

# Wrangler News

**West Chandler Edition**  
Nov. 6 - 19, 2010 • Vol. 21, No. 23

'The Valley's Best Community Newspaper'  
Phoenix Magazine 2007

## Face time

*Even though temperatures have continued to hover on the high side, the calendar tells us fall is officially here, and what better time for a small celebration of the season. At her annual festival, State Farm agent Mary Contreras gave kids a chance to show off their fall colors, courtesy of face painter Tichina Mayberry, a senior at Chandler High School. Happily showing off her new look was Ariella Golden, 8.*

— Wrangler News photo by Mark Crudup

# THANK YOU

for helping  
us celebrate  
our **FIRST**  
**ANNIVERSARY!**



Whether you're in the mood for an ice cold beer or cocktail, looking for the best burger or ribs in town, or just looking to kick back and enjoy the company of friends that know your name and your drink. Lucky Lou's is the best kept secret around.

**Nightly Dinner Specials!**  
&  
**\$6.99 Lunch Menu!**

Includes Drink • Mon-Fri



**10% OFF**

**Your Entire Bill**  
Chandler location only.

Expires 12/31/10

**Chandler**

3245 W. Ray Road (SW corner of Ray & 101) **480.814.1400**

**Mesa**

1929 N. Power Road (SE corner of Power & McKellips)  
**480.985.8259**

**luckyulousaz.com**

## Kyrene joins nationwide effort to improve study habits, boost test scores

By Mark Crudup

As preparations get under way for upcoming tests this year, explorations into new study techniques are being examined to help students boost scores and improve retention.

A recent *New York Times* article discussed experiments presenting the idea that old study habits are less credible, and prove to be more ineffective than other forms that are now in stages of being developed.

On a local level, the Kyrene School District encourages parents to have their children follow a routine of daily study habits, but additional methods are being considered to help students get the most out of their homework assignments.

The *Times* article specifically notes the concept of changing study locations and spending less time focusing on just one topic.

"...Instead of sticking to one study location, simply alternating the room where a person studies (is shown to) improve retention. So does studying distinct but related skills or concepts in one sitting, rather than focusing intensely on a single thing."

However, maintaining learning methods that have continued to work in the past is just as important as implementing new forms, Gina Taylor, assistant dean of instructional services for the Kyrene School District, said.

"Common sense things are still important for parents," she said. "Just being involved, reading

— STUDY, Page 8

## Reliance on divorce subsides with economy; new emphasis on attorney mediation services

While more residents are dealing with financial constraints, married couples considering divorce are putting the idea farther down on their list of priorities.

"All over the country, divorces are being held off," said Cristi McMurdie, south Tempe attorney and mediator who specializes in estate planning and coaching. "The concept of divorce has been put on the back-burner for many people, because survival is more important."

For couples who are looking for a way out of their relationship, the word divorce brings to mind huge financial losses.

However, there is still hope through mediation, McMurdie said. Mediation often is a less expensive, and less dramatic, form of making agreements and dividing assets.

"When you have two people who really know what they owe and own, they can go through mediation and save easily from 10 to 90 percent of what the litigation would cost them," McMurdie said.

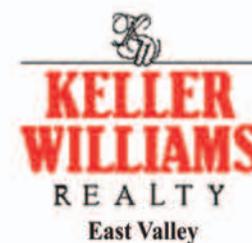
Couples engage McMurdie as a neutral mediator, where both parties come to the table to make a variety of agreements. The advantages can be significant for couples wanting to make a change.

— MEDIATION, Page 10



# Carol Royse Sells Homes

Call (480) 776-5231



## Save Your Credit: The Benefits of Short Sale Vs. Foreclosure

by Carol Royse

It seems everyone is talking about short sales or foreclosures these days. Some of you might be asking, what exactly is a short sale, and how would it benefit me or someone I know who is in trouble with their mortgage? Well, a short sale is when the borrower's bank agrees to take less than is owed on the promissory note or loan.

Many banks would rather have a short sale than have a property go to foreclosure, and their reasons are many. One of the main reasons is that usually with a short sale the seller remains in the home during the process, thereby continuing to care for the property. Pools are maintained, landscape is watered and vandalism does not occur on an occupied home. This saves the lender thousands of dollars. Plus, they do not have to do an expensive foreclosure. Lenders usually net 25 percent more on a short sale than a foreclosure sale.

If you know of someone who is behind or having difficulty making their mortgage payment, you can help them by sharing this information. Carol Royse and her team have helped more than 50 homeowners save their homes from foreclosure by completing a successful short sale.

*A short sale begins with a phone consultation with Carol to determine if the borrower is a candidate for a short sale.*

Here is the process:

- Phone conference with Carol to see if the borrower is a candidate for a short sale.
- Fill out a Short Sale Package and submit that package back to Carol Royse.
- Fill out MLS Listing information with Carol to get the property listed for sale.

Through Carol's marketing of the property, the seller will accept a purchase contract on the property. (You the seller/borrower will not pay commissions or closing costs. YOU PAY NOTHING on the closing statement.)

- Carol will negotiate with your lender on your behalf for an approval of the short sale once a purchase contract from a qualified buyer is submitted.
- When the bank approves the purchase contract, the contract is moved toward closing.
- Buyer goes through the closing process: the buyer closes. The seller moves out, the buyer moves in and the transaction is completed.



*Note: It is advised that the borrower/seller consult with an attorney or tax advisor prior to beginning the short sale process.*

Short sales are historically less damaging to credit than a foreclosure. Fannie Mae reported that as short sale will remain on the borrower's credit report for a period of two years while a foreclosure can remain on the credit report for up to 10 years. A short sale is not reported on a credit history because there is no specific reporting item for "short sale." The loan is typically reported as "paid in full" or "settled."

*To find out if a short sale is the right course of action for you, your family or friends, call Carol Royse today for a private, confidential consultation. It will cost you nothing!*

Call (480) 776-5231 direct to Carol or go to [www.whatismyhomeworth.org](http://www.whatismyhomeworth.org).

**Your Bank will accept less than you owe - GUARANTEED,  
I guarantee in writing with a short sale the bank will get their money and  
you will keep yours! You pay nothing to the bank to sell your home, guaranteed!**  
**WhatsMyHomeWorth.org**

for more information



# CarolRoyse.com

# Choral students uncover new skills under Waggoner teacher's tutelage Previously unknown talents are music to parents' ears

Story & photos by Mark Crudup

**W**aggoner Elementary School's Wildcat Choir club is music to the ears of parents.

Ninety fourth- and fifth-grade students meet twice a week in the after-school program created by Waggoner music teacher JulieAnne Weissbuorg, practicing for choreographed concerts featuring soloists, singers and instrument players.

"We started with a maximum number of students set at 80, but I just can't say no to anyone who wants to join," Weissborg said.

Late last month, Weissborg led the group of students as they sang songs to be featured in the upcoming December performance. She introduced musical concepts to eager students who implemented tone and technique, while utilizing posture to properly enunciate words.

"I have such a great group of kids," Weissborg said. "Many other schools don't have programs like this; I'm thankful I can give students this opportunity."



All Kyrene district students take music courses during their elementary years, as well as in kindergarten. Parents pay a yearly fee to enroll their kids in the choir club.

Weissborg started the Wildcat Choir club four years ago, offering students a place to discover their musical talents.

"I really try to make it so we do a lot of different types of music," she said. "The kids play instruments, as well, such as the xylophone."

While she instructed the club, Weissborg sang examples

— CHORAL, Page 9

## AUTHENTIC NEW YORK STYLE DELI AND RESTAURANT

with one heckuva mouthwatering menu!



**NOW OPEN**

**BREAKFAST  
LUNCH  
DINNER  
DESSERTS**

Catering Available

**10% Off  
Any Meal!**

With this ad.  
Expires 11/30/10

Buy 1 Breakfast  
Entree - Get 2nd 1/2 Off  
(Excludes sandwiches)  
Not valid w/any other offer.  
Good from 8am to 11am.  
Expires 11/30/10

**\$5 Off**  
Any Bakery or Deli  
Order of \$25 or More  
ALL YOUR FAVORITE  
MEATS & BAKERY  
Salami, Corned Beef,  
Pastrami & Chopped Liver  
Not valid w/any other offer.  
Expires 11/30/10



**1080 West Elliot Road • Tempe**  
(North side of Elliot between Priest and Hardy)

**480.820.7700**

[www.archiesdeli.com](http://www.archiesdeli.com)

8am-8pm Everyday

## Yupha's Thai Kitchen



Preparing the freshest, most exquisite  
blends of ingredients that accentuate the  
flavors of authentic Thai food



A Tempe favorite for over **6** years!

Lunch & Dinner Hours  
Mon-Fri: 11 a.m. - 3 p.m.  
Mon-Thurs: 5 - 9 p.m.  
Fri: 5 - 10 p.m.  
Sat: 4 - 10 p.m.  
Sun: 4 - 9 p.m.

**10% OFF**

Entire Bill

Cannot be combined with other  
offers or promotions  
Expires 11/30/10

1805 E. Elliot Rd., Ste 115 • Tempe  
SE corner of Elliot & McClintock

**480.839.0576**

# Even in a tarnished economy, jeweler's reputation still sparkles

## Family tradition spans 2 generations

By Don Kirkland

By all rights, Dave Kendall could have cashed out on his longtime, successful jewelry business before the economy headed south two years ago. That would have ended, sadly but understandably, a family tradition that had spanned two generations and brought him literally thousands of customers since he opened Day's Fine Jewelry almost 20 years ago.

But he's still plugging away, with no signs of throwing in the towel on a business he loves, even though there were days in the last couple of years when his biggest sale might have been a \$6.50 watch battery, installation included.

Sandwiched unremarkably between a postal store and a Mexican takeout in the Fry's Center at McClintock and Guadalupe in south Tempe, the shop has become a gathering spot for dedicated followers and a go-to destination for new customers who've heard about Kendall's trademark sociability.

And, of course, his reputation for

a customer-friendly approach to his profession, founded on the principles he learned from his dad during his childhood days in Kentucky. That's where Kendall got his first taste of the industry during after-school and weekend stints at the small, family owned jewelry store in his hometown.

When he moved to Tempe in later years, Kendall naturally gravitated to what he knew best, rising through the ranks at a large, national retailer, Service Merchandise, that generated throngs of customers, particularly those in search of quality jewelry at affordable prices.

That was the store on Southern Avenue in Mesa, one of the early heavy discounters and a forerunner of aggressive pricing strategies that many others came to follow in the years thereafter.

He recalls in particular the holiday seasons, when so many customers found their way to the store that he had to beef up his sales staff to more than 30, all of whom were quickly indoctrinated into Kendall's buyer-welcoming strategies that by now had



Customers recognize Dave Kendall for his personal attention, quality products.

— Wrangler News photo

become ingrained in his philosophy of doing business.

When Service Merchandise closed, he moved on to one of the popular mall-based retailers until it too fell out of popularity. That was 18 years

ago, and a perfect time, it seemed, for Kendall to set out on his own.

Day's Fine Jewelry stands today much as it did nearly two decades ago:

—JEWELER, Page 11

## Getting you back into the game of life.

AZ SportsCenter is a premier physical therapy center conveniently located to serve Kyrene Corridor residents. AZ SportsCenter's physical therapists are highly qualified and trained to efficiently rehabilitate a variety of conditions from post operation to core stabilization.

What makes AZ SportsCenter Physical Therapy different?

- ▶ One-on-One Specialized Care
- ▶ Uplifting Environment
- ▶ ACL Prevention Programs
- ▶ ASTYM Certified Physical Therapists
- ▶ Convenient Hours



We look forward to partnering with you to achieve your goals! For more information visit our website: [azsportscenter.com](http://azsportscenter.com)



Stellar Business Park  
4340 W. Chandler Blvd.,  
Suite #3, Chandler, AZ 85226

Phone: (480) 361-1127  
Fax: (480) 361-1842  
Email: [info@azsportscenter.com](mailto:info@azsportscenter.com)

# YEAH, WE CAN PRINT IT!

Here at the UPS store we can take on any print job.



## COME IN AND SAVE!

For a limited time during **November** save with

**\$0.25 COLOR COPIES!**

Save on **black and white** copies too! They're only **\$0.05** when you make over 100 copies



The UPS Store 

7650 S. McClintock Dr #103 | 315 W. Elliot Rd #107  
SW Corner of Elliot & McClintock | SE Corner of Elliot & Kyrene  
**480-777-2777 | 480-889-0060**

# Sports Notebook . . . with Alex Zener

## Aztec cross country squad hits its peak just in time for state meet

Corona's cross country teams are peaking at the right time as they head into the 5A state meet that was due to be held Nov. 6.

The boys team took home the Tempe City Cross Country Championship trophy Oct. 20 at Kiwanis Park and then took first place at the Division I Sectional III meet Oct. 28-29 at Firestone Park in Chandler. The girls team was second at sectionals, which basically takes the place of regional meets in the new AIA state tournament scheme.

"I was very proud of both Corona teams," said assistant coach Pat Smith. "It was a just a great day for us to take home two of the four sectional plaques."

Corona's boys team had four runners in the top 15 out of 106 to take home the first place plaque at sectionals.

"The guys won the sectional title by 28 points over Gilbert Highland and 34 over Tucson Rincon. And the girls took second to Gilbert Highland," said Smith. "This was

our first sectional/region title since 1997."

Jared Hirschl led the boys team with a 4th place finish, followed closely by Jake Whitney in 6th and Jim Hert in 8th. Daniel Wrapp took 14th and Ryan Normand was Corona's 5th scorer in 19th place. The other finishers for Corona's boys team were Michael Seall in 27th and Justin Yang at 59th.

The girls also had a second place sectional finish led by Dani Lemieux in 4th and Hallie Swenson in 8th. The scoring was rounded out with Sara Wright in 18th, Hannah Lewis in 21st and Ellen Dunn in 26th. Alyssa Ramsland finished 32nd and Hanna Snyder was 59th to complete Corona's girls team.

Winning the Tempe City championship was also a milestone for Corona's boys team.

"The guys won the Tempe city meet for the first time since 1992," said Smith. "We

— NOTEBOOK, Page 20

## Peat remains undecided over offers; recruitment pace hits a new high

By Jeremy Banks

Corona del Sol defensive lineman Todd Peat is in demand. That situation, he says, is an obstacle course, full of twists and turns, highs and lows.

In a few months it's all coming to an end. Peat will sign his name on the dotted line and commit to one of the numerous universities vying for his services. He said the recruiting process has been fun and tiring at the same time. Peat has a list of Arizona State, Stanford, Oregon State, Wake Forest, Nebraska and Miami.

He said he has decided to wait until after the season to take official visits and ultimately decide which school he would like to attend.

His first recruiting letter came from UCLA his freshman year,

Peat said. His first offer came from ASU when he was a sophomore, followed by Wake Forest. Now, he has a stack of letters and a plethora of offers. He's looking forward to making a decision. The recruiting process has been a long one. The attention and visits have been fun, but differing opinions have made the process stressful.

"At first it was fun, but when you start coming to the end it gets real stressful. You've got people putting pressure on you—everybody telling you which (school to attend): your teammates, people around school, even your family. My family's pretty good about it, but they've all got an opinion about where I should go," he said.

"I'm around a bunch of

— PEAT, Page 14

IN AN EMERGENCY, WHAT MATTERS MOST:

# FASTER OR BETTER?

## How about both?

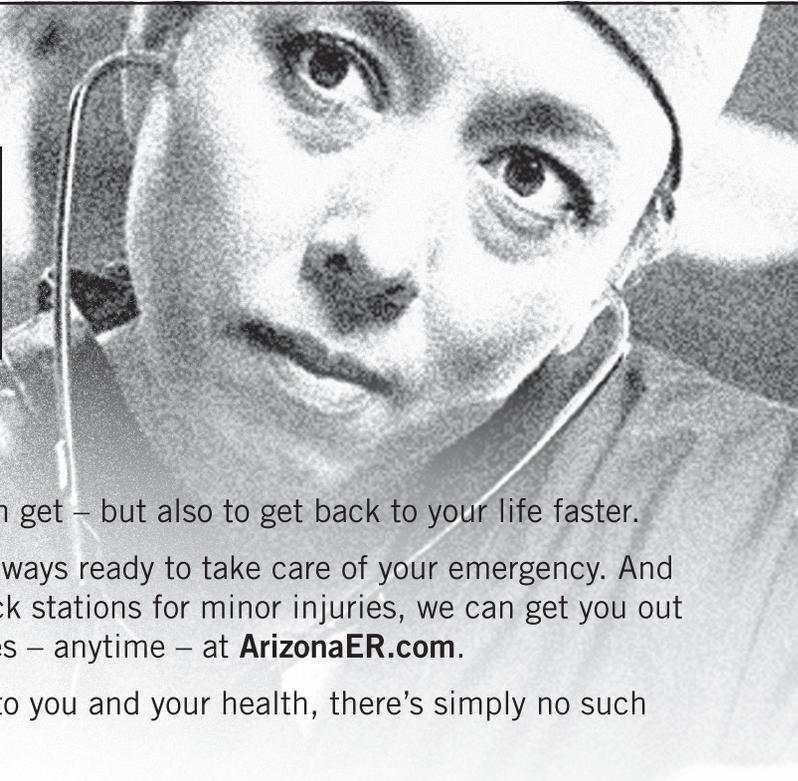
When you're facing an emergency, you not only want the best care you can get – but also to get back to your life faster.

At Tempe St. Luke's Hospital, our highly-trained doctors and nurses are always ready to take care of your emergency. And with innovative patient care systems like bedside registration and fast track stations for minor injuries, we can get you out of the ER and back to your life quickly. In fact, you can view ER wait times – anytime – at [ArizonaER.com](http://ArizonaER.com).

Because here at Tempe St. Luke's Hospital, we know that when it comes to you and your health, there's simply no such thing as compromise.

