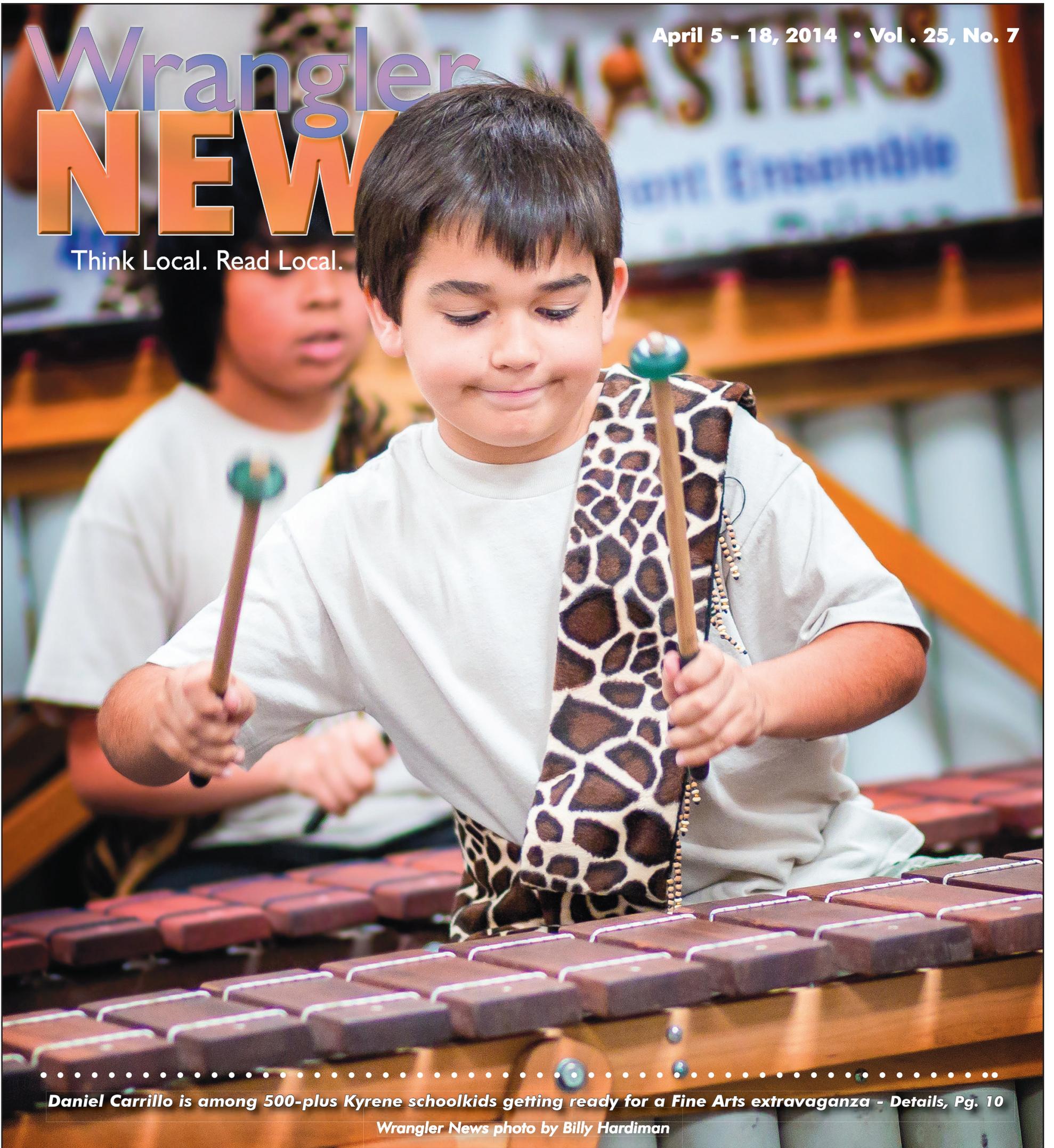


Wrangler NEWS

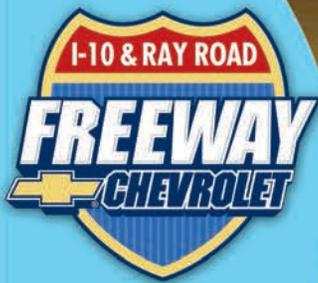
April 5 - 18, 2014 • Vol. 25, No. 7

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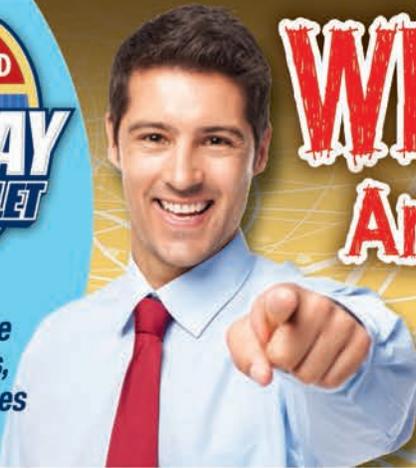


Daniel Carrillo is among 500-plus Kyrene schoolkids getting ready for a Fine Arts extravaganza - Details, Pg. 10

Wrangler News photo by Billy Hardiman



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Anonymous 'take-back' targets prescription-drug abuse by teens

By Don Kirkland

Cocaine, heroin and other high-profile narcotics may generate the media's biggest headlines, but legally prescribed drugs stored in virtually every home's medicine cabinet pose what police say is a serious threat that grows more worrisome every year.

"Prescription drugs have become the thing to do, especially among high school and college-age young people," said Sgt. Mike Pooley, public information officer for the Tempe Police Department. "It really is a huge problem in neighborhoods everywhere, whether rich or poor, no matter what race."

This is the rationale behind Tempe PD's plans for the latest in a series of drug takeback events, designed to give residents a chance to conveniently—and anonymously—dispose of prescription medicines that are outdated or otherwise no longer needed.

One medication of particular concern, Pooley says, is oxycodone, a strong narcotic pain-reliever and cough suppressant similar to morphine, codeine and hydrocodone.

Although the drug's mechanism of action is not known, say the experts, it is believed to involve stimulation of opioid receptors in the brain. While it does not eliminate the sensation of pain, it decreases discomfort by increasing the user's tolerance to pain.

Of the problems presented by oxycodone, according to Pooley, one of the biggest is its ready availability.

"People can buy it for \$15 to \$20 a pill, and it's very easily found," he said.

While the drug most often originates legitimately from a physician, typically following surgery, it can quickly become addictive. And, although only two or three pills may be needed from a typical 30-day supply, the rest are often saved in the medicine cabinet in case a need arises in the future.

That, says Pooley, is how the unused pills can fall into the hands of curious young people.

"What you have is a situation that's not malicious, not illegal," Pooley said. "The (original users) just don't get rid of them, and that creates an environment where adolescents, surrounded by other kids at school, may be tempted to succumb to temptation."

Addiction and the "ripple effect" of prescription-drug misuse among teens are only the tip of the enforcement iceberg, Pooley points out.

"It creates a scary situation when kids exhaust the pills they're using," he said. "When they run out of their supply, they're doing brazen robberies, jumping over counters—and they're not after money. It's prescription drugs they want."

Though so-called hard drugs remain a concern to law enforcement everywhere, it's these easily obtained prescription medicines that have been gaining added momentum in the public mainstream, according to Pooley.

"We have parents call and tell us their kids are on drugs. They believe it's heroin or meth or crack. Little do they know the kids are on prescription drugs."

Thus, raising public awareness is an priority of the police department's campaign.

"If we could just educate people to realize how addictive these drugs are, perception could change," he said. "Many parents visualize a heroin dealer as the bad guy. But the bad guy can be whoever is providing oxycodone or any other prescription drug. And they can have just as serious an effect."

At this upcoming takeback event, Tempe police will partner with the Arizona office of the U.S. Drug Enforcement Administration, with which Pooley says Tempe has a long and positive relationship. He himself has served as a member of a DEA task force.

What: Anonymous Disposal of Community Member Unused and Expired Medications.



When: 10 a.m. to 2 p.m. Saturday, April 26.

Where: Tempe Police South Substation, 8201 S. Hardy Drive, Tempe.

Directions: S/E corner of Hardy and Carver, between Elliot and Warner.

