

Wrangler

NEWS

Kyrene Corridor Edition

Aug. 1-14, 2009 • Vol. 20, No. 15

Making a big community a little bit smaller.

Big gulp

Triple-digit temperatures didn't stop Dylan Huch and a squad of other freshman hopefuls from taking part in a weeklong pre-season training camp under the tutelage of Corona del Sol head football coach Ken Olson. Story and more photos, pages 12-13.

— David Stone/Wrangler News

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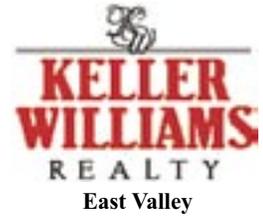
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5BR/4BA Single Family House very nice home with upgraded kitchen, granite slab counters, stainless appliances, gas cook top, open spacious family room with entertainment niche, split floor plan with wonderful master and master bath, separate media/game room. Gilbert, AZ offered at \$585,000



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Beautiful in every detail. This home needs no work, shows sharp like a model home.

Beautiful kitchen with white tile counters, great floor plan with 2 masters, nice living/great room with fireplace and french doors leading to nice fenced backyard with grass. Yard perfect for pets, children or entertaining. 2BR/2BA and 1362 square feet. Built in 1985. Listed at \$213,000



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New principals at four Kyrene schools when classes start Monday, Aug. 10 Teacher meet & greet sessions set district-wide Aug. 5, 6

The Kyrene district will welcome four new principals when the new school year starts Monday, Aug. 10.

Longtime Kyrene del Pueblo Middle School principal Tom Sieger retired this summer after many years of service to the district. Assistant Principal Jama Nacke will take over Sieger's vacated spot.

Students at Kyrene de la Paloma Elementary School said farewell to Principal Beth Lang this year. Janet Tobias, most recently assistant principal at Kyrene de las Brisas, is now the principal at Paloma.

At C.I. Waggoner Elementary, Lisa Gibson, most recently assistant principal at Kyrene de las Manitas, will take the reins as principal.

At Kyrene del Cielo, veteran principal Mike Deignan takes over after being recruited from Madison School District in Madison, Wis.

"We made a family decision to move to the

Southwest so we could be closer to my wife's family," Deignan said. "We researched school districts, and Kyrene was one of the top ones in the state; I am lucky that I landed here."

Deignan bring four years of administrative experience and 20 years of education experience with him from Madison.

"I am excited to be apart of a high-performing school district and a phenomenal community," Deignan said.

"I am looking forward to meeting and working with a new group of great people."

Having lived and grown up with a family of educators, Deignan said he was sure of his profession from a young age.

"Both of my parents were in education, so I knew that's what I wanted to do when I was very little," Deignan said.

"I pretty much did not have a choice, but luckily it was the right choice for me."

The public can meet and see the new principals and the rest of the staffs of all of the Kyrene schools at the annual meet the teacher night.

The middle schools will open their doors from 5-7 p.m. Wednesday, Aug. 5. Elementary schools will hold open houses from 5:30 to 7 p.m. Thursday, Aug. 6.

Online classes added to Kyrene school curriculum

A program that makes it easy to take quality, noncredit courses online is now available through the Kyrene School District.

Kyrene has partnered with the firm ed2go to offer hundreds of online, instructor-facilitated courses, including the latest addition, "Introduction to Photoshop CS4."

The Photoshop class is part of Kyrene's growing catalog of more than 300 instructor-facilitated online courses. Course participants are able to learn at their convenience, with the flexibility to study at their own pace but still have enough structure and support to complete the course—and they can access the classroom 24/7 from anywhere with an Internet connection.

New sessions of each course run every month. Courses last six weeks, with two new lessons released weekly (for a total of 12). The courses are entirely Web-based with comprehensive lessons, quizzes and assignments.

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First Person

Not the next Olympic sport perhaps, but don't tell those growing legions of dodgeballers

Story & photo by Emily Jacobson

The Great American Dodgeball Bash at Kiwanis Park Recreation Center managed to draw what, to me at least, seemed a huge turnout. It was a tournament-style, double-elimination contest, with the open-division winning team walking away with \$1,000 (\$500 for the co-ed division).



Emily Jacobson

Even though I don't consider myself a dodgeball authority, it didn't take long to get caught up in the fervor, based on the sights and sounds of chaos, fun and just a bit of oddity.

The price of entering the tournament was a reasonable \$150 for one division, \$200 for two. Each team numbered nine players; each match consisted of three games.



A best-of-three tally determined the competitors' next match.

Decked out in neon green, gray, white, black and red t-shirts, the teams drilled to the sound of dodgeballs as they reverberated through the gym with startling kur-thumps. Although the atmosphere was indeed fun-filled, it seemed obvious that the players considered strategy a challenge not to be taken lightly.

During a drill, I watched in mild astonishment as a white-team member found herself pushed against a wall, forced to quick-step as balls, thrown by her teammates, hurtled at her. It was a tableau reminiscent of a firing squad.

In team huddles, captains whispered formation and strategy with determination. Dodgeball, it turns

out, is not for the underachiever.

As one conditioned to believe that dodgeball is primarily a sport reserved for summer camp and elementary school phys-ed classes, I was surprised by my observations of the adult teams warming up with athletic gear, knee pads and a look that was more menacing snarl than competitive scowl.

The knee pads are worn, I'm assuming, as a way to better fling oneself out of danger's way, which I can appreciate. These dodgeballers are not to be trifled with.

The players appeared to range in age from teen to 30-somethings, covering a broad spectrum of skill.

There was one terrifying dodgeballer on the white-team whose 6'4" frame, muscled arms and hard, glinting eyes would surely do some poor opponent serious harm. Then again, it seemed to pay to be light and quick of foot.

I noted, by the way, that the co-ed teams always seemed to have a girl still standing at the end of the match, an observation that suggested, despite earlier conclusions, that serious players don't all end up in body casts.

Dodgeball, I've decided, is an inexpensive, fun and healthy way (if you discount the bruises) to meet people and expel frustrations and stress.

Why not gather eight of your friends, make some t-shirts and do something different?

You might even see me out there.

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News & Notes

with Tracy Doren

Start of new school year offers each child a different path on the road of life

How can it be time for new lunch boxes and backpacks already? As I check off the supply list for each returning student in my house, I recall my own youth in Minnesota, where the nip in the air was the first boding of the start of a new school year, not to mention the long, cold winter ahead.

My only gauges of when it's time for classes to start here are the calendar and the store aisles full of back-to-school supplies.

As my family prepares for this new school year, each of the kids has a different take on the days ahead.

My oldest will be a senior this year and is eagerly anticipating the freedom of early-release days and leaving campus for lunch, plus taking another big step toward adulthood.

Next in line is my freshman. I look at her and her sister and realize what a difference three years can make. As the younger one walked onto campus to pick up her books the other day, I could see in her eyes the excitement

of all the adventures that high school promises: new friends, dances, football games— just a few of the joys that await her, no doubt.

As I watch her, I realize how quickly the years pass.

As to the two younger kids, they're simply excited about all the little

things: the new school supply list, who their teacher will be, will their friends from last year be in their class this year? Who will they sit by on the first day?

It is a bittersweet moment when all the kids set off on their first day of school each year, complete

with new outfits and backpacks and the dreams of new adventures that lie ahead.

As a mom I watch them set out on the first day hoping that all those dreams are fulfilled.

The only thing missing from my memories of each first day of school is the nip in the air.



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Dancing into the hearts of America Breast cancer theme brings judges, audience to tears

By Alex Zener

Corona del Sol graduate **Ade Obayomi** and his original partner **Melissa Sandvig** danced into the hearts of America with an emotional Tyce Diorio contemporary number with a breast cancer theme on Fox's reality show *So You Think You Can Dance* during episode 18 on July 22.

The piece involved more than just dance steps, featuring some incredibly courageous leaps and jumps by Melissa while Ade caught her with almost effortless strength and reliability as a partner.

At the end, Melissa was crying, the judges were crying, and the audience in the studio and at home had tears in their eyes.

Judge Nigel Lythgoe said it was one of the most

memorable routines on the show and he couldn't think of a better couple to dance it than Ade and Melissa.

The audience agreed with the judges and voted to keep both Ade and Melissa as one of the top six performers, along with Brandon, Jeanine, Evan and Kayla.