 **Tempe St. Luke's Hospital**  
A CAMPUS OF ST. LUKE'S MEDICAL CENTER

1500 S. Mill Ave., Tempe, AZ 85281 • 24-hour physician referral: 1-877-351-WELL (9355) • [www.tempestlukeshospital.com](http://www.tempestlukeshospital.com)





# South Mountain Community College GUADALUPE CENTER Spring 2011 Class Schedule

Course	Class #	Class Title	Dates	Time	Day	Credits/ Fee
ACC240	53084	Uses of Accounting Info II	1/19-5/13	7:15-8:30P	TR	3
ARH100	31972	Introduction to Art [HU]	1/19-5/13	11:00-12:15P	MW	3
BPC110	30902	Computer Usage and Applications [CS]	1/18-5/13	1:00-2:40P	TR	3
CIS105	31976	Survey of Computer Info Sys [CS]	1/19-5/13	6:00-7:40P	MW	3
COM100	32014	Intro to Communication [SB]	1/18-5/13	8:30-9:45A	TR	3
COM225	53090	Public Speaking (L)	1/19-5/13	5:00-6:15P	MW	3
CRE101	32000	College Critical Reading [L]	1/21-5/13	8:30-11:00A	F	3
EDU292	53272	Art of Storytelling (C, HU)	1/21-5/6	9:00-11:30P	F	3
ENG101	31324	First Year Composition [FYC]	1/19-5/13	5:30-6:45P	MW	3
ENG101	32004	First Year Composition [FYC]	1/18-5/13	9:00-10:15A	TR	3
ENG102	31328	First Year Composition [FYC]	1/19-5/13	7:00-8:15P	MW	3
ENG102	32006	First Year Composition [FYC]	1/18-5/13	10:45-12:00P	TR	3
GBS205	53093	Legal Ethical & Reg Issues in Business	1/18-5/13	5:30-6:45P	TR	3
GLG101	31980	Intro to Geology I - Phys Lec [G, SQ]	1/18-5/13	6:00-8:30P	T	3
GLG103	31982	Intro to Geology I - Phys Lab [SQ]	1/20-5/13	6:00-8:30P	R	1
HUM213	31752	Hispanic Film [G, HU]	1/19-5/13	7:00-9:30P	W	3
HUM292	53273	Art of Storytelling (C, HU)	1/21-5/6	9:00-11:30P	F	3
MAT082	31672	Basic Arithmetic	1/19-5/13	5:30-6:45P	MW	3
MAT082	31974	Basic Arithmetic	1/18-5/13	8:30-9:45A	TR	3
MAT091	53121	Introductory Algebra	1/18-5/13	10:00-11:40A	TR	4
MAT091	53122	Introductory Algebra	1/18-5/13	7:00-8:40P	TR	4
MAT121	55531	Intermediate Algebra	1/18-5/13	5:00-6:40P	TR	4
MAT121	53123	Intermediate Algebra	1/19-5/13	11:45-1:45P	MW	4
MAT141	53124	College Mathematics (MA)	1/19-5/13	10:00-11:40A	MW	4
MAT141	55532	College Mathematics (MA)	1/19-5/13	7:00-8:40P	MW	4
MHL145	53096	Am Jazz & Popular Music [C, HU]	1/24-5/14	7:00-9:30P	R	3
PHI105	53100	Introduction to Ethics (HU)	1/18-5/14	6:45-9:45P	T	3
PSY101	31996	Introduction to Psychology [SB]	1/25-5/14	6:45-9:45P	M	3
PSY240	53102	Developmental Psychology (SB)	1/20-5/14	6:56-9:45P	R	3
REL203	31998	American Indian Religions [C, HU, L]	1/19-5/13	8:30-9:45A	MW	3
REL243	53114	World Religions [G, H]	1/21-5/13	8:30-11:00A	F	3
SOC101	31994	Introduction to Sociology [SB]	1/29-5/14	6:45-9:15P	W	3
STO292	53127	Art of Storytelling (C, HU)	1/21-5/6	9:00-11:30P	F	3
SWU291	32338	Social Services Delivery Systems (Hybrid)	1/20-5/13	6:30-9:00P	M	5
YAQ100	33664	Yaqui History and Culture [C, SB]	1/19-5/13	5:30-6:45P	MW	3
YAQ110	31978	Yaqui Language and Culture	1/18-5/13	5:30-6:45P	TR	3

### WEEKEND | SHORT-TERM | LATE STARTING COURSES

AAA115	53083	Creating College Success 8 Weeks	1/21-3/11	9:00-10:40A	F	1
BPC100	31748	Business-Personal Comp 7 Weeks	2/21-4/13	10:45-1:00P	MW	2
BPC110	53087	Computer Usage and Applications [CS]	1/15-5/7	8:30-11:40	Sa	3
BPC111AA	31750	Computer Keyboarding I - 5 Weeks	1/19-2/16	10:45-1:00P	MW	1
CNT140AA	54715	Cisco Networking Basics (8 Weeks)	1/18-3/10	5:45-10:00P	TR	4
CNT150AA	54716	Cisco Networking Router Tech (8 Wks)	3/22-5/12	5:45-10:00P	TR	4
ECH182	54606	Enhancing Toddler Development	4/16-4/22	9:00-4:00P	Sa	1
ECN211	31760	Macroeconomics [SB] 9 Weeks	1/18-3/24	6:45-9:10P	MW	3
ECN212	32002	Microeconomics [SB] 7 Weeks	3/29-5/13	6:45-9:35P	MW	3
ENG081	31984	Basic Writing Skills 8 Wks	1/19-3/09	9:30-12:00P	MW	3
ENG091	31986	Fundamentals of Writing 8 Wks	3/21-5/11	9:30-12:00P	MW	3
GBS151	53092	Introduction to Business	1/15-5/7	8:30-11:15A	Sa	3
HIS104	53094	U.S. History to Present	1/15-5/13	8:30-11:30A	Sa	3
RDG081	31988	Reading Improvement 8 Wks	1/18-3/10	8:15-10:45A	TR	3
RDG091	31992	College Reading Skills 8 Wks	3/22-5/12	8:15-10:45A	TR	3
SWU171	31844	Intro to Social Welfare* [H, SB] Once a Month	1/22-5/14	8:00-5:00P	Sa	3

### ONLINE COURSES

CNT182	54704	Cisco Secure Firewall Appliance Config	1/15-5/13	ON-LINE		4
ENH112	53091	Chicano Literature (C, HU)	1/15-5/13	ON-LINE		3
REL243	53115	World Religions [G, H]	1/15-5/14	ON-LINE		3
CHM130	53413	Fundamental Chemistry - LEC (SQ) 13 Wks	2/7-5/13	ON-LINE		3
CHM130LL	54775	Fundamental Chemistry - LAB (SQ) 13 Wks	2/7-5/13	ON-LINE		1

### NON-CREDIT COURSES

CONT_ED	35304	Basic Certified Fiber Optic Technician (CFOT)	3/7-3/9	8:00A-5:00P	MTW	\$700
CONT_ED	35306	Certified Fiber Optic Specialist in Testing and Maintenance (CFOS/T)	3/10-3/11	8:00A-5:00P	RF	\$675
CONT_ED	35308	Certified Fiber Optic Specialist in Splicing (CFOS/S)	3/12-3/13	8:00A-5:00P	SaSu	\$675

M=Monday T=Tuesday W=Wednesday R=Thursday F=Friday Sa=Saturday Su=Sunday

- AFFORDABLE
- ACCESSIBLE
- ACCREDITED

General Education courses  
transfer to Arizona universities.

### Contact us...

- 602.243.8217
- info@smccmail.maricopa.edu
- http://guadalupe.southmountaincc.edu

Tuition = \$71 per credit hour plus \$15  
registration fee for Maricopa County  
Residents

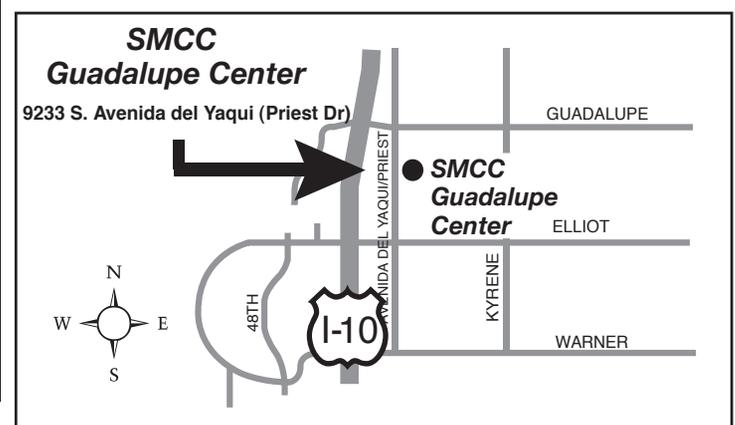
Don't see the course you want?

LET US KNOW!

Phone or email your suggestions to

602.243.8301

smcc@smccmail.maricopa.edu



Check out our extended campuses in  
Ahwatukee (602.243.8393) and Laveen (480.227.7854)



# Study

From Page 2

to your kids and being interested in what they are learning in school gets them more engaged in their education.”

Although Taylor said she is not aware of any Kyrene teacher recommending alternating rooms to improve learning, she said there are some new techniques involving movement the district is looking at.

“We have a couple of schools that are exploring the use of movement in learning,” she said. “We taught a class to teachers this summer working on the idea of having ‘brain breaks’ to help get the blood flowing.”

During their own “brain breaks” at recent meetings, Kyrene principals got up to work on short activities to get blood circulating and brains working. Having regular breaks during study time can also be beneficial for students, Taylor said.

“For kids who are sitting at home studying, it’s good to get up once in a while to get their blood pumping,” Taylor said. “It can be very beneficial.”

A program at Pueblo Middle School is aiming to implement physical activity throughout the school day for students, Taylor said. One Pueblo social studies teacher recently replaced her classroom

chairs with exercise balls to provide more physical movement for students.

## What works?

As the *Times* article hints, maybe it’s time to find other ways of getting your kid to study without locking him in a room at a desk for an extended period of time. But, Taylor said, students need to have a daily routine of study and homework time with parent involvement.

A routine, along with good nutrition and physical activity, is vital to successful learning, she said.

“Keeping the kids hydrated and healthy is a big part of allowing them to learn effectively,” Taylor said. “A lot of brain research talks about the importance of nutrition and hydration.”

In addition to keeping up physical fitness, Taylor said following study habits that have worked in the past will help students learn concepts efficiently.

“We know what works and what doesn’t; we do know that studying over time is much more effective than cramming at the last minute,” she said.

“Revisiting material multiple times at a shorter duration is much more effective. When you cram for a test, you may pass it, but the information just simply doesn’t stick.”

Taylor said research has also shown that allowing the brain to process things in various forms, such as utilizing graphics as well as text, can be helpful for students learning new concepts.

“Having kids draw diagrams at home of what they learned is a great way to get them engaged,” Taylor said.

**Going to Rocky Point?**  
Get Mexican Auto Insurance Here...Before You Go!




**FARMERS**  
Auto • Home • Life • Health • Business

**Joe Schmoker**  
Insurance Agency

**480-898-1708**

**CUSTOM REMODELING SPECIALIST • 480-200-9037**

**JCE Company**

Whole House Remodels • Room Additions • Kitchens • Bathrooms • Bedrooms • Garages  
Granite & Cabinetry • All Tile work • Windows & Doors • Sunrooms • Offices • Patios  
All Concrete work • Structural Work • Architectural & Design Planning • All Tenant  
Improvements • Providing Energy Efficient/Saving Solutions • And Much More!



**John C. Erickson - Owner**  
Over 25 years Experience



Licensed: Residential #Roc171687 • Licensed: Commercial #Roc248954 • Bonded & Insured

**CALL TODAY FOR A FREE ESTIMATE • VALLEYWIDE • WWW.JCECOMPANY.COM**

**Fine Antique and Piano Restoration**  
Special Attention to Family Heirlooms

**Armand's**



- Antique Restoration
- Hand Stripping
- Complete Repair
- Complete Refinishing
- Pick Up & Delivery Available
- Kyrene Corridor References
- Insured
- Since 1977

**(480) 969-7777**

**ArmandsFurniture.com**

**BreakThrough**  
...on Wednesday nights!

**Mountain View Lutheran Church**

Starts with dinner at 5:30pm  
Classes for ALL ages start at 6:30pm

- ✓Alpha ✓Making Sense of Scripture ✓Crossways
- ✓Financial Peace University ✓Youth Classes
- ✓Choirs for Adults and Children ✓Childcare

[www.mvlutheran.org/wednesday.htm](http://www.mvlutheran.org/wednesday.htm)

**WEEKEND WORSHIP SCHEDULE**  
Saturday 5:30pm and Sunday 8:00, 9:15 & 10:45am  
11002 S. 48th St. (south of Elliot), Phoenix /Ahwatukee  
480-893-2579 • [www.mvlutheran.org](http://www.mvlutheran.org)

Home of Ahwatukee Preschool • 480-893-2531 • [www.AhwatukeePreschool.org](http://www.AhwatukeePreschool.org)

**AMERI-PARK**  
(RV & BOAT STORAGE)

**The Best for Less**

- 24 Hr Onsite Security
- 8-10 Ft Security Walls
- Covered Parking
- Holding Tank Dump
- 7 Day/Week Access



**In Tempe near | Warner Rd. and I-10**  
**9425 So. Hardy Drive.**  
**(480) 893-6781**

“Summarizing is also a powerful tool to help kids understand new information.”

One thing that has changed in the classroom is presenting math to students. Instead of learning math facts in numerical order, students focus on number patterns first, for example twos and fives.

“Now, we know it’s much easier to work with patterns,” she said. “It’s how we function; our brain loves patterns.”

Taylor said a group of Kyrene teachers will also be going to a meeting on gaming and learning.

“Technology now provides this immediate feedback for students that we didn’t have before,” she said.

“If we could deliver that in the field of education, in a better way, it would help learning.”

*Gina Taylor, Ed.D., has worked in the Kyrene District for 30 years. Before being named assistant superintendent of instructional services, Taylor was principal of Kyrene de la Paloma Elementary School.*

**EXPERT VOLKSWAGEN REPAIRS**  
PROUDLY SERVING THE VALLEY FOR OVER 26 YEARS



- Engine light on? we can fix it using the latest in VW factory diagnostic tools
- TDI Specialists
- We perform factory scheduled maintenance

**MON.-FRI. 9 - 6**  
COOPERATIVE SERVICE • COMPETITIVE PRICES DIESEL & FUEL • INJECTION SPECIALISTS

**GERMAN MOTORS**  
QUALITY REPAIR OF VOLKSWAGEN AUTOMOBILES  
480.969.9388 • 1121 S. Wilbur, Mesa • Southern & Mesa Dr • [bwbeetle@msn.com](mailto:bwbeetle@msn.com)

LIFE & HEALTH INSURANCE • HOME & AUTO COVERAGE • ANNUITIES

**CSAINSURE.COM**

**SPECIALITY SERVICES**

- STRATEGIC BUSINESS INCOME DESIGNS
- BUSINESS PROTECTION & TRANSFER FUNDING (BUY-SELL FUNDING EXPERTS)
- EFFICIENT & STRATEGIC ESTATE TRANSFER CONCEPTS
- ADVANCED RETIREMENT INCOME STRATEGIES
- BUSINESS & EMPLOYEE BENEFIT ADVISORY SERVICES
- 1035 TAX DEFERRED EXCHANGE SPECIALIST
- POLICY & ANNUITY DESIGN EVALUATION AND SALVAGE EXPERTS

**480.967.7535**  
2145 EAST WARNER ROAD, STE 103 • TEMPE, AZ 85284

**Grass Guys** **Serving the Valley Sine 1998**

**Your home of the \$39\***  
per month grass service



**(480) 644-0101**  
**www.mygrassguys.com**

\*Large yards may be higher

# Choral

From Page 4

of the same note separated by an octave, and allowed the students to practice in unison.

During practice, students sang songs with foreign words incorporated into the lyrics. They also developed choreography, adding energetic movements to their performances. And, Weissburg noted, soloists are always featured.

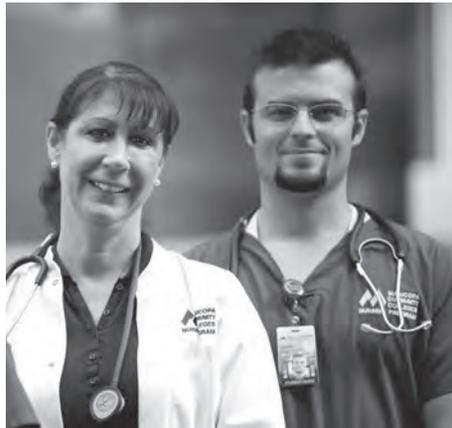
"The hardest part of my job is choosing the soloists," she said. "They are just all so good, it's hard to pick only a couple students out."

Wildcat Choir students Avri Godson and Leah Woods said they were excited to sing "the Grinch" in their December concert.

"It was difficult at first," Leah said. "Pronouncing the words for the songs is hard, but the teacher makes it really fun; she's so nice."

Harrison Bradley and Justin Pany, also choir members, said they enjoy singing the songs Weissburg picks out.

A group of parents with students involved in last year's fifth-grade concert put together a framed collection of photos from the night, which is now sitting on Weissburg's whiteboard, honoring her passion for music and teaching.



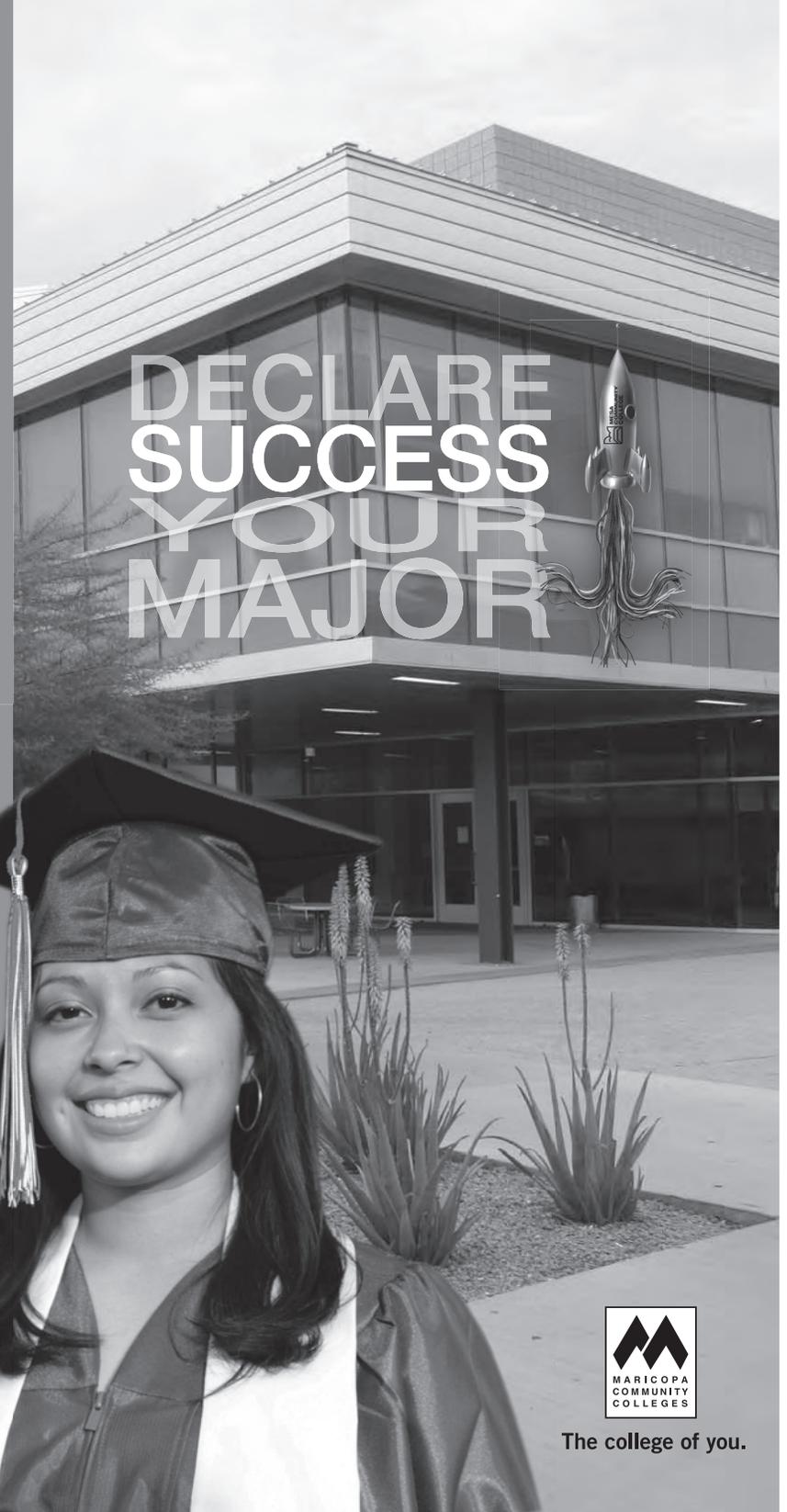
*Be In A Better  
Position  
To Get  
The Position  
You Want.*

*Enroll Today.*

*More than  
200 programs  
and degrees*



[www.mesacc.edu](http://www.mesacc.edu)



The college of you.