How It Works: Bring unused/expired prescription and over-the-counter medications in original containers. Disposal is anonymous. Medications will be placed into containers provided by DEA and Tempe police. Law enforcement personnel will convey the disposed medications for proper destruction. Prescription and over-the-counter medications accepted. For safety, no glass, syringes, injectables or sharps of any kind. No need to remove labels with personal info. Disposables will be incinerated by law enforcement.

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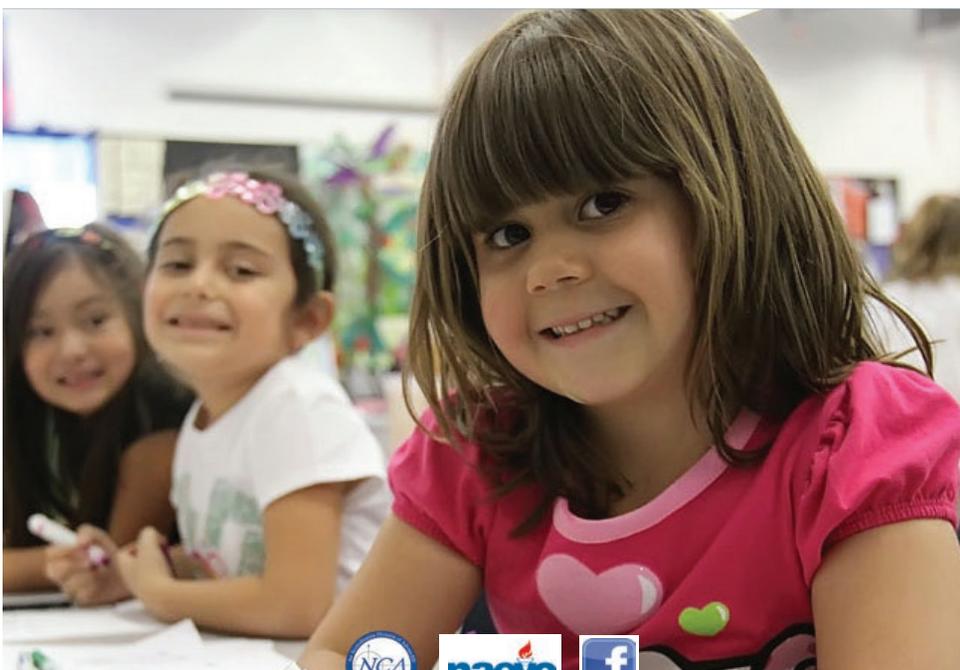
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A gem of an evening

DBacks fundraiser salutes Dignity Health CEO Linda Hunt



At their eighth annual 'Evening on the Diamond,' Arizona Diamondbacks executives paid tribute to Linda Hunt, president and CEO of Dignity Health, which oversees Chandler Regional Medical Center and a host of other Arizona healthcare facilities. The Lee T. Hanley Award recognized Hunt for her community leadership. Joining Hunt at the ceremony, hosted by University of Phoenix, were 700 guests including, from left, above: Tom Marreel, Dignity Health Foundation board member; Aaron Peace, the foundation's president; Maureen Sterbach, VP of human resources; Alan Knobloch, director of major gifts for

St. Joseph's Foundation; Hunt; Matt Cox, CFO of Dignity Health; Tim Bricker, president and CEO of Chandler Regional; and Gregg Davis, chief strategy officer for Dignity.

Below: Dbacks President & CEO Derrick Hall; Hunt; and DBacks managing general partner Ken Kendrick.

— Wrangler News photos by Billy Hardiman



Children ages 5 to 14 account for nearly 40% of all sports-related injuries treated in hospitals.

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Sunset Library to host recap of Valley's early music scene

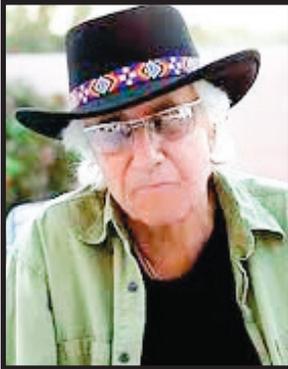
The Valley music scene that served as an incubator for the successful careers of a number of singers, songwriters, musicians and producers in the 1950s and '60s is the topic of the next *Our Stories* guest-speaker presentation Saturday, April 12, at west Chandler's Sunset branch library.

The free event will feature Arizona's unofficial music historian and radio deejay John P. Dixon, also known as Johnny D., who will present the little-known history of the Audio Recorders Studio in Phoenix.

The multimedia presentation will spotlight many of the musicians and producers who recorded at this popular studio, including Lee Hazlewood, Sanford Clark, Skip and Flip, Dyke and the Blazers, Wayne Newton and Waylon Jennings.

Located at 7th Street and Weldon in Phoenix, Audio Recorders was the birthplace of the unique twang of Duane Eddy, a member of the Rock and Roll Hall of Fame whose 1958 international hit *Rebel Rouser* influenced many future guitarists worldwide.

Over the past 25 years, Dixon has assembled the world's largest collection of Arizona-related vinyl records, tapes, cassettes, photographs, posters and other memorabilia.

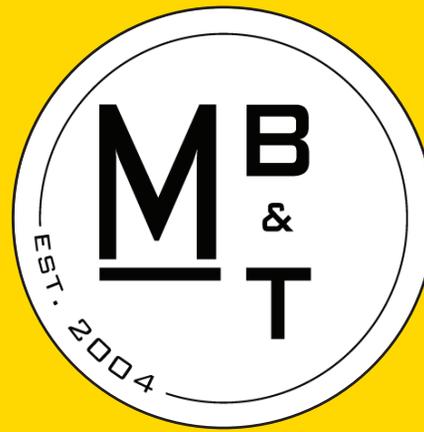


Lee Hazlewood

He has also compiled, produced and licensed more than 35 CDs, vinyl albums and singles of vintage Arizona music to help keep the state's unique musical history alive.

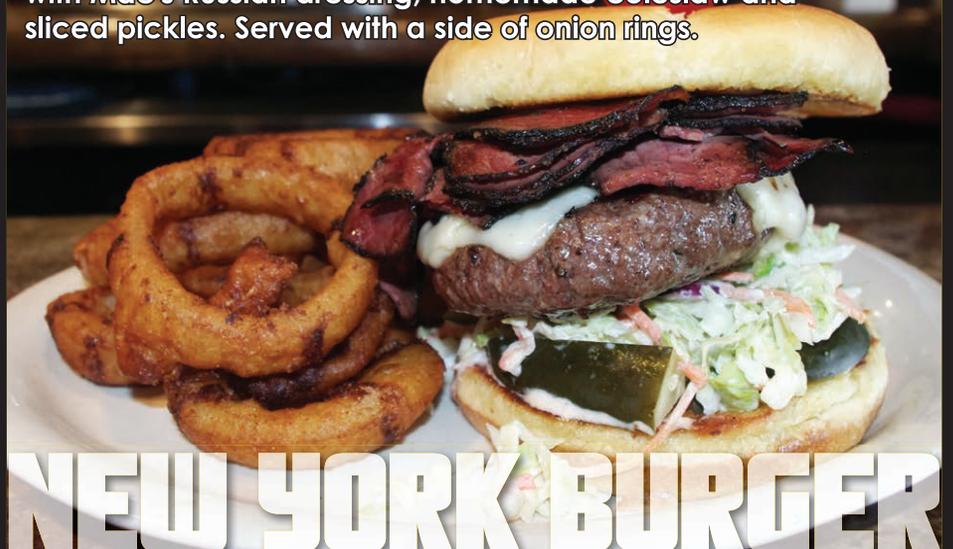
Our Stories is hosted by Chandler Museum, Chandler Historical Society and the Chandler Public Library. The April program runs from 10:30 a.m. to noon. Chandler Sunset Library is at 4930 W. Ray Road, just east of Rural Road.

Information: 480-782-2751 or www.chandleraz.gov/museum.



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Sports Notebook . . . with Alex Zener

Aztecs count on pitching strength, defense to shore up 2014 season

The Aztecs, with only one starter from last season's 16-14 team, have been relying on their pitching strength and defense to win games so far this season.

The Aztecs, with a 9-6 record as of April 1, have the leadership and experience of three senior pitchers in **Nathan Chokey**, **Nathan Birecki** and **Garrett Poole** plus the pitching skill if not necessarily varsity experience of a few newcomers to the team.