The latest penultimate performance show, which aired July 29, showcased the top six dancers (Ade, Melissa, Brandon Bryant, Evan Kasprzak, Jeanine Mason and Kayla Radomski).

The results show aired July 30, and determined the final four. If Ade made it into the final four, the last week will include a two-night finale, Aug. 5 and 6, to determine America's favorite dancer for season five.



Ade Obayomi and dancing partner Melissa Sandvig during their most recent performance on 'So You Think You Can Dance.'

— Photo courtesy Obayomi family

Math materials now open for public review

The Kyrene School District has initiated a 60-day public review of potential supplemental math resources to be adopted for implementation in the 2009-2010 school year.

Several materials are under consideration for adoption to supplement the current board-adopted resources in mathematics. Instructional materials are on display at the district office, 8700 S. Kyrene Road, Tempe, through Oct. 16.

A recommendation for adoption will be made at the Oct. 20 Governing Board meeting. For information contact Suzi Mast, assistant director of curriculum and assessment, (480) 783-4131 or smast@kyrene.org.

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News & advertising deadline for the Aug. 15th edition of Wrangler News is 5 p.m. Monday, Aug. 10

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Buono viaggio!

Longtime south Tempe residents Don and Bobbie Cassano are winners of a trip for two to Italy, sponsored by Vincitorios Restaurant. Don is a former Tempe vice mayor and Bobbie is a marketing director with Arizona Bank & Trust. They were among 125 prospective winners.

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Workshop #3
Wednesday, August 19, 2009
Thursday, August 20, 2009
The Salt River Pima - Maricopa Indian Community and the cities of Tempe, Phoenix and Scottsdale are holding the final community workshop to present the Master Plan Concept for community review and comment.

The Regional Master Plan will enhance:

- Natural, cultural, historic and archaeological resources
- Transportation, trail connections and wayfinding including ADA accessibility
- Environment and native habitats
- Structures and facilities for renovation and/or restoration
- Park activities and education
- Sustainability for the park

August 19
6:00 p.m. - 8:00 p.m.
Salt River Pima-Maricopa Indian Community Center
1880 North Longmore Road
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OR

August 20
10:00 a.m. - 12:00 p.m.
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Achieving happiness follows simple formula, study says

Editor's note: The following column is excerpted from the monthly newsletter of Realty Executives Realtor Glenn Loper.

Would you like to live a happier, more fulfilled life? New research suggests you may be able to find greater happiness, just by following a simple formula.

In a recent study by Professor Ed Diener, psychologist at the University of Illinois, people rated how happy they were based on a number of questions. Diener compared the answers across the spectrum of age, sex, marital status, income and health.

Strong evidence showed that happiness leads to better health and longer life—no surprise there.

But what did come as a surprise is that levels

of happiness change based on age and social involvement.

Here are a few of the specific factors researchers found that made people feel happier:

Family and friends. The better and more fulfilling the relationships with family and friends, the happier people felt. Having friendships was shown to have protective element against illness. Researchers found that friendship actually had a bigger effect on the average person's happiness than a person's income.

Marriage. Being married also seemed important. Marriage added an average seven years to a man's life, and four years for women.

Meaning in life. People who felt there was a larger purpose to their life—religion, philosophy, or spirituality were happier.

Goals. Happier people had pleasing long-term goals they worked toward and enjoyed achieving.

In several supporting studies, Dr. Martin Seligman, professor at the University of Pennsylvania, found that practicing simple exercises can increase a person's level of happiness and decrease depression.

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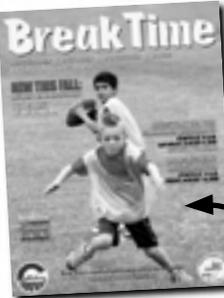
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 August 8 for Residents • August 14 for Non-residents
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- Daily youth drop-in activities at Tumbleweed Recreation Center, 4-8 p.m.
- Fall intersession camps are October 5-20
- Teen recreation activities at Chandler Junior High Schools
- Unitown Camp in Prescott, October 8-12
- Nature classes at Environmental Education Center


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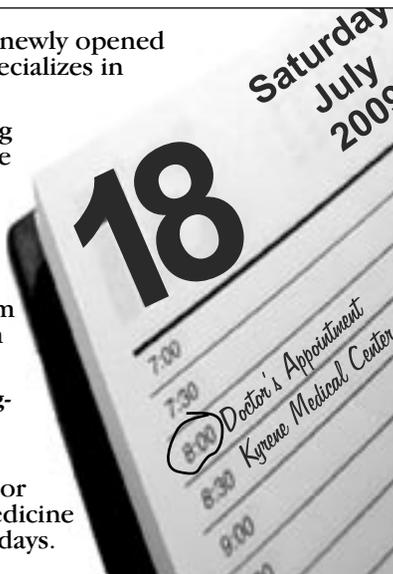
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Kyrene Corridor *Briefs*

D.W. Higgins Institute will be marking its 12th year as a K-8 charter school by moving to a new campus on the northeast corner of Southern and the Price/101 Freeway.

The new campus, which opens Aug. 10, features state-of-the-art technology, a 650-seat auditorium, a gymnasium that seats 500, new sport courts and age-appropriate playgrounds.

An open house is scheduled 6 to 8 p.m. Tuesday, Aug. 4. The public is invited to tour the facility.

Information: www.dwhiggins.org or (480) 413-0829.

The **Chandler Chamber of Commerce** and sponsoring **First Credit Union** will host the chamber's annual golf tournament Tuesday, Sept. 15, at Ocotillo Golf Resort.

The event will tee off at 7:30 a.m., with registration and breakfast starting at 6. Foursomes are \$700 and include continental breakfast, awards luncheon, goody bag, range balls, beverages on course, team photos and raffle ticket.

An early-bird special offers a foursome price of \$600 for groups registering prior to Aug. 8.

Donations are also being sought for the tournament for silent auction and raffle items.

Information: Karen Hall at the Chandler Chamber, (480) 963-4571 or karen@chandlerchamber.com

More than 250 people jammed Tempe Center for the Arts for the annual Tempe Youth Showcase, produced by Tempe teens with support from **Lynette Stonefeld**, project director of **Communities in Schools of Tempe and Kyrene**.

The teens worked for three months learning varied aspects of producing a community event, including working with media, creating a sponsorship program, determining a theme, creating performance guidelines, auditioning acts, laying out the show and performing technical duties the day of the show.

Eighty young people between the ages of 6 and 18 were featured in the program.

Communities in Schools is a project of Tempe Community Council. Information: (480) 858-2300 or www.tempe.gov/tcc



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The musical *Two by Two* will be **Tempe Little Theatre's** first performance of the season, starting Sept. 18.

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Tempe Little Theatre is the city's only all-volunteer, not for profit community theater group, celebrating 38 years.

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Was first to bring fine-dining concept to area

John Henry's achieves rare balance of quality, service, affordability

By Jeremy Banks

John Henry's, a Tempe dining tradition for almost two decades, is looking to show customers a good time.

"It's an upscale type of restaurant," said manager **Tracy Canfield**. "We have a nice, relaxed kind of romantic atmosphere."

With low lights and music, the environment is one which Canfield believes is a breeding ground for good conversation and relaxation.

The menu is something John Henry's is proud of, she said.

"Folks come from all around just to get the lobster bisque here," Canfield said. "We have a lot of nice, classic dishes on our menu."

Lamb chops, home-made Italian potato pasta, oyster on the half shell and filet mignon are some other popular dishes. Canfield said the menu is diverse, thus able to satisfy the widely ranging tastes of its loyal customers. But, she added:

"You can also get a burger here."

In addition to supporting the concept of outstanding cuisine,

Canfield said John Henry's also wants to establish itself as a supporter of local talent.

"We have great live entertainment, and that's another reason folks come here. We try to support local artists," she said. "Those are the kinds of things we like to do to support the community and draw people to our location. There are different artists every night of the week."

There are shows featuring local guitarists, pianists and saxophone players. The music is diverse, ranging from rock to jazz.

On Sundays and Mondays, John Henry's features jazz artists and pianists. Pianist Roxy Doxy is one of the main attractions. On Tuesdays rock is the entertainment focal point. Lately, Noel Kirkland, who sings and plays guitar and piano, has made guest appearances.