The MCCC is an EEO/AA institution.

## 31st Annual Wickenburg Bluegrass Festival



November 12-14, 2010

Sponsored by

Wickenburg Chamber of Commerce

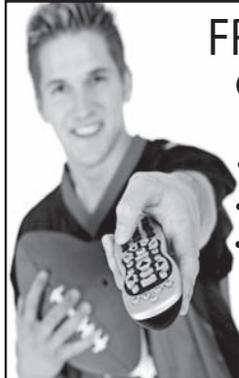
Arts/Crafts, food & beverage booths, kids zone, 13 competitive events and on stage each day nationally known bands:

- Kevin Prater & Windy Mountain
- Blue Canyon Boys
- Lonesome Otis

Information and tickets by calling

**800-942-5242**

Or online at [www.wickenburgchamber.com](http://www.wickenburgchamber.com)



**FREE HD FOR LIFE!**

Only on DISH Network

- Lowest Price in America!
- \$ 24.99/mo for over 120 channels!
- \$500 Bonus!

Call

**1-877-350-8581**

**The only BAD advertising is  
NO Advertising!**

Call **480.966.0837**  
and get your message out there!

# Mediation

From Page 2

“Many are terrified of losing a job, and with the plummeting real estate values, they see their equity being lost every day,” she said. “People would rather stay together than have to sell their home and move into an apartment.”

In Maricopa County, the rate of divorce decreased 30 percent in the last two-and-a-half years, McMurdie said. Many residents have delayed divorce because they don't want to face losses, sell homes or make ownership agreements.

“I've had to re-expand,” McMurdie said of her practice. “Divorce used to be the breadth of my work; now it's the other areas of practice – paternity cases, anything that is beyond the norm where people have to have representation.”

McMurdie, now the only mediator in her office, said about a quarter of her clients are for divorce mediation. About 10 percent of clients who go through the mediation process end up staying together.

“We have cases right now, they came for mediation for divorce, and now we are doing mediation to keep them together,” she said. The good side of mediation comes with dealing with one neutral mediator with no other lawyers present. A judge never makes the decision on their behalf, though McMurdie still submits legal forms and a judge reviews the final decree.

“With mediation, what happens is it is more of a pleasant experience,” she said. “I had my ethics lawyer write a document stating that I could do estate planning for my clients after I was both of

their mediators. By then, they trust me and I know the estates.”

Oftentimes, on hindsight, clients realize they should have tried harder to keep their marriage together, McMurdie said. Those who maintain their relationships through mediation often create agreements to be met by them and their partner.

“What happens after many years is that the agreements you thought you had with each other—they break down and you don't know how to form new ones,” she said. “So, even dating can be made into an agreement.”

There are impediments that cannot be overcome, such as addiction and gender issues, but some nagging problems can be overcome even if couples think they cannot.

“Things like, she's been lazy or can't find her way in the economic world – those are things that can be overcome,” McMurdie said. “A lot of people will say people can't change, but I don't entirely agree.”

In mediating for divorce, McMurdie said she becomes the neutral keeper, helping couples make agreements on the division of their assets, debts, and if there are children, custody issues.

“With mediation, instead of (approaches like) counseling, it's about looking at the conflict or the disagreements in how your doing certain things and reforming what your expectations are,” McMurdie said.

For more information on mediation, counseling and coaching, visit [www.mcmurdielaw.com](http://www.mcmurdielaw.com)

*Cristi McMurdie is owner and president of McMurdie Law Offices, located at Baseline and Rural roads, Tempe. Phone: 480-777-5500.*

— Story & photo by Mark Crudup



Cristi McMurdie: Mediation proves a more pleasant alternative to resolving difficulties.

## Looking for a way to save?

You need to insure both your auto and your home, so why not save money in the process? Call today for a free, no-obligation look at auto and home discounts from American Family.



Richard Utter Agency, Inc.  
2033 E. Warner Rd. Ste. 101  
Tempe, AZ 85284-3417  
(480) 831-8668  
[rutter@amfam.com](mailto:rutter@amfam.com)

American Family Mutual Insurance Company and its Subsidiaries  
American Standard Insurance Company of Wisconsin  
American Standard Insurance Company of Ohio  
American Family Insurance Company  
Home Office—Madison, WI 53783  
[amfam.com](http://amfam.com)

©2008 001726-Rev. 11/08



**AMERICAN FAMILY**  
INSURANCE

All your protection under one roof®

## IF YOU'RE NOT AT YOUR LAST JOB, YOUR 401(k) SHOULDN'T BE EITHER.

Leaving a 401(k) with a previous employer could mean leaving it alone with no one to watch over it.

At Edward Jones, we can explain options for your 401(k) and help you select the one that's best for you. If you'd like to roll it over into an Edward Jones IRA, we can help you do it without paying taxes or penalties. So you can feel confident someone is looking out for you and your 401(k).

To find out why it makes sense to talk with Edward Jones about your 401(k) options, call or visit your local financial advisor today.



**Chad Sewell**  
Financial Advisor  
655 W. Warner Rd., Ste 112  
Tempe, Arizona 85284  
480-763-5756



**Jess Dechant, AAMS**  
Financial Advisor  
1840 E. Warner Rd., Ste A-103  
Tempe, Arizona 85284  
480-839-7900

[www.edwardjones.com](http://www.edwardjones.com)  
Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING



**City Wide**  
Plumbing

Water Heaters • Faucets • Fixtures • R/O Systems

**Think Green,  
Save Green!**

**Water  
Heater  
Sale!**

40 or 50  
electric  
**\$523<sup>20</sup>**

Other sizes available.  
Similar sale prices.

**Installation**

**Repair**

**Replacement**



**AC Smith.**  
Innovation has a name.

**BRADFORD WHITE**  
WATER HEATERS

**\$25 OFF**  
any plumbing  
repair over \$100

Not valid with other offers. Exp 12/31/10.

**FREE  
ESTIMATES**

**480-966-8795**

[www.citywideplumbing.us](http://www.citywideplumbing.us)

Contractor's Lic. # C-37 064 954 & L-37 086 764

# Jeweler

From Page 5

cases filled with a range of pieces for virtually every need, every budget. There are rings for the most discerning buyer where price is a secondary consideration, or for the most budget conscious. Watches (their popularity is winding down, Kendall says, simply because so many rely on cell phones and other digital devices) discounted as much as 50 percent—even a rack of lovingly restored models for as little as \$20.

Despite the store's reputation and the flow of new and returning customers, Kendall says revenue has been down this year, and he's hoping the holidays will bring a burst of renewed sales. His wife, recuperating from a fall that has put her into hobbling mode for the last few weeks, is expected to be on hand to help, and he might even recruit his dad to come in as he did several years ago if business gets to be brisk, as he hopes it will.

The signs of a good season seem to be within reach. Kendall buzzes a steady flow of customers through the door, each one looking for something different: a woman seeking Kendall's advice on a birthday pendant for her

mom; a man looking for diamond earrings for his wife; a couple interested in trading in a necklace, a family heirloom, now that the price of gold has pushed beyond the \$1,350-per-ounce mark.

While he still values the precious metal, Kendall says the focus of many buyers these days has been on silver, so he stocks sterling pieces in much greater variety and abundance than ever before.

"Silver is being called the new gold," he says, noting that its price has increased to over \$24 an ounce from \$3 an ounce just five years ago.

So while costs of the commodities he sells are in a continuous ebb and flow, business goes on as usual for Kendall. What hasn't changed appears to be how he interacts with customers, new ones and old ones alike, and his confidence that his clientele appreciates the way he runs his business.

"It's all built on treating everybody the best you can treat them." There's no sign on the walls that pronounces that philosophy, but Kendall's years of success seem to prove that no one leaves the store without knowing it.

*Day's Fine Jewelry is at 1849 E. Guadalupe Road, Tempe, in the Fry's Shopping Center.*

*Information: 480-831-6086.*



**MICHELLE BROYLES LOST 134 LBS  
And went from a size 28 to a size 6  
BECAUSE ONE DAY IT WAS HER DAY**

**THE EXTRA WEIGHT MADE MICHELLE SUFFER.** She had migraines. She was constantly tired. She had high blood pressure. But she suffered from other things, like the fear that she wouldn't even live to see her grandchildren be born. One day, though, Michelle got fed up. And now she spoils her grandchildren every chance she gets. Maybe Michelle's story isn't that different from yours. **IS TODAY YOUR DAY?**



**To register and attend a free weight loss seminar,  
call 1-800-248-5553 or visit [bridgesaz.com](http://bridgesaz.com).**  
Wednesday, Nov. 10, 5:30 p.m., Tempe St. Luke's Hospital  
Friday, Nov. 12, 12:30 p.m., St. Luke's Medical Center

## Dessie's Cafe

**Outdoor  
Patio  
Seating**

**BREAKFAST ALL DAY!**  
Lunch from 10:00 am  
Hours: 6:30 am to 2:30 pm Tuesday - Sunday

**NW corner of  
Ray & McClintock in the  
Albertson's Center**

**480-777-7300**

[www.DessiesCafe.com](http://www.DessiesCafe.com)

- Reasonable Prices
- Warm Country Atmosphere
- All Entrees Fresh & Cooked From Scratch
- Many Exclusive Family Recipes

## BUNNA

COFFEE & TEA

\* ORGANIC  
\* FAIR TRADE  
\* INDEPENDENT

FAIR TRADE MARKET & CAFE

### Festive Fall Special

Buy 1 Hot Drink & Receive  
the 2nd for 1/2 off!!

With this coupon. One coupon per customer, please.  
Offer expires 11/31/10

7520 S Rural Rd Ste 12 \* 480.377.2886  
NW corner of Rural & Elliot in Tempe \* [bunnacoffee.com](http://bunnacoffee.com)

Mon 6 am - 2 pm \* Tue - Fri 6 am - 10 pm \* Sat 7 am - 5 pm \* Sun 7 am - 2 pm

Taste the difference, be the change

OPEN  
MIC NIGHT  
Tuesdays  
7-10 pm

# Discerning Diner . . . with Nathan Scherotter 'Tonic' a welcome alternative to Scottsdale



**ARIZONA HOME WORKS**  
**ADDITIONS • RENOVATIONS**  
 RESIDENTIAL DESIGN BUILD SPECIALISTS  
**480-357-7078**  
[www.arizonahomeworks.com](http://www.arizonahomeworks.com)  
 Licensed, Bonded, Insured ROC#177890

Sophisticated, comfortable and unique are just a few of the words that can be used to describe Tonic, a lounge-style bar open since January across from Chandler Fashion Center. Michael Sherer and his wife Arlene moved to Arizona from Seattle seven

years ago and brought along their expertise in the business world.

On the heels of their move came the couple's children, Chris and Tilynn Rebhuhn, who Michael says have been in the bar and restaurant management industry for years.

Making it a family venture made sense, according to Michael, who says he thought it would be the perfect opportunity to capitalize on their combined strengths.

Michael and Arlene handle Tonic's behind-the-scenes business while Chris and Tilynn are its faces.

Michael says that there was a reason behind selecting Chandler for the family's enterprise.

"You can come in however you want. We are a little more upscale of a lounge, like something you would see in Scottsdale, but it's in your back yard, and without the Scottsdale pricing."

Michael gave the example of a martini (Tonic can make virtually any one you can think of), which in Scottsdale typically sells from \$10-\$12.

At Tonic they'll be \$7-\$8. Nor is there anything exactly like Tonic in the area. That is, a full service bar that's open from 4 p.m. to 2 a.m. every day of the week.

Add to that an assortment of 15 or so appetizers that are more than just your traditional sliders.

Tonic likes to take these traditional foods and puts its staff's own interesting twist on them.

"Since we are open until 2 a.m. we have had a really

good following from the industry crowd," Sherer said.

"We are open in time for people who want to stop in after work or meet a friend or have a business meeting. We also have a happy hour from 4 to 8 every day."

With a capacity of seating 150 people and an increasingly popular patio with outdoor bar, Tonic remained able stay busy through the summer months.

They've also started to host live music on Thursday and Saturday nights from 8-11 and have the ability to host private parties.

So far Michael says he has enjoyed working with his family and sees it as a great opportunity for his children.

"It is our first family venture and it has worked well," he said.

"It gives us an opportunity to spend quality time together and also lets them (Chris and Tilynn) become more familiar with the business and financial side of things."

Being open only for a few months, Tonic seems to have found a niche in the market—bringing people of Chandler and the surrounding areas something they are not used to and something they want.

"People come in here for the first time and every single person says that this is really a cool place, that it is awesome.

"It's nice and comfortable," Michael said.

Details: [www.tonicaz.com](http://www.tonicaz.com) or 480-899-9382



**Best Chinese, Japanese, Taiwanese Cuisine**  
**Dine-In • Carry-Out • Catering**  
**5055 W. Ray Road #1 Chandler**  
 (SW corner of Ray & Rural, facing Rural)  
**480-718-5088**  
[www.ikitchen.webs.com](http://www.ikitchen.webs.com)

## Fresh • Healthy • Delicious

### \$6<sup>95</sup> Lunch specials Every Day, 11 Til 3!

**50% OFF DINNER**  
 Buy one entree at regular price and receive 2nd of equal or less value at 1/2 price.  
 EXPIRES 11/30/10  
With coupon. Not valid with other offers. Dine-in or Pick-up only.

**FREE APPETIZER**  
 With purchase of \$25 or more.  
 EXPIRES 11/30/10  
With coupon. Not valid with other offers. Dine-in or Pick-up only.

**WE DELIVER!**  
 \$15 minimum order  
 Add \$1.50 within 2 mile radius

**OPEN 7 DAYS A WEEK! SUNDAY - THURSDAY 11AM - 9PM, FRIDAY - SATURDAY 11AM - 9:30PM**

VOTED BEST ORTHODONTIST!

- ▶ FREE Consultation
- ▶ No Referral Required
- ▶ No Interest Financing = Low Monthly Payments



**WOOLAVER CLEARSMILES**  
 invisalign® orthodontics



BEST OF 2009  
 FIRST PLACE



Join us on Facebook!  
 We have **619** friends!



Ray Rd & 44th St.  
 (behind CVS)  
[clearsmilesaz.com](http://clearsmilesaz.com)  
**480.240.9393**



**"Don't Settle for Old, Metal Braces!"**

Enter to Win a Trip for 4 to Teen Choice Awards!

**Dr. Chris Woolaver**





get **IN**, get **straight**, get **out** and **smile**

MANUFACTURER COUPON      EXPIRES December 31, 2010

On any Hickman's Local Eggs **SAVE 50¢**

It's time for **holiday cooking & family traditions.**

Don't forget the Hickman's eggs!

HICKMAN'S family farms



NOT SUBJECT TO DOUBLING OR TRIPLING  
 Manufacturer Coupon

Limit one coupon per purchase of product specified. Retailer. We will reimburse the face value plus \$ .08 handling provided you comply with our coupon redemption policy, available on request. Mail properly redeemed coupons to Hickman's Family Farms, 6515 S. Jackrabbit Trail, Buckeye, AZ 85326. Void where prohibited, taxed, or restricted.




© 2010 Hickman's Family Farms      0025444-00011



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CALLING ALL KIDS TO PLAY, LAUGH, LEARN & LOVE IT



## Sign Up Today!

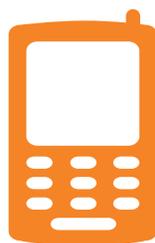
Registration Ends

## November 30

[valleyYMCA.org](http://valleyYMCA.org)

Call, Log on, Email, Fax,  
Mail or Stop In!

All posted rates are good through November 30, 2010.  
Season begins December 11.



**TEXT YMCA to 30364** and  
join our Y Mobile Club to get  
valuable offers in 2011!

Standard carrier message and data rates may apply.  
Text STOP to 30364 to end/Text HELP for help.

**NOV. 11-14  
SUPER SPORTS  
SIGN-UP WEEK**  
at all branches!  
**SAVE \$10**  
when registering by  
**NOV. 14**

Do you have a favorite provider of quality products or services? We hope you'll tell them about Wrangler News. We rely on you to help us spread the word. They'll thank you . . . and so will we!



## HIGH CLASS BARBER SHOP

### Without the High Prices

# A.B. Barber Shop

Chuck, Alex & Boris

**SERVICES:**  
 Hair Cuts | NY Style Skin Fades | Hot Towel & Massage Treatment  
 Specializing in Old Fashioned Razor Shaves | Men's Facials

**Walk-ins always welcomed!**  
**Open 7 days a week!**  
 Mon-Sat 9-6 Sun 9-3



1 2 3 4 5 6 7

## FREE

Purchase 7 haircuts at regular price and the 8th is FREE.

Not valid with other offers or discounts.

