniel

Service Directory

Allstar Drywall & Painting

"We make the old look like new!"

Painting Interior & Exterior
Popcorn Removal
Repair - Holes, cracks, water damage
Matching All Textures

602-743-6209

30 years experience!

Licensed/Bonded/Insured - ROC#209545

Service Directory

Your Ad Here!
Only \$99/4 issues
To place your ad call
480-966-0837

Service Directory

DeL S L

Window Cleaning
Residential & Commercial

Mike Tucker
480-225-0510
Free Estimates

Service Directory



BRASSBERRYS

Painting & Coating, Inc.
(480) 892-0463

Residential & Commercial
Interior & Exterior Repaints

Bonded • Licensed • Insured / 32 Years in the Valley

ROC Com. Lic.# 127135

ROC Res. Lic.# 107686

Service Directory



623-516-2400

Licensed/Insured
ROC#204076

Service Directory

Your Ad Here!
Only \$99/4 issues
To place your ad call
480-966-0837

Service Directory

Residential Window Cleaning



The Higher Standard In Window Cleaning

480-688-3447

Help Wanted

Help Wanted—Mornings free and like to work with kids? Make a difference, become a tour guide at the AHA's Museum in Tempe. No. exp. needed, Flex hours. A great opportunity to volunteer in the community. Call 602-414-2800 8/28/10

Business & Financial

Accounting — At Your Service Accounting, Inc.. Full charge bookkeeping/accounting, payroll, sales tax reports, financial statements, IOLTA trust accounts. QuickBooks and Peachtree software plus remote access. 14+ years of helping small businesses. Outsource and \$ave. At Your Service Accounting Inc., 480-940-6203. See our ad in *Guide to Neighborhood Services*.

Professional Services

Legal Services — Will & Trust Attorney. Convenient South Tempe attorney performs professional and personalized estate planning in a casual atmosphere for all ages and estate sizes. Free consultation. Small estates: \$350/couple for wills and powers of attorney. Christopher D. Hill, Esq. at 480-785-2640. 11/20/10

Computer/Electronics — Computer problems? Recover, install, fix. Contact Bill Kalaf, Certified Computer Examiner, at 480-215-8769 or email sickpc@cox.net. See our ad in *Guide to Neighborhood Services*.

Counseling — Professional Counseling - Licensed professional counselor with expertise helping clients create sound financial relationships. Resolve money-related conflict and create a stronger, healthier personal or professional relationship. Contact David P. Linssen, CPA, LPC at 480-202-1118, or www.davidplinsen.com. 5/29

Auctions—The Arizona Antique Centre in Scottsdale is now accepting quality consignments, antiques, fine art, jewelry and collectibles for its upcoming monthly auctions free appraisals 480-675-9500 5/29/10

Therapy — **Imagine a New “You”. Revitalize, rejuvenate, rekindle, REINVENT! Lose weight, stop smoking, enjoy a better life. You have the right to be healthy, fit and happy in your own body. Hypnotherapy is an efficient, effective & balanced approach to change. Certified Hypnotherapist. One Chants Out, 480-247-8443, OneChantsOut.com.** 5/29

Service Directory

Cabinetry/Counters—A Better Cabinet, Kitchen cabinet resurfacing, update with new doors, Cherry, Maple, Alder and Oak or easy care Thermofoil, 30 years experience, Call 480-650-9008 See our ad in *Guide to Neighborhood Services*.

Cabinetry/Counters — Oakcraft cabinets by Wilson Laminates Oakcraft quality at a great price. www.oakcraftinc.com Laminate counters \$12.50 ft. installed. Local Dealer: Wilson Laminates www.wilsonlaminates.com 4/17/10

Doors— Southwest Door Refinishing, 480-947-3878. Doors/ Refinishing, repainting, restorations, new hardware. Exterior Gate Makeovers/ Sand and paint gate, install new sun resistant wood slats. Small carpentry and painting jobs. Experienced and Reliable. Quality workmanship and materials. 480-947-3878 Not a licensed contractor 4/3/10

Drywall Repair—Vic's Drywall Repair and Retexturing, Repair holes in drywall and block walls, Paint doors, pool fences, Epoxy coat garages, remove wallpaper, Stain and seal wood doors and other handyman services. Call for a free estimate, 480-820-5797 or 480-710-0034 See our ad in *Guide to Neighborhood Services*.

Electrical — Iron Core Electric. We do residential and commercial electrical work ranging from additional circuits, service changeouts, troubleshooting, to small Commercial Tenant Improvements. Honest reliable to make you feel comfortable. Licensed-Bonded-Insured ROC198028, ROC242123 Call Jesse 480-235-2498 9/25/10

Electrical— Electrical services including Residential/Commercial Troubleshooting, Data, Cable, Phone, New circuits, Fans, Can lighting and more. Reasonable rates and On time service. Call Simon (480) 818-2101 for your free estimate. Visit us on the Web @ www.smkelectric.net. Licensed, Bonded and Insured. ROC 243593. See the ad for SMK Electric elsewhere in this issue.

Exterminating — Scorpions can be kept out of the home! Is your exterminating ineffective? Are you fearful of being stung? Call to learn how to keep scorpions out of your home. 480-820-7325. www.sealoutscorpions.com See our ad in the *Guide to Neighborhood Services*

Flooring — Don't spend too much on flooring! Save \$100s to \$1000s on carpet, laminate, hardwood, tile, vinyl & granite countertops. Call Bruce 602-809-4309 Discount Floors. Cheaper than Home Depot, Lowes and other stores. Free estimates. ROC159447. 5/11

Garage Door—Garage Door Service, Broken Springs Replaced. Prompt professional service, Repair & Installation, no extra charge for evenings and weekends. Not a licensed contractor. 480-251-8610 See our ad in *Guide to Neighborhood Services*.