"He's played all over the United States," Canfield said. "Now he does more of an American rock and roll show."

Jared Howe performs on Tuesdays and Thursdays. Howe specializes in jazz, swing and blues. He plays his

tunes on the piano, saxophone and guitar. Howe also sings for the crowd.

Wednesdays is Disco Fever. There is also live stand-up comedy. This week's feature performer was Stu Baker. He is a comedian from the Tempe area. On Saturdays, rhythm and blues takes center stage, featuring vocalist Race Brown.

John Henry's also displays paintings from local artists.

The restaurant was opened in 1992. Canfield said, at that time, the restaurant was looking to provide the area with something unique.

"There was not a really fine dining restaurant here in the area," Canfield said. "There wasn't any live entertainment. We really wanted to bring something different."

John Henry's decided to become the area's source for those things.

Years ago, the owners envisioned a restaurant which stood out from the rest. The dream, Canfield said, has developed into a reality.

Canfield said it has become a prime spot for dancing and special events.. Customers enjoy having birthday parties, events and meetings at the restaurant.

"It's just a nice place where they can sit at the grand piano and listen to the entertainment," Canfield said. "We have a full bar and a great wine list. Our menu is not highly priced."

Canfield said when John Henry's decided on a philosophy, customer service was something it wanted to thrive on. She said the staff is experienced, emphasizing respect and making the customers feel comfortable.

— JOHN HENRY'S, Page 20

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Triple-digit temps heat up players' determination Early workouts ready freshmen for new region lineup

By Alex Zener

Corona's 2009 football players may not quite be ready for prime time, but aspiring freshman players already have endured sweltering conditions to participate in a weeklong freshman football camp under recently promoted head coach **Ken Olson**.

Olson took over the freshman program in June after his predecessor, **Dave Vibber**, retired in May. Four freshman coaches will be responsible for getting incoming Corona freshman players ready to play high school football by Sept. 2.

"I will be responsible for calling the defense and overseeing the entire insertion of the team," said Olson. "I have appointed as offensive coordinator **Pete Pond**, offensive /defensive line coach **Dave Spadafore** and QB/ defensive back coach **Jason Difrancisco**."

In addition to getting their players ready for the upcoming season, Corona's coaches have been

watching them carefully in this triple-digit heat and taking lots of water breaks.

"I'm using a formula that calculates the minimum amount of water each football players needs in an attempt to combat the heat," said Olson. "Each player should drink five ounces of H₂O for every 10 pounds of body weight. I am also asking our athletes to refrain from eating junk food and drinking soda and coffee."

Corona athletes will be playing against new 5A-I region opponents this season. Redistricting altered the schools' alignment, but Corona ended up keeping the same region name.

"The 5A was going to change our region name since so many teams moved around," said CdS athletic director **Dan Nero**.

"But they changed their minds, and our region is still called the Central Region. The teams now in our region are Basha, Dobson, Gilbert, Highland, Mesquite and Mesa Mountain View. Lots of

competition."

So what does Coach Olson think about his freshman team's prospects in the upcoming season?

"I think we will be competitive," he said. "I'm pleased with some of the speed I've seen so far. I won't now about the skill level of the players for a couple more weeks when we get into more game-type situations."

Olson also thinks Corona's freshman team should be up to playing anyone in the new region.

"Some schools added to our region have great traditions and the expectations are high. I want to bring that tradition to CdS," said Olson.

"But you have to keep in mind that all the teams are still high school kids, and we all play the same."

"Our main competition may be among ourselves," said Olson. "You need to remember that these players are all new to high school athletic requirements, and some have never played before. Getting the best

— FRESHMEN, Page 11

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Corona grad-turned pro Mike Pollak helped fire up freshman hopefuls at Aztec pre-season football camp.

— Wrangler News photos by David Stone

Freshmen

From Page 12

players on the team at the correct positions and then playing together as a team will be our main challenge.”

Corona’s freshman team will meet non-region opponent Brophy Broncos at home on Sept. 2.

Injury can’t stop star athlete from pursuing his passion

By Jeremy Banks

It took only one time for **Demetrus Johnson** to find himself sold on the latest discovery in maintaining peak physical condition. A wide receiver for the University of Minnesota Golden Gophers football team from 2000-2005, Johnson moved here after the Arizona Cardinals added him to their lineup.

But an injury cut short his promising career, and Johnson needed to get back into playing condition.

Now, after exercising for several weeks at a Kyrene Corridor fast-training facility, Johnson is introducing his friends and area football coaches to the same kind of workout.

On Saturdays, he holds a workout with high school athletes, and says he already has witnessed improvement among many of them.

Now, he’s on a mission.

“I’ve been trying to spread the word, talk to





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Passion

From Page 13

in the (National Football League).

"I've been introducing them to this type of training," Johnson said. "Hopefully this off-season we'll have a few more of the players that I know coming down."

Johnson said a growing number of the high school coaches have taken an interest in the training. The players are excited, too, he said.

"It's two athletes in particular. I was there at the time when they started until now, and you can definitely see the improvement," he said.

Josh Clark and his wife Lara, who have adopted the new strategies into their training protocols at a facility called Fast Athlete USA, say their unique, high-tech workout improves athletic ability. It helps high school athletes reach the next level.

"You're putting into play more muscle tissue and we're creating more explosion and speed," Lara said. "We're basically putting two things together."

While growing up in Milwaukee, Johnson said, his journey through football would have been much easier had he been introduced to this type of training.

"I never had anybody taking time out to say 'Look, maybe if you do this and learn it at an early age, when you get to that next level it's going to be that much easier for you,'" he said.

"Growing up, all I had was my natural ability and natural talent; all I ran off of is what I knew. But if I

— PASSION, Page 15

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Passion

From Page 14

could get exposed to somebody who was going to dedicate their time to getting me better, I would have been that much better and that much more ready when it was time to play at the next level.”

Although he had gone through many training sessions, Johnson said, the workouts he got here were different.

“I’ve been through plenty of different types of workouts, but this by far was the best one that I’ve experienced,” he said. “You feel good because you know you just worked out. You’ve pushed your body to the limit.”

Johnson, who works as a marketing representative, was introduced to the new workout protocol while doing his job. He was later convinced to come in and try it for himself.

“I stopped in to see what they were doing as far as marketing,” he said. “I’ve been going ever since. It was a blessing in disguise.”

Johnson’s football injury required

surgery. His anterior cruciate ligament was rebuilt.

After the surgery, Johnson was not able to train the way he did in the past.

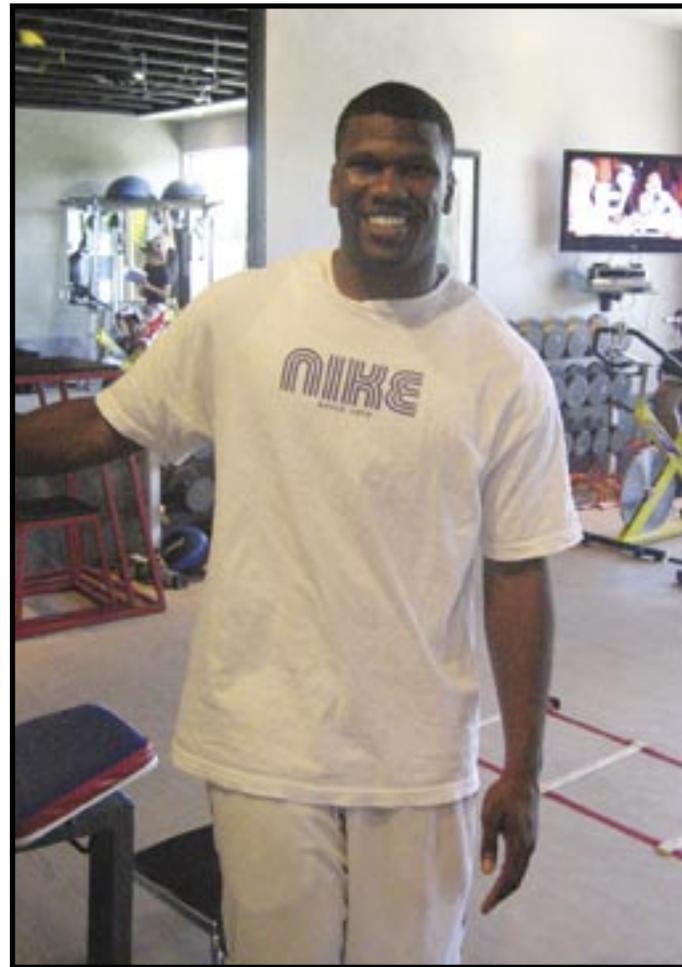
“For a long time I wasn’t able to train on my leg the way that I was supposed to. Since I’ve been introduced to this equipment and this type of training, I’m able to train on my leg the way I’m supposed to,” he said.