1713 E. Guadalupe Rd  
 Tempe  
(SW corner of Guadalupe & McClintock, next to Baskin Robbins)

**480-491-2669**



# FALL Savings



**“Stop in to see our new sterling silver inventory” - Dave and Norma**

- FREE Ring Inspection
- FREE Ring Cleaning
- FREE Watch Repair Estimates

**Watch Battery**

**\$3.93**  
Reg. \$7.50

Limit 10.  
Excludes Lithium Batteries  
Cannot be combined with other offers or promotions. Expires 11/19/10

**Ring Sizing**

**\$22.95**

One size up or down, up to 3mm  
Cannot be combined with other offers or promotions. Expires 11/19/10

**Chain Repair**

**\$12.95**

Single solder, some items excluded  
Cannot be combined with other offers or promotions. Expires 11/19/10

**We Buy Gold & Diamonds**





1849 E. Guadalupe Rd., #103 • Tempe  
 Fry's Center (SE Corner McClintock & Guadalupe, Next to PostNet)

**480-831-6086**

Tues - Fri 10-6 • Sat 10-4 • Closed Sun & Mon

**Layaways for Christmas shopping welcome**

## Peat

From Page 6

ASU people, around a bunch of (University of Arizona) people and people telling me I need to go to Stanford to get a better education. Nebraska fans everywhere, Alabama fans everywhere. They've all got an opinion.

“If you talked to me six months ago, I was having a great time with the recruiting process, with the attention and all that. It's just real stressful after a while. You don't even want to deal with it at a point.”

Peat said coaches like his style of play. At 6-3, 290 pounds, they believe he's built to play right away. Playing right away is something Peat said he's looking to do.

“I'm a real physical player. That's what they all tell me. That's what they're all looking for in a defensive tackle, not just a guy who can bull rush the whole game, but a guy who has moves, quickness and explosion off the ball is what everybody's looking for in a defensive lineman,” he said.

“I think I'm physically ready. It's just learning the system. I feel like at my weight and with my strength and my size and my athletic ability, I don't really think that I'm going to need to redshirt.”

Peat said he tries to ignore most of the opinions that float in his direction. One opinion he does not

ignore is that of his father, who played in the NFL with the Arizona Cardinals and Los Angeles Raiders.

“I give all the credit in the world to my dad. He's been through the whole process. He played eight years in the NFL. Everything he tells me is gold,” he said.

Peat Sr.'s advice is to be totally honest with yourself and the coaches, and remain objective. Peat Jr. said he's passing this information on to his brother, Andrus Peat, who next year is likely to have the same experience.

Andrus, a junior offensive lineman, currently has 14 scholarship offers from schools such as Arizona, ASU, Southern Cal, Duke, Clemson, Nebraska and Miami.

“He's probably got more offers than me right now,” Peat said. “He's going to have the pick of just about anywhere he wants to go.”

The dominos are falling. Peat Sr. has experiences to help his son, and Peat Jr. is using his experiences to help his younger brother.

Todd doesn't envy his brother at all. The opinions, the pressure, the endless phone calls. One thing he will tell Andrus is to lean on the people closest to him. They, he said, will offer the opinions that matter the most.



— Photo by Kris Cartwright  
 For an online gallery of Corona sports photos visit [www.kriscartwright.smugmug.com](http://www.kriscartwright.smugmug.com)

## Health Q&A

### Heart healthy eating: What you need to know about 'good' and 'bad' fats

*Editor's note: For decades, nutrition experts have promoted low-fat diets as optimal for health. However, recent research indicates that reducing fat intake does little by itself to reduce the risk of heart disease. Jeff Mason, M.H.A., director of Food and Nutrition Services at St. Luke's Medical Center and Tempe St. Luke's Hospital, discusses how to reduce your risk of heart disease by incorporating healthy fats into your diet.*

**Question:** Are some fats better for you than others?

**Answer:** Yes. "Bad" fats, which include saturated fats and trans fats, increase the risk of heart disease by elevating the level of low-density lipoproteins (LDL) in the bloodstream. LDL carries cholesterol from the liver to the rest of the body. When there is too much LDL cholesterol in the blood, it can form deposits in the walls of the coronary arteries and other arteries throughout the body. These deposits, called plaque, can narrow arteries and limit blood flow. When plaque breaks apart, it can cause a heart attack or stroke.

"Good" fats, monounsaturated and polyunsaturated fats, have been found to lower disease risk by raising the levels of high-density lipoproteins (HDL). HDL reduces LDL cholesterol in the blood by collecting it from the bloodstream and taking it back to the liver for disposal.

**Q:** What foods contain "bad" fats?

**A:** Avoiding foods that contain saturated and trans fats helps reduce the amount of LDL cholesterol in the bloodstream. Saturated fats are found in butter, ice cream, cheese, palm oil, coconut oil and animal fat, such as fat found in beef, pork and lamb. Trans fats are included in products such as cookies, crackers, cake, frozen foods, potato chips, candy, shortenings and certain types of margarine.

**Q:** What foods contain "good" fats?

**A:** You can increase your intake of monounsaturated and polyunsaturated fats by using olive, canola or other plant-based oils when you cook and by switching from butter to soft-tub margarine. If you choose to switch to margarine, be sure to read food labels and choose a margarine product that has zero grams of trans fat and no palm oil, coconut oil or partially hydrogenated oils.

**Q:** What can I eat?

**A:** You can still eat meat and dairy. Choose lean cuts of beef and pork. Many dairy products have low-fat options, such as low-fat or skim milk and low-fat cheeses.

You should also enjoy plenty of natural options, such as fresh vegetables and fruit. A good rule of thumb for healthy eating is this: The more natural a product is, the better it is for you.

*Interested in learning more about healthy eating? Join Jenel Day, registered dietitian with the Bridges Center for Surgical Weight Management at Tempe St. Luke's, for "10 Holiday Health Tips," an interactive seminar about eating healthy during the holiday season. As a special treat, sample healthy alternatives to traditional holiday meals prepared by Tempe St. Luke's executive chef, William Redmond. The seminar will be held on Thursday, Dec. 9, at Tempe St. Luke's Hospital, 1500 S. Mill Ave., Tempe, AZ. Register online at [tempestlukeshospital.com](http://tempestlukeshospital.com) or call 1-877-351-WELL (9355).*

*This information is provided by Tempe St. Luke's Hospital as general information only and is not intended to replace the advice of a physician.*



ACHEN-GARDNER WELCOMES YOU



**SATURDAY**  
**NOVEMBER 20**

**12-8 PM**

**ARIZONA AVE BETWEEN CHANDLER BLVD & FRYE RD**

**FREE PHOTOS WITH SANTA**

**FREE TOURS OF THE NEW CITY HALL**

**CLIMBING WALL**

**FREE ENTERTAINMENT**

**FREE SKATING**

**FOOD**

**480-855-3539**

**CHANDLERBLOCKPARTY.COM**

PREMIER SPONSORS



PRESENTING SPONSOR



DESIGN PROVIDED BY



# Following in the footsteps of a family tradition Ironman Triathlon challenges mental, physical stamina

By Jeremy Banks

**A**my Foster, a south Tempe resident and recent graduate of Corona del Sol High School, is preparing herself for this year's Ford Ironman Triathlon.

Foster, 18, will compete in

the event Nov. 21 in Tempe. It is no easy task. The competition represents a series of difficult events that she has spent several months preparing to endure and conquer.

"It is a 2.4-mile swim, a 112-mile bike ride and than a 26.2-

mile run," she said. "I'm really excited. It's been a goal of mine."

The Ironman Triathlon, in a way, is a family tradition. Foster's parents, Don and Debbie Foster, have both competed in the event.

Now it is Amy's turn.

Foster saw first-hand what it

takes to be a triathlete when, as a child, she watched her father compete.

"It was kind of scary and really cool at the same time. The distances are so huge. I wasn't able to understand it when I was younger, but the amazing feat that your body has to go to do all that, you have to not only be strong mentally and physically, but you have to know your nutrition as well," she said.

"You have to feed yourself constantly throughout the race and your body will reject food. It won't absorb the nutrients correctly or if you don't drink enough, you can have cramps or muscle fatigue.

"When I watched my dad, I saw people crawling across the finish line because they had improper nutrition and they weren't able to stand up and their muscles were cramping.

Foster said proper training and nutrition is the biggest key. Her father and mother have played a big role in her preparation. They help her train for over 10 hours a week. She does sprint workouts, two middle-distance runs and a long run every week. She said her mileage has increased over the last three weeks.

"I've lost a lot of weight and toned a lot of muscle," she said. "My body is showing really good steps in becoming an endurance triathlete because I'm able to go for a long bike ride or go for a long run and my body is able to stand that physical strain I'm putting on it."

She said she has also learned more about her body.

"You have to make yourself eat and (understand) what your body will take and what it won't take," she said.

Outside of training, she said reading books on triathlons and working with FCA Endurance, a Christian organization for athletes, keeps her focused. She said she's mentally preparing herself for the best by expecting the worst.

"I tend to prepare for the worst, like carry extra water, carry extra food, so I'll make sure I'm prepared, just kind of knowing anything can go wrong," she said.

She said her strongest event will be the bike ride and biggest challenge will be the 26.2-mile run. Her parents' advice to her is to give her best effort and focus on finishing.

# New signal configuration to affect Dobson/202 intersection

**K**yrene Corridor drivers heading east and south will find new traffic-signal configurations at Dobson Road and Loop 202.

Chandler traffic engineers have introduced a new type of signal for traffic turning left onto the Santan Freeway on-ramp from southbound Dobson.

The new device is known as a flashing yellow-arrow left-turn signal and will use a system of red, yellow and green arrows

stacked on top of one another.

The signal was recently approved by the Federal Highway Administration after research showed that flashing yellow heightens driver awareness when turning left in front of oncoming traffic.

Accidents have been increasing at the Dobson/Loop 202 intersection, from eight in 2007-08 to 13 last year, six of which involved left turns.

It is hoped the flashing yellow arrow will make the intersection safer.

“Traffic making a left turn on a solid green light sometimes does not yield to oncoming traffic, which can result in more crashes,” said Mike Mah, city transportation engineer. “The flashing yellow arrow allows left turns but at the same time communicates the ‘caution’ message to drivers.”

The new signal has four intervals:

1. Green arrow—represents a protected turn; drivers have the right of way when turning left.

2. Flashing yellow—proceed left with caution while yielding to oncoming traffic or pedestrians.

3. Solid yellow—prepare to stop; traffic is about to come from the other direction.

4. Solid red—stop. No left turns allowed.

Mah said city staff will evaluate the success of the new signal before deciding if it will be added to other intersections.



Please join us for a special event with  
**Philip Stein**

**Friday, November 5th**

Philip Stein Trunk Show - 11AM to 6PM

*Afternoon wine tasting and nibbles  
Seasonal desserts and coffee*

**Saturday, November 6th**

Philip Stein Trunk Show - 10AM to 5PM

*Wine Wand demonstrations  
Gourmet selections from the grill  
Seasonal desserts and coffee*

**BERNING'S  
FINE JEWELRY**

~ Est. 1965 ~

SW Corner Warner & McClintock

[www.bernings.com](http://www.bernings.com)

(480) 730-1866



## THINK NATURAL. BUY LOCAL.

**T**he Queen Creek Olive Mill makes Arizona's only Extra Virgin Olive Oil, which makes our gift boxes perfect for holiday gift giving. Our handsome gift boxes are made with post consumer waste paper so you'll be saving the planet while scoring big holiday brownie-points. Our natural bath & body care line is a great idea for stocking stuffers this year. Visit our online store, or come to the mill store in Queen Creek for a tour, lunch and a little holiday cheer. Don't miss our great direct import wine selection while you shop.



**QUEEN CREEK  
— OLIVE MILL —**

A R I Z O N A

480-888-9290 [www.queencreekolivemill.com](http://www.queencreekolivemill.com)

Combs Road at Rittenhouse Road in Queen Creek

# Future looms bright for Chandler business innovators

By Mark Crudup

Chandler residents are not always aware of the economic history behind the city. A broad mix of technology centers and inventions lie at the heart of its success over the past decade.

And, say the experts, the future holds much more. "Historic downtown (Chandler) has seen a tremendous amount of renovation and revitalization in the past decade," Christine Mackay, economic development director for Chandler, said during a hands-on bus tour for local

officials and businesspeople.

Even the small, multi-colored scrubbing beads used in hand soap are manufactured in Chandler, an invention of a Chandler resident, Mackay said.

She noted that Chandler is continuing to expand with new corporate centers for technology development and renovated public land. And with this successful implementation, Chandler now has the highest employee wages in Arizona, said Mackay.

"In the future, you will see significant office development in downtown Chandler," Mackay said.

Mackay touted the future of Chandler and its five employment corridors during a visit to the area Oct. 27.

"For 10 years, Chandler was considered to be one of the fastest growing cities in the entire country," Mackay, who has worked for the city for 12 years, said. "We added a thousand new residents a month for 10 years."

Chandler currently has 250,000 residents.

In terms of technology hubs, Chandler is home to a number of companies working with state-of-the-art technology in software and aerospace.

"Arizona is the sixth largest employer sites for Intel in the world," Mackay said.

Innovations, a newly implemented incubator lab center designed for start-up science and technology companies that opened in May, is now 80 percent occupied.

In the near future, a new biotechnology center will open, featuring state-of-the-art DNA testing for FBI investigations, Mackay said.

The city's success has not come without obstacles, though.

"Probably one of our biggest challenges on the retail front is the East Valley Mall," she said. "We are working with the developer for revitalizing this mall and bringing it back up."

Through an eight-year commercial reinvestment program, many of Chandler's other retail stores were able to remain in business.

"We created the commercial reinvestment program, by which the city can partner with up to a 50 percent matching investment to get those (retail) areas re-landscaped and bring them up to a level where people want to shop there again," Mackay said. "The program has been incredibly successful."

Currently, Chandler is working toward filling its Bashas' centers with new businesses. The challenge is the former Bashas' buildings are a specific size that does not meet the needs of other grocery stores, Mackay said.

"Chandler has lost the greatest number of Bashas' than any other city, and we are really struggling to fill those particular centers right now," she said.



Rural and Elliot  
NW Corner  
480.831.7274

Alma School/Guad.  
NW Corner  
480.820.8914



## \$1 OFF BLIZZARD

Celebrating 25 Years of Blizzards!

One coupon per customer. Not valid with other offers. Valid at these locations only.



## Try our Sweet Deals Value Menu

Includes both food and ice cream at a great value!



# jimmy & joe's PIZZERIA

NE CORNER OF RAY & MCCLINTOCK BEHIND CVS  
DELIVERY • DINE IN • CARRY OUT

480-963-6633 | jimmyandjoes.com

**MON-TUES**

**\$14.95 16" PIZZA**  
(up to 3 FREE toppings) ~~Save \$6.00~~

**\$1.00 WINGS**

Buy 1 Dozen Wings, get 2nd Dozen for a Buck - ~~Save \$6.50~~

**BUY (1) PIZZA GET 2ND FOR \$5.00**  
(\$12.00 on Big Jimmy Orders)

**THURSDAY**

**Double Stamp Day**

**SUNDAY**

**\$9.99 FOR (2) 12" PIZZAS**

## SHAMROCK ROOFING SERVICES, LLC

Specializing in residential reroofing and repair.  
Shingles, Tile, Shakes, Foam and Flat Roofs

**480 888-6648**  
shamrockroofing@live.com

#ROC244568 C-42 Bonded and Insured

**24 YEARS EXPERIENCE**

## GW Contracting, LLC

Residential / Commercial

**Interior/Exterior Building**  
"You dream it - I build it"

Licensed - Bonded - Insured

**Greg Wessels 480-620-2547**  
Call for a **FREE** estimate

Lic.#ROC203627

## Kyrene Corridor Briefs

### Community garden organizational meeting

A community-garden informational meeting is scheduled for 7 p.m. Wednesday, Nov. 17, at Bunna organic coffeehouse, café and bakery, 7250 S. Rural Road, Tempe.

The group will collaborate in developing a community garden in south Tempe. The project is in the planning stage and hopes to get input from those who live in the area.

As of now, the garden is planned to be between Rural and McClintock on the south side of Warner Road.

Information: Alex Prescott, 480-694-4496.

### Dinner to benefit technology education

Horizon Community Learning Center will hold a fund-raising dinner, silent auction and optional golf package Saturday, Nov. 20 at The Arizona Grand in Phoenix.

Proceeds benefit Horizon's Digital Excellence Campaign, which raises funds to increase the level of technology at all grade levels.

Information: [www.horizonclc.org/hgc.php](http://www.horizonclc.org/hgc.php) or (480) 659-3098.

### So. Tempe site for police document-shredding

Tempe police will collaborate with the Arizona Attorney General's office for a document-shredding event from 8 a.m. to noon Saturday, Nov. 6.

The event will be held at the south Tempe Police Station, 8201 S. Hardy Drive, Tempe.

Up to two boxes will be shredded at no charge; additional boxes or bags will be \$10 each, cash or check only. Shredding will be available only until the truck is full.

Both agencies will have information booths providing crime prevention and identity theft prevention tips.

Police say the event provides an opportunity to stop by and shred loan documents, credit card statements and more.

### College enrollment workshop for returning vets

South Mountain Community College has invited Kyrene Corridor and other U.S. military-service members, veterans and their families to "Boots-2-Books," a special college preview 5:30 to 8:30 p.m. Thursday, Dec. 2, to assist in the transition from military life to higher education.

The free three-hour orientation will offer an overview of college support services designed especially with military, veterans and their families in mind, including academic planning; college financial resources for veterans; transcript review; campus tours; career services; and counseling. Families are asked to register for the event by contacting Christopher Erran at 602-305-5607 or [christopher.erran@smcmail.maricopa.edu](mailto:christopher.erran@smcmail.maricopa.edu)



**MAXIMIZE**  
your workouts with resistance, stretching, massage therapy and isometrics.

**NEW PRICING. NOW EVEN MORE AFFORDABLE!**  
Gift Certificates for the Holidays!

Now Offering *Yoga*

8 sessions per month **\$100**  
12 sessions per month **\$150**

The Pilates Studio in Tempe

480-820-7200 • 7305 S. Kyrene #106 (Elliot & Kyrene) • Tempe

# John Henry's

## Introduces "Nouvelle Cuisine"

The movement toward fresher, lighter foods, served in smaller portions and prepared by classic French techniques.



### Book your HOLIDAY CELEBRATION now!

Our spacious split-level dining room, patio and lounge are available for business meetings and private parties from 10am-3pm daily, year round.

### Wonderful 5 course Wine Dinners

Sunday, November 14th, 5:30-8:30pm  
Held one Sunday each month.  
Group or private seating available.  
Beer Tastings coming soon!

# \$75

per person

### Updated menu coming soon!

Lounge opens at 3pm M-F, 5pm Sat & Sun  
Lounge Happy Hour: Mon 3pm to close, Tues is LADIES NIGHT, Wed-Fri 3-7pm  
Dining room open 5-10pm Sun-Thu, 5-11pm Fri & Sat  
Live entertainment Tuesday-Sunday in the lounge.

### Open Thanksgiving Day

12:30pm-8pm

Regular menu with specials to include a turkey entree.



# \$10 OFF

Purchase of Two Entrees  
Cannot be combined with other offers.  
Not valid holidays.  
Exp 12/31/10.