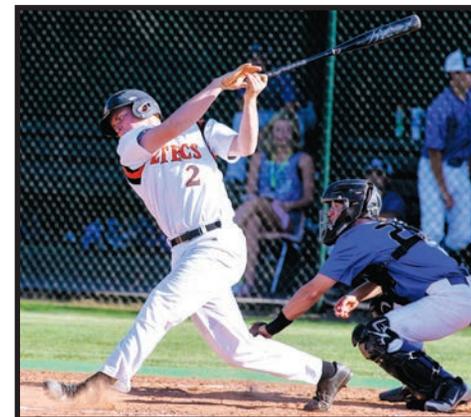
Chokey, who started all 10 games last season at center field and led the team in several statistical categories including 36 plate appearances, 16 hits and a .516 batting average, is the one returning starter.

Birecki started as pitcher last season in three games and has already seen action on the mound as has Poole.

"Our pitching should be one of our strengths this season, especially now that we have Garrett Poole back at full strength after he had season-ending injuries the last two years," said coach **Dave Webb**. "We also have sophomore newcomer **Connor McCord**, who is a solid left-handed pitcher and hitter and **Eric Schwalbe**, a legitimate right-handed pitcher who is also solid at third base," said Webb.

Also slated to see potential time on the mound is junior **Atreya Tadepalli**.

"Atreya is our number one scholar athlete," said Webb. "He not only has a 4.0



Senior Nathan Chokey, Corona's lone starter from last season. — Photo courtesy Kris Cartwright

but is ranked number one in his junior class of 625 students."

The Aztecs have several returning varsity players for last season, including short stop **Tim Coen**, left fielder **Tyler Daugherty**, first baseman **Matt Reum**, infielder **Damon DeVirgilio**, infielder **Trevor Wood** and catcher **Ian Cooper**.

New to the varsity team this season are **Alex Quitanes**, **Cole Coggins**, **Ryan Busk**, **Sawyer Bessler**, **Scott Boege**, **Matt Asta** and **Ryan Novis**.

"Matt Asta, a strike-throwing machine

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and solid catcher is new to the team this season, as well as Ryan Novis," said Webb. "Ryan and Connor McCord are very solid sophomores who should see a lot of playing time for us," said Webb.

Corona was hoping to bounce back with a game at Mesquite April 1 after a heart-wrenching 6-5 defeat at Chaparral on March 29. Up next the Aztecs were scheduled to play two home games: April 4 against Highland and April 9 against Coronado before playing at Basha April 11.

Corona boys tennis — The Aztecs returned only five players from last season and are playing their toughest schedule in years, but coach **Rick Wanta** is hopeful they can once again realize the team goal of making it into the state tournament team playoffs because of their depth.

"Our biggest strength will be our depth," said Wanta. "It will be interesting, though, to see how the players that are new to the varsity team will handle the pressure. Especially with our tougher schedule."

Besides its returning lettermen, seniors **James Duvall** and **Conor Prindiville** and juniors **Eli Imadali**, **Alex Jing** and **Daniel Lee**, the Aztecs have three young players competing for the top six positions.

"We have some young new athletes who are playing in my top six this season," said Wanta. "Freshman **Chris Steele** at the No. 1 position, junior **Zach Lawson** at No. 3 and sophomore **Zach Frampton** at No. 6."

So far, the Aztecs, after incorporating the new members into the team, started the 2014 season by playing well in their first tournament, the East Valley Invitational Feb. 28. They then went on to defeat Camelback handily March 6, 9-0, before losing a hard-fought battle at Chaparral, 4-5 on March 25 and finally losing to Brophy on March 27.

Corona was able to bounce back from those two losses March 28-29, to fulfill one of their team goals this season, which was to repeat as Tempe City champions.

In order to fulfill another one of their goals, qualifying for the team portion of the state championship

tournament, the Aztecs will need to continue to be competitive against some of the best teams in the state who just happen to be in their section:

Brophy, Chaparral, Horizon and Desert Mountain.

The Aztecs were scheduled to play at Dobson on April 1, at home April 3 against Desert Vista, and April 7 against Horizon before playing three away games.

They were to play at Desert Mountain on April 8, Basha on April 9 and Westwood on April 15.

Corona girls tennis — Corona's girls tennis team has the same tough competition that the boys team is facing this season with its new Section 3 competition. With seniors **Gabrielle Gennen**, **Everette Johnson**, **Caroline Lull**, **Alyssa Pike** and **Sarah Rutkowski** leading the way for the younger players, sophomores **Maria Panopoulos**, **Darya Tehranchi** and **Teresa Yu**, the Lady Aztecs defeated Camelback 9-0 before losing 4-5 against Chaparral, their first of many competitive opponents from Section 3 on their schedule.

The Lady Aztecs, currently ranked No. 25 in power point rankings, are in the same section as No. 1 Xavier, No. 2 Desert Mountain, No. 7 Desert Vista and No. 11 Horizon besides No. 15 Chaparral.

The competition in their Section 3 is going to make it hard to get an automatic seed in the state tournament but it is still possible if they can defeat the teams outside their section.

Corona was scheduled to play at home against Dobson April 1 before two away games, April 3 at Desert Vista and April 7 at Horizon. The team then has three home games scheduled: April 8 against Desert Mountain; April 9 against Basha and April 15 against Westwood.

Athletes recognized at TACA banquet — The winter sports Tempe All-City Banquet held March 24

— **NOTEBOOK, Page 9**



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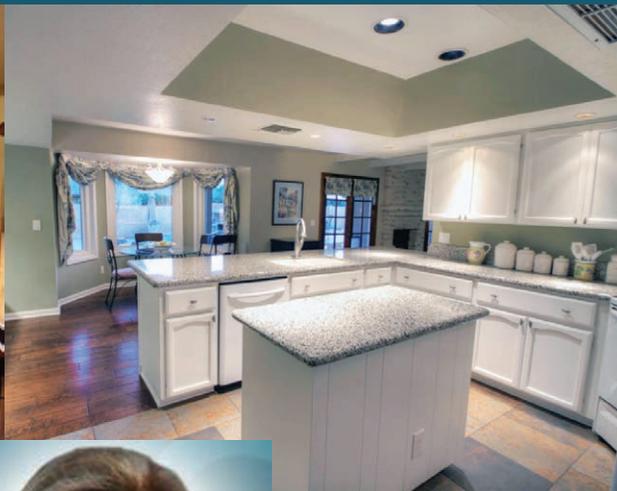
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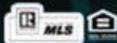
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More than 500 Kyrene kids are busy preparing for a free, first-ever, district-wide Fine Arts Showcase, coming to Desert Vista High School on Friday, April 4. Art and music students from throughout the district will show off their talents, including choir from Waggoner; D.R.U.M. Club from Niños; art group from Traditional Academy; Mallet Masters from Brisas; and more. Desert Vista H.S. is at 16440 S. 32nd St., Phoenix (Ahwatukee). [More details on Page 10.](#)

— Wrangler News photos
by Billy Hardiman



Notebook

From Page 9



TACA winter sports recipients. — Photo courtesy Judy Benson

at the Phoenix Sheridan recognized several Corona del Sol and Marcos de Niza athletes for their accomplishments this season in basketball, soccer and wrestling.

Corona's boys basketball team, winning its third straight state championship, had three players receive awards: **Connor MacDougall, Dane Kuiper and Casey Benson.**

Dominic Krane, who started all 25 of the Padres' games, averaging over 11 points a game, received a TACA award for basketball. **Taylor Kalmer**, Corona's leading scorer on the girls basketball team, averaging over 20 points a game, and **Sophia Anaya**, Marcos de Niza's leading scorer with over 16 points a game, received awards.

The only award given between the two schools to a boys soccer player went to **Eric Castellano** from Corona. Four of Corona's girls soccer players were recognized: **Lexi Bounds, Elizabeth Cheney, Hanna Rowe and Madison Wolf.** The Padres had two wrestlers given awards at the banquet. **Richard Florez** in the 152-pound weight category and **Adam Baca** in the 285-pound heavy-weight category. Corona ran away with the wrestling awards, garnering six different weight classifications. **Marc Farina** (126), **Glenn Farina** (138), **Ryan Spadafore** (145), **Ethan Tursini** (160), **Bridger Barker** (182) and **Michael Clare** (194).