Training involves fast-twitch isokinetic training equipment designed to provide a more effective workout with little risk, according to co-owner Josh Clark.

“We train at high rates of speed with zero risk of injury. It’s the quickest way you can get your body conditioned. You’re working two directions at the same time, so you’re building lactic acid in your blood stream. Lactic acid is a precursor to growth hormones.

“You’re getting all the benefits of a workout with no negatives. We don’t tear muscle tissue down.”

Johnson works out regularly at Fast Athlete USA, 8725 S. Kyrene Road, Tempe. Information: (480) 496-0828.



Even after an injury cut short a promising career with the Arizona Cardinals, Demetrus Johnson says he was determined to maintain peak physical condition. Part of his rehab program includes working with young athletes who aspire to pursue a similar professional future. A wide receiver for the University of Minnesota Golden Gophers football team from 2000-2005, Johnson moved here after the Cardinals added him to their lineup.

— Wrangler News photo

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Redecorating, one beautiful step at a time Interior designer strives to make every home a work of art

By Jeremy Banks

Peg Conway, owner of Interiors by Decorating Den, has found her passion. She has transformed it into a profession, which makes every day special.

Conway, who began doing interior decorating professionally in 2007, has always been interested in making the inside of a home as beautiful as a piece of art.

"I had been decorating for years for friends and family," she said.

Conway became the person to go to when decorating advice was needed. Her interior decorating opinion was respected, and she loved helping her friends and family with their projects.

Eventually, she decided to take the next step.

"I was always giving people advice and helping

them decorate their home," she said. "I thought 'Gosh, I should do this for a living. I love it so much.'

And so an interior decorator was born.

"I love it," Conway said.

Her latest project was for the Hidalgo family of south Tempe. They wanted to improve the look of their home by redesigning the kitchen and incorporating new furniture within the family room area, all with a feel of their Hispanic heritage. When Conway was finished, the home had a brand new image. It was exactly what the Hidalgos wanted.

"We changed (the family room). We put a sectional in there, but it was a smaller sectional. We re-accessorized their whole entertainment center, which they had custom-built by their nephew," Conway said.

"It was a dramatic change, because we actually painted it and re-accessorized it. We did window

treatments in all the downstairs rooms. We did cabinetry which was a bleached oak and we transformed it into this beautiful cherry, Mexican-hacienda kind of look."

The kitchen, Conway said, was the highlight.

"The biggest difference was in the kitchen area," she said, "because we re-did all the cabinetry and we remodeled how the island is set up."

Conway said the Hidalgos were delighted with the end result.

"It was just an amazing transformation," she said. "They love it; they have a lot more utilized space in there."

The Hidalgos wanted an improvement, and in the current economic climate, they chose to remodel instead of sell.

Conway said remodeling could be a good move in today's market.

"That was one of the debates (the Hidalgos were having)—whether they wanted to move out of their neighborhood and find a bigger house, but they loved their neighborhood," Conway said.

"They loved their neighbors.

Plus, with the market the way it is, it would be difficult to sell for what they wanted. So they ended up redecorating the home instead. It would definitely have a better resale value now than before. It's much more contemporary and modern-looking."

Conway said when redesigning a home, one should take it one step at a time.

"You have to prioritize where you want to start. I would not recommend trying to remodel the entire home in one step," she said.

Setting a budget is important. Conway said having an idea of what you want definitely helps the designer.

— DESIGNER, Page 17

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South Tempe home of Hidalgo family: BEFORE...



...and AFTER

Designer

From Page 16

“That could be as simple as looking at magazines, cutting out pictures that you like, going to stores and looking at furniture,” she said. “Then (the designer) can come back with a design that matches what they’re trying to achieve.”

Trusting the decorator is also an important aspect of design.

“The decorator is going to make sure all the furniture is going to fit and all the colors are going to work,” she

said. “You end up with a room that reflects your personality. It reflects what you want it to look like.”

For Conway the ride is just beginning.

Every day is an adventure. She is hoping to expand and present herself with new challenges.

“I hope to continue to grow,” she said. “I’d love to do a little more contemporary rooms and some commercial stuff.”

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Smoke-free advocate still hitting the campaign trail

By Jeremy Banks

Members of the Navajo Nation will vote in October on a proposed Commercial Tobacco Free Act which, if passed, would effectively prohibit the use of tobacco products other than those required for ceremonial purposes anywhere except in private homes within reservation boundaries.

Leland Fairbanks, a retired physician and longtime south Tempe resident, will be on hand when the results are counted.

Fairbanks was the No. 1 driver behind Tempe's smoking ban, passed in 2003 with 53 percent of the vote. He also was heavily involved in a campaign by the state of Arizona to adopt a similar law.

But Fairbanks isn't resting on his laurels.

The reservation encompasses land within the boundaries of Arizona, New Mexico and Utah, an area roughly the size of West Virginia. It is the largest reservation in the United States.

Affected would be indoor and outdoor areas on public property, public buildings, private business

property, automobiles, rodeo grounds, fairgrounds and hotels

Fairbanks is optimistic the proposed law will pass. "I think it's going to be approved," he said.

Not to say the proposed ban lacks opposition. "The casino industry, that's the biggest challenge," he said.

"Their argument is that, economically, (adoption of the law) will be driving all the customers away."

Fairbanks sees the outcome another way. The Navajo Nation's view on tobacco smoke will sway the vote in favor of The Act, he says.

"The Navajo way of limited use of tobacco was for the sacred, ceremonial, limited use to carry your prayers heavenward, not to pollute the air," he said. "The current way people smoke in the casinos is not the Indian way to use tobacco. There are many people who recognize this."

Supporters of the act, Fairbanks said, believe this is the right way to go.

"Their argument is that it is healthier. It's the right thing to do to go smoke-free, and people will come," he said. "We'll go through some reaction, but it will be just a matter of time."



Campaign officials included, from left, Alton Brasher, Jesus Osuna, Dr. Leland Fairbanks, Jimmy Molina, Yolanda Solarez, Toni Campoy and Philip Carpenter.

People will see it's the healthy thing."

In order to pass the law, 45 members out of 88 on the Navajo Nation Council would have to vote in favor. However, in some instances, 45 votes would not be enough. In 2008, the council voted in favor of the act but it never became law.

"The president (Joe Shirley Jr.) had 10 days...to either sign it or veto it," Fairbanks said. "On the 10th day, to the surprise of many, he vetoed it."

To override the president's veto, the council would need 59 votes.

— CAMPAIGN, Page 19



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Dining out: TeHaru Sushi

Low price achieving owners' goal of drawing a crowd of devotees

By Geri Koepfel

It's a common concept in Japan: the revolving sushi bar, or *kaiten-sushi*. Patrons grab whatever looks good as it rotates past on a conveyor belt. Think of it as sushi bar meets Willy Wonka. TeHaru Sushi, at Ray Road and Priest Avenue in Tempe, was the second revolving sushi bar in the Valley.

Owner In Chon claims his was in progress before Sushi Eye, a fellow Kyrene Corridor neighbor on Elliot Road, opened Sushi Eye in Motion in downtown Chandler.

Chon has a simple philosophy to compete with other sushi bars and bring in more customers in a weak economy: Lower the price and increase the volume.

"I had a really hard time" at first, he said. Now, Chon notes happily, he he's getting "busier and busier."

TeHaru opened in April 2008, and after a few months, he patterned his pricing after a chain of *kaiten-sushi* restaurants in Japan selling plates for \$1.

Prices at TeHaru are \$1 for items on yellow plates, \$1.50 on red, white or green plates, and \$2 on blue or black plates. Diners can choose from about 70 selections.

Favorites include haru, or fresh tuna with crabmeat and avocado; Las Vegas rolls, with freshwater eel, crab, cream cheese and avocado in a deep-fried roll; and haru poppers, jalapeño peppers stuffed with cream cheese and crabmeat and topped

with a house sauce.