909 East Elliot (SE corner Rural/Elliot) in Tempe (480) 730-9009

In Advertising...  
Consistency **PAYS!**

Call 480.966.0837  
to keep your message out there!!



Our new Chef **Joe Sneed** will be introducing an exciting Nouvelle style to our classic menu.

Follow us on Facebook and Twitter



Online dining reservations at **JohnHenryRestaurant.com**

Shuttle Service Available (just pay driver gratuity) 480-289-1156

You go to your best friends  
when you need  
advice on what to wear.



Add ResourceLink to your  
circle of friends when  
you need help finding a doctor.

1.877.728.5414

Our free service will assist you in finding a doctor to fit your needs. ResourceLink can also register you for our educational classes and free support groups.

Classes:

- Breastfeeding
- Boot Camp for New Dads
- Safe Sitter™
- Baby Your Baby
- Childbirth
- Sibling Superstar

Support groups:

- Bereavement
- Diabetes
- Cancer
- Motherhood



Chandler Regional Medical Center  
Mercy Gilbert Medical Center  
Members of CHW

EOE



Corona's cross country teams are ready for state after the boys team took first place in the Tempe City Cross Country Championship at Kiwanis Park for the first time since 1992, followed by first place at the Sectionals since 1997. The girls team brought home the second place trophy from sectionals held at Firestone Park. Teams include, from left, bottom row Ryan Normand, James Hert, Jared Hirschl, Jake Whitney, Daniel Wrapp, Michael Seall, Hannah Snyder, Hallie Swenson, Sarah Wright, Ellen Dunn, Hanna Lewis, Alyssa Ramsland, Mason Kuluris, Dani Lemieux. Middle row, Wade Hooke (alumni), Justin Yang, Matt Ykema, coach Pat Smith, Jansen Colello, Grant Swenson, Jeff Morrison, Cody Jackson, Eric Repking.

— Photo courtesy Jen Lemieux

## Notebook

From Page 9

lost by one point the first year I coached in 1997 but haven't been close since. I think last year Desert Vista beat us by 8 points."

Corona beat Desert Vista by four points this year partly because the Aztecs had a first place finish and then three more runners in the top 10.

"Corona had the individual champ in Jared Hirschl which made it even better," said Smith. "This is the second year in a row we have had the individual champ. Having Whitney, Wrapp and Hert come in 6th, 7th and 8th place was key to our winning. Then freshman Normand finished our scoring off in 11th."

Seall and Yang finished in the top 25. The girls team had some runners coming off small injuries runners but still managed

to finish in third place at Tempe.

"Dani Lemieux led us like she has done all season with Hallie Swenson finishing right behind her," said Smith. "Hallie had probably her best race of the year."

Lemieux finished 8th, Swenson 9th, Wright 12th, Ramsland 20th, Dunn 21st, Snyder 22nd, and Lewis 23rd.

Corona also had runners in the Freshman Mixed 5K Run, the Boys Open 5K Run and the Girls Open 5K run.

Mason Kuluris was 7th, Hannah Dinell, 8th and Hannah Webber 25th for the girls team in the freshman race. Finishing 4th in the same race for the boys team was Andrew Truswell. Josh Ambre was 13th, Bridger Lewis 16th, and Henry Eischen 21st.

Corona took second place in the Boys 5K Open Run. Grant Swenson was 13th

— NOTEBOOK, Page 21



**Some Burros!**  
GREAT MEXICAN FOOD

**\$1 OFF**

ANY CHIMICHANGA  
OR COMBO DINNER

With coupon. One coupon per order.

**50¢ OFF**

ANY BURRO

With coupon. One coupon per order.

**\$36** PARTY TRAY

10 MINI GREEN BURRITOS  
10 MINI RED BURROS  
10 MINI ROLLED TAQUITOS  
10 MINI BEAN BURROS  
GUACAMOLE • CHIPS • HOT SAUCE

24-hour advance notice please. With coupon.

**CHANDLER**  
480-726-TACO  
South of Chandler Fashion Center

**TEMPE**  
480-839-TACO  
SE Corner Mill & Baseline

**STAPLEY**  
480-755-TACO  
SE Corner Stapley & Baseline

**SAN TAN**  
480-497-TACO  
Market St. south of Williams Field

# Notebook

From Page 20

while Will Morgan was 17th, Alex Frantz 19th, Jansen Colella, 26th and Jeff Morrison 39th.

The Lady Aztecs took fourth in the 5K Open Run with Victoria Haun coming in 7th, Kate Halligan, 10th, Cyndia Yu, 19th, and Kierstynn Wile was 55th.

The boys varsity team will be defending their 2009 5A State Championship Nov. 6 at Cave Creek Golf Course. The girls team has set their goal to finish in the top five at the same meet.

## Girls golf

Corona's girls golf team finished fifth at the Division I State Golf Tournament held Oct. 29-30 at Dell Urich Golf Course in Tucson.

The Lady Aztecs finished the two rounds with 650 strokes as a team, which represented the best two-day total for Corona girls golf ever, according to head coach Pat Reed.

In the first round, Corona scored average as a team except for one competitor, who had an incredible first round shooting a 74 on the par 70 course.

"Freshman Halie Carpenter had the day of her life, lowering her average like 8 strokes," said Reed.

"She did great and held the team to a 332 score, and in 7th place that first day."

Dana Finkelstein shot a 76 on the par-70 course in round 1 but improved 7 strokes to end up one under par or 69 in round 2.

"Senior Dana Finkelstein and junior Brooke Taylor did fantastic in the second round," said Reed. "Dana scored the only one under par for the day at 69 and Brooke dropped 15 strokes from day one to day two. Plus senior Alex Haun and sophomore Gabby Bochenek were very consistent both days and kept us in there."

The team finished round 2 with a low for the year of 318 which was 14 strokes better than round 1 according to Reed.

"This year's finish was a great way for Dana and Alex

— NOTEBOOK, Page 31



**COOL GUYS**  
Air Conditioning & Heating  
Where Quality And Savings Matter  
**480 - 313 - 8893**

**FEDERAL TAX CREDITS ARE EXPIRING!**  
Claim Your \$ 1,500 Tax Credit **NOW!**

**WRANGLER NEWS SERVICE SPECIAL—\$45!**

- Heating or A/C check-up (includes up to 1 hour labor)
- We Service All Makes & Models
- Local business



**10 Year** Parts & Labor **Warranty Available** (additional cost for labor)

\*See manufacturer's certificates for qualifying products. Consult IRS guidelines for details.

25 Years of Experience-Installation and Repair • LICENSED, BONED AND INSURED ROC255977

## MCMURDIE LAW OFFICE

PROVIDING EXCEPTIONAL REPRESENTATION SINCE 1995

**CRISTI MCMURDIE**  
ATTORNEY • MEDIATOR • PROFESSIONAL COACH

**(480) 777-5500**

4500 S. Lakeshore Drive, Suite 210 • Tempe, Arizona 85282  
www.mcmurdielaw.com

<b>FAMILY LAW</b> Divorce & Custody	<b>ESTATE PLANNING</b> Wills & Trusts	<b>MEDIATION</b> Family & Commercial Conflicts
--	--	---

"We are your new hangout"

# McCool's

www.mccoolsbarandgrill.com

4910 W. Ray Rd. (NE Corner of Ray and Rural) • 480-289-4222



**MONDAY**  
\$1 Tacos from 1pm-4pm  
Monday Night Football QB1 challenge prizes every quarter  
24 wings for \$12

**TUESDAY**  
\$5 McCool's Burger Day  
**BEST BURGER IN CHANDLER!**

**WEDNESDAY**  
45¢ Wings all day  
**KIDS EAT FREE** with adult purchase

**THURSDAY - Open Mic Night**

**FRIDAY - Fish Fry!!!**  
**LIVE MUSIC**

**SATURDAY - College Football**  
**Live Blues Music**

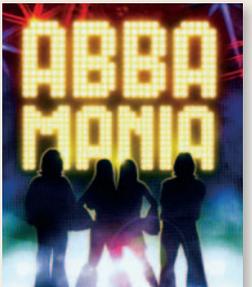
**SUNDAY - NFL All Day Long**  
All games shown.  
Build your own Bloody Mary bar.  
Blues Music Jam at 7 p.m.

## FREE LUNCH

Buy one entree at regular price and receive a second of equal or lesser value FREE

Full price items only • Not valid with other offers • Expires 11/30/10

*Chandler Center for the Arts*

Zoppé An Italian Family Circus Since 1842

<b>NOVEMBER 2010</b>	
12	Point Of Grace ..... 7pm
13	ABBA Mania ..... 8pm
<b>DECEMBER 2010</b>	
20	Glenn Miller Orchestra ..... 7pm
26 & 31	Zoppé Italian Family Circus ..... 12pm & 4pm
27 - 30	Zoppé Italian Family Circus ..... 7pm
31	Zoppé Italian Family Circus ..... 7:30pm
<b>JANUARY 2011</b>	
1 - 2	Zoppé Italian Family Circus ..... 12pm & 4pm
23	Golda's Balcony ..... 3pm
<b>FEBRUARY 2011</b>	
12	Dancing On Ice ..... 7:30pm
13	Dancing On Ice ..... 3pm
19	Rita Coolidge ..... 7:30pm
<b>MARCH 2011</b>	
4	AXIS Dance Company ..... 8pm
5	The Lennon Sisters ..... 7:30pm
13	Riders In The Sky ..... 3pm
19	Frank Sinatra Jr. .... 7:30pm
26	Ricky Skaggs & Kentucky Thunder ..... 7:30pm
<b>APRIL 2011</b>	
2	Steve Wariner ..... 8pm
8	Street Beat ..... 8pm
16	HOTEL CALIFORNIA Salute to the Eagles ..... 8pm
17	SPENCERS Theatre of Illusion ..... 3pm
30	Sierra Leone's REFUGEE ALL STARS ..... 8pm



**Follow Us On**

**Purchase Tickets Online!**  
Simple. Fast. No Per Ticket Fees.

**480.782.2680 • www.CHANDLERCENTER.ORG**

**Community Marketplace**

**SEATDESIGNS**  
The Ultimate CUSTOM SEATCOVERS  
Free Installation on all Front Seat Covers!

CUSTOM DASHCOVERS >> PROTECT AGAINST HARMFUL UV RAYS  
www.dashdesigns.com

**DASH**  
The Ultimate Dashboard Cover!

FREE INSTALLATION!  
6014 S. Ash Ave | Tempe, AZ 85283  
CALL (480) 967-1675  
**Protect Your Investment!**

**Personal Services**

**Melodie's Studio of Piano**  
Quality Piano Instruction since 1980  
Melodie L. Acker, NCTM  
(480) 940-0621  
melodieacker@cox.net

**Personal Services**

Want to make your next party an event to remember?  
**Hire live music!**  
Hire a soloist for some room temperature contemporary music or a full band for lively dance music. Numerous references available.  
Call Greg at 602.460.8394  
www.thedriveaz.com

**Service Directory**

Creative Working Blueprints for your landscape project  
Renovations & Poolsapes  
Front & Back Yard Designs  
Do-It-Yourself Projects  
Association Approval  
*Carolyn Walstad*  
**Landscape Design**  
602-679-9273

**Personal Services**

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
480-966-0837

**LARRY'S PIANO TUNING**  
Lawrence P. Cheatham  
AFFORDABLE TUNING AND REPAIRS  
20 Years Experience  
480-316-0060  
Time2TuneAgain@gmail.com

**Professional Services**

**COMPUTER PROBLEMS?**

RECOVER	INSTALL	FIX
email documents passwords deleted files more.,	install HW/SW wireless internet upgrades more.,	system virus spyware more.,

Contact Bill Kalaf • 480.215.8769  
Certified Computer Examiner  
email sickpc@cox.net  
computer-forensic-investigators.com

**Service Directory**

**CABINET REFACING**  
*A Better Cabinet*  
• Kitchen Cabinet Resurfacing  
• Update with New Doors  
• Pull-Out Drawers Installed  
Woods such as Cherry, Maple, Alder & Oak or Easy Care Thermofoil  
Craftsman with over 30 years experience  
Call 480-650-9008 for an appointment  
AZ ROC #121682

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
480-966-0837

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
480-966-0837

**Professional Services**

**Bookkeeping - Accounting - Payroll**  
PEACHTREE-QUICKBOOKS SOFTWARE  
**Jeri Erwin**  
Helping Businesses For Over 14 Years  
**At Your Service Accounting, Inc**  
Cell: 480-600-5408 Office: 480-940-6203  
Fax: 480-940-0530 AYSA@cox.net  
Member of American Institute of Professional Bookkeepers

**Service Directory**

**Bill's Awnings & Construction Co.**  
Re-Roofs and Roof Repairs  
Awnings, Sun Screens and More!  
Call Today For a Free Estimate!  
**480-986-1606**  
www.billsawnings.com  
Licensed/Bonded/Insured  
ROC#B090162  
40 years in same East Valley location  
Member of Better Business Bureau

**Community Marketplace**

**Hair Station for Rent in Tempe**  
• Remodeled Salon  
• Be your own boss  
Your own webpage  
• No contract - All renter  
• Product shelves - large storage  
Visit us @ www.LauneysClubSalon.com  
We will accommodate your personal needs as well as the needs of your vital clientele. Call Tiffany at 602-312-4838

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
480-966-0837

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
480-966-0837

**Service Directory**

**J.A.K. Construction Inc.**  
Providing all phases of Home Remodeling for 40 years  
Specializing in  
**Energy Efficient Windows & Seamless Rain Gutters**  
**480-820-8711**  
jakconstructioninc.com  
Licensed • Bonded • Insured • ROC112275

**Pet Services**

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
480-966-0837

**Sue's Pet Friends**  
TLC in the Comfort of their home.  
Bonded and Insured  
Member NAPPS & Pet Sitters International  
**Free Initial Visit**  
480-628-6958  
www.suespetfriends.com

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
480-966-0837

**Service Directory**

**Al Davis Electrical Services, Inc.**  
All types of electrical work:  
Ceiling Fans • Additional Fixtures  
Service Changes • Extra Circuits • Repairs  
**Residential • Commercial**  
**602-549-1869**  
Licensed • Bonded • ROC #192047

**Service Directory**

**Custom Remodeling Specialist**

Whole House Remodels  
Kitchens • Baths • Bedrooms  
Counters & Cabinets • Tile & Carpet • Garages  
Offices • Patios • Room Additions • And Much More!

John C. Erickson - Owner  
Over 20 Years Experience  
Licensed (#ROC171687) • Bonded • Insured

**JCE COMPANY LLC**  
VALLEYWIDE

**480-200-9037**

**Service Directory**

**Custom Fence and Gates**

*Ornamental Iron Fabrication*

*View Fence, Pool Fencing,  
All Types, Etc.*

4x6 gate - Iron/Wood Combo - \$289  
10x6 gate - Iron/Wood Combo - \$689

**602-254-8379**

Submit request to [www.customfenceandgates.com](http://www.customfenceandgates.com)  
Licensed • Bonded • Insured • ROC#230087

**Service Directory**



**Dave's Handyman Service**

602-295-3991

"Ask us if we can do it."

Electrical • Plumbing  
Doors & Windows  
Drywall • Painting  
Home Remodeling

Free Estimates • Sound Advice

Lic #169409ROC

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
**480-966-0837**

**Service Directory**

**Room Additions**



- REMODELING
- RENOVATING
- PATIO COVERS
- FAMILY OWNED
- LICENSED,  
BONDED  
and INSURED

**480-357-7078**

ArizonaHomeWorks.com

**Service Directory**

**BLOCK WALLS**

Add Privacy & Security while increasing your house's value by raising your existing block fence height, or by replacing your OLD wood or concrete panel fence with a BLOCK WALL by Sunset Fence, Inc.

Proudly serving the East Valley since 1977  
Licensed • Bonded • Insured



[www.sunsetfence.com](http://www.sunsetfence.com)  
**480-838-2870**

FREE estimates!

ROC 155711

**Service Directory**

**Your Honey-Do Handyman**

*General Repair & Maintenance*

Electrical • Fan Installations • Plumbing • Carpentry  
Home Entertainment Hookups

**Ron Miner**

480-233-1834 or 480-736-1599

Not a Licensed Contractor

**Service Directory**

**Grass Guys** *Serving the Valley Sine 1998*

Your home of the

**\$39\***

per month grass service

\*Large yards may be higher



**(480) 644-0101**

[www.mygrassguys.com](http://www.mygrassguys.com)

**Service Directory**

**REMODELING / ADDITIONS**



General Contractor ROC 189470  
Licensed • Bonded • Insured

Visit us online at [www.englishbuilding.net](http://www.englishbuilding.net)



Owner, Paul English

Bathrooms • Kitchens  
Patio Covers • Flooring  
Windows & Doors  
Landscaping & More

Call for a FREE estimate  
**480-603-8813**

**Service Directory**

**REMODEL CONTRACTOR**

*Do it right the first time....*

*...hire a quality, licensed contractor  
with 30 years experience*

Free Estimates  
10 Years in South Tempe

R. Child Custom Carpentry  
**480-215-3373**

Licensed, Bonded, Insured

**Service Directory**

**The Professionals Handyman Service**

Specializing in Home Improvement  
Bathroom and Kitchen Remodeling  
Cabinetry ✕ Doors ✕ Baseboard Crowns  
Tile & Stone ✕ Electrical ✕ All Flooring  
Drywall ✕ Plumbing ✕ Pool Repairs  
Painting ✕ Carpentry ✕ Ceiling Fans

Free Estimates

Call Jay Hanselman at 480-862-9324  
CA Contractors Lic.

**Service Directory**

Joe Tedesco, Owner  
**TEDESCO TREE MD**  
Trimming Feeding Diagnosis

Bonded Insured

**480-544-5693**

**ISA Certified Arborist**

J.A. Mancino #WE7414A  
International Society of Arboriculture

On Staff: Certified Arborist

**Service Directory**

**Your Ad Here!**  
Only \$99/4 issues  
To place your ad call  
**480-966-0837**

**Service Directory**

**Garage Door SERVICE**

- Broken Springs Replaced
- Prompt Professional Service
- Repair & Installation
- No Extra Charge for Evenings & Weekends

*not a licensed contractor*

**480-251-8610**

**Service Directory**

**B&B Home Services**  
All Home Repair and Improvement



Electrical • Ceiling Fans • Painting  
Doors and Locks • Drywall Repair  
Plumbing • Stucco Repair  
Tile (small jobs) • Water Heaters  
Appliances • Etc...

(anything around your home, just ask if we do it)

"No job too big or too small"  
Over 30 years experience  
Fair Honest Prices!