Corona softball — The Lady Aztecs have reloaded this season with 11 newcomers out of 16 young girls excited to be on the roster and to play Corona softball. With only five returning players from last season, the 11 newcomers have a chance to have an immediate effect on the success of this year's team.

Besides having 11 new players, more than 50 per cent of Corona's team is made up of freshmen and sophomores.

"The newcomers to varsity this season will have a big impact," said coach **Jennifer Ray**. "We are so young this season that these newcomers are expected right from the beginning to lead by example and demonstrate good things throughout the program."

Alyssa Baca, Allysia Sanchez, Taylor Miller and Haley Vallejos are the four freshman who coach Ray is hoping will contribute early to the team's success, along with sophomores **Kylie Holmes, Carson Pyatt, Katelyn Stys, Alyssa Alan and Amy Surrency.**

That leaves three juniors, **Maggie Jackson, Sarah McCabe and Haley Langille**, and four seniors, **Marissa Kenny, Carly Morrison, MaKenzie Bates and Madysen Kolker**, as upper classmen to help steady and lead this young team.

Expected to provide official leadership roles are Bates, McCabe and Holmes, according to Ray.

Being so young could be both a blessing and a hindrance to their success. The main focus in the beginning part of the season is on becoming a team first.

"Although we have not had the best start to the season as far as wins and losses go," said Ray, "we are off to a great start with getting along and becoming a team."

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Group among 500 students preparing for Kyrene fine arts extravaganza

Brisas school's marimba band grows from teacher's passion



Children in the Mallet Masters program at Brisas Elementary School will be among performers at a Fine Arts Showcase Friday, April 4. More photos Pg. 8.

— Wrangler News photo by Billy Hardiman

COVER STORY by Chelsea Martin

Research has found that studying music facilitates learning other subjects and enhances skills that children inevitably exercise in different areas.

Kyrene de las Brisas music teacher Karen Monks is one who boldly preaches by those dictums.

Monks, who has been with the Kyrene district since 1981, has been a fervent believer in allowing children the opportunity to engage freely with music. After becoming the first music teacher at Niños Elementary in 2002, Monks transferred a year later to Brisas, where she expanded her music program beyond the strict 45-minute limitations of a routine school day.

The result: Mallet Masters, a marimba group consisting of 12 fourth graders and 12 fifth graders.

"The start of this group was really a spontaneous combustion," Monks said.

"I bought this Zimbabwean-style music book called "Hot Marimba" that

Mike Crill, a fellow music teacher, mentioned he was using in his classrooms. I introduced those books in class, and one day I was eating lunch at my desk and heard a small knock on the window, "Mrs. Monks are you in there? Can we come in and play those songs you taught us?" Once the kids started to play and tell others, the rest was history."

The excitement for the new program spread like wildfire.

"I had to start doing auditions because there are only 12 instruments, and close to 70 kids would show up wanting to play," Monks said. "It's all quite exciting for the kids."

The students rotate on the instruments, gaining time to improve the ability to understand and coordinate as an ensemble. Monks focuses on teaching group-layered ostinatos, which are short, repeated patterns. The more experienced the members, the more intricate and diverse the layers become.

— MARIMBAS, Page 12

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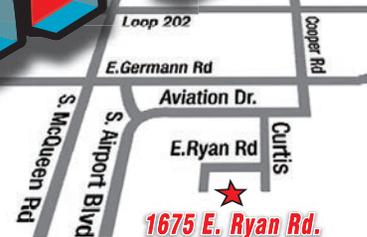
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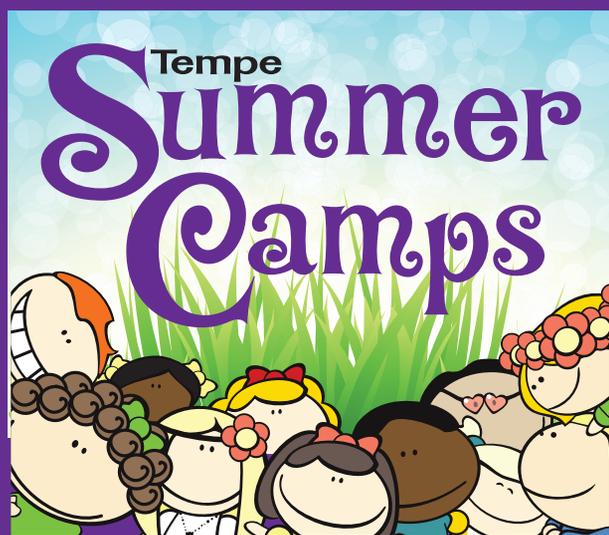
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Marimbas

From Page 10

To keep the ensemble running smoothly, the kids must be able to make a two-year commitment. There is also an initial \$230 program fee, eligible for tax credit, that covers the year.

"It's supposed to come before any other obligation, and this is going to be the number-one thing they do," Monks said. "I tell them, 'You have to want to play these instruments more than wanting to play outside at recess.'"

Mallet masters goes beyond who is the best musician, but rather looks at the whole child, Monks says.

"When the kids ask me what day are tryouts? I say to them, 'You've been trying out since second grade,' Monks said. "I watch the kids during class and evaluate their can-do attitudes, their respect for others and their enthusiasm. Yes, they have to have the ability to capture some musical talent, but I'm really looking for the whole ball of wax."

"It's so much more than just the music—it's the camaraderie, the ensemble. It's like a little family."

Once tryouts are complete, the kids attend a week-long marimba class

taught by Monks two weeks before school starts in August. During the school year, both grades practice one morning a week before school and at two 15-minute lunch recesses.

"They are very enthusiastic and we have a lot of fun," Monks said. "When they come in to rehearse, some will just start playing right away and the rest will join in. It's incredible."

The group has a history of exciting performances at a number of venues in the Valley. The Herberger theater, farmers markets, art walk, the state capitol, the Kyrene district offices, Barnes & Noble and the Chandler mall are just a few of the places the Mallet Masters have performed.

Quickly approaching is Kyrene's new event, "A Fine Art Showcase" April 4 at Desert Vista High School, where the Mallet Masters will perform a Walt Hampton piece.

"You will be amazed. Your jaw will drop," Monks said. "You should come out if you enjoy music at all, because it's truly uplifting music and you will just be amazed by these kids."

The Mallet Masters must be able to demonstrate a certain level of maturity and enthusiasm, but the kids don't seem to mind.

"Their favorite part is getting the opportunity to play the instruments as often as they do, and they absolutely

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Franchise Opportunities Available

Marimbas

From Page 12

love performing,” Monks said. “Oh, and learning new songs—when I tell them we’re going to learn a new song they totally freak out (because) they are so excited.”

Both the kids and Monks would agree: the program is beneficial and riveting for all.

“I love my job teaching music to elementary-school kids so much,” Monks said. “But having the Mallet Masters group I can push them; I get to rehearse with them more frequently and we get to perform. I absolutely love doing that. Being able to do Mallet Masters is the frosting on the cake.”

For a complete listing of upcoming shows or for more information call the school at 480-541-2000.

Early voting on General Plan 2040

Tempe voters are being reminded of several important dates related to the May 20 Special Election on General Plan 2040.

As required by state law, cities must update their General Plan every 10 years and seek voter approval. General Plan documents reflect a community’s vision for where it wants to go in the future; the documents are less specific than a given city’s zoning and development codes.

Tempe residents and other community members, such as property and business owners, have worked for more than a year at public meetings to update the city’s General Plan 2030 to become General Plan 2040. The City Council adopted General Plan 2040 and set the election date for May 20. Voters will see the new General Plan on the ballot as Proposition No. 467.

The deadline to register to vote is April 21. An election publicity pamphlet will be mailed to each household containing a registered voter in late April.

Tempe registered voters who have signed up to be on the Permanent Early Voting List will automatically be mailed an early ballot on April 24, the first day of early voting. Early ballot requests can be made by contacting the Maricopa County Recorder’s Office. The last day to request an early ballot by mail is Friday, May 9.

The Tempe Public Library, 3500 S. Rural Road, will serve as an early voting site from April 28 through May 16.