Customers enjoy the parade of sushi because it's entertaining, for one. Anhtien and Bichtram Nguyen of Ahwatukee and their children, Annie, 13, and Andrew, 6, had a stack of finished plates on their table one evening.

"(The kids) like to come because they can get the food by themselves," Bichtram Nguyen said.

Confirmed Annie: "It's fun to take the plates off." Employees from area offices say they appreciate being able to get in and out quickly.

"I like that I can just have a selection of whatever I want and not have to wait for them to bring it to me," said Jamillah Richmond of Ahwatukee. "Especially when I'm on my lunch break."

Chon said he didn't cut corners on quality when he cut prices, and customers agree.

"I've been to Japan, and this is a lot like Japan," said Jaye Jackson of Chandler. "The food is very good and the prices are reasonable."

Chon's Japanese father and Korean mother operated sushi and Korean restaurants in the Los Angeles area, and Chon owned sushi bars in Orange County, Calif., before moving to Arizona in 1997 "for love," he says.

He owned Sekai Sushi at Southern Avenue and Gilbert Road from 1997 to 2007, but he closed that place and opened TeHaru (it means "great spring") on the border of Tempe and Chandler because it's a higher-traffic area with more restaurants.

— DINING OUT, Page 21

Campaign

From Page 18

"This time around, more than a year later, they've done a lot of education," Fairbanks said. "I think they feel now they can get it. I think (Shirley, Jr.) realizes it's time to vote for it and I believe he will sign it."

If the act is passed, Fairbanks said the changes likely would be implemented gradually.

"(Enforcing changes immediately is) not wise. You've got to get signs up. It isn't wise to try to make it go into effect that first day after the election," he said.

"You need to get education of what the new law is. If people know the rules, I don't think you'll get a whole lot of problems."

Fairbanks said past experiences have made him a supporter of smoke-free areas. He said he has lost friends, patients and family to smoking.

"To me it's a tragedy. As a doctor, you see someone who has lived a loving life; you hold their hand while they're passing on. You try to say 'That was a wonderful life.' You don't feel bad," he said.

"But when somebody died because (of smoking-related illnesses) it makes me feel bad. Or course I feel a great responsibility that life is sometimes in my hands."

For now the future remains undetermined. However, Fairbanks said he can't help but feel good about the outcome of October's vote.

"I think there's more support for it (this year)," he said. "The message is reaching (Shirley Jr.) that the (Navajo) people support (the act)."

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John Henry's

From Page 11

With many customers visiting for special events, Canfield said she knows birthdays, anniversaries and other memorable moments happen only once.

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Games motivate kids to heighten their creativity



Tossing ice cubes, squishing play dough and creating improvisation games might be part of any summer camp. But at a writers' camp overseen by former Kyrene school board member **Mitzi Epstein**, games are the focal point of teaching creativity.

When the games end, the kids write their impressions individually and as a group. South Tempe residents Emilie and Nathaniel Doering are attending the camp this summer.

"I know we've worked on everything from critical essays to metaphoric poems, but it mostly seems like goofing around with your friends; we're laughing so much," said Emilie Doering, a student at Marcos de Niza High School.

Camp is run in one-week sessions. A new class starts Tuesday, Aug. 4. Many of the campers plan to attend for several weeks.

"We signed up because our parents want us to be better writers, but we keep coming back because it's fun," Elaine Mills said. She is working on four essays for the humanities class she'll take this fall as a senior at Mountain Pointe High School.

Another camper, Elaine's brother Greg, will attend the international baccalaureate program at Tempe High School in the fall.

Each week of the camp includes a

technical writing challenge, such as a critical essay or resume, along with multiple opportunities to develop presentation skills.

In the third week, campers wrote an original three-act play and performed it.

"From the kid who hates writing to the future novelist, every student should leave the camp with their ideas and words flowing," said Jennifer Spray Doering, one of the instructors. "Even if you're writing instructions on eating a Snickers Bar or a villainous monologue, you can still develop the skills to help you write a killer college essay."

Students with summer reading and writing assignments may be especially interested in the end-of-summer sessions, which will focus on completing those assignments in an environment of camaraderie, and with help from instructors.

Campers will write a first draft, edit for improvements and generate a final product to make the writers proud.

Spray-Doering has given writing workshops in Kyrene, Alhambra and charter schools, but says, "These summer sessions are more interactive and individualized. Because we're working with fewer than a dozen students, every one participates at a very high level."

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Dining

From Page 2

The open dining room seats 80 to 90, with 45 bar stools and tables seating up to six adjacent to two sushi conveyors. Muted yellow walls, hanging light fixtures and light cherry wood create a bright but relaxed ambience. Head chef and manager Young Shin – a female chef, Chon notes proudly – trains the other sushi chefs.

Chon thinks seafood and sushi restaurants have a good future – especially his.

“Sushi is \$1,” he said. “Nobody can beat me.”

TeHaru Sushi

Where: 9845 S. Priest Drive, Tempe. Hours: 11 a.m.-10 p.m. daily.

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— Wrangler News photo

Seizure disorders focus of awareness campaign

By Jeremy Banks

South Tempe resident Natalie Barrett wanted to help a cause. The cause she chose is close to her, one that impacts her personal life every day.

Barrett’s company, Something’s Goin’ On Productions, an event planning enterprise, recently held a fashion show which benefited the Epilepsy Foundation of Arizona. When she sat down to decide which organization she would like to work with, the Epilepsy Foundation was the obvious choice.

“My husband suffers from epilepsy seizures,” she said. “It was something that was familiar to me.”

Epilepsy is a common neurological nervous disorder. The disorder is caused by a disturbance of electrical activity in the brain.

“There are over 60,000 Arizonans that suffer from seizure

disorders,” Barrett said.

Over three million people in the United States have some form of epilepsy, and about 50 million people worldwide have forms of the disorder.

Established in 1971, the Epilepsy Foundation of Arizona, a volunteer based agency, has been dedicated to the welfare of people with epilepsy. The goals are the prevention and cure of seizure disorders, the alleviation of their effects, and the promotion of independence and optimal quality of life for people who have these disorders.

The fashion show, Barrett said, helped educate individuals about epilepsy. In addition to the show, literature was distributed. The Epilepsy Foundation of Arizona’s Heather King spoke, along with others who shared their stories.

— CAUSE, Page 22



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Cause

From Page 21

“About 100 people were there,” Barrett said. “That represents 100 people who came away better educated about epilepsy.”

More than 35 sponsors and vendors were on hand to help epilepsy awareness.

Barrett said, during the event, she met many who lived with or knew of someone who lived with epilepsy.

“One of my models has epilepsy, and she shared her story,” Barrett said. “That was very informative (about) how it affects her and her children.”

The information given during the event, Barrett said, was important. There was instruction on how to handle a situation when someone is experiencing a seizure.

“You need to know what to do,” she Barrett said.

“That person is in need of help.”

The seizures can arrive in an instant, giving little time for preparation. One night Barrett and her husband were out, enjoying the evening, dancing and having a good time.

“All of a sudden I hear a ruckus and I look over and my husband is on the floor,” she said. “I had never in my life had that happen to me.”

Barrett said she acted quickly.

“The only thing I did was to keep his hands from waving about, to keep his jaw from biting his tongue,” she said. “I started talking to him very softly, very calmly.”

In over 70 percent of cases, there is no known cause of the disorder. Of the remaining 30 percent, causes can be traced to head trauma, brain tumors, strokes and poisoning. Infections from meningitis, viral encephalitis, lupus erythematosus and, less frequently, mumps, measles or diphtheria can also cause the disorder, along with maternal injury, infection or systemic illness affecting the developing brain of the fetus during pregnancy

Epilepsy is one of the most common of the serious neurological disorders. There are over 40 different types of the condition.

It is usually treated with medication, which allows individuals to lead normal lives. Modern treatment methods can achieve full or partial control of seizures in about 85 percent of cases. Epilepsy can also be treated with surgery, a doctor-prescribed diet or electric stimulation.

Thirty percent of people who develop epilepsy are children under the age of 18. A large number of children and adults have undetected or untreated epilepsy.

Barrett said she plans on putting together more events in the future to provide awareness for a number of different causes.