Free Estimate

Paul (480) 560-5048

Not a licensed contractor

**Service Directory**

**Have shovel? Will dig.**  
semi-retired and looking for work

**REPAIRING:**  
Valves • Drip Systems  
Timers  
Since 1977  
Call Harris at  
**602-397-0119**

**Service Directory**

**Vic's Drywall Repair and Retexturing**

- Repair holes in drywall, block walls
- Refinish door or paint new doors
  - Stain and seal wood doors
- Paint pool fences • Epoxy coat garages
  - Remove wallpaper
- Repair and paint HOA common areas
  - Some handyman work also



For Free Estimates:



Call 480-820-5797 or 480-710-0034 cell

**Service Directory**



BBQ Islands • Pizza Ovens  
Outdoor Fireplaces • Fire Pits • Block Walls  
Stucco • Pavers • Flagstone

Jesus Trujillo **480.251.5554**

Licensed and Bonded • ROC#242596

**Service Directory**

**BATH & KITCHEN RE-CAULK & GROUT Specialist**

**WATER DAMAGE REPAIR & PREVENTION**

Eliminate *Mildew* & Seepage @ TUB & SHOWER

TILE DRYWALL TRIM  
and CABINETRY Repair

Including Repair of Cabinet Finishes  
Tom (semi-retired professional) at 480-560-4269

**Service Directory**

**THE PLUG MAN**

Lawn Core Aeration  
"When you want the HOLE job done"

**PREPARE YOUR LAWN FOR FALL OVERSEEDING**

- Save up to 50% on water and reduce soil compaction
- Improve turf grass rooting and eliminate run-off
- FREE Scott's Turf Builder fertilizer application
- Dethatching/Power-raking for extreme thatch build-up

**(480) 940-8196** [www.ThePLUGman.com](http://www.ThePLUGman.com)

ROC License#212226

**Service Directory**

**Your Ad Here!**  
**Only \$99/4 issues**  
 To place your ad call  
**480-966-0837**

**Service Directory**



*Interior • Exterior Painting*  
 Drywall repair with texture matching,  
 custom faux finishes and cabinets  
**small jobs also welcome**  
 26 years experience in the Valley  
**480-814-1588**  
 Lic. # ROC 069679

**Service Directory**

**CITY-WIDE Plumbing & Service Co.**

Slab Leak Repairs  
 Electronic Leak Detection  
 Water Heaters  
 RO Systems & Water Softeners



(480) 966-8795  
 Free Estimates

www.citywideplumbing.us

CONTRACTOR'S LIC. #  
 C-37 064 954  
 & L-37 086 764

\*no extra charges on Saturdays

**Your Ad Here!**  
**Only \$99/4 issues**  
 To place your ad call  
**480-966-0837**

**Service Directory**

**Vic's Painting**



**Vic Vovakes**  
*Dunn Edwards Paints*  
 Interior/Exterior  
 Specialist

1883 East Oasis Drive, Tempe, AZ 85283  
**(480) 820-5797** Cell (480) 710-0034  
 Visit Our Website: [Astoreonline.com](http://Astoreonline.com)

**Service Directory**

**L. HARDY PAINTING**

Residential & Commercial

- ◆ Painting
- ◆ Interior
- ◆ Exterior



*25 Years Experience!*

Now offering Home Improvements  
 FREE ESTIMATES  
**480-963-2498**  
 Licensed, Bonded & Insured • K34-137206

**Service Directory**

**CURE-ALL PLUMBING**



*Family Owned & Operated*

Full Service Plumbing • Insurance Claim Specialists  
 Water Heaters • Faucets • Fixtures  
 Drain & Sewer Cleaning • Electronic Leak Locating  
 Water Treatment Sales & Service  
 Sewer Video & Locating • Back Flow Testing & Repair  
 Sprinkler Systems and Repairs

Free Estimates ★ Senior Discounts  
**480-895-9838**

Residential/Commercial - Lic #204797

**Service Directory**

**SHAMROCK ROOFING SERVICES, LLC**

Specializing in residential reroofing and repair.

*24 years experience!*

Shingles, Tile, Shakes  
 Foam and Flat Roofs

**480-888-6648**

[shamrockroofing@live.com](mailto:shamrockroofing@live.com)  
 #ROC244568 C-42 Bonded and Insured

**Service Directory**



**Surface-Tech Painting Inc.**

*Much more than just a Painting Company!*

Drywall Installation & Repair • Wallpaper Removal  
 Staining & Lacquering • Texture Removal &  
 Matching • Power Wash • Epoxy  
**Most types of Home Repair & Remodeling**

Residential & Commercial / Licensed, Bonded, Insured  
**480.584.9697** ROC#185572

**Service Directory**

**ECONO CUSTOM & COMMERCIAL PAINTING**

Helping you keep your budget and superior quality

Interior and Exterior  
 Commercial • Residential • Retail  
 Office • Industrial • Custom Homes  
**25 years experience**

Call us today for a FREE estimate!

**602-326-9971**

[econo.painting@gmail.com](mailto:econo.painting@gmail.com) • ROC#254951

**Service Directory**

**CITY-WIDE Water Heater Co.**

Gas | Electric | Tankless

Installation Repair Replacement

**480-730-9410**

FREE ESTIMATES

[www.arizonawaterheater.net](http://www.arizonawaterheater.net)

Contractor's Lic. #C-37 064 954 & L-37 086 764

**Service Directory**

**Need A New Roof?**

Roofing all Types ♦ Repairs on all Roofing

Tear offs, Patio Roofs, White Coats

Roger Kretz

owner  
 480-233-0336

Dave

602-466-7674



ROC 155224

**Service Directory**

**DZ Paint, Drywall & Wall Covering**

Commercial & Residential



*Whether it's your home or your office, you name it, we'll paint it.*

**480-326-0851**

Licensed & Bonded • ROC#240852

**Service Directory**

Keep Scorpions Out Of Your Home  
 Once & For All  
**Seal Out Scorpions**



Inquire About Our Service & Request A  
 FREE Scorpion Control Packet  
 Call Today!

[www.sealoutscorpions.com](http://www.sealoutscorpions.com)

**480-820-7325**

**Service Directory**

**Your Ad Here!**  
**Only \$99/4 issues**  
 To place your ad call  
**480-966-0837**

**Service Directory**

**DeL S L Window Cleaning**

Residential & Commercial

Mike Tucker

**480-225-0510**

Free Estimates

**Service Directory**



**BRASSBERRYS**

Painting & Coating, Inc.  
**(480) 892-0463**

**Residential & Commercial**  
**Interior & Exterior Repaints**

Bonded • Licensed • Insured / 32 Years in the Valley

ROC Com. Lic.# 127135 ROC Res. Lic.# 107686

**Service Directory**

**Allstar Drywall & Painting**

*"We make the old look like new!"*

Painting Interior & Exterior  
 Popcorn Removal  
 Repair - Holes, cracks, water damage  
 Matching All Textures

**602-743-6209**

*30 years experience!*

Licensed/Bonded/Insured - ROC#209545

**Service Directory**

**AQUA-MASTERS Sprinkler & Drip Specialists**



**Specializing in**

- Sprinkler & Drip Irrigation Maintenance
- Troubleshooting and Repairs
- System Check-Ups
- Leak Detection
- Valves & Heads
- Wiring & Pressure Problems

**480-478-0073**

Quality Service  
[www.AquaMastersAZ.com](http://www.AquaMastersAZ.com)

Free Service  
 Call For  
 1st Time  
 Customers!

**Service Directory**

**Residential Window Cleaning**



*The Higher Standard In Window Cleaning*

**480-688-3447**

## Business & Financial

**Accounting** — At Your Service Accounting, Inc.. Full charge bookkeeping/accounting, payroll, sales tax reports, financial statements, IOLTA trust accounts. QuickBooks and Peachtree software plus remote access. 14+ years of helping small businesses. Outsource and \$ave. At Your Service Accounting Inc., 480-940-6203. See our ad in *Guide to Neighborhood Services*.

**For Sale** — Home based small business. Education enrichment. Tempe, Chandler, Ahwatukee area. No overhead, no inventory. Perfect for former educator; stay at home mom. Call Jim 480-777-3410 8/28

## Professional Services

**Legal Services** — Will & Trust Attorney. Convenient South Tempe attorney performs professional and personalized estate planning in a casual atmosphere for all ages and estate sizes. Free consultation. Small estates: \$350/couple for wills and powers of attorney. Christopher D. Hill, Esq. at 480-785-2640. 11/20/10

**Computer/Electronics** — Computer problems? Recover, install, fix. Contact Bill Kalaf, Certified Computer Examiner, at 480-215-8769 or email sickpc@cox.net. See our ad in *Guide to Neighborhood Services*.

## Child Services

**Child Care** — Experienced childcare provider, CPR/first aid cert, in my home, non-smoker, no pool, large play yard. Small play group, infant to 5years of age, 5days a week. Ray/101. 480-963-4665. 12/18

**Child Care** — Chandler/McClintock. No pool, 30 years experience, non-smoker, \$2.50/hr. Available day and night, weekends, prefer full timers. All ages welcome. CPR, references available. Call Diane 480-940-1664. 1/22

**Tutoring** — Remediation or enrichment in reading, math, writing, spelling, handwriting or study skills. 20 years experience with Master's Degree. Private, individualized lessons. Located near Warner/Rural. 480-838-1051. 9/11

## Service Directory

**A/C & Heating** — Your neighbors new air conditioner could have been installed by B3 Refrigeration. ROC# 229218 Call Today (602) 738-2581 to see if you qualify for FREE INTEREST for a YEAR, \$1500 TAX CREDIT, FREE ESTIMATES. Call (602)738-2581 TODAY. 8/11

**Cabinetry/Counters**—A Better Cabinet, Kitchen cabinet resurfacing, update with new doors, Cherry, Maple, Alder and Oak or easy care Thermofoil, 30 years experience, Call 480-650-9008 See our ad in *Guide to Neighborhood Services*.

**Carpentry** — \$22.50 per hour. Carpentry, Concrete, Drywall, Stucco, Roofing, Electrical, Plumbing, Painting. Patios, Additions, Kitchens, Bathrooms. Roberta or Roger 480-215-3373. rchildcustomcarpentry@cox.net. Plans if needed. Lic. Bond.Ins. 10/9

**Carpet** — Carpet Repairs. I can fix your carpet. Restretch, patch pet damage and spills, re-tack to tile, installation. Serving the valley since 1988. Licensed, bonded, insured. Your neighborhood carpet man. Call Dave 602-616-4544. ROC#080219. 9/11

**Doors** — Southwest Door Refinishing. Doors: refinishing, repainting, restorations, locks changed, repairs. Wood: staining, finishing, protection from the sun. Home Services: minor carpentry and painting jobs, furniture repairs and refinishing. Professional, reliable service. Quality workmanship and materials. Labor and materials guaranteed. Not a licensed contractor. 480-947-3878 9/25

**Drywall Repair**—Vic's Drywall Repair and Retexturing, Repair holes in drywall and block walls, Paint doors, pool fences, Epoxy coat garages, remove wallpaper, Stain and seal wood doors and other handyman services. Call for a free estimate, 480-820-5797 or 480-710-0034 See our ad in *Guide to Neighborhood Services*.

**Electrical** — Iron Core Electric. We do residential and commercial electrical work ranging from additional circuits, service changeouts, troubleshooting, to small Commercial Tenant Improvements. Honest reliable to make you feel comfortable. Licensed-Bonded-Insured ROC198028, ROC242123 Call Jesse 480-235-2498 12/18

**Electrical**— Electrical services including Residential/Commercial Troubleshooting, Data, Cable, Phone, New circuits, Fans, Can lighting and more. Reasonable rates and On time service. Call Simon (480) 818-2101 for your free estimate. Visit us on the Web @ www.smkelectric.net. Licensed, Bonded and Insured. ROC 243593. See the ad for SMK Electric elsewhere in this issue.

**Exterminating** — Scorpions can be kept out of the home! Is your exterminating ineffective? Are you fearful of being stung? Call to learn how to keep scorpions out of your home. 480-820-7325. www.sealoutscorpions.com See our ad in the *Guide to Neighborhood Services*

**Flooring** — Don't spend too much on flooring! Save \$100s to \$1000s on carpet, laminate, hardwood, tile, vinyl & granite countertops. Call Bruce 602-809-4309 Discount Floors. Cheaper than Home Depot, Lowes and other stores. Free estimates. ROC159447. 5/11

**Garage Door**—Garage Door Service, Broken Springs Replaced. Prompt professional service, Repair & Installation, no extra charge for evenings and weekends. Not a licensed contractor. 480-251-8610 See our ad in *Guide to Neighborhood Services*.

**Garage Door**—Honest Garage Door Service - Repairs and Installations of Garage Doors and Openers. Same Day 1 Hour Service. Available Weekends and Evenings at NO Extra Charge. \$39.95 Service Call (waived with most repairs / installations). Call 480-204-8765. (24/7). Not a licensed contractor. 12/18

**Gates/Fencing**—Custom Fences and Gates, Ornamental Iron Fabrication, We offer all types of fences, view fence, pool fence and others, 4x6 iron wood combo gate \$289, www.customfenceandgates.com, licensed, bonded, insured, ROC#230087, 602-254-8379 See our ad in *Guide to Neighborhood Services*.

**Gates/Fencing**—Sunset Fence, Inc. Raise your existing block wall to increase privacy and home value, or replace existing wood or concrete panel fences with a Sunset Fence block wall, serving the East Valley since 1977, licensed, bonded and insured. www.sunsetfence.com, 480-838-2870 See our ad in *Guide to Neighborhood Services*

**Handyman**—We Do It Services. Handyman jobs, property maintenance, phone jacks, painting, window washing, pressure washing, furniture assembly, hauling. Free bids. I do what your husband puts off! Greg 480-491-2373. Not a licensed contractor. AZ 321121 1/8/11

**Handyman** — Handy Man Dan for all your home and yard repairs, call Dan at 480-763-8379. Carpentry, plumbing, painting, electrical. I do it all. Specializing in the Kyrene Corridor. Local Resident with over 20 years experience. Not a licensed contractor, just a perfectionist. Free Estimates.8/11

**Handyman** — Dave's Handyman Service. 602-295-3991. "Ask us if we can do it." Electrical, plumbing, doors & windows, drywall, painting, home remodeling. Lic. #169409ROC. See our ad in *Guide to Neighborhood Services*.

**Handyman** — Honey-Do Handyman – General Repair and Maintenance. Electrical, home entertainment hookups, plumbing, install ceiling fans, fixtures, phone jacks and most repair jobs. Clean, neat and dependable. 25 years experience. Not a licensed contractor - Make your list and call Ron 480-233-1834 or 480-736-1599. See our ad in *Guide to Neighborhood Services*.

**Handyman** — Mi-Son Handyman home repair/remodeling. Specializing in kitchens/bath remodeling, electrical/ceiling fans, carpentry, plumbing, flooring, paint and roofing. We do it all, including trash removal, hauling, lock change, specializing in landlord, property management and Realtor needs. No job too large or small. 480-707-1221 or 602-330-5445. Call Mike or Sonia for estimates. Not a licensed contractor. 8/28/10

**Handyman** — Plumbing, electrical, drywall repair, interior/exterior painting. Honey-do lists welcome. Not a licensed contractor. Call Chris at 480-980-2442. 6/11

**Hauling/Cleanup** — Hauling, cleanup, remove dirt, rocks, concrete, unwanted items, junk, tree trimming and tree removal. Decorative rock spread. Call John for a free estimate. 480-231-3162. No job too small. 3/2012

**House Cleaning** — Personal Touch Cleaning Service. Affordable service with quality and reliability. 23 years experience, all supplies furnished. Call for free in-home estimate. Yes, I do windows. Excellent references. 480-838-4066 or 602-481-7000. Dar. 12/10

**House Cleaning**—"JENNIFER'S HOUSE CLEANING" Not enough time in a day?? Call 480-833-1027 for a free phone quote. Super dependable. Weekly, Bi-weekly, Monthly. References avail. 15 years experience Bonded- AG0601, Insured-46871 It's a CLEAR Choice!!! Call 480-833-1027 12/10

**House Cleaning** — A Clean Home!!! Not enough time...Let me help. Experienced and trusted. Detailed or just basic clean. I clean solo, no crews. Weekly, bi-weekly or monthly. Not enough time in a day?? Call Beth 480-862-4466 for a free phone quote. Super dependable. I bring all my supplies.....leaving you with a clean house. 8/10

**House Cleaning** — A Touch Of Mom's Cleaning! Licensed and Bonded for your protection. We believe in providing a personal touch on our cleaning as each person desires different things. We want your house to be cleaned the way you want it. Paula 602-621-1702. www.atouchofmomscleaning.com 2/11

**House Cleaning** — Housekeeper, cleaner, babysitter, petsitter, chef Trustworthy woman, loves children and animals, loves to cook and clean, work on the yard, looking for work! Feel free to contact me to set up an Interview for any questions! 480-570-4515. 11/20

**Landscaping** — Tedesco, Tree MD – 15 yrs of service, Tempe/ Chandler. “We are dedicated to the craft and science of tree work”. Pruning, Fertilizing, Problem Solving. Owner operated. Personal service, Insured, Bonded Arborist. 480-544-5693. See our ad in Guide to Neighborhood Services.

**Landscaping** — Yard cleanup and maintenance Trees/ Shrubs Trimmed Lawn Service Debris Removal Weekly, bi-weekly, monthly or one time clean-up Call Rob 602-431-1305. 8/11

**Landscaping** — Custom Landscape Blueprints save you money. Yard overgrown? Dirt backyard? Work with a professional landscape designer before hiring a contractor or starting your do-it-yourself projects. Carolyn Walstad Landscape Design 602-679-9273. See our ad in Guide to Neighborhood Services

**Landscaping** — Greg’s Landscaping - Free Estimates. Landscape design and installation. Sprinkler/irrigation and repair, landscape cleanup and hauling, tree trimming. 480-962-4167. 4/11

**Landscaping** — Landscape maintenance & installation. We provide quality work, dependable service, and we have English-speaking foremen. 10% of our profits are donated back to the community. Free quotes. KJE Landscape Maintenance www. KJELandscape.com ROC 263010. 480-586-8445. 3/11

**Landscaping** — Get Her Done Yard Care and Maintenance - One time clean-up or weekly or monthly service available. Free Estimates. Quality work at reasonable rates. \$10 Discount on first service over \$60. Call Eric 480-907-8278. 2/11

**Landscaping**—Desert Professional Landscaping – Landscaping clean-ups, lawn service, palm tree trimming, skinning palms, tree removal, weed removal from rocks, pre-emergent, sprinkler systems, sprinklers & drips, time clocks, flagstone, pavers, Winter Seed. Nine years experience. Call 602-690-3813 8/10

**Landscaping** — Sprinklers, Valves, Timers, Repair or Install. Additional Landscaping Services available. Call 480-710-8738. 2/11

**Landscaping**—Corona Landscape - Installation, Maintenance and Repairs. Complete installations, Makeovers, Commercial and Residential Maintenance, Landscape, Lighting, Sprinkler and Drip systems, Irrigation Timers, Granite and Boulders, Flagstone, Pavers, Plants, Trees and SOD. We show up. Ed 602-373-9100 7/10

**Landscaping—Urgent Affordable Tree and Total Clean-up Service, We do all trees, trim, removal, prune, top, shape, haul away, clean-up, weeds, anything. You name it! Do it today. Call Vuna 480- 600-7357 12/18**

**Landscaping**—Have shovel-will dig. Semi-retired man looking for work. 30 years experience with sprinkler systems. Call Harris 602-397-0119. See our ad in Guide to Neighborhood Services.