Hours are Monday through Thursday from 10 a.m. to 6 p.m. and Fridays from 10 a.m. to 5 p.m. For questions about voter registration, early ballot requests and polling places, contact the Maricopa County Recorder’s Office at 602-506-1511 or visit <http://recorder.maricopa.gov>.

General Plan 2040 can be accessed at www.tempe.gov/GP2040.

For questions, contact the City Clerk’s Office at clerk@tempe.gov or 480-350-8241.

Information about this and other 2014 elections is available at www.tempe.gov/election.

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Dr. Jonathan Hodgson is a board-certified neurologist. He received his medical degree from the

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Dr. Hodgson also serves the East Valley as the medical director of Mercy Gilbert Medical Center’s stroke center.



Dr. Garrett was born in Portland, Ore., but spent most of his childhood in Denver, Colo.

He received his Bachelor’s degree in Neuroscience at Brigham Young University and attended medical school at the Emory University School of Medicine in Atlanta, Ga.

He went on to complete his neurosurgical residency at the Barrow Neurological Institute in Phoenix.

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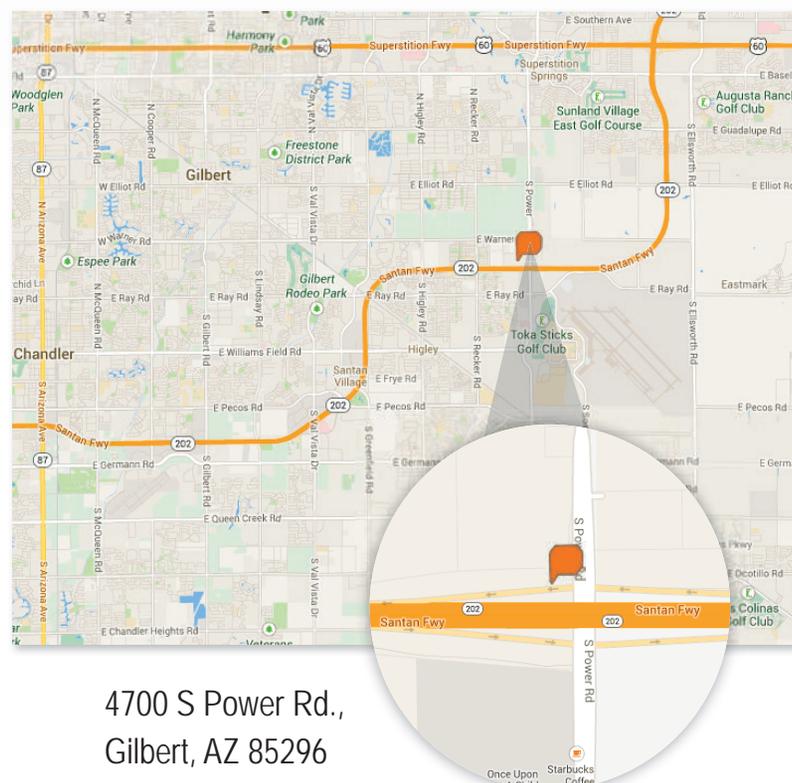
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**LIFESTYLE
FURNITURE**

Workshop invites residents to define their ideas, hopes for future So. Tempe neighborhoods first to be queried

By Diana Whittle

Tempe officials want residents to identify what is unique about their neighborhood and why they choose to live there.

Residents are invited to share their opinions on their neighborhood's attributes during a citywide conference at 10:30 a.m. Saturday, April 5, at the Tempe History Museum, 809 E. Southern Ave.

It's part of the city's efforts to define "Character Areas"—a term coined by Nancy Ryan, Tempe's project management coordinator, as a way to recognize the distinctive elements of the neighborhoods that community members call home.

"Character Areas define common design, land use and commercial characteristics distinctive from other neighborhoods," said Ryan.

"The purpose for the workshop on this Saturday will be to recognize a specific neighborhood's attributes or problems, and then identify any gaps in making that Character Area even better."

In 2013, the City Council identified eight specific Character Areas representing the unique personalities of these geographic parts of Tempe: Papago/North Tempe; Diablo/Double Butte; Rio Salado/Downtown/ASU; Escalante/Marketplace; Central City/Shalimar; Arizona Mills/Emerald

Center; Kiwanis/The Lakes; and Corona/South Tempe.

While the Character Areas form the geographic identity of a community planning process, input from participants will direct staff to use a variety of tools to gather data, such as Web-based surveys, focus groups, a game called Placemaking—even local events.

"Staff has the ability to tailor the outreach method to the desires of those in the character area," said Ryan. "Council wants to hear from residents in all areas of the city and initiated this project as one method to achieve this goal."

The final input will be used to guide preferences in land use and development within various parts of the city, Ryan said.

Between 2014 and 2018, the city will focus on planning two areas per 12-month period.

A specific focus on Saturday will be two Character Areas: the Kiwanis/Lakes, which runs between US 60 on the north and the Western Canal on the south and Loop 101/Price Road on the east; along with the Corona/South Tempe area between the Western Canal on the north to the city's southern border.

Both the Kiwanis/Lakes and Corona/South Tempe areas have high concentrations of residential neighborhoods and were chosen as the first areas to research. Several kick-off meetings attracted nearly 200 people to consider what they would like to change or improve about the geographic area in which they live or work.

Tempe staff and City Council members are working closely with stakeholders—including residents, property owners and managers, neighborhood and homeowners' associations, community organizations, schools and businesses—to develop a plan for each Character Area and to influence the planning of its appearance, amenities, future development and services.

Before the Character Area Workshops begin, the city will host its first inaugural "State of the Neighborhoods Address" by Mayor Mark Mitchell, followed from 9 to 10:15 a.m. by the annual Neighborhood Awards to acknowledge the work of residents to strengthen neighborhoods.

Registration along with a light breakfast begins at 8:30 a.m.

More information about Tempe's Character Areas, including an on-line form for input, is available at tempe.gov/characterareas

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No-kill animal shelter opens in So. Tempe Aims to rescue pets abandoned by owners

Lost Our Home Pet Foundation, the Valley's only no-kill animal shelter dedicated to the rescue of dogs and cats found in abandoned and foreclosed homes, will hold grand opening ceremonies for a new, larger facility at 2323 S. Hardy Drive, Tempe, from noon to 4 p.m. Saturday, April 5.

The celebration is sponsored by Valley Honda dealerships and will feature a ribbon-cutting ceremony and tours.

The foundation recently moved from a smaller 1,867-square-foot facility to the new, roomier home with a combined 10,000 square feet of indoor-outdoor space.

The new facility enables the organization to help more animals and families during times of crisis. It also has an on-site, low-income boarding facility, according to Jodi Polanski, the organization's founder and executive director.

An outdoor play area enables dogs to get daily exercise.

"We are so happy to have finally found a new home for Lost Our Home – a place that is spacious enough to take in more dogs and cats needing our help," said Polanski. "Tempe has been so welcoming and supportive, and the new facility, with greater capacity, enables us to help needy families and pets, and to have a larger pet-food bank and temporary boarding to help families in times of need."

Lost Our Home Pet Foundation was founded in 2008 as a grassroots response to thousands of pets in need as a result of the economic downturn in general, and the Valley's foreclosure crisis in particular.

It is the only organization in the Valley dedicated to rescuing pets abandoned or at risk of homelessness due to foreclosure, eviction or other financial hardship. Its mission is to ensure that pets

have loving homes when families face major life challenges.

The organization provides compassionate options when real estate agents and others in the community find an abandoned pet.

Information: www.lostourhome.org or 602-445-PETS (7387).

Corona teen brings feminist magazine to state

Sixteen-year-old Cienna Fernandez, a junior at Corona del Sol High School, has been given a chance to bring a magazine called Aberrance Quarterly, a feminist empowerment publication run by high school students, to Arizona.

Her opportunity came while attending a journalism convention in Boston last year with her yearbook class. The publication, which was started in Louisville, Ky., contains stories as well as advertising, with which it is funded.

After Fernandez and magazine editor Alexa Pence met at the convention, Pence asked Fernandez to head up what she hoped would be a newly developing Arizona branch of the movement. The spring issue, which debuted in March, will be distributed in Louisville, Tempe and Atlanta.

Fernandez says she already has gathered a group of aspiring young journalists and entrepreneurs and assigned each a job.