“There are so many foundations out there that are in need of awareness,” she said.

For more information on services offered locally contact the Arizona Epilepsy Foundation at (602) 406-3581 or visit epilepsyfoundation.org.

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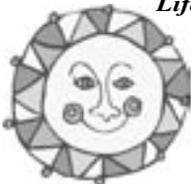
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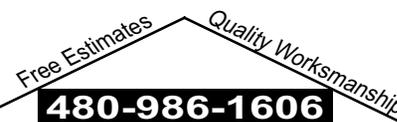
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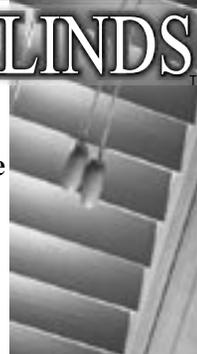
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Help Wanted—DIRECTV Home Services is currently recruiting for the following position:

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Please reference "Newspaper" as your referral source. If you are not able to access our Web site, DIRECTV.com, please mail your resume and salary requirements to: DIRECTV Home Services,
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Computer/Electronics — Computer Services, Business & Residential- We service Windows, Mac, Linux. Diagnosis, Repair, Upgrade. Computer Repair, Virus and Spyware Removal, Computer Setup, Memory and Hardware upgrades, Automatic Offsite Backup Service, Website Design, Custom Programming. Call Better Edge at 480-361-6555 or visit us online at www.BetterEdge.com See our ad in Guide to Neighborhood Services.

Service Directory

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Flooring — Prickly Pear Carpet Care. Carpet cleaning, upholstery cleaning, tile and grout cleaning, pressure washing. Dedicated to quality and customer service. Licensed & insured. Tom & Pam McArdle 480-786-1880. See our ad in Guide to Neighborhood Services.

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Garage Door—Garage Door Service, Broken Springs Replaced. Prompt professional service, Repair & Installation, no extra charge for evenings and weekends. Not a licensed contractor. 480-251-8610 See our ad in Guide to Neighborhood Services.

Garage Door—Honest Garage Door Service - Repairs and Installations of Garage Doors and Openers. Same Day 1 Hour Service. Available Weekends and Evenings at NO Extra Charge. \$39.95 Service Call (waived with most repairs / installations). Call 480-588-0207 (24/7). Not a licensed contractor. 8/1

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Handyman — Honey-Do Handyman – General Repair and Maintenance. Electrical, home entertainment hookups, plumbing, install ceiling fans, fixtures, phone jacks and most repair jobs. Clean, neat and dependable. 25 years experience. Not a licensed contractor - Make your list and call Ron 480-233-1834 or 480-736-1599. See our ad in Guide to Neighborhood Services.

Drywall Repair—Vic's Drywall Repair and Retexturing, Repair holes in drywall and block walls, Paint doors, pool fences, Epoxy coat garages, remove wallpaper, Stain and seal wood doors and other handyman services. Call for a free estimate, 480-820-5797 or 480-710-0034 See our ad in Guide to Neighborhood Services.

Handyman — Mi-Son Handyman Home Repair/Remodeling. Specializing in kitchen/bath remodeling, electrical/ceiling fans, carpentry, plumbing, flooring, paint & roofing. We do it all, including trash removal, hauling, lock change, Specializing in landlord, property management and Realtor needs. No job too large or small. 480-707-1221 or 602-330-5445. Call Mike or Sonia for estimates. Not a licensed contractor. 8/1

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Landscaping — Landscape maintenance: We provide quality work, dependable service, and we have English-speaking foremen. 10% of our profits are donated back to the community. Free quotes. KJE Landscape Maintenance www.KJELandscape.com 480-586-8445. 3/10

Landscaping — Get Her Done Yard Care and Maintenance - One time clean-up or weekly or monthly service available. Free Estimates. Quality work at reasonable rates. \$10 Discount on first service over \$60. Call Eric 480-907-8278. 02/10

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Landscaping—Phoenix Desert Landscaping – Landscaping clean-ups, lawn service, palm tree trimming, skinning palms, tree removal, weed removal from rocks, pre-emergent, sprinkler systems, sprinklers & drips, time clocks, flagstone, pavers, Winter Seed. Nine years experience. Call 602-690-3813 3/10

Landscaping—Landscaping and Sprinkler Repair Service; Create/beautify new or older lawns & plant life. Specialize in sprinklers, drip lines, timers & Valve/pressure issues. Please contact Art @ 480-710-8738 or e-mail art210@cox.net 8/15

Landscaping—CORONA LANDSCAPE - Installation, Maintenance and Repairs. Complete installations, Makeovers, Commercial and Residential Maintenance, Landscape, Lighting, Sprinkler and Drip systems, Irrigation Timers, Granite and Boulders, Flagstone, Pavers, Plants, Trees and SOD. We show up. Ed 602-373-9100 7/18

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Landscaping—Grass Guys, Your home of the \$39 per month grass service is now offering total lawn and pool care. Grass service, full service, pool service, weed control. Call 480-644-0101 or www.mygrassguys.com See our ad in *guide to Neighborhood Services*

Painting — DZ Paint – A painting company with quality painters and affordable prices. Whether it’s your home or your office, you name it, we’ll paint it. Accent walls, garage floors, interior and exterior, commercial and residential. Give us a call for a free estimate. Licensed and Bonded. ROC #191520 (commercial), ROC #191519 (residential). Daniel 480-326-0851. See our ad in *Guide to Neighborhood Services*.

Painting—Tyler’s Decorating Remodel with color, an affordable solution to update your home! Specializing in complete interior painting, faux finishes, Venetian plasters, textured plasters, and wall finishes. Color specialist/consultations available. Details and the right color make the difference! For a free estimate, call Tyler at 480-940-7775 3/10

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Painting — Brassberrys Painting & Coating-Interior/Exterior Repaints, 32 Years Experience in the valley. Quality Products Used. Satisfaction Guaranteed. Commercial and Residential. Current References Available. Licensed/Bonded/Insured. Res. Lic#ROC107686. Com. Lic #ROC127135. Call 480-892-0463. See our ad in *Guide to Neighborhood Services*.

Painting — Village Painting – Interior/Exterior painting, drywall repair with texture matching, custom faux finishes, and cabinets. Small jobs also welcome. (ROC#069679) CALL (480) 814-1588. Visa/Mastercard See our ad in *Guide to Neighborhood Services*.

Painting — Vic’s Painting We use Dunn Edwards Paints. Interior/Exterior Specialist. Experienced. Clean. Honest. Quality/ Guaranteed. Not a licensed contractor. References available. Free Estimates. Call 480-820-5797 or 480-710-0034 Today! Visa/Master Card accepted. See our ad in *Guide to Neighborhood Services*.

Painting — L. Hardy Painting. Interior/Exterior painting, drywall, drywall repair and texture coating. Free estimate. Call 480-963-2498. Lic. #34/137206. We accept Visa and MasterCard. See our ad in *Guide to Neighborhood Services*.

Painting — Chad & Son Painting Inc.-Interior, Exterior, Residential, Commercial, Free Estimates, Drywall repairs, texture, power wash, popcorn ceiling removal, quality wood staining, color matching, repaint and new construction, wall paper removal and installation, epoxy coating and painting, licensed+bonded+insured roc# 208062 and 208063, call 602-790-5073, chadandsonpainting@gmail.com. See our ad in *Guide to Neighborhood Services*.

Painting—Burden Painting Inc., “Leave the Burden to Us” Interior/Exterior Painting, Dry Wall Repairs and texturing. Free Estimates Licensed, Bonded, and Insured. ROC# 153491, 153492 Call Darrell Burden 480-892-1190 4/10

Painting—Diamond Painting, Interior/Exterior Painting, Repair of Drywall and Stucco, Power Washing, Dependable, Experienced, Free Estimates 602-690-3813 10/10

Plumbing — Cure All Plumbing- For all your plumbing needs. Water heaters, softeners, faucets, fixtures, drain and sewer cleaning, backflow and sprinkler service. Commercial/Residential ROC#204797 Free estimates 480-895-9838. See our ad in *Guide to Neighborhood Services*.

Plumbing — City-wide Plumbing & Service Co. Slab leak repairs, electronic leak detection, water heaters, RO systems & water softeners. Free estimates. 480-966-8795. www.citywideplumbing.us. Contractor’s lic. #C-37 064 954 & L-37 086 764. See our ad in *Guide to Neighborhood Services*.