Garage Door—Honest Garage Door Service - Repairs and Installations of Garage Doors and Openers. Same Day 1 Hour Service. Available Weekends and Evenings at NO Extra Charge. \$39.95 Service Call (waived with most repairs / installations). Call 480-204-8765. (24/7). Not a licensed contractor. 6/12/10

Gates/Fencing—Custom Fences and Gates, Ornamental Iron Fabrication, We offer all types of fences, view fence, pool fence and others, 4x6 iron wood combo gate \$289, www.customfenceandgates.com, licensed, bonded, insured, ROC#230087, 602-254-8379 See our ad in *Guide to Neighborhood Services*.

Gates/Fencing—Sunset Fence, Inc. Raise your existing block wall to increase privacy and home value, or replace existing wood or concrete panel fences with a Sunset Fence block wall, serving the East Valley since 1977, licensed, bonded and insured. www.sunsetfence.com, 480-838-2870 See our ad in *Guide to Neighborhood Services*

Handyman—We Do It Services. Handyman jobs, property maintenance, phone jacks, painting, window washing, pressure washing, furniture assembly, hauling. Free bids. I do what your husband puts off! Greg 480-491-2373. Not a licensed contractor. AZ 321121 1/8/11

Handyman — Handy Man Dan for all your home and yard repairs, call Dan at 480-763-8379. Carpentry, plumbing, painting, electrical. I do it all. Specializing in the Kyrene Corridor. Local Resident with over 20 years experience. Not licensed contractor, just a perfectionist. Free Estimates. 8/28/10

Handyman — Dave's Handyman Service. 602-295-3991. "Ask us if we can do it." Electrical, plumbing, doors & windows, drywall, painting, home remodeling. Lic. #169409ROC. See our ad in *Guide to Neighborhood Services*.

Handyman — Honey-Do Handyman - General Repair and Maintenance. Electrical, home entertainment hookups, plumbing, install ceiling fans, fixtures, phone jacks and most repair jobs. Clean, neat and dependable. 25 years experience. Not a licensed contractor - Make your list and call Ron 480-233-1834 or 480-736-1599. See our ad in *Guide to Neighborhood Services*.

Handyman — Mi-Son Handyman home repair/remodeling. Specializing in kitchens/bath remodeling, electrical/ceiling fans, carpentry, plumbing, flooring, paint and roofing. We do it all, including trash removal, hauling, lock change, specializing in landlord, property management and Realtor needs. No job too large or small. 480-707-1221 or 602-330-5445. Call Mike or Sonia for estimates. Not a licensed contractor. 8/28/10

Hauling/Cleanup — Hauling, cleanup, remove dirt, rocks, concrete, unwanted items, junk, tree trimming and tree removal. Decorative rock spread. Call John for a free estimate. 480-231-3162. No job too small. 3/12

House Cleaning — Personal Touch Cleaning Service. Affordable service with quality and reliability. 23 years experience, all supplies furnished. Call for free in-home estimate. Yes, I do windows. Excellent references. 480-838-4066 or 602-481-7000. Dar. 12/10

House Cleaning—"JENNIFER'S HOUSE CLEANING" Not enough time in a day?? Call 480-833-1027 for a free phone quote. Super dependable. Weekly, Bi-weekly, Monthly. References avail. 15 years experience Bonded- AG0601, Insured-46871 It's a CLEAR Choice!!! Call 480-833-1027 4/17

House Cleaning — Immaculate House Cleaning & Window Services "Serving the neighborhood since 1994" High quality "Immaculate" services at an affordable price! Licensed Professionals • Mon-Sat Available, Free Estimate Summer Special: 3 hours \$75 Call 480-734-7783 or 602-708-9116 4/10

House Cleaning — A Clean Home!!! Not enough time...Let me help. Experienced and trusted. Detailed or just basic clean. I clean solo, no crews. English speaking Caucasian. Weekly, bi-weekly or monthly. Not enough time in a day?? Call Beth 480-862-4466 for a free phone quote. Super dependable. I bring all my supplies..... leaving you with a clean house. 8/10

Interior Design — ASID Professional Interior Designer in your neighborhood. Initial FREE consultation! All styles! All rooms! Offering major national furniture brands, accessories, bedding and more for well below retail prices. Home staging services available too. www.ParkAvenueDesign.com. 480-961-7779 6/10

Landscaping — Tedesco, Tree MD - 15 yrs of service, Tempe/ Chandler. "We are dedicated to the craft and science of tree work". Pruning, Fertilizing, Problem Solving. Owner operated.

Personal service, Insured, Bonded Arborist. 480-544-5693. See our ad in *Guide to Neighborhood Services*.