Arizona's branch of Aberrance Quarterly was due to be introduced during a launch party at Studios 5c in downtown Tempe.

Information: www.aberrancequarterly.com

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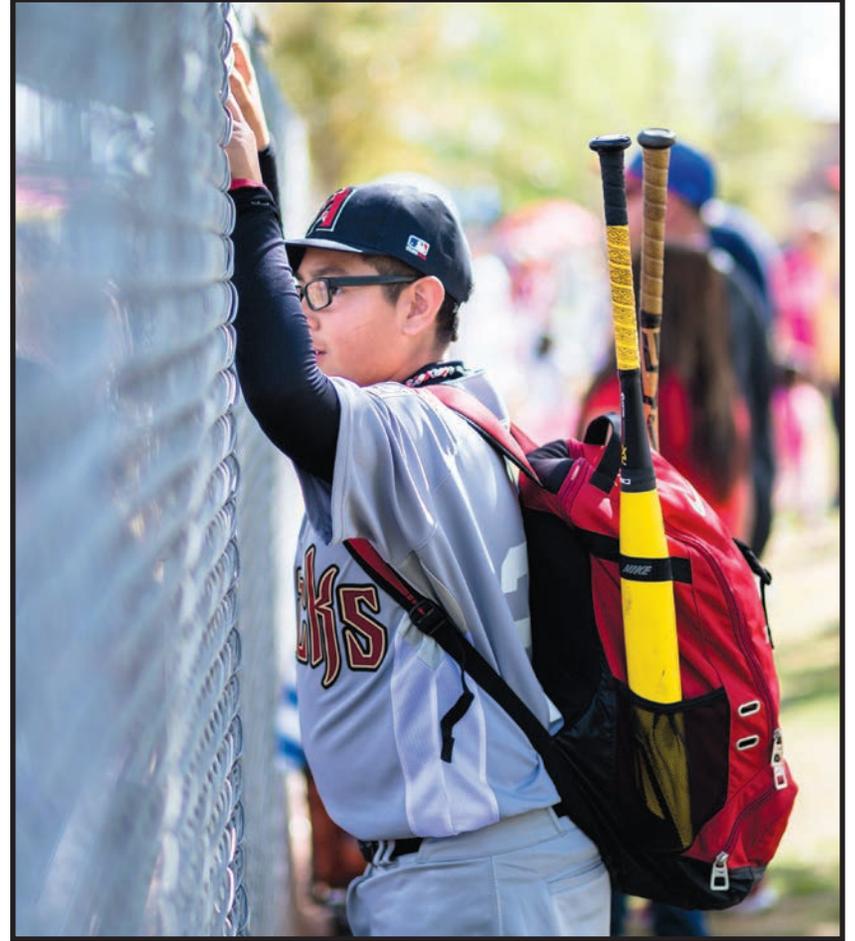
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Spring has sprung, and so has the arrival of Tempe South Little League's 2014 season, which got under way March 22 at Tempe Sports Complex. On hand were not only players, parents and coaches but a contingent of Arizona Diamondbacks, including infielder Augie Ojeda. To honor their favorite professional team, the kids will sport DBacks uniforms all season long. The kids' loyalty is indeed justified: the Diamondbacks Foundation provided jerseys and hats for all, which saved the league thousands of dollars and just may grow future fans (and players?) from early on.



— Wrangler News photos by Billy Hardiman

World's smallest heart pump now saving lives at Chandler Regional Patient's first-person account credits new technology, doctor

Story & photo by Chelsea Martin

Edward Townley is appreciative of plenty things—most importantly his life. Townley suffered a massive heart attack on Jan. 10, and Chandler Regional Medical Center, with the use of the world's smallest heart pump, the Abiomed Impella 2.5, managed to save his life.

Death having come in such close proximity, Townley says he is thankful every single day that he is alive.

"I remember it like it was yesterday. I went to the store and came back home, put the dinner on the counter, and sat down and thought, I'm not feeling right. Three minutes later, I was feeling awful so I opened the front door, called 911, and waited."

Although Townley disregarded early signs of trouble a year before, he hardly missed a beat when he felt the attack coming on.

William Orłowski, director of Chandler Regional's Cardiac Catheter lab, explained that if Townley had waited any longer, it's likely he would have not made it.

"What he did was perfect," said Orłowski. "He knew something was

wrong right away, and that's what saved him," Orłowski said.

"If we can learn anything from this situation, it's that more people dealing with chest pains need to act on that immediately and go to the hospital. Never wait—it might be too late."

Even with Townley's speedy response to the signs of his attack, the Impella 2.5 and the cardiologist, Ahtisham Shakoor, got much of the credit for saving his life.

Said Townley of his role in the lifesaving procedure:

"I was just a passenger on a bus."

The Abiomed Impella 2.5 is a heart pump that is 1/100th the size of the human heart and smaller than the width of a pencil. During an angioplasty, it pulls blood from the left ventricle through an inlet area near the groin and expels blood from the catheter into the ascending aorta.

Pumps in the Impella platform can deliver 2.5 to 5 liters of blood flow per minute and does not require surgery.

"The device alleviates the pressure and allows the patient's heart to rest,"



Heart-attack patient Edward Townley with Dr. Ahtisham Shakoor examine world's smallest implant, outside his body for the first time.

Shakoor said. "After three days, Ed's arteries luckily opened up and the device allowed him enough time to recover."

Over the past decade, there have been significant strides in medical research, disease treatment and the overall improvements of patients' quality of life.

The Impella 2.5 is no exception. "Ed's story truly is a great one,"

Shakoor said. "The technology we now have in 2014 is incredible. With the use of the technology and Ed's willingness to fight to survive, we are so lucky we were able to keep him alive. Most of the time patients that have severely blocked arteries like Ed, they typically don't make it."

Shakoor added:

"He is one of our success stories."

Although not all hospitals in the area are capable of providing the use of the expensive, progressive technology, Townley says he is grateful Chandler Regional was within a close proximity to his home.

"We are just so happy he made it," Shakoor said. "Saving a life is an incredible feat."

The triumphant procedure is a big leap for Chandler Regional, gaining one extremely pleased patient—and the promise of more such lifesaving opportunities—in the process.

"I feel remarkably well and it's all because of these incredible people and advanced technology," Townley said.

"Looking at these tiny devices, it is truly amazing what has been done. It's just so great to be here."

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Gardening project gets a thumbs up



At Sureño Elementary School, a select group of kids dig gardening, an interest they're developing through their studies of sustainability.

— Wrangler News photos by Billy Hardiman



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By Diana Whittle

The rumor is true: SLUGs have invaded Kyrene del Sureño Elementary School. No, not the disgusting, plant-chewing variety.

Instead, it's a learning opportunity for children. SLUG—for Students Learning Urban Gardening—is a new, collaborative project and after-school enrichment club.

The mission of SLUG is to inspire students to take personal responsibility for their nutrition by growing, harvesting and nurturing vegetables and desert plants, says Nancy Randolph, a kindergarten teacher at Sureño and the originator of the program.

Volunteering to help Randolph were her co-teachers, Stephanie Casper and Diane Carlson-Dickhoff, who also joined the challenge to write grant proposals.

"Through SLUG, students will build connections with the natural environment and understand sustainable gardening practices as they as they plant and oversee the garden," said Randolph. "We've adopted the slogan "Growing a healthier community one vegetable at a time."

While the garden is still in the beginning phase, it is hoped that after vegetables are harvested they can be given to students to eat at home or in the school cafeteria.

Students recently planted a salad bed with heirloom varieties of cauliflower, cabbage, radishes and carrots, explained Randolph. The vegetable crop should be ready to harvest in a few months.

The project is funded through charitable grants and donations from private individuals, organizations and businesses.

The students themselves raised \$350 to benefit the project through the sale of seeds.

Sureño, at 3375 W. Galveston in Chandler, is the first traditional academy of the Kyrene district. It not only embraces high standards academically for grades K-5 grades as an "A" school but also encourages non-academic learning with parental involvement.

Jason and Julie Sinykin are the parents of Ethan, a six-year-old kindergartner who participates in the program.

"Ethan helps me a lot at home with our garden by watering plants, and he loves the SLUG program because he gets to play with worms and dirt," says his father.

"Every Tuesday, he knows it's SLUG-program day and he really looks forward to it."