Plumbing — Frederick & Sons LLC, Plumbing and A/C specialists, serving the East Valley since 1980. Clogged drains, seasonal a/c checkups, full a/c service, heat pump repairs, water heater repairs/ installs with haul away, garbage disposers and faucets, 24 hour emergency service, roc#241512, 245339, www.plumbingprosaz.com, family owned and operated. Call 480-332-6589 See our ad in *Guide to Neighborhood Services*

Pool Care — Arizona Oasis Pool Service & Repair. LLC. Weekly service, full service or chemicals only, repairs, pumps & filters. Insured, dependable & trustworthy, references available. Service starting at \$60/month. Professional family owned business. 480-694-1518. See our ad in *Guide to Neighborhood Services*.

Pool Care — Complete pool care-full weekly service-low cost-including chemicals-chemical only service-green pool clean up-DE/Cartridge cleaning-salt cell cleaning-repairs-acid wash-bonded & insured – honest and reliable- Call Tom 602-332-5342 or 480-940-1805 Baja Pool Care See our ad in *Guide to Neighborhood Services*

Pool Care — Over 29 years in the pool industry with reliable and dependable service. Additional services include pump, motor, filter and DE grid replacements. Hayward vacuum cleaner repairs. Call Charlotte 480-838-9102 2/10

Pool Care — Riptide Pools, Weekly Service/Repairs/Fences Monthly service starting at \$60. Bi-weekly service, Green pool clean-up, pool draining, tile clean and acid wash, Call Ryan 480-205-5126 or Ryan@RipTidePoolsLLC.com See our ad in *Guide to Neighborhood Services*.

Pool Care — I CARE ABOUT YOUR POOL! Weekly pool service. Owner cleans your pool, no hired help. “Old School” professional work ethic and customer service. No contracts. Easy on-line payments. \$65 first month for new customers. Call Doug 480-213-4000 www.clearadvantagepool.com 8/15

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Remodeling—Arizona Home Works, Room additions, remodeling, renovating, patio covers, family owned, licensed, bonded and insured, www.ArizonaHomeWorks.com 480-357-7078 See our ad in Guide to Neighborhood Services.

Remodeling—Hochuli Construction Team LLC, Masters of our craft specializing in home additions, remodels and renovations. Custom Kitchen and Bath, complete additions, custom tile and stone installation, custom cabinetry. www.hochuliconstructionteam.com 602-451-0323 See our ad in Guide to Neighborhood Services.

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Roofing — McBride Roofing, Shingle, Tile, Flat, Repairs and Re-Roofs, Foam Roof Restoration starting at 49¢ per SF. We will meet or beat any equal competitors price. Fast service 24/7, ROC 204076 call Marc 480-540-7895 See our ad in Guide to Neighborhood Services

Sprinklers — Sprinkler Repair- Repairing valves, drip systems and timers. Harris Gardening. 480-303-2404. Serving the East Valley area since 1977. See our ad in Guide to Neighborhood Services.

Tile/Granite — Pro Tile Installation for Less-Your Dream Home Today-Floors, Patios, Showers, Counters. Customer-Friendly Service. Top Quality Guaranteed. 25 yrs. experience, Complete, Written, Free Estimate- Call Now 480-755-3318 or 480-626-3191 8/1

Tile/Granite — Tile and Stone Installations. Lic., bonded and insured. Serving the valley since 1974. Discounts to Wrangler readers. Free estimates, call Bob Lukert. 480-510-4650. 6/10

Tile/Granite — Bath and Kitchen Re-Caulk and Grout, Specialist in water damage repair and prevention, eliminate mildew and seepage from tub and shower, tile, drywall, trim and cabinetry repair, including cabinet finishes, Tom 480-560-4269 See our ad in Guide to Neighborhood Services

Personal Services

Childcare—Nurturing Child Care Home @ Kyrene/Ray Location, near Mirada. Preschool age preferred. Preschool learning, music activities, safe caring environment, shaded play yard, nutritious snacks/lunches. CPR/First-Aid Certified, Limited spots available. Full time rate \$160/week. Call Deb @ 480.785.8460 8/1

Health & Beauty — Stop Bedwetting. Celebrating Children Life Coaching for Children. Lori Ulman BS.ed, CLC 480-206-7226. Child oriented! No drugs! No contracts! See our

ad in Guide to Neighborhood Services.

Health & Beauty — Issa Certified Fitness Trainer. Specializing in women's health and fitness. I bring the equipment to your home. You will see results. 1 hr. \$50.00. 1/2 hr. \$30.00. Call Rose 480-993-7080 today for your free 1/2 hour fitness evaluation/body fat analysis. See our ad in Guide to Neighborhood Services.

Health & Beauty — **Mary Kay...it's all about you! Skin care, glamour, and more. How can I help you? Karen Stache, Independent Beauty Consultant, (480)839-0674, karenstache@marykay.com 9/26**

Miscellaneous — 65 on Medicare and paying out of pocket medical expenses? Let me help you tailor a Medicare Supplemental Insurance Policy for those expenses Medicare may not cover. Roberta Robenstine 480-201-3527 8/29

Miscellaneous — Longarm Quilting --- Complete your quilt tops with choice of beautiful computerized stitching patterns. Your batting and thread or mine. Commercial work and basting for handquilters accepted. 602-292-1843, Kate. 8/1

Shoe Repair — All About Quality Shoe Repair & More, repair shoes, boots, purses, jackets, luggage, shoe shines, stretching and other supplies. Complete repairs and quick turnaround time. NE corner of Warner & McClintock. See our ad in Guide to Neighborhood Services.

Tutoring/Instruction—One on One Tutoring, all subject areas, "free consultations" Customized Instruction, Results-Based tutoring, convenient scheduling, years of experience, retired teacher. Joan Seeling 480-760-5270, joanseeling@yahoo.com 8/1

Tutoring/Instruction—Christian Music Teacher offers piano and voice lessons at \$60.00 per month. We teach all ages and levels. Please call Michelle 480-821-9630 12/09

Tutoring/Instruction— **PRIVATE VIOLIN, VIOLA OR PIANO LESSONS TAUGHT IN MY HOME. KMS NEIGHBORHOOD. 30 YEARS EXPERIENCE, REFERENCES AVAILABLE. PLEASE CALL JANICE, 480-820-2698 8/15**

Miscellaneous — Images by Stone. Family portrait, weddings, commercial, special events. David Stone 480-329-5892 www.imagesbystone.com. See our ad in Guide to Neighborhood Services.

Pets

Pet Services — Pet Sitting. Have your pet pampered and cared for in the convenience of YOUR home. Bonded, insured. Member Pet Sitters International. References Available. Call Janice with Mrs. Doolittle, 831-9388. 2/10

Pet Services — Sue's Pet Friends – Loving care in your home. Free initial visit. Daily and overnights available. Insured, Bonded, Member ASPCA & Pet Sitters International. 480-628-6958. See our ad in Guide to Neighborhood Services.

Pet Services — Pooper Scooper. Hate that poop? Love your pup! Call Mrs. Doolittle and she'll clean it up. Bonded and insured. 480-831-9388. 2/10

Pet Services — Happy Tails! Pet and House Sitting Service. While you're away, let the pets play. Licensed, bonded and insured. Serving the Kyrene Corridor. Liz McBride 480-444-6684. HappyTailsPetandHouseSitting@gmail.com. 12/09

Pet Services —Tiki Time, Peace of Mind Petsitting! "We Love Them, When You Have to Leave Them!" We offer quality at home petcare. Overnight stays, multiple daily visits, no-pet limit, home care, Pet CPR & 1st Aid Certified, Bonded & Insured. Member of Petsitters International. Initial consultation complimentary. 480-694-0756 or 480-650-0018 11/21

For Sale

Miscellaneous— Viola. 16" Romanian— with newly rehaired bow \$350, call 480-730-6451 or email dfdrasberries@cox.net 8/15

Miscellaneous—Steel Buildings, Big Discounts Available, 30x40-105x105, Call for Deal! Erection Available, www.scg-grp.com Source: 19F, Phone: 480-588-3509 8/1