**Landscaping**—Lawn Core Aeration: SAVE WATER and prepare your lawn for overseeding and winterization. Reduce soil compaction and eliminate water run-off. FREE fertilizer application. 480-940-8196 www.ThePLUGman.com ROC #212226 All credit cards. See our ad in Guide to Neighborhood Services.

**Landscaping** — Jeff’s Lawn Service. Weekly/Biweekly. Reliable/ Reasonable. Call for a free estimate. 480-831-6460. 10/23

**Lighting** — Outdoor Lights. Buy system of 10 landscape lights & get 2 free! Call or visit us online (866)585-7898 www. iWantOutdoorLights.Com. CODE: 050479. 11/6

**Masonry** — Block & Rock Masonry, LLC. – BBQ Islands, Pizza Ovens, Outdoor Fireplaces, Fire Pits, Block Walls, Stucco, Pavers, Flagstone. Jesus Trujillo 480-251-5554. Licensed, Bonded ROC#242596. See our ad in Guide to Neighborhood Services.

**Painting** — Brassberrys Painting & Coating-Interior/Exterior Repaints, 32 Years Experience in the valley. Quality Products Used. Satisfaction Guaranteed. Commercial and Residential. Current References Available. Licensed/Bonded/Insured. Res. Lic#ROC107686. Com. Lic #ROC127135. Call 480-892-0463. See our ad in Guide to Neighborhood Services.

**Painting** — Village Painting – Interior/Exterior painting, drywall repair with texture matching, custom faux finishes, and cabinets. Small jobs also welcome. (ROC#069679) CALL (480) 814-1588. See our ad in Guide to Neighborhood Services.

**Painting** — L. Hardy Painting. Interior/Exterior painting, drywall, drywall repair and texture coating. Free estimate. Call 480-963-2498. Lic. #34/137206. See our ad in Guide to Neighborhood Services.

**Painting** — DZ Paint, Drywall & Wall Covering – A painting company with quality painters and affordable prices. Whether it’s your home or your office, you name it, we’ll paint it. Accent walls, garage floors, interior and exterior, commercial and residential. Give us a call for a free estimate. Licensed and Bonded. ROC #240852. Daniel 480-326-0851. See our ad in Guide to Neighborhood Services.

**Painting** — Vic’s Painting We use Dunn Edwards Paints. Interior/ Exterior Specialist. Experienced. Clean. Honest. Quality/ Guaranteed. Not a licensed contractor. References available. Free Estimates. Call 480-820-5797 or 480-710-0034 Today! Visa/Master Card accepted. See our ad in Guide to Neighborhood Services.

**Painting** — Tyler’s Decorating, specializing in complete interior painting, faux finishes, Venetian plasters, textured wall finishes, re-painting cabinets, crown moldings and wall paper removal. Color specialist/consultations available. Over 20 years experience. Excellent workmanship/ references. For a free estimate, call Tyler at 480-940-7775 for all of your painting needs. 3/11

**Painting** — Surface-Tech Painting - Drywall Installation & Repair, Wallpaper Removal, Epoxy, Staining & Lacquering, Texture Removal & Matching, Power Wash. Most types of Home Repair & Remodeling. Residential & Commercial. Licensed, bonded, insured. 480-584-9697. ROC#185572. See our ad in Guide to Neighborhood Services.

**Plumbing** — Cure All Plumbing- For all your plumbing needs. Water heaters, softeners, faucets, fixtures, drain and sewer cleaning, backflow and sprinkler service. Commercial/Residential ROC#204797 Free estimates 480-895-9838. See our ad in Guide to Neighborhood Services.

**Plumbing** — City-wide Plumbing & Service Co. Slab leak repairs, electronic leak detection, water heaters, RO systems & water softeners. Free estimates. 480-966-8795. www. citywideplumbing.us. Contractor’s lic. #C-37 064 954 & L-37 086 764. See our ad in Guide to Neighborhood Services.

**Pool Care** — Arizona Oasis Pool Service & Repair. LLC. Weekly service, full service or chemicals only, repairs, pumps & filters. Insured, dependable & trustworthy, references available. Service starting at \$60/month. Professional family owned business. 480-694-1518. See our ad in Guide to Neighborhood Services.

**Pool Care** — Complete pool care-full weekly service-low cost-including chemicals-chemical only service-green pool clean up-DE/Cartridge cleaning-salt cell cleaning-repairs-acid wash-bonded & insured – honest and reliable- Call Tom 602-332-5342 or 480-940-1805 Baja Pool Care See our ad in Guide to Neighborhood Services

**Pool Care** — Over 30 years in the pool industry with reliable and dependable service. Additional services include pump, motor, filter and DE grid replacements. Hayward vacuum cleaner repairs. Call Charlotte 480-838-9102 2/11

**Pool Care** — Weekly Pool Service and Repairs, best service, budget prices. Professional Pool Service and Repair, Budget Prices to meet your needs, call us first! Free Month of pool service, mention Wrangler News and get additional 10% OFF on all services www.cooltimesinc.com. 480-818-8971. 5/11

**Remodeling** — JAK Construction Inc.. – Specializing in all phases of construction. Rain gutters, Downsprouts, Aluminum and Vinyl siding, AZ rooms, replacement windows & doors, overhang trims/eaves. We love small jobs! Call (480) 820-8711. Licensed, bonded and insured. ROC # 112275. See our ad in Guide to Neighborhood Services.

**Remodeling** — Remodel contractor- R. Child Custom Carpentry, LLC. Plans to completion, carpentry, additions, patios, decks, concrete, drywall & stucco. Best prices for quality work. Since 1998. ROC B216115. 480-215-3373 See our ad in guide to neighborhood services

**Remodeling** — Cafarelli Construction offering residential and commercial work since 1974. Interior/Exterior, Kitchen & Bath, Room Additions. Licensed, bonded & insured. Lic#088929/101012. We are dedicated to the beauty of your home. 480-839-4452. See our ad elsewhere in this issue.

**Remodeling** — English Building Company, LLC, General Contractor, Your Neighborhood Contractor, Remodeling, Additions, Kitchens, Bathrooms, See Project Pictures and Customer references online at www.englishbuilding.net, Tempe Native,. Licensed, Bonded, Insured ROC 189470 Call today for a free estimate 480-603-8813 See our ad in Guide to Neighborhood Services

**Remodeling** — Custom Remodeling Specialist. Whole house remodels, kitchens, baths, bedrooms, counters & cabinets, tile &

carpet, garages, offices, patios, room additions and much more. John C. Erickson – owner. Over 20 years experience. Licensed (ROC#171687), bonded & insured. JCE Company, LLC. 480-200-9037. See our ad in Guide to Neighborhood Services

**Remodeling** — Arizona Home Works, Room additions, remodeling, renovating, patio covers, family owned, licensed, bonded and insured, www.ArizonaHomeWorks.com 480-357-7078 See our ad in Guide to Neighborhood Services.

**Remodeling** — Foreclosure? Remodel Contractor. Concrete, Block, Carpentry, Drywall, Stucco, Tile, Roofing, Paint. I crew for all. Plans and permits. Tempe based 12 years. 480-215-3373. Roger or Roberta for free estimates. 1/2011

**Roofing** — Bill's Awning and Construction. Reroof with lightweight stone-coated steel shingles, shakes or tiles. New roofing, reroofing, leak repairs, shingles, coatings. Free Estimates. Quality Workmanship. Ask for Cliff Frazier. 480-986-1606. See our ad in Guide to Neighborhood Services.

**Roofing** — Roofing specialist, 30 years experience, shingles, tile, shakes, flat roofs, leak repair and wood replacement. Free estimates. No Job too small. Licensed exempt, References available. Call Chuck 480-251-7886 11/10

**Roofing** — Shamrock Roofing Services. Specializing in residential reroofing and repair. Shingles, tile, shakes, foam and flat roofs. 24 years experience. shamrockroofing@live.com. #ROC244568 C-42 Bonded and Insured. 480-888-6648. See our ad in Guide to Neighborhood Services.

**Roofing** — Need a new roof? Roofing all types. Repairs on all roofing. Tear offs, patio roofs, white coats. Call Roger Kretz at 480-233-0336 or Dave at 602-466-7674. ROC 155224. See our ad in Guide to Neighborhood Services. 8/14

**Sprinklers** — Aqua Masters Sprinkler & Drip Specialists. Specializing in sprinkler & drip irrigation maintenance, troubleshooting and repairs, system check-ups, leak detection, valves & heads, wiring & pressure problems. Free service call for 1st time customers. 480-478-0073. Quality service. www.AquaMastersAZ.com See our ad in Guide to Neighborhood Services.

**Tile/Granite** — Tile and Stone Installations. Lic., bonded and insured. Serving the valley since 1974. Discounts to Wrangler readers. Free estimates, call Bob Lukert. 480-510-4650. 6/2012

**Tile/Granite** — Bath and Kitchen Re-Caulk and Grout, Specialist in water damage repair and prevention, eliminate mildew and seepage from tub and shower, tile, drywall, trim and cabinetry repair, including cabinet finishes, Tom 480-560-4269 See our ad in Guide to Neighborhood Services

**Window Cleaning** — Arizona Sun Window Cleaning – Call Ryan for competitive pricing and quality, honest work. Interior and Exterior. Cleaning of bug and sun screens included. I can also clean ceiling fans. Locally owned. Call for an estimate. Ryan (480) 329-8023. www.arizonasunwindowcleaning.com 11/6

## Personal Services

**Health & Beauty** — Active Lifestyle Training, specialized in home strength training, full-body functional training for individuals

or groups, lose weight and get toned, personalized to get results. www.XALTtraining.com, dawn@dawnkemmer.com 480-215-3668 See our ad in Guide to Neighborhood Services

**Live Music** — Make your next party or event one to remember, hire a live musician- soloist available for room temperature contemporary music or a full band for lively dance music, Many references available, Call Greg at 480-820-8394 or 602-460-8394. See our ad in Guide to Neighborhood Services

**Piano tuning & repair** — For over 20 years I have proudly tuned numerous pianos here in the valley. I can help you find an affordable used piano. \$80 piano tuning. Affordable repairs. Expert advice. Lawrence P. Cheatham, 480-316-0060. See our ad in Guide to Neighborhood Services

**Piano Lessons** — Qualified and patient piano instructor will come to your home. 15 years experience. Will teach children and adults of all skill levels. Making learning fun. Call Sandra 480-406-0138 or 480-969-9244. 11/20

**Miscellaneous** — Sort Your Space. Utilize all the space in your home or office. Rooms, closets, offices, garages, files, cupboards, kitchens, unpacking services. Diane Elliott, organizer. Insured, Free Estimates. 602-319-5279. sortyourspace@cox.net. See our ad in Guide to Neighborhood Services.

**Miscellaneous** — Images by Stone. Family portrait, weddings, commercial, special events. David Stone 480-329-5892 www.imagesbystone.com. See our ad in Guide to Neighborhood Services.

**Miscellaneous** — Gifted psychic at your service. Tarot readings, hypnosis, house blessings, ghost buster and tarot parties. Call Susie 480-626-1077. See our ad in Guide to Neighborhood Services.

**Private Art Lessons** — In my private studio. Instructor is experienced and degreed. Children, teens, adults and home schooled children welcome. All media and abilities. Weekly lessons. Call for interview. 480-838-2000. 5/11

## Pets

**Pet Services** — Pet Sitting. Have your pet pampered and cared for in the convenience of YOUR home. Bonded, insured. Member Pet Sitters International. References Available. Call Janice with Mrs. Doolittle, 831-9388. 2/11

**Pet Services** — Sue's Pet Friends – Tender Loving care in your home. Free initial visit. Daily and overnights available. Insured, Bonded, Member NAPPA and PSI. Serving Tempe, Chandler and Ahwatukee area 480-628-6958. See our ad in Guide to Neighborhood Services.

**Pet Services** — Pooper Scooper. Hate that poop? Love your pup! Call Mrs. Doolittle and she'll clean it up. Bonded and insured. 480-831-9388. 2/11

## For Sale

**For Sale** — Drum Set Excellent beginner. Complete 5 piece blue D2 Drumkit by ddrum, with upgraded Remo heads and Zildjian ZBT cymbals. Paid \$875 asking \$425 firm. Call 480-580-4436. 11/6

## Transportation/Automotive

**Auto Parts & Service** — Protect Your Car's Interior: Call for a dealer near you! (480) 967-1675. Retractable Sunshade – no storing or rolling needed. Custom dashcovers – reduce glare and protect. Protect your seats – from kids, pets and spills. Dash Designs, Inc. 6014 S. Ash Ave. Tempe. www.dashdesigns.com. See our ad in Guide to Neighborhood Services

## Real Estate

**Short Sale Negotiator** for Homeowners — FREE short sale/loan modification consultation. Call Ann Adams & Associates at 480-777-3414 or 602-330-2323. Know your options. 1/11

**For Rent** — ASU Condo, 2BR, LR, DR, full kitchen, patios, partially furnished, on-site laundry, storage, assigned parking space, water included. On Orbit (free) and public buslines. Bedrooms \$425.00 each. 602 723-4401. 12/6

## Community Events

**Craft Sale** — 33rd Annual Holiday Craft Sale. Holy Spirit Catholic Church, 1800 E. Libra Drive, Tempe, Friday, Nov. 5th from 12 noon – 8 p.m. Saturday, Nov. 6th from 9 a.m. – 6 p.m. Sunday, Nov 7th from 8 a.m. – 1 p.m. 11/6

**Place your ad by visiting www.WranglerNews.com. Cost is \$20 for 30 words online and in two consecutive issues. Call (480) 966-0845 from 9 to 5 Monday through Friday for frequency discounts and details about advertising packages that include your classified at no additional charge. Classified advertising deadline is 5 p.m. Monday for that week's issue. Thank you!**

Wrangler News is distributed every other Saturday throughout the year to 18,000 homes and rack locations in the Tempe 85284, 85283 and Chandler 85226 zip codes

## Wrangler News

2145 E. Warner Road, Suite 102, Tempe, AZ 85284-3497  
Hours: 9-5 Monday-Friday  
(480) 966-0845

We welcome your stories, photos — and ideas! Feel free to call with article submissions or suggestions. We accept manuscripts and photographs from area residents about topics of interest to our community. Sorry, we do not accept paid "advertorials." Articles appearing in Wrangler News represent the opinion of the writer and not necessarily that of the publisher. Acceptance of advertising does not constitute an endorsement of the described products or services. We reserve the right to reject content we feel does not meet the needs or interests of our readership. As you come in contact with purveyors of quality products and services, we hope you will encourage them to consider Wrangler News for their advertising. We rely on the satisfaction of our existing advertisers — and you — to continue to produce what we hope is a worthwhile and enjoyable publication. Thank you!

**Member:** Arizona Newspapers Association • Tempe Chamber of Commerce • Chandler Chamber of Commerce

To place a vacation stop and for other delivery requests, send email to editor@wranglernews.com or call (480) 966-0845. Full, downloadable copies of recent issues, along with a searchable database of past articles and a complete Media Kit with rates & information, are available at www.WranglerNews.com

Published since 1991 by NewsLink LLC, Don Kirkland, President

## Royalty, a-pair

Michelle Rollins and Noah Brown were crowned this year's queen and king at Corona del Sol High School's 31st annual Homecoming Celebration, observed at the Aztecs' Oct. 23 football game with Basha High. A Homecoming Dance for members of the Corona Band will follow on Friday, Nov. 12, in the school's small gym. Set-up time is 7:20 p.m., dance 8-10 p.m. Members of a parent-coordinated band boosters group are lined up to bring punch and cookies, and band members will oversee the decorations.

— Photo courtesy Kris Cartwright



## FALL SPECIAL!

1 Private Lesson and 4 Classes for **\$140!**

Are you looking to start Pilates?

Here's a great deal to get you started.

One hour of a private lesson with a highly qualified and experienced instructor and 4 reformer classes for only **\$140.**

Regular price is \$185. **Save \$45!!** Makes a great holiday gift!

Offer expires  
12/31/10



**PILATES**

6465 S. Rural Road, Tempe, AZ • 480-889-5509

go to [www.wkpilatesonline.com](http://www.wkpilatesonline.com) • email: [info@wkpilatesonline.com](mailto:info@wkpilatesonline.com)

**STEVE'S ESPRESSO**

Always French Press.  
Never Drip.

NOW FEATURING

# Cafe & Bakery

.....Breakfast & Lunch.....

Frittata • Stuffed Brioche • Muffins • Cookies & More!

SE Corner Baseline & McClintock • 480.7775373  
M-F 5:30am-7pm / S & S 6:30am-7pm / [stevesespresso.com](http://stevesespresso.com)

# Beat The Heat!

Summer Special \$90 per Month\*

## Indoor Boot Camp

Celebrating Our 5th Year 480.345.7008 • ProFitnessAZ.com

\*Price per class per month. Combo allows attendance to both classes. Limited time offer.

480.345.7008 • ProFitnessAZ.com

Mon & Wed: 5-6 a.m. and 7:30-8:30 p.m.  
Tues & Thurs: 11:30 a.m.-12:30 p.m. • Saturday: 7:15 a.m.

**ProFitness's Indoor Boot Camp Includes:**

- Cardio Training •
- Strength Training •
- Accommodates All Fitness Levels •

Limited space available. Call now for your special rate!

7420 S Rural Rd, Tempe AZ 85226  
NW Corner Of Elliot And Rural In Tempe

Our Trainers Have Over 40 Years Combined Experience!

# Andrew's

Restaurant & Catering **BBQ**

## Fall Special

### Full Rack of Slow Smoked St. Louis Style Ribs \$17.00

**BBQ Specialties for Eat In or Take Out**  
(Ribs, Pulled Pork, Beef Brisket)

**Homemade Side Dishes**  
(Mom's Coleslaw, Baked Potato Salad and Spicy Cowboy Beans)

**Smoked Meats by the Pound**

**Party Packs**

Full Service Catering  
[www.andrewcaters.com](http://www.andrewcaters.com)

Tempe

Rural & Guadalupe  
NW Corner next to Albertsons

480-244-4BBQ

Mesa

2110 W. Southern  
West of Dobson next to McDonalds

480-747-6247

[www.AndrewsBBQ.com](http://www.AndrewsBBQ.com)

## School tax-credit deadline looming

Tempe Union High School District has issued a reminder about Arizona's Tax Credit Program, which allows taxpayers to donate up to \$400 to a school of their choice in support of extracurricular programs and get their donation back in the form of a tax credit.

Contributions must be postmarked by Dec. 31 to apply the credit for 2010.

Funds from Tax Credit donations help to offset the costs

of extracurricular activities in local schools. The funds can be applied to activity fees, for equipment purchase and training aids as well as provide for additional instruction and coaching.

Contributions can be made either by downloading a donation form or making an online commitment on the district's Web site [www.tuhsd.k12.az.us](http://www.tuhsd.k12.az.us), or by completing a form at the district office, 500 W. Guadalupe Road, Tempe.

District offices will be open 9 a.m.-1 p.m. Friday, Dec. 31, to accept last-minute donations. Information: (480) 345-3716.



### "Best Pizza"

-GetOut Magazine

- Stone-Cooked Pizza • Over 40 Toppings Available
- Beer and Wine • Dine-In or Take-Out • Salads, Sandwiches, Calzones

**480-704-7404 | 3646 E. Ray Rd., Ahwatukee**

PRESENT THIS AD TO RECEIVE

## 15% OFF

YOUR ENTIRE BILL

Excluding alcohol • Expires 11/30/2010



## I WANT *the best* HEALTH INFORMATION *Healthy Living Seminar Series*



**Tempe St. Luke's Hospital**  
A CAMPUS OF ST. LUKE'S MEDICAL CENTER

At **Tempe St. Luke's Hospital**, we know that the best information can help you and your family. Join us for the following educational events. Our **FREE** seminars are designed to help you stay healthy.

### A Healthy High Five What You Need to Know About Arthritis of the Hand Thursday, Nov. 11

Jon J. Hanlon, M.D.  
6 - 7:30 p.m.

Tempe St. Luke's Hospital | Medical Office Building, Room 208  
1500 S. Mill Avenue | Tempe, AZ 85281

From eating to driving, we use our hands for almost everything that we do - so it's no surprise that arthritis occurs in multiple areas of the hand and at any age. Learn how to maintain the health and use of your hands in an interactive discussion about arthritis. Dr. Hanlon will discuss everything from rheumatoid arthritis to osteoarthritis, as well as prevention and treatment options for people experiencing pain and swelling in their hands.

### Say Hello to Holiday Health!

10 Holiday Health Tips

**Thursday, Dec. 9**

Presented by Jenel Day, R.D.

Food prepared by Chef William Redmond  
6 - 7:30 p.m.

Tempe St. Luke's Hospital | Medical Office Building, Room 208  
1500 S. Mill Avenue | Tempe, AZ 85281

During the holiday season, it's easy to ignore the rules of healthy eating and tell ourselves we'll lose added weight after the holidays - but there is hope! Join Jenel Day, registered dietitian with the Bridges Center for Surgical Weight Management, for an interactive discussion about how to eat healthy through the holiday season. As a special treat, sample healthy alternatives to the traditional holiday meals that we love so much. Say goodbye to holiday weight and hello to holiday health!

**REGISTER NOW. SPACE IS LIMITED!**

RSVP online at [tempestlukeshospital.com](http://tempestlukeshospital.com)

or phone **1-877-351-WELL (9355)**.

Visit [tempestlukeshospital.com](http://tempestlukeshospital.com) for more information. | [ArizonaER.com](http://ArizonaER.com)



To learn more about upcoming health seminars at Tempe St. Luke's Hospital, visit [tempestlukeshospital.com](http://tempestlukeshospital.com) or call **1-877-351-WELL (9355)**.

9th Annual

# Holiday Shoppe

Sponsored by AWE Women's Ministry

**Friday, November 12**  
9am - 6:30pm

**Saturday, November 13**  
9am - 5pm

**Arizona Community Church**  
9325 S. Rural Road • Tempe

You're sure to find something for everyone on your list!

Cash, checks, Visa, Master Card & Discover

For more information

## 480.491.2210

# Diversions

A GUIDE TO WHAT'S ENTERTAINING IN AND AROUND THE KYRENE CORRIDOR

With Mark Moorhead

## 'Due Date' chaotic but still boasts worthy acting

An uptight guy is forced to travel across America with an obnoxious guy. That's the simple, and by no means original, premise of the new road comedy *Due Date*, a 21st-Century spin on the 1987 John Hughes comedy *Planes, Trains and Automobiles*—it's like *Planes, Trains and Automobiles*, jacked up on crack.

Directed by Todd Phillips of *The Hangover*, *Due Date* stars Robert Downey Jr. as uptight Peter Highman and Zach Galifianakis as obnoxious Ethan Tremblay.

Peter is a successful L.A. architect who's in Atlanta on business, but itching to get home to his wife (Michelle Monaghan) in time for the birth, by c-section, of their first child. A run-in with the intolerable Ethan leads Peter into a wrangle with airport security, and both men get bumped from their flight and land on a no-fly list.

Peter also ends up missing his wallet, so when Ethan offers him a ride to "Hollywood"—he's headed there to become an actor—Peter has no choice but to

climb in.

What follows, of course, is a series of wacky episodes. But unlike *Planes, Trains & Automobiles*, in which Steve Martin was slightly stiff and fussy and John Candy was a bumbling but likable goof, Peter is an angry, anxious neurotic and Ethan is simply devoid of a single social skill, so pathologically inappropriate that he seems like he belongs in some sort of institution.

Thus the fine messes in which these two find themselves are correspondingly more extreme and ugly, in the manner of *The Hangover*. Ethan's imbecility causes car crashes and wrong turns and accidental bullet wounds and even an arrest by the Mexican police.

It also leads the short-fused Peter to punch a little boy in the stomach, to insult a wheelchair-bound war vet and to spit in the face of a dog (Ethan's marvelous French bulldog, who has a deadpan worthy of Buster Keaton).

Incredibly, director Phillips and screenwriters Alan R. Cohen, Alan Freedland and Adam Sztykiel still want *Due Date* to espouse the road movie's usual, sentimental theme: that traveling together is appalling, but that it's also a bonding experience.

Even more incredibly, thanks to the acting of Downey and Galifianakis, we actually do buy into the absurdly improbable bonding between the two men.

*Due Date* is a much more uneven piece of work than *The Hangover*, but it's also much more interesting, because while the gags are mostly crass and mean-spirited slapstick, the two leads keep taking the movie into complex, troubling psychological depths. Some capable supporting

actors, like Juliette Lewis, Jamie Foxx and Danny McBride, are given a scene or so each, to break up the sense that we're seeing a two-character play.

But that's essentially what the movie is. It turns out that Ethan has recently lost his father, whose ashes he's carrying—his westward trek is a response to his grief. A couple of times in the course in the film, Peter is excoriating Ethan when suddenly Galifianakis lets you see Ethan's very real and not at all comic bereavement spill out, in response to which Downey lets you see Peter's fury and superciliousness drain away, replaced by empathy.

So the suspense in *Due Date* had, for me, nothing at all to do with whether Peter would make it home for his child's birth.

Rather, I was on the edge of my seat worrying that Phillips would punish me, with the heavy-handed vulgarity of his comic touch, for caring about the connection that these two remarkable actors had forged in the middle of all this chaotic silliness.

Whether the crassness outweighs the humanity in the long run is a matter of individual taste, of course, but while I didn't always like *Due Date*, I wouldn't have wanted to miss these performances.

### Popular group sets Chandler Center date

Point of Grace brings its positive, life-affirming music, distinguished by soaring harmonies and compelling lyrics, to Chandler Center for the Arts at 7 p.m. Friday, Nov. 12. The group also will perform songs from a just-released Christmas album. Tickets are \$26, \$32 and \$36.

Information/tickets: [www.ChandlerCenter.org](http://www.ChandlerCenter.org) (no ticket fees).



## BASEBALL SPEED & CONDITIONING PROGRAM

**SPECIAL PRICE!**  
**\$399.00**  
Reg. \$549.00

### 16 SESSIONS

1 Trainer Per 3 Athletes  
2 Sessions per Week  
Call For Program Times and Dates  
Free Evaluation & Demo

### PROGRAM INCLUDES:

Baseball Specific Training Protocols  
Dynamic Warm-up/Ground Ladder Footwork  
Isokinetic Equipment for each Muscle Group  
Core Conditioning

### BENEFITS OF ISOKINETIC TRAINING:

Maximize Speed, Strength & Endurance  
Boost Explosive Power  
Improve 60-Yard Dash Time  
Increase Vertical Jump  
No Muscle Teardown or Residual Soreness  
Reduced Risk of Injury  
Raise Lactate Threshold/Recovery Time



Ryan Moore  
CDSHS/Kansas State

**480-496-0828**

8725 S Kyrene Suite #104 Tempe, AZ 85284

[www.fastathleteusa.com](http://www.fastathleteusa.com) [fastathleteusa@cox.net](mailto:fastathleteusa@cox.net)



## ADDITIONS • RENOVATIONS

RESIDENTIAL DESIGN BUILD SPECIALISTS

**480-357-7078**

[www.arizonahomeworks.com](http://www.arizonahomeworks.com)  
Licensed, Bonded, Insured ROC#177890

## Overnight Boarding—Just Like Home



- Fully air conditioned
- Cage free
- Soothing music
- Day or weekly timeframes
- Never alone (online webcam)
- Socialization/training included

Our canine camp is for dogs needing extended and overnight stays with training and daycare. Daily Report Cards are provided daily, which include an overall body health check of teeth, ears, heart, weight and share your dog's daily experience.

*Your Dog is treated like part of the family!*

**A-way To Wag, 480-838-1517**

Integrated Canine Training, Day School & Boarding Camp  
1730 East Elliot Road, #3, Tempe, AZ 85284 • [www.A-wayToWag.com](http://www.A-wayToWag.com)

# Notebook

From Page 21

to close out their awesome four years as members of the Corona golf team," said Reed. "I definitely will miss them both as they are a great asset to the team and two personalities that any coach would want on their team. They are helpful both on and off the course."

## Swim and dive

Corona's combined swim and dive teams took third place at the Tempe City Championships held at Rio Salado Swim Club, Oct. 27-28. The girls team placed third and the boys team fourth.

Notable finishes for the girls team included **Heidi Liou's** second place in both the 200 Yard Individual Medley and the 100 Yard Breaststroke, **Emily Lewandowski's** third in the 200 Yard IM, and **Taylor Thorn's** third in the 100 Yard Backstroke.

Several Corona girls relay teams finished in the top three including a third place finish in the 200 Yard Medley Relay for Thorn, Lewandowski, Liou and **Amy Hong**. The relay team of Hong, Amanda Watts, Liou and Lewandowski took third in the 200 Yard Freestyle, Aubry Stitt, Emily Baker-Slama, Watts and Thorn teamed up to take third in the 400 Yard Freestyle Relay.

Top four finishes for the boys team included Clay Meschke's third place finish in both the 200 Yard Individual Medley and the 100 Yard Butterfly, Matt Hayhurst's third place in the 100 Yard Freestyle and fourth place in the 50 Yard Freestyle, Matt Hurst's fourth in the 500 Yard Freestyle.

Freshman Chloe Hacker won first place in the girls 1 meter diving event by 100 points. Carli Giese came in 8th and Carrie Tate 9th for the girls team. Hacker and Giese combined to give Corona first in the girls diving event.

Hacker is on track to be the top seed in the Arizona State Swimming and Diving Championships held Nov. 4-6 at Kino Aquatics Center and the only member of Corona's dive team competing in the state tournament according to second-year dive coach Lije Arnold.

"What sets Chloe apart from the typical high school diver is that she is very focused, hard working and dedicated to the sport," said Arnold.

"She also has a great support system of family and friends. I think she has a great chance of finishing in the top five."

## Corona's initial placement by AIA

The AIA Executive Board has approved the initial placement of Arizona high schools into divisions by sport for the 2011-2013 school years. Corona's 2,390 enrollment placed all sports in the Division I category. Final division placements will be made Nov. 16, but it is doubtful Corona's placement will change.



### IT IS ABOUT YOUR HAIR

**Backstage Salon & Spa**  
(SW corner of Guadalupe & McClintock)

For your new style or simply for maintenance please call Mary at  
**602-570-4597**  
daboones@cox.net

### BRAZILIAN BLOW OUT

**New Rusk Deep Color SHINE**  
for your tint and highlights with incredible conditioning

**Mary Boone**

**Dana Hubbell Group**  
Real Estate Success since 1984

**602-697-3103**  
602-218-7542 Fax  
DanaHubbell@yahoo.com  
[www.ArizonaDreamHome.com](http://www.ArizonaDreamHome.com)

**Over 25 Years of Experience and Success.**



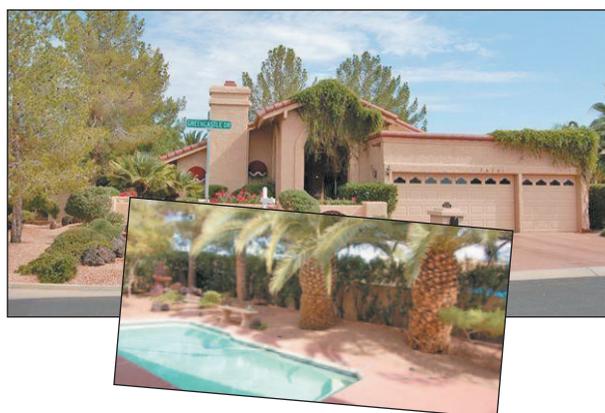
#### KYRENE SCHOOL DISTRICT - \$350,000

Highly sought after Parkside Estates in NW Chandler. 4 bedrooms, 2 baths, 3 car garage. Kitchen with granite, new appliances, large island. Crown molding, custom interior 2 tone paint. Lush landscaping front and back. N/S exposure. MLS#4464525



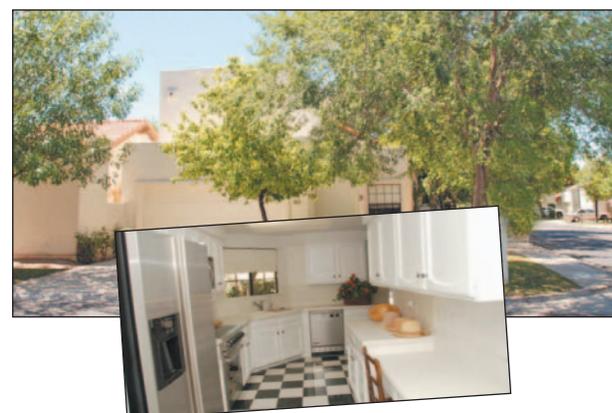
#### HIGHLY SOUGHT AFTER NEIGHBORHOOD - \$159,000

Great Room, split plan. Covered patio, desert front, grass back with sprinklers. New flooring in baths. Tile Entry, Kitchen and Laundry. Large Great Room. Lots of cabinets and counters. Bay window in Kitchen. MLS#4380013



#### GREAT CURB APPEAL IN SUN LAKES

2 bedroom with a den. Very private backyard with private pool, firepit and koi pond. Decorative concrete, beautiful front doors, vaulted ceilings, fireplace and tile throughout. Kitchen has new appliances and opens up to breakfast are and great room while looking outside to the pool area. Large master with sitting area. Call Brian 602-686-3304. MLS#4477546



#### BEAUTIFUL TOWNHOME IN POPULAR ALTA MIRADA - \$229,000

Large brick courtyard, double door entry. Master down, 2 bedrooms and bath up. Upgraded Viking Appliances, security system, garage cabinets, fireplace, wet bar, shutters, french doors, very nice and large!

## Discount RATES without discount SERVICE.



It's no accident more people trust State Farm to insure their cars. Call today.

**Mary Contreras, Agent**  
2145 E Warner Road, Suite 101  
Tempe, AZ 85284  
Bus: 480-775-7788  
mary.contreras.gpdf@statefarm.com  
Hablamos Español

LIKE A GOOD NEIGHBOR STATE FARM IS THERE.®

Providing Insurance and Financial Services

State Farm Mutual Automobile Insurance Company (Not in NJ), Bloomington, IL

P040034 12/04



**IT'S A GREAT  
TIME TO BUY!**



**contemporary luxury home**



stunning architecture  
 custom quality construction  
 5 bedrooms • 5 baths  
 split master • 3 fireplaces  
 heated salt water pool • spa  
 view deck • extensive patio  
 children's play area  
 detached garage with power  
 and waste dump for RV  
 corner lot • mountain views  
 gated community  
 luxury at it's finest!

**beautiful and practical T.W. Lewis home**

mature neighborhood  
 4 bedrooms • 2600+ sq.ft.  
 sleek gourmet kitchen  
 breakfast bar • extended  
 height countertops in kitchen  
 and baths • murphy bed  
 built-in desk and craft table  
 spacious master with his/hers  
 walk-in closets • huge master  
 bath • two new a/c units  
 new dishwasher, compactor  
 and updated lighting  
 fantastic location



**priced right short sale**



5 bedroom • 3 bath  
 great curb appeal style and  
 many upgrades • tile in all  
 the right places  
 island kitchen with maple  
 cabinets and huge walk-in  
 pantry • split floor plan  
 with grand master suite with  
 sitting room, roomy loft,  
 easy-care yard with oversized  
 covered patio • \$220,000

**opportunity knocks**

location, location, location  
 charming home with family  
 friendly floorplan  
 3 beds, 2 baths, light, bright,  
 open, eat-in kitchen  
 large master with walk-in  
 closet, fireplace, tile flooring,  
 covered patio • large lot,  
 well manicured lawn  
 north/south exposure  
 kyrene schools  
 call Patti for further details  
 \$160,000



**ocotillo area**



lovely 3 bed 2.5 bath  
 great floorplan  
 island kitchen  
 cozy fireplace  
 great backyard with  
 covered patio and pool  
 north/south lot  
 golf course subdivision  
 price reduced  
 \$20,000  
 bank owned

**pinetop lot**

always wanted to own a lot in  
 pinetop? Now's your chance—  
 heavily treed lot in pinetop  
 country club area • located  
 near end of quiet street  
 underground utilities to  
 lot line • level building site  
 filled with ponderosa pines  
 price reduced!  
 seller will look at all offers!



**Patti Agnew**  
**480.797.2891**

[www.pattiagnew.com](http://www.pattiagnew.com)

**Results**  
 through friendly  
 negotiation

# Wrangler News

**South Tempe Edition**  
Nov. 6 - 19, 2010 • Vol. 21, No. 23

'The Valley's Best Community Newspaper'  
Phoenix Magazine 2007

## Face time

*Even though temperatures have continued to hover on the high side, the calendar tells us fall is officially here, and what better time for a small celebration of the season. At her annual festival, State Farm agent Mary Contreras gave kids a chance to show off their fall colors, courtesy of face painter Tichina Mayberry, a senior at Chandler High School. Happily showing off her new look was Ariella Golden, 8.*

— Wrangler News photo by Mark Crudup