Sinykin also helped to prepare the grounds for the garden and observed that the program captures the kids' attention.

"They really seem to enjoy the hard work."

Randolph agrees. "Don't let their little sizes fool you—these kids enjoy the physical labor. We pair up older children with the younger ones and it's great to see them act as mentor to other students," says Randolph.

The program continues to seek both funding and supplies to support the effort. Private donations from Arizona taxpayers are eligible for Arizona Tax Credits. A donation of \$100 will provide the donor with an etched salvage stone, which will be placed in the garden.

For more information, contact Nancy Randolph at 480/541-5511 or visit the school's website at www.kyrene.org.



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At the most recent East Valley Rotary-Habitat Build Day, 13 members of the Kyrene, Rio Salado and Tempe Downtown Rotary clubs teamed up to construct the interior walls for a new Habitat for Humanity house. The team of workers started at 7:30 a.m., had pizza at 11 and finished by noon. Local Rotarians have helped build these low-income family homes in the East Valley since 2008. The Kyrene Rotary Club has completed 12 'hands-on' service projects per year for three years in a row. All these projects are conducted in partnership with local non-profits. Rotary clubs provide local opportunities for fellowship, networking and service. More information about Rotary and its local activities can be found at www.tempevolunteers.org. The group meets Mondays at noon at Kobe Japanese Steak House at 1125 W. Elliot Road, Tempe.

— Photo courtesy Kyrene Corridor Rotary Club

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City of Tempe Page



Preparation work on Town Lake western dam replacement begins this spring

Preparation work on Town Lake western dam replacement begins this spring.

The City of Tempe will host an open house to provide information about the Tempe Town Lake Western Dam Replacement Project on Wednesday, April 23, from 6-7:30 p.m., at Tempe Center for the Arts, 700 W. Rio Salado Parkway. No RSVP is required. Staff and the city's partners on the project will answer questions about the construction process, how the new dam will work, its cost and the construction timeline.

Construction work will begin with the installation of abutment walls on both sides of the river at the new dam location, about 100 feet west of the existing dam, along with the relocation of a key stormwater line that runs under the south bank path

outside of the Tempe Center for the Arts.

The 108-inch pipe must be relocated further west to allow stormwater to drain away from the new dam. This phase is expected to last throughout the summer. During this time, the Pedestrian Bridge is expected to remain open, but access to the sidewalk path in this area will be restricted. Cyclists, runners and walkers will be re-routed around the arts center to allow a safe way around the construction.

Stay up-to-date on the project by checking out www.tempe.gov/damreplacement. A video showing how the dam works is online now, along with a fact sheet and FAQs.

To have information emailed, sign up for the Town Lake email list at www.tempe.gov/enews. Scroll down to "News" and select Tempe Town Lake Updates.



Renewal of free youth transit passes starts May 12

Beginning May 12, the City of Tempe will begin issuing new transit passes to current and new participants of the Tempe Youth Free Transit Pass program.

The new passes are valid July 1 through June 30, 2015.

The Tempe Youth Free Transit Pass program allows youth age six to 18 who live in Tempe to ride all Valley Metro bus routes and the METRO light rail free.

A parent or guardian must accompany the youth and bring the youth's birth certificate along with proof of Tempe residency when

registering for the program.

Special on-site registration will be held at the Tempe Public Library, 3500 S. Rural Road, on May 17 and Aug. 16 from 11 a.m. to 4 p.m.

Free passes are also available at the Tempe Transit Store, 200 E. Fifth St., from 8 a.m. to 5 p.m. Monday through Friday.

For a list of program requirements, including registration forms, contact the Tempe Transit Store at 480-858-2350 or visit www.tempe.gov/youthpass.

Watch our video at <http://bit.ly/SUwbwW>.

Tempe invites residents to talk trash at two community forums

The City of Tempe is hosting a community conversation about its solid waste services, featuring recent modifications to the green waste and bulk trash collection service.

Tempe officials want to hear from residents about how the City's new green waste and bulk trash collection program is working for them. Residents are encouraged to attend one of two public forums – Saturday, April 26 at 9 a.m. or Monday, May 5 at 6 p.m.

Both forums will be held at the Tempe History Museum, 809 E. Southern Ave., and both will cover the same information.

Last July, the City changed the way it collects bulk and green waste in order to increase efficiency and sustainability, moving from monthly collection to six collections per year, with four collections dedicated to green waste and two collections for mixed waste (bulky items and green waste). These changes allow the city to divert green organics from the landfill while creating nutrient-rich compost, save valuable landfill space, reduce fuel consumption and greenhouse gas emissions, and keep solid waste service charges as low as possible, while increasing efficiency and helping the environment.

At the forums, Tempe staff will share information about the City's trash and recycling services and cover specific topic areas including working with the modified collection schedule, the green organics to compost element of the program, and illegal dumping/misuse of the service.

Residents can share their experiences, including what challenges they're experiencing, how they feel about having their green waste turned into compost, what they like about the new collection procedures and suggestions for improvement.

Fire station open house May 17

Emergency Medical Services Week kicks off May 18 in Tempe, with the aim of promoting safety and acknowledging the dedication of those who provide day-to-day lifesaving services.

The Tempe Fire, Medical, Rescue Department will host an open house on Saturday, May 17, at Fire Station 273, 5440 S. McClintock Drive, from 9:30 a.m. to noon.

Residents can tour the fire station, see demonstrations of medical and fire equipment, receive hands-only CPR instruction and get blood pressure checks.

In 2013, the Tempe Fire Medical Rescue Department responded to 17,559 calls for Emergency Medical Service, or about 50 per day. For more information, visit www.tempe.gov/fire.



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Diversions with M.V. Moorhead

Screen Gems



Opening this weekend:

Captain America: The Winter Soldier —There are many exciting, ingeniously directed scenes in this extravagant sequel to 2011's *Captain America: The First Avenger*.

On the deck of a ship, for instance, the Marvel hero (Chris Evans) engages in an extended scrap that looks like some sort of folkdance with a French pirate.

Nick Fury (Samuel L. Jackson)

holds off an attack by gunmen dressed as cops from inside his heavily fortified SUV.

A little later, Cap finds himself surrounded by turncoat enemies in an elevator, and all hell breaks loose in the enclosed space.

These sequences and others are cleverly executed by directors Anthony and Joe Russo.

The movie also has Scarlett Johansson going for it—she's drolly alluring as Cap's butt-kicking ally Black Widow. I enjoyed Johansson's gentle prodding of the less-than-electric

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MORE: ArborDay5K.com

Evans, but overall, when it's time for the credits to arrive, it's more a relief than anything.

The 2011 film, which squared Cap off against his nemesis Red Skull, was a period piece, circa WWII, which maybe gave it a bit more snap and flavor than some of the other Marvel flicks of recent years.

Cap was frozen at the end of that film and thawed-out in contemporary times. The new movie pits him, along with Black Widow and Falcon (Anthony Mackie) and a few other good guys, against cyborg menace Winter Soldier.

It's watchable, but it gets bogged down in too many interminable shootouts and chases, and a lengthy finale involving giant airships.

Indeed, it suffers from the same problem—though I may be in the minority in regarding it as a problem—as most recent superhero flicks: None of them seems to know When To Quit.

They dawdle on, climax after climax, coda after coda—even interrupting the end credits for a now-obligatory parting shot.

My best guess is that, having charged us so much for our tickets, they're terrified that we're going to feel we haven't gotten enough for our money.

In theaters now:

Noah—The animals are bit players in Darren Aronofsky's baffling, compelling new film of the story from Genesis. They placidly enter the Ark, then lie down and go to sleep, like business travelers settling in for a red-eye.

These sequences are sort of magical, but they're brief and not at all the point of this *Noah*. Aronofsky remembers what it's really about—the destruction of the world.

Thus the script, which he co-wrote with Ari Handel, envisions the pre-flood world as an industrial civilization in decline.

Human society is warlike and hungry, and Noah (Russell Crowe), his anxious wife (Jennifer Connelly) and his three sons hunker



M.V. Moorhead

— DIVERSIONS, Page 26



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Diversions

From Page 25

down in the rocks, practicing good environmental husbandry, avoiding the brutal city folk—though Noah can handle with a quarterstaff when threatened—and waiting to see what comes next.