Transportation

For Sale —Late model, low milage program cars, rental returns and dealer transfers at below market cost. Factory warranties honored plus superior service available in South Tempe. Save thousands on your next car, truck, van or sports vehicle. Many brands and colors to chose from. Call 480-510-8982 8/1

For Sale —GMC Envoy SLT, 2005 White with leather interior, 31,000 miles, 6 CD player, BOSE sound system, loaded with extras, \$16,250. Call 480-730-6451 or email dfdrasberries@cox.net 8/15

Auto Parts & Service — Protect Your Car's Interior: Call for a dealer near you! (480) 967-1675. Retractable Sunshade – no storing or rolling needed. Custom dashcovers – reduce glare and protect. Protect your seats – from kids, pets and spills. Dash Designs, Inc. 6014 S. Ash Ave. Tempe. www.dashdesigns.com. See our ad in Guide to Neighborhood Services

Real Estate

For Rent—Tempe Lakes Condo for rent, 1195sq ft, 2bd, 2ba, den. Large deck & family room, new appliances, carpet and paint. Pool, covered parking. Walk to restaurants and coffee shop. Excellent Tempe location. Amazing \$1,000/mo. Available June 16th John 480-227-8311 8/1

For Rent— 2 BR 2.5 BA newly remodeled very clean Townhouse with garage. Ray & Chandler. HOA pool. \$950 includes water. 480-205-0977 tashthomp@gmail.com 8/1

For Rent — Avail. Immed. for Lease: 585 sq.ft. @ \$1,404/ mo., Full Service Lease. Modern contemporary style office space. Full use of conf. room, lobby, & kitchen. Call Lisa Ross, Remax All Stars (623) 205-7725 8/1

House for Rent—Immaculate 3 BR home in Gold Canyon Area with pool custom Mexican burnt adobe backyard landscaping with firepit. Fully furnished with high end furnishings all purchased new in 2008. 52" plasma tv...2 car garage, gated community. No pets, no smoking, \$1300/monthly, first, last month and security deposit. 6 month lease or longer. Includes pool and yard maintenance. Call Loren 206-399-3020

Kyrene Corridor *Police Beat*

Chandler 85226

800 Block N. 54th St., Auto Theft, 7/25;
 700 block N. Harmon Ct, Burglary, 7/24;
 1100 block N. Priest Dr, Burglary, 7/24;
 3800 block W. Chandler Blvd, Auto Theft,
 7/23; 5900 block W. Chandler Blvd, Auto
 Theft, 7/23; 5600 block W. Chicago St,
 Burglary, 7/21; 5000 block W. Chandler
 Blvd, Auto Theft, 7/21; Chandler Blvd and
 Kyrene Rd, Assault, 7/20; 3100 block W.
 Stephens Pl, Burglary, 7/20; 600 block N.
 Country Club Way, Burglary, 7/17; 4900
 block W. Joshua Blvd, Assault, 7/16; 3100
 block W. Chandler Blvd, Burglary, 7/16;
 7400 block W. Orchid Lane, Auto Theft,
 7/15; 3900 block W. Ray Rd, Assault, 7/15;
 6600 block W. Frye Rd, Auto Theft, 7/14;
 3600 block W. Tyson St, Assault, 7/14; 800
 block N. Pineview Dr, Burglary, 7/12; 3300
 block W. Monterey St, Robbery, 7/12; 800
 block N. 54th St, Auto Theft, 7/11; 6800
 block W. Chandler Blvd, Auto Theft, 7/11;
 3600 block W. Del Rio St, Assault, 7/11;

5900 block W. Drake Ct, Burglary, 7/10;
 5000 block W. Chandler Blvd, Auto Theft,
 7/10; 000 block W. Kyrene Rd, Burglary,
 7/10; 700 block N. Tangerine Dr, Burglary,
 7/08; 700 block N. Cactus Way, Burglary,
 7/07; 5500 block W. Mercury Way,
 Burglary, 7/07; 700 block N. 54th St, Auto
 Theft, 7/06; 3900 block W. Roundabout,
 Sexual Assault, 7/05; 1100 block N. Priest
 Dr, Sexual Assault, 7/05; 3900 block W.
 Ray Rd, Burglary, 7/03; 3800 block W.
 Ray Rd, Auto Theft, 7/03; 4800 block W.
 Chicago St, Burglary, 7/01; 3900 block W.
 Windmills Blvd, Assault, 7/01; 3100 block
 W. Chandler Blvd, Auto Theft, 7/01; 5500
 block W. Chandler Blvd, Burglary, 7/01

Tempe 85284

7700 block S. Priest, Auto Theft, 7/14;
 1700 block E. Warner Rd, Robbery, 7/12;
 2100 block W. Ikea Way, Auto Theft, 7/05;
 1600 block W. Ruby Dr, Auto Theft, 7/01

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Junior Olympics-bound

The Arizona Cheetahs, Girls Bantam 4x100 relay team, is headed to the National Junior Olympic Track Meet in Greensboro, N.C., after qualifying by outperforming other top teams from Arizona, New Mexico, Texas and Utah at a regional track meet at Brigham Young University. Jaclyn Martin, second from left, a south Tempe resident and Waggoner fifth grader, has been running with teammates, from left, Jai Gruenwald, Anna Foreman, both of Chandler and Zaire Chest, of Phoenix, for the past year. Cheetahs coach Cynthia Washington also coaches track at Corona and Aprende Middle School. The national meet started July 31 at North Carolina A&T University.

— Photo courtesy Dolores Martin

Here's why you should consider *Wrangler News* as part of your total-coverage marketing program:

-  All-local news, local advertising, local readership
-  Complete delivery saturation in the affluent South Tempe (85284) and West Chandler (85226) zip codes, plus added distribution in selective 85283 (South Tempe) neighborhoods.
-  A truly local newspaper, like small-town papers used to be, but with a contemporary flavor that informs, stimulates and entertains
-  Best of all, you can reach your target market for rates as low as \$660 for a full page, \$350 for a half page, comparable low rates for other sizes. NO CONTRACT REQUIRED!



Here's what *Phoenix* magazine had to say about *Wrangler News* when it voted us The Valley's Best Community Newspaper:

"Since 1991, the *Wrangler News* has been "making a big community a little bit smaller" and giving the residents of south Tempe and west Chandler something to look forward to on Saturday mornings. This every-other-week newspaper serves all of the feel-good functions of a local paper, whether it's giving high school sports teams the credit they deserve or profiling the spunky small-business owner down the street. But it's also a source of engaging commentary and thoughtful coverage of local issues that can get lost in the big dailies. Every small town deserves a paper this good, and so does every big city."

To find out how you can join the family of local businesses that benefit from *Wrangler News*—many of them for 5, 10, even 15 years—give us a call at **(480) 966-0845**. We'll be glad to help you decide how *Wrangler News* can work for you!

Wrangler News: Making a big community a little bit smaller.

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* *Phoenix* magazine, August 2007



Wrangler News

Wrangler News is distributed every other Saturday throughout the year to 22,500 homes and rack locations in the Tempe 85284, 85283 and Chandler 85226 zip codes

Wrangler News

'The Valley's Best Community Newspaper'

Phoenix magazine, August 2007

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Staff Photographer: David Stone • **Distribution Manager:** Hazel DeLareto

2145 E. Warner Road, Suite 102, Tempe, AZ 85284-3497

Hours: 9-5 Monday-Friday

We welcome your stories, photos — and ideas! Feel free to call with article submissions or suggestions. We accept manuscripts and photographs from area residents about topics of interest to our community. Sorry, we do not accept paid "advertorials." Articles appearing in *Wrangler News* represent the opinion of the writer and not necessarily that of the publisher. Acceptance of advertising does not constitute an endorsement of the described products or services. We reserve the right to reject content we feel does not meet the needs or interests of our readership. As you come in contact with purveyors of quality products and services, we hope you will encourage them to consider *Wrangler News* for their advertising. We rely on the satisfaction of our existing advertisers — and you — to continue to produce what we hope is a worthwhile and enjoyable publication. Thank you!

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unique urban loft living in downtown tempe • unmatched quality construction • upgraded with slab granite throughout and maple cabinetry • exposed concrete walls • high ceilings • floor to ceiling Low E windows • dual balconies • rooftop deck • two car garage • two car driveway • blocks away from all downtown tempe amenities • starting at \$499,000 models open daily 360 S. Farmer Avenue

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