Landscaping — Yard cleanup and maintenance Trees/Shrubs Trimmed Lawn Service Debris Removal Weekly, bi-weekly, monthly or one time clean-up Call Rob (602) 431-1305. 8/10

Landscaping — Custom Landscape Blueprints save you money. Yard overgrown? Dirt backyard? Work with a professional landscape designer before hiring a contractor or starting your do-it-yourself projects. Carolyn Walstad Landscape Design 602-679-9273. See our ad in *Guide to Neighborhood Services*

Landscaping — Greg's Landscaping - Free Estimates. Landscape design and installation. Sprinkler/irrigation and repair, landscape cleanup and hauling, tree trimming. 480-962-4167. 4/11

Landscaping — Landscape maintenance & installation. We provide quality work, dependable service, and we have English-speaking foremen. 10% of our profits are donated back to the community. Free quotes. KJE Landscape Maintenance www.KJELandscape.com ROC 263010. 480-586-8445. 3/11

Landscaping — Get Her Done Yard Care and Maintenance - One time clean-up or weekly or monthly service available. Free Estimates. Quality work at reasonable rates. \$10 Discount on first service over \$60. Call Eric 480-907-8278. 2/11

Landscaping—Phoenix Desert Landscaping – Landscaping clean-ups, lawn service, palm tree trimming, skinning palms, tree removal, weed removal from rocks, pre-emergent, sprinkler systems, sprinklers & drips, time clocks, flagstone, pavers, Winter Seed. Nine years experience. Call 602-690-3813 3/10

Landscaping — Sprinklers, Valves, Timers, Repair or Install. Additional Landscaping Services available. Call 480-710-8738. 2/11

Landscaping—Corona Landscape - Installation, Maintenance and Repairs. Complete installations, Makeovers, Commercial and Residential Maintenance, Landscape, Lighting, Sprinkler and Drip systems, Irrigation Timers, Granite and Boulders, Flagstone, Pavers, Plants, Trees and SOD. We show up. Ed 602-373-9100 7/10

Landscaping—Urgent Affordable Tree and Total Clean-up Service, We do all trees, trim, removal, prune, top, shape, haul away, clean-up, weeds, anything. You name it! Do it today. Call Vuna 480- 600-7357 8/28/10

Landscaping—Lawn Core Aeration: SAVE WATER and promote spring green-up. Reduce soil compaction and eliminate thatch build-up. Dethatching/Power-raking/Fertilization (480) 940-8196 www.ThePLUGman.com ROC #212226 All credit cards. See our ad in *Guide to Neighborhood Services*.

Landscaping—Have shovel-will dig. Semi-retired man looking for work. 30 years experience with sprinkler systems. Call Harris 480-303-2404. See our ad in *Guide to Neighborhood Services*.

Painting — Brassberrys Painting & Coating-Interior/Exterior Repaints, 32 Years Experience in the valley. Quality Products Used. Satisfaction Guaranteed. Commercial and Residential. Current References Available. Licensed/Bonded/Insured. Res.

Lic#ROC107686. Com. Lic #ROC127135. Call 480-892-0463. See our ad in *Guide to Neighborhood Services*.

Painting — Chad & Son Painting Inc.-Interior, Exterior, Residential, Commercial, Free Estimates, Drywall repairs, texture, power wash, popcorn ceiling removal, quality wood staining, color matching, repaint and new construction, wall paper removal and installation, epoxy coating and painting, licensed+bonded+insured roc# 208062 and 208063, call 602-790-5073, chadandsonpainting@gmail.com. See our ad in *Guide to Neighborhood Services*.

Painting — Village Painting – Interior/Exterior painting, drywall repair with texture matching, custom faux finishes, and cabinets. Small jobs also welcome. (ROC#069679) CALL (480) 814-1588. Visa/Mastercard See our ad in *Guide to Neighborhood Services*.

Painting — L. Hardy Painting. Interior/Exterior painting, drywall, drywall repair and texture coating. Free estimate. Call 480-963-2498. Lic. #34/137206. See our ad in *Guide to Neighborhood Services*.

Painting — DZ Paint – A painting company with quality painters and affordable prices. Whether it's your home or your office, you name it, we'll paint it. Accent walls, garage floors, interior and exterior, commercial and residential. Give us a call for a free estimate. Licensed and Bonded. ROC #191520 (commercial), ROC #191519 (residential). Daniel 480-326-0851. See our ad in *Guide to Neighborhood Services*.

Painting — Vic's Painting We use Dunn Edwards Paints. Interior/Exterior Specialist. Experienced. Clean. Honest. Quality/ Guaranteed. Not a licensed contractor. References available. Free Estimates. Call 480-820-5797 or 480-710-0034 Today! Visa/Master Card accepted. See our ad in *Guide to Neighborhood Services*.

Painting — Tyler's Decorating, specializing in complete interior painting, faux finishes, Venetian plasters, textured wall finishes, re-painting cabinets, crown moldings and wall paper removal. Color specialist/consultations available. Over 20 years experience. Excellent workmanship/ references. For a free estimate, call Tyler at 480-940-7775 for all of your painting needs. 3/11

Painting — Burden Painting Inc., "Leave the Burden to Us" Interior/Exterior Painting, Dry Wall Repairs and texturing. Free Estimates Licensed, Bonded, and Insured. ROC# 153491, 153492 Call Darrell Burden 480-892-1190 4/10

Painting — Decorative Artist- Catherine Rene Designs specializing in murals, trompe l'oeil, stenciling, faux finishes and fine art. Check out my work www.catherinerenedesigns.com or www.SassyInTheUSA.Etsy.com Call Cathy at 602-525-3928. 5/11

Painting — Paint Color Consultant/Interior Designer. Paint Colour consultant/interior designer. Accredited Colour consultant specializing in home colorizing. One room or an entire home. Interior and Exterior. Residential Interior Designer. Accessorizing. Staging. Redesign. Call Jackie COLOUR SAVVY 602-570-2195. 5/15

Plumbing — Cure All Plumbing- For all your plumbing needs. Water heaters, softeners, faucets, fixtures, drain and sewer cleaning, backflow and sprinkler service. Commercial/Residential ROC#204797 Free estimates 480-895-9838. See our ad in *Guide*

to *Neighborhood Services*.

Plumbing — City-wide Plumbing & Service Co. Slab leak repairs, electronic leak detection, water heaters, RO systems & water softeners. Free estimates. 480-966-8795. www.citywideplumbing.us. Contractor's lic. #C-37 064 954 & L-37 086 764. See our ad in *Guide to Neighborhood Services*.

Pool Care — Arizona Oasis Pool Service & Repair. LLC. Weekly service, full service or chemicals only, repairs, pumps & filters. Insured, dependable & trustworthy, references available. Service starting at \$60/month. Professional family owned business. 480-694-1518. See our ad in *Guide to Neighborhood Services*.

Pool Care — Complete pool care-full weekly service-low cost-including chemicals-chemical only service-green pool clean up-DE/Cartridge cleaning-salt cell cleaning-repairs-acid wash-bonded & insured – honest and reliable- Call Tom 602-332-5342 or 480-940-1805 Baja Pool Care See our ad in *Guide to Neighborhood Services*

Pool Care — Over 30 years in the pool industry with reliable and dependable service. Additional services include pump, motor, filter and DE grid replacements. Hayward vacuum cleaner repairs. Call Charlotte 480-838-9102 2/11

Remodeling — JAK Construction Inc.. – Specializing in all phases of construction. Rain gutters, Downsprouts, Aluminum and Vinyl siding, AZ rooms, replacement windows & doors, overhang trims/eaves. We love small jobs! Call (480) 820-8711. Licensed, bonded and insured. ROC #112275. See our ad in *Guide to Neighborhood Services*.

Remodeling — Remodel contractor- R. Child Custom Carpentry, LLC. Plans to completion, carpentry, additions, patios, decks, concrete, drywall & stucco. Best prices for quality work. Since 1998. ROC B216115. 480-215-3373 See our ad in *guide to neighborhood services*

Remodeling — Cafarelli Construction offering residential and commercial work since 1974. Interior/Exterior, Kitchen & Bath, Room Additions. Licensed, bonded & insured. Lic#088929/101012. We are dedicated to the beauty of your home. 480-839-4452. See our ad elsewhere in this issue.

Remodeling — English Building Company, LLC, General Contractor, Your Neighborhood Contractor, Remodeling, Additions, Kitchens, Bathrooms, See Project Pictures and Customer references online at www.englishbuilding.net, Tempe Native,. Licensed, Bonded, Insured ROC 189470 Call today for a free estimate 480-603-8813 See our ad in *Guide to Neighborhood Services*

Remodeling — Custom Remodeling Specialist. Whole house remodels, kitchens, baths, bedrooms, counters & cabinets, tile & carpet, garages, offices, patios, room additions and much more. John C. Erickson – owner. Over 20 years experience. Licensed (ROC#171687), bonded & insured. JCE Company, LLC. 480-200-9037. See our ad in *Guide to Neighborhood Services*

Remodeling — Arizona Home Works, Room additions, remodeling, renovating, patio covers, family owned, licensed, bonded and insured, www.ArizonaHomeWorks.com 480-357-7078 See our ad in *Guide to Neighborhood Services*.

Remodeling — Foreclosure? Remodel Contractor .Concrete,B lock,Carpentry,Drywall,Stucco,Tile,Roofing,Paint. I crew for all. Plans and permits. Tempe based 12 years. 480 215 3373 Roger or Roberta for free estimates. 6/26

Roofing — Bill's Awning and Construction. Reroof with lightweight stone-coated steel shingles, shakes or tiles. New roofing, reroofing, leak repairs, shingles, coatings. Free Estimates. Quality Workmanship. Ask for Cliff Frazier. 480-986-1606. See our ad in Guide to Neighborhood Services.

Roofing — McBride Roofing, Shingle, Tile, Flat, Repairs and Re-Roofs, Foam Roof Restoration starting at 49¢ per SF. We will meet or beat any equal competitors price, Fast service 24/7, ROC 204076 call Marc 480-540-7895 See our ad in Guide to Neighborhood Services

Roofing — Roofing specialist, 30 years experience, shingles, tile, shakes, flat roofs, leak repair and wood replacement. Free estimates. No Job too small. Licensed exempt, References available. Call Chuck 480-251-7886 11/10

Tile/Granite — Tile and Stone Installations. Lic., bonded and insured. Serving the valley since 1974. Discounts to Wrangler readers. Free estimates, call Bob Lukert. 480-510-4650. 6/10

Tile/Granite — Bath and Kitchen Re-Caulk and Grout, Specialist in water damage repair and prevention, eliminate mildew and seepage from tub and shower, tile, drywall, trim and cabinetry repair, including cabinet finishes, Tom 480-560-4269 See our ad in Guide to Neighborhood Services

Welding — Custom Welding, Pool Fences, Wood/Metal Gates, Security Doors/Windows. Quality work/Free Estimates. .480.747.5234. Serving the Valley for 28 years. Family Owned and Operated. ROC#260734 IIC/BONDED/INS 4/17

Personal Services

Health & Beauty — Active Lifestyle Training, specialized in home strength training, full-body functional training for individuals or groups, lose weight and get toned, personalized to get results. www.XALTtraining.com, dawn@dawnkemmer.com 480-215-3668 See our ad in Guide to Neighborhood Services

Health & Beauty — Prepare for Summer. Lose up to 30 pounds in 30 days. Email: name, phone, best time to call to gary331950@leadingincome.com. 5/1

Live Music —Make your next party or event one to remember, hire a live musician- soloist available for room temperature contemporary music or a full band for lively dance music, Many references available, Call Greg at 480-820-8394 or 602-460-8394. See our ad in Guide to Neighborhood Services

Piano tuning & repair — For over 20 years I have proudly tuned numerous pianos here in the valley. I can help you find an affordable used piano. \$80 piano tuning. Affordable repairs. Expert advice. Lawrence P. Cheatham, 480-316-0060. See our ad in Guide to Neighborhood Services

Miscellaneous — Sort Your Space. Utilize all the space in your home or office. Rooms, closets, offices, garages, files, cupboards, kitchens, unpacking services. Diane Elliott, organizer. Insured, Free Estimates. 602-319-5279. sortyourspace@cox.net. See our ad in Guide to Neighborhood Services.

Miscellaneous — Images by Stone. Family portrait, weddings, commercial, special events. David Stone 480-329-5892 www.imagesbystone.com. See our ad in Guide to Neighborhood Services.

Pets

Pet Services — Pet Sitting. Have your pet pampered and cared for in the convenience of YOUR home. Bonded, insured. Member Pet Sitters International. References Available. Call Janice with Mrs. Doolittle, 831-9388. 2/11

Pet Services — Sue's Pet Friends – Tender Loving care in your home. Free initial visit. Daily and overnights available. Insured, Bonded, Member NAPPA and PSI. Serving Tempe, Chandler and Ahwatukee area 480-628-6958. See our ad in Guide to Neighborhood Services.

Pet Services — Pooper Scooper. Hate that poop? Love your pup! Call Mrs. Doolittle and she'll clean it up. Bonded and insured. 480-831-9388. 2/11

For Sale

For Sale — New 5 cu ft freezer, \$150. New 3.5 cu ft refrigerator, \$75. Like new 24" pink Electra girls bicycle, \$175. 480-821-5730 or 480-897-1696. 5/29

Transportation/Automotive

Auto Parts & Service — Protect Your Car's Interior: Call for a dealer near you! (480) 967-1675. Retractable Sunshade – no storing or rolling needed. Custom dashcovers – reduce glare and protect. Protect your seats – from kids, pets and spills. Dash Designs, Inc. 6014 S. Ash Ave. Tempe. www.dashdesigns.com. See our ad in Guide to Neighborhood Services

Real Estate

Short Sale Negotiator for Homeowners — FREE short sale/loan modification consultation. Call Ann Adams & Associates at 480-777-3414 or 602-330-2323. Know your options. 1/11

For Rent — Hi-end remodeled, 2 bed, 2 bath patio home (asu close). Granite counters. Wood, marble, porcelain floors. Two tiled patios. Jenn-air appliances. Double garage, extra custom storage. Two fireplaces. Beautiful. 480-830-0086 5/15

Yard Sales

Yard Sale — Mega Yard Sale - Huge multi-family yard sale at 1121 N.Dustin Lane, near Ray Road & Kyrene on Sunday May 16 from 6:00am till noon. Lots of great stuff! 5/15

**Place your ad by visiting www.
WranglerNews.com. Cost is \$20 for 30
words online and in two consecutive issues.
Call (480) 966-0845 from 9 to 5 Monday
through Friday for frequency discounts
and details about advertising packages
that include your classified at no additional
charge. Classified advertising deadline is 5
p.m. Monday for that week's issue. Thank
you!**



DISH NETWORK
\$19.99/Mo. Why Pay More for TV?

- FREE 6-Room DISH Network Satellite System.
- 120+ Digital Channels. (for 1 year)
- FREE HD-DVR.
- Plus \$400 Sign-Up BONUS.

Call Now!
1-877-350-8581

Wrangler News is distributed every other Saturday throughout the year to 22,000 homes and rack locations in the Tempe 85284, 85283 and Chandler 85226 zip codes

Wrangler News

**'The Valley's Best Community
Newspaper'**

Phoenix magazine, August 2007

Publisher: Kyle Maki • **Contributing Writers:** Slim Smith, Alex Zener, Geri Koeppel, Jeremy Banks, M.V. Moorhead, Mark Crudup **Distribution Manager:** Hazel DeLareto

2145 E. Warner Road, Suite 102, Tempe, AZ 85284-3497

Hours: 9-5 Monday-Friday

We welcome your stories, photos — and ideas! Feel free to call with article submissions or suggestions. We accept manuscripts and photographs from area residents about topics of interest to our community. Sorry, we do not accept paid "advertorials." Articles appearing in Wrangler News represent the opinion of the writer and not necessarily that of the publisher. Acceptance of advertising does not constitute an endorsement of the described products or services. We reserve the right to reject content we feel does not meet the needs or interests of our readership. As you come in contact with purveyors of quality products and services, we hope you will encourage them to consider Wrangler News for their advertising. We rely on the satisfaction of our existing advertisers — and you — to continue to produce what we hope is a worthwhile and enjoyable publication. Thank you!

Member: Arizona Newspapers Association • Tempe Chamber of Commerce • Chandler Chamber of Commerce

To place a vacation stop and for other delivery requests, please send email to editor@wranglernews.com or call (480) 966-0845. Full, downloadable copies of recent issues, along with a searchable database of past articles and a complete Media Kit with rates & information, are available at www.WranglerNews.com

Published since 1991 by NewsLink LLC
Don Kirkland, President



5945 W RAY RD IN CHANDLER
480-705-9700
OFFICIAL

Lunch Specials

7 days a week

11:30am to 3pm

Pick from any of these 5 items:
6" Philly Cheese Steak - 6" French Dip
Hamburger - BLT Wrap - Chicken Finger Wrap

For Only \$5.99!

Live Music
Every Thursday,
Friday and
Saturday

Includes Fries and A Soda

www.jerseystavern.com

5945 W. Ray Rd (SE corner of Ray & Kyrene) 480-705-9700

KrisSellsHouses.com • Connected to the Community!

Kris Cartwright




Here's Your Shot

I can help find your next home.

RE/MAX
ACHIEVERS

Kris Cartwright 602-620-7480
333 N. Dobson Rd., Suite 5 • Chandler, AZ 85224
Office: 480-963-2222 • E-mail: kriscartwright@mac.com

Each Office Independently Owned and Operated

For more photos of local events, visit kris sellshouses.com

What's happening at the...

SEE YOU IN SEPTEMBER



Tempe's Hackett House will be closed just for the summer months but will RE-OPEN on SEPTEMBER 13TH.

Hackett House will be Celebrating 25 Years in support of the Tempe Sister Cities 40th Year!

● Starting in September look for these fun events. ●

- September 11th Round-up for Volunteers
- Monday night Cooking Classes with great Chefs
- Childrens Passport to the World, fall & spring
 - School Tours series fall & spring
 - Famous 1st Thursday FREE Scones
- Teas - Girl Scouts (Oct.), Nutcracker (Nov.), Holiday (Dec.)
Valentines (Feb.), Spring (April), and Mothers Day (May).
- Special Events - Chocolate Happy Hour (Nov.), Mardi Gras Party (March)
 - Or book your own event at Hackett House

Thank you to all of our Patrons, Guests, Chefs and Volunteers.

Historic Hackett House in downtown Tempe/Benefits Tempe Sister City Programs
Visit our website for class details: www.hacketthouse.org

Serious Slices



New Times
BEST OF PHOENIX
WINNER

Best Slice of Pizza

Jimmy & Joe's PIZZERIA

GET IT FAST. EAT IT SLOW. DINE IN OR TAKE IT TO GO!

CHANDLER • 3950 W. Ray Rd.
(NE corner of McClintock & Ray)
480.963.6633
www.JimmyandJoes.com

GOING 'MANO-A-MANO' FOR FORMER AZTEC WRESTLER, GRUELING SPORT IS JUST A JOB

JESSE FORBES' BIGGEST SHOT AT
FAME COMES MAY 29 IN TELEVISED
UFC BOUT AT MGM GRAND

STORY AND PHOTO
BY JAKE NOVY

The Ultimate Fighting Championship—backed by brothers Frank and Lorenzo Fertitta, run by President Dana White and organized by matchmaker extraordinaire Joe Silva—has emerged as the fastest growing sport in the United States.

Even in a down economy, interest in the sport continues to thrive, with promotional efforts recently expanding to Abu Dhabi in the United Arab Emirates and pulling in nearly 525,000 pay-per-view buys.

On Saturday, May 29, the bright lights of Sin City will shine on Corona del Sol graduate Jesse Forbes as he re-enters the octagon in UFC 114 at the MGM Grand Garden Arena for a middleweight bout against Ryan Jensen.

The 25-year-old Forbes will enter the cage for the second time in just over four months to throw leather in what has become a full time job for the former Aztec wrestler. Forbes took fifth in State his junior year in high school, and advanced to a third-place finish his senior year.

He then took his craft to Pima Community College in Tucson, where he placed fourth in the country.

Forbes' first dive into the mixed martial arts pool came in 2005 when a college wrestling teammate convinced him to enter a fight at a Rage in the Cage event.

Forbes submitted Arturo Segovia with an armbar just over two minutes into the second round to win his MMA debut. His first big break came just a year later when he was invited to join the cast of *The Ultimate Fighter: Season Three* on SPIKE TV.

The concept of the reality show, which has become a huge hit and is now in its 11th season, is to pit fighters on separate teams against each other in an elimination format until one man comes away as the winner. The payoff: a six-figure contract to join the UFC.

Forbes did not win his TV competition, but impressed the organization enough to be invited back to the show's finale.

"Being on the show allowed me to get sponsors to throw money my way and see me do good things while I was representing their brand," Forbes said. "Because I was on the show people knew who I was." That gave him a major start in an ongoing career. "For four years after the show, all I did was fight

in small shows and build my record up and get experience—and train, train."

Forbes compiled an 11-and-2 mark from late 2006 until August 2009, when the major leagues of the fight game once again called, but not exactly the way he had envisioned. Forbes' training partner was scheduled to fight Nick Catone at a UFC Fight Night last January but was forced to pull out due to injury.

Forbes "took one for the team" nine days before the fight and lost a controversial split decision in the tilt, but was rewarded with a five-fight deal with the promotion due to his willingness to step in on such short notice.

Fast-forward to the present, and now 12 weeks of intense training, blood, sweat and tears will be put to the test when the 6-foot-2, 185-pound southpaw steps back into the cage looking to notch his first win in the UFC.

A portion of UFC 114's undercard will be shown live and free on SPIKE TV before the main pay-per-view card, which headlines two former light heavyweight champions, Quinton "Rampage" Jackson and Rashad "Suga" Evans. The best fights will be aired, which means if Forbes wins impressively, the whole world will be witness to the culmination of his improvement since his TV debut four years ago.

"I need to get it, that's for sure" he says.

"I don't really know how to put it into words, but if it gets on TV, you'll see how excited I am to get it."

It's a job

The arena goes dark. The entrance music starts to play. Forbes will walk about a football field's length out to the octagon, where he will enter the cage. The cage door shuts.

This is Forbes' job.

Three, five-minute potential rounds of mano-a-mano action, where two men battle until one is either knocked out, submitted, stopped by the referee, or goes to a decision at the hands of three judges.

"I remember the first time I got in a cage and the cage door shut, I was thinking, 'what am I doing, I'm in a cage right now about to fight a guy in front of all these people—this is not a good



Jesse, right, with former ASU wrestler Ryan Bader, who won *The Ultimate Fighter* show two seasons ago and is one of UFC'S rising young stars.

situation," Forbes recalls.

His experience over the years and preparation leading up to fights has certainly helped the pre-fight jitters, though.

"You get nervous, but nerves keep you sharp, keep you on point. When the cage door shuts and it's just you and that other guy and the bell goes off, it's 'go' time; it's actually time to have fun.

"All the hard work is over, all the training is done and it's just time to do what I do."

After his bout on May 29, Forbes will be two fights deep in his five-fight contract. The contract, however, is not guaranteed, so Forbes could be cut at any point.

He trains twice a day and is also a volunteer service aide with the Tempe Fire Department.

So what motivates Forbes to fight?

"The competition of it. Obviously there's money...(and) I don't think I'd put myself through this kind of stuff if there wasn't money behind it. So obviously there's getting paid and making a living, but competition has always driven me."

The competitive juices will once again be put to the test against Jensen, who boasts a

14-and-6 record and whose only UFC win is against Forbes' teammate Steve Steinbeiss.

"When someone says they're better than me, it's always like, 'okay, let's find out, you know.' Fighting is like the ultimate ace," the 13-and-4, Forbes jokes.

"I just don't feel that he (Jensen) is better than me...and whoever wants to argue that can, but in my opinion, I don't think he's better than me anywhere."

Although what Forbes and the other fighters do is controversial, it is nonetheless entertaining and the fastest growing sport in the U.S.

Mixed martial arts in its myriad forms appears here to stay and destined for a mainstream audience.

"It's a cool lifestyle; it's been fun," Forbes says.

"Most people go to college, they get a real job and they're on a routine everyday. I guess if I don't feel like training that day I don't really have to because I kinda make my own schedule.

"Training has its ups and its downs; when you train a lot, your body takes a beating."

And a beating is exactly what Forbes will be looking to hand out May 29 in Las Vegas.

Fitness

From Page 19



Empower 3 utilizes individually focused training to produce results, says owner Devan Grell, above.

— Wrangler News photo by Mark Crudup

food they eat, he said.

Although Grell includes some cardio training in sessions on treadmills and stationary bikes, the cardio aspect of Empower3 consists primarily of weekly homework exercises to be done outside of Grell's sessions.

"As we are set up now, there's obviously not enough room for all the cardio equipment that I want," he said.

The 30-minute sessions with Grell center mostly on strength training, during which clients focus on one of three protocols: endurance, strength and power. Each protocol includes specific weight-lifting exercises, along with body weight exercises, Grell said.

Currently, Grell's program includes about 50 weeks of different exercises.

"They do two times a week in here of training weights with me, and then they'll have three days of cardio outside of here that I want them to complete," Grell said.

On May 7, a family of four came in for their second session that week. They have been regularly attending workout sessions since last January. Although Grell caps off the sessions at three people, he allows the family of four to come in together.

"I saw the advertisement and thought it was a great deal," the mother Sally Niles said. "We enjoy doing this as family – we get to spend time together, while exercising."

The cost is \$99 per person, per month, Grell said. One month consists of four weeks, with two sessions each week. This boils down to \$12.37 per 30 minute session, per person, he said.

"I've had many trainers tell me, 'you're crazy, your price is too low, you're worth more than that,' but because I've done the work I can provide fitness and health to people at an affordable rate," Grell said.

Brittany Niles, 19, said it was much easier to workout when you have family there with you to give you support. Brittany's father, Andy, was diagnosed with type II diabetes and also attends the workouts to manage his health.

"I'm seeing some good results," he said. "I've actually gone off one of my medications."

Grell works with about 40 clients each week, ranging from teenagers to 65-year-olds. One 65-year-old client has lost 40 pounds since joining a group, Grell said.

"It's important to note that these are exercises anyone can do, and that we can tailor to someone who's an athlete or someone who has bad knees and a bad back," he said.

"It can be done just because I know the appropriate exercises to say, 'Hey, we can step it up or we can step it down.'"

Individuals looking to join an Empower3 group can call (480) 440-1504 to schedule an appointment. Grell runs all of the sessions.

"There is a need for affordable fitness, and it can be done if we're smart about it," Grell said.



Rural and Elliot
NW Corner
480.831.7274

Alma School/Guad.
NW Corner
480.820.8914

25¢ BLIZZARD
With the purchase of another Blizzard of equal or lesser value. Celebrating 25 Years of Blizzards!
One coupon per customer. Not valid with other offers. Valid at these locations only.

Try our Sweet Deals Value Menu
Includes both food and ice cream at a great value!



602-697-3103
602-218-7542 Fax
DanaHubbell@yahoo.com
www.ArizonaDreamHome.com

Over 25 Years of Experience and Success.



PARK-LIKE IN PARKSIDE! - \$360,000

5 bedroom, 3 baths home with pebble tech pool, raised planters, flowers, citrus, shrubs and extra patio for peaceful, outdoor living! Original owners of this TW Lewis home boast many upgrades such as travertine flooring, shutters, corian counters, lighting, garage cabinets, epoxy floors, soft water and R/O system. Very special! MLS # 4374752



POPULAR DAWN SUBDIVISION! - \$185,000

Located in the back of the neighborhood, this long time owner has upgraded their kitchen, floors, front door and master bathroom. Enter the courtyard through the new gate and you will find a relaxing park like atmosphere with built in BBQ with lighting, a covered patio, grass, plants, shrubs and flowers! 3 bedrooms, 2 baths. 3rd bedroom is double door den with closet. Within a block of Kyrene schools and Desert Breeze Park. MLS # 4368876



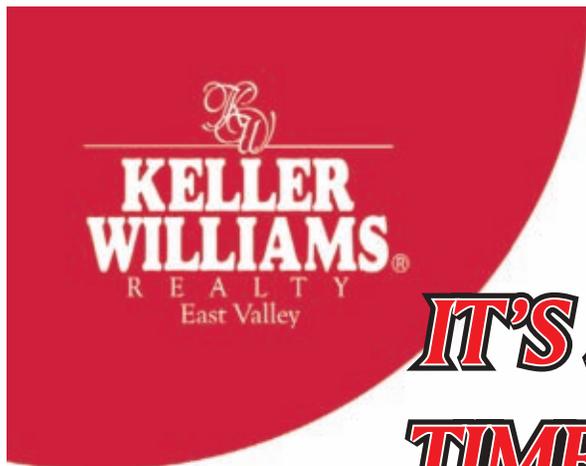
QUALITY TW LEWIS HOME IN KYRENE SCHOOL DISTRICT - \$389,000

5 bedroom, 3 bath home with pebble tech pool and 3 car garage. One bedroom and bath are down, master and 3 other bedrooms are up. Long time owner has been very detailed in the care and upgrading of their home! New door hardware and handles, new lighting, new flooring, new paint, new counter tops and more! MLS # 4360185



NEAR THE COMMUNITY POOL IN GATED COMMUNITY! - \$224,900

3 bedrooms plus den/office and 2.5 baths. Den/Office is downstairs. Bright and open floor plan, kitchen has island/breakfast bar with lots of cabinets and storage. Original Owner has custom interior paint, new light fixtures, upgraded flooring, cabinets and counters. Laundry is upstairs with the bedrooms. North/South exposure, excellent location in Northwest Chandler and in community. MLS # 4359225



**IT'S A GREAT
TIME TO BUY!**



exclusive gated enclave



6 bed, 6 bath w/basement
6335 square feet of luxurious
living • 11 foot iron/glass
entry door • gourmet kitchen
42" alder cabinets, slab granite,
noce backsplash, professional
grade stainless appliances
cherry hardwood floors
4 fireplaces • quozel lighting
oversized outdoor patio
w/heated salt water
pool/spa/waterfall
\$1,799,000

custom tuscan

job transfer forces sale!
upgrades galore • 4 bedrooms
4 baths • split floorplan
gourmet kitchen
6 burner gas stove • granite
hardwood flooring
pella windows
crown moulding • faux paint
cantera stone • gas fireplace
12' ceilings • his/her slate
master shower • salt water pool
spa • waterfalls • slide • firepit
1/3 acre • cul-de-sac lot
gated • a steal at \$799,900



lakefront



light, spacious greatroom
4 bedroom 4 bath plus office
oversized granite island kitchen
6 burner cook-top double ovens
dual dishwashers
spacious master • jetted tub
dressing area • soaring ceilings
stacked stone fireplace • wet bar
pool, spa,
waterfall • outdoor kitchen and
lounging areas • water and
greenbelt views • gated custom
area • fantastic location
\$699,000

retirement living

clean as a whistle • larger lot
3 bed, 2 bath plus sun room
and hobby room • neutral
flooring and walls • eat-in
kitchen • smooth top stove,
fridge, washer & dryer included
spacious split master with jetted
jacuzzi tub • well manicured yard
w/mature fruit trees, private
covered patio, low maintenance
perfect for winter visitors
\$189,400



sale pending

luxury gated aviation community



located on 3/4 acre lot this
timeless masterpiece has been
built with meticulous detail
to quality • 5 bed • 6 bath
generous living areas
old world gourmet kitchen
state of the art theatre
wine room • michelangelo staircase
& juliet balcony • wall of
disappearing glass doors open
home to lagoon style back yard
with pool, spa, waterfall, fog system,
outdoor kitchen, firepit
on-site 58'48" wide hanger w/Schweich
door plus a 3 car garage • planes have
direct access to runway via gated
taxi way • airstrip open 24 hours

lakes living

enjoy the courtyard entry to this
fabulous freshly painted home
4 bed • 3 bath • newer carpet
tile floors • neutral colors
open living & dining area with
cozy fireplace • cherry wood
cabinets in eat-in kitchen
stainless appliances • open loft
makes great sitting area or home
office • enjoy the outdoor patios
and the sparkling pebbletec pool
in the private backyard
larger master • walk-in closet
good sized secondary bedrooms
home is across the street from the
big lake, steps to a lakes park, kids
can walk to elementary, middle and
high school • \$299,900



Patti Agnew
480.797.2891

Results
through friendly
negotiation

www.pattiagnew.com