This turns out to be a vision from You Know Who, telling Noah that He's fed up with people and is about to give the planet a good wash.

Noah enlists the aid of hobbling, multi-armed rock giants—Aronofsky's backstory is that they're angels who, having tried to help the human race after the Fall, are in a sort of semi-Fallen state themselves—and gets to work.

Human forces, led by the metal-smith/chieftain Tubal-Cain (Ray Winstone) cause trouble for the Noahs, but not as much as the trouble caused by Noah's reluctance to provide wives for his sons.

He's pretty sure that "The Creator" (the film avoids the G word) is so done with humanity that he wants them to get the animals through the flood and

then let themselves go extinct.

I went in hoping for an entertaining camp epic in the DeMille manner, and came out appreciating Aronofsky's efforts to take the material seriously on its own terms.

Not everything in the movie works, to be sure, but the occasional unintentional laughs are a relief, and the central drama—the title character's inner struggle with whether or not humanity has any business carrying on—plays far more satisfyingly than I would have guessed it could.

This is, in large part, thanks to Crowe's understated, haunted performance.

Balancing him is Connelly's Mrs. Noah, who ages far better over the course of the story than her hubby.

Anthony Hopkins does drop in long enough to contribute a few wry line readings as Noah's grandfather Methuselah.

At this point, one almost wonders if the makers of big blockbusters even need to call Hopkins anymore, or if he just mysteriously shows up at the set, like the animals showing up at the Ark.

Free Arts Center show hosts four 'greats'

Some of the Valley's top performers play "in the round" at In the Spotlight at Tempe Center for the Arts as host Walt Richardson shines a light on four great singer/songwriters at 7:30 p.m. Friday, April 11.

The free show will be at Tempe Center for the Arts, 700 W. Rio Salado Parkway, Tempe. Artists Archie Carreon, Christie Huff, John Laman and Gary Marsh will be on stage, taking turns singing their favorite tunes—sometimes inviting the other performers to join in.

Food and beverages are available. There is

no cover charge.

Christie Huff is a rising country singer/songwriter from Mesa. Marsh officiated a wedding at Tempe Center for the Arts and saw a sign for Walk-in Wednesdays Open Mic Night.

He has since recorded 17 songs with a twice-nominated Grammy-winning musician and producer. John Laman currently plays with his band, The Blue Goats, at local venues and festivals.

The band recently released its first CD, *Grazing Arizona*.

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Dayspring United Methodist— Good Friday services: 7 p.m.; Easter services: 6 a.m., 7:45 a.m., 9 a.m., 10:30 a.m. 1365 E. Elliot Road, Tempe, 480-838-1446.

Harvest Bible Chapel— Good Friday services: 7 p.m.; Easter services: 9 a.m., 11 a.m. 101 E. Comstock Drive, Chandler, 480-471-6614.

Gethsemane Lutheran— Good Friday services: 12 p.m., 7:00 p.m.; Easter services: 6 a.m., 8 a.m., 9:30 a.m., 11 a.m. 1035 E. Guadalupe Road, Tempe, 480-839-0906.

King of Glory— Good Friday services: 7:00 p.m.; Easter services: 6 a.m. 8:00, 9:15, 10:45 a.m.

2085 E. Southern Ave., 480-838-0477.

Our Lady of Mt. Carmel Catholic— Good Friday services: 7:30 p.m.; Easter services: 7 a.m., 9 a.m., 11 a.m. 2121 S. Rural Road, Tempe, 480-967-8791.

Harvest Community Church— Good Friday services: 4:30 p.m., 6 p.m.; Easter Services: 8 a.m., 9:30 a.m., 11 a.m. 3065 S. Ellsworth Road, Mesa, 480-354-0680

St. Andrew the Apostle Catholic Faith Community— Good Friday services: 7 p.m.; Easter services: 7 a.m., 9 a.m. (church and tent), 11 a.m. (church and tent). 3450 W. Ray Road, Chandler, 480-899-1990.

Desert Cross Lutheran— Good Friday services: 7 p.m.; Easter services: 6:30 a.m., 8 a.m., 9:30 a.m., 10:45 a.m. 8600 McClintock Drive, Tempe, 480-730-8600.

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— Compiled by Chelsea Martin

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The Last Word

Farmers Markets: Keeping it Local & Seasonal

By Cindy Gentry

Growing health consciousness among consumers has caused a resurgence of farmers markets around the country, including in Arizona, over the past decade.

People want their food to be not only tasty but high-quality, fresh and safe. When you buy food from people who have grown or made it, you can learn firsthand about their growing practices and ingredients.

Not long ago, farmers markets may have been viewed as a trendy novelty, an interesting place with a great ambience. Today, local farmers markets offer real, long-term contributions to local growers, the broader community, consumer health and the environment.

Markets connect small-scale farmers with urban consumers, preserving long traditions of farms and

farmers. They create small business development, generate jobs and build family self-sufficiency for their vendors.

More than 90 cents of every dollar spent at a market goes to the farmer, preserving farming as a livelihood and green space.

According to Local First Arizona, an organization that works statewide to build vibrant communities and better job opportunities, \$73 of every \$100 spent locally stays in the community to support jobs, schools, and infrastructure like police and fire departments, compared to \$43 of every \$100 spent with non-locally owned businesses.

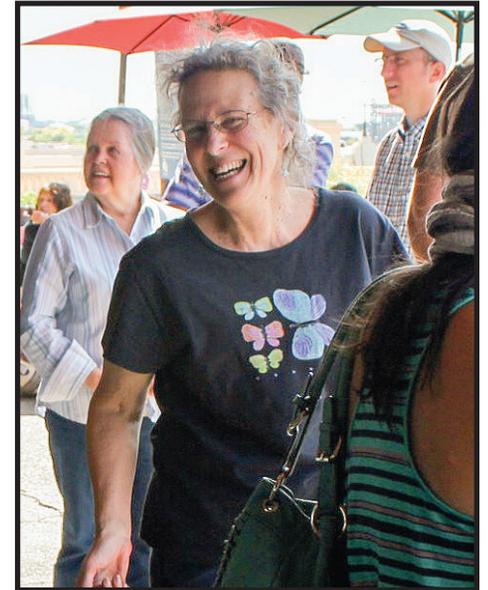
Markets also are an attraction for visitors and residents alike; they enhance public transportation stops and encourage shopping in nearby areas before and after a visit. They fulfill the increasingly loud call for local, interesting, non-chain retail.

Farmers markets are intersections for people of all walks of life and are important sources of healthy foods in underserved areas. Many accept nutrition service programs like the Farmers Market Nutrition Program and SNAP (formerly food stamps) to bring healthy fruits and vegetables within reach of those with low incomes.

Industrial produce is often picked unripe and engineered to appear ripe days or even weeks after harvest. From field to fork, an average dinner travels 1,500 miles to your plate.

Shopping locally reduces gasoline use and keeps the air cleaner. Plus, most local farmers use natural or organic farming methods that build soil and soil fertility. Food tastes better and is higher in nutrients if it's field-ripened before harvest and eaten soon after.

Locally grown produce has probably been picked within 24 hours of consumption. Plus, the wider variety of foods grown by local farmers, many of whom bring heirloom fruits and vegetables back into production, adds to our eating



pleasure. So, local food tastes better, supports the local economy, helps build community, and protects agricultural land and open space!

Tempe Community Action Agency has expanded on its traditional model of emergency food and utility assistance to incorporate these benefits. Escalante Community Garden helps people learn to grow their own food, understand nutrition, and expand cooking skills.

In March, TCAA opened Tempe Community Market – an open-air Farmers Market, at 620 N. Mill under the 202 bridge. Open Sundays year round, it features the best of farmers and backyard gardeners who raise, cultivate and harvest their produce, herbs, flowers, nursery crops, honey, and eggs, along with crafts, jams, jellies, mustards, salsa and pasta.

Visit <http://www.tempeaction.org/tempecommunitymarket> or call 602-469-9400.

Cindy Gentry is the market manager of Tempe Community Market

Would you like your ideas to be heard? Wrangler News invites you to submit topics for discussion in this forum, "The Last Word," for which we have reserved the last page in each edition. Simply email editor@wranglernews.com or call our office at 480-966-0845 any weekday 9-5. We'll be glad to hear from you